

THE CORD

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Orientation Week more than fun and games, VP says

Welcome to the jungle

PAT BRETHOUR
The Cord

Over twelve hundred first year students will arrive at the Wilfrid Laurier University campus on September 7 for "Safari Laurier", the 1992 Orientation Week.

"Our goal is for every student to have a great time, have a great time and get settled into the school," said Brad McDonald, VP: Student Affairs. McDonald, along with the six member Orientation Committee, is responsible for the Orientation Week activities.

The theme of the week is "Safari Laurier". There's good reason for that, says McDonald. "Laurier is a jungle," he said. "To a first year student, there are a lot of opportunities to get involved, places to see, and things to do. Orientation Week is when you learn your way around the jungle."

More than fun and games are on the itinerary, however. On September 8, a play on sex and sexuality will be put on for frosh in the Turret. The next day, question and answer sessions on sexual assault, date rape and gender relations will be conducted.

"Orientation Week is not just a good time," said McDonald. "Part of it is a balance between fun and academic programs. You'll be living here for four years, and you have to learn to deal with these issues, rather than shun them."

The Frosh issue of *The Cord* will give first year students a "how to" guide for their first few weeks at Laurier. The special edition of the campus newspaper gives frosh information on such things as bars [in the entertainment section], on athletic facilities [in the sports section], and on campus clubs [in the features section].

Hazing -- a perennial fear for first year students -- is not expected to occur at Laurier, said McDonald.

"If there's a hazing incident, the person responsible, if under my responsibility, will be fired," he said. "Deanno's policy [Fred Nichols, Dean of Students] states that any people caught hazing will be brought before the DAC [the Dean's Administrative Council, which acts as a type of student court]."

Brad McDonald's has some final words of advice for first year students. "Kick back, have a good time, and meet friends -- and get ready to work after."

Academic life challenging

ADRIENNE HODGIN
The Cord

Welcome to Laurier. Studying. All-nighters. Four essays and two midterm in three days. Loads o' coffee.

Academic life's not all that bad though. Academics at university are challenging and much more interesting than your high school history classes.

The key to surviving school and not becoming a Christmas graduate is priorities. School comes first, since without the grades, you can't continue in your program, and would miss out on all the fun stuff like working for the Students' Union, *The Cord*, joining a club, working for *The Cord* and of course going to the Turret, floor parties, working for *The Cord* and all the other social events (like working for *The Cord*).

Get enrolled in courses that you have an interest in, then the studying is more exciting, if there can be such a thing.

Tips? As a survivor, the idea is to keep up with your readings and assignments. It helps to read ahead, so you understand the professor's lectures.

Read. Go to class. Take notes. Review.

While on the subject of classes, let me repeat: go to classes. It is easy to skip, but try not to, since you learn so much by just paying attention -- or pretending to. It is the reason you are here in the first place: to learn, to get a degree which will help you get a good job.

While in class, the time goes much faster when you pay attention and take notes. This is not high school when the teachers dictate word for word. Paying at-

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Safari Laurier -- a week of fun that's not frivolous

What your residence handbook doesn't tell you

RYAN FEELEY
The Cord

If you're like I was last year, you're leafing through a barrage of information and tossing out whatever doesn't seem incredibly necessary. Before you toss out *The Cord* though, you should give it a second look. It may be your only hope.

Many of you are, as I was, anxious about your first year in residence and university in general. This Question and Answer article will give you a fresh opinion on residence far different from any parent, TV show or buddy -- as I'm just going into second year myself.

What should I bring to university?

Aside from the usual stuff the residence handbook tells you, which includes the ridiculous rule of no-fridges-in-your-room, you should bring microwaveable food, like popcorn, ravioli, soup, Cheese Whiz, Le Menus, hot dogs or anything else you can think of. You have to have a reliable alarm clock, preferably with a dual alarm. You're morning classes are not all at the same time, and it's a hassle to reset the darned thing.

You can never have enough tacks for the massive cork-like board in your room. They're also great for pranks.

Don't forget the ice products, like ice cube trays and beverage coolers. When Thursday night rolls around, you may find yourself stealing someone else's ice cubes. Also bring some masking tape for posters and Craft Night. If you like to drink alone, bring headphones. Having a diary/journal helps you keep track



Alarm clocks are a necessity

of everything. By the end of the year you can see if the \$10,000 spent on you was worth the personal development. It's also good to keep track of what I forgot to mention in this article.

Other important items include a shot glass, Brita water filter, sandals to wear in the scummy shower, iced tea mix, posters, bathrobe, mats, bed board (or get one right away from Housing for \$20 deposit) playing cards, Trivial Pursuit, hockey stick, Walkman and maybe a beverage funnel.

What are some stupid rules they haven't told us about?

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HEY FROSH! DON'T TURN THE PAGE! WE'VE GOT IT ALL!



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"Where the Hawks Nest..."



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and how
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poverty
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Study hard to party hard

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tention also prevents you from falling asleep and missing a lecture.

Participate in classes. During the first week, get acquainted with someone in the class (male or female, your preference) so you have someone to whisper to. On the off chance that you miss a Friday morning class, they will lend you the notes (unless they missed it too), and vice versa.

If you are not going to go to class, at least go the first week to find out assignments and stuff, and also go during midterms and right before finals.

I found that once you miss a few readings, you're caught up in a frantic game of catch up. So, it is essential to keep up. Midterm time becomes easier when you have been to classes and kept up on readings. The information can be recalled easier and you get a

superb mark (maybe I can't guarantee this, but logically, keeping up is a good idea)

If you do not understand those complex derivatives the prof lectures on, don't wait and think you will eventually understand, since you won't. Ask the prof or TA as soon as possible or you will be roadkill come exam time.

Prof's and TA's are helpful. Use them. That is what they are paid for.

On the off chance that you need extra help, visit Tutorial Services. (third floor SUB)

As for tests and exams, plan ahead so you don't have to do the all-night cramming thing. Don't kill yourselves with worry over them -- yes, they are important but chances are if you study well and have kept up with the terms work, you will do fine. Review your notes, reread the texts, know what types of questions will be on

the test, be prepared.

Most importantly, when you're in the exam room with 1000 other stressed people, relax and plan your answers.

Assignments and essays often require research. Learn that the library (Laurier or University of Waterloo) is your friend. Get them in on time. I know that it is often difficult especially during midterm hell week, but extensions should only be a last resort.

If you feel that a mark you received was unjust, talk to the professor about it, and if this doesn't resolve the problem, visit the dean of the respective department.

Academics are more challenging yes, but nothing that you can't handle. I mean you got in to university didn't you?

Carry on with the study habits that work for you, though you will have to work harder in order to maintain your grades. If you

study hard, you can party hard. Just remember that school takes top priority before your partying or extracurricular activities.

Yet academics are not everything. Write for *The Cord*, volunteer at the Students' Union, write for *The Cord*, join a few clubs, and most importantly, to alleviate stress, take time out for yourself: whether it be reading a book, walking around the block or listening to Madonna's latest album, enjoy yourself!

Distress: You are not alone

MIKE VAN BODEGOM
The Cord

Stress, loneliness, academic difficulties, relationship problems, drug abuse, pregnancy, sexual assault or abuse, financial problems, angst, sexual frustration, and countless others: there are a myriad of reasons why university students might be distressed. The WLU community and the K-W area have many different resources available, from help lines to professional counselling.

HELP LINES

Help lines are staffed by trained volunteers who can listen to your problems. They are there to talk with you. The volunteers cannot provide counselling but they will provide information on community services and referrals. Of course, all calls are anonymous and confidential.

WLU STUDENT HELP LINE: 884-PEER

Hours: 7 pm - 10 pm, 7 days a week.

This Help Line is run by Laurier students; they hope to expand the hours later this year.

K-W HELP LINE: 745-1166

Hours: 24 hours a day, 7 days a week, forever (sorry, Moses Znaimer).

Due to staffing constraints the K-W Help Line may not always be available 24 hours a day.

COUNSELLING

If you do not feel a need to talk with someone immediately, a good bet is counselling for longer term problems. WLU has a fine counselling services department available for confidential consultation regarding personal, social or academic stress.

In theory, you could also go to a psychologist or a psychiatrist (available through the Yellow Pages, or a doctor's referral) but they can cost money, although OHIP will reimburse psychiatric counselling.

WLU COUNSELLING SERVICES: 884-1970, ext. 2338

Hours: 8:30 am to 4:30 pm weekdays.

Call ahead for an appointment.

OTHER

For more specific problems there are more specific areas of help. If the cause of your distress, for example, is a raging fire call 911. More realistically, remember that there are dons, chaplains, and even professors you can talk to. As well, a conversation with a good friend might make your problems seem more manageable.

There are places to go or people to talk to for many of the specific problems a university student encounter including drugs, sex abuse and pregnancy. For yet more sources talk to one of the help lines or a counselor.

DRUG HELP LINE: 1 800 567-3784

Hours: 24 hours, 7 days.

SEXUAL ASSAULT SUPPORT CENTRE, CRISIS LINE: 741-

Hours: 24 hours, 7 days.

SELMA HOUSE: 742-5894

Hours: 24 hours, 7 days.

Selma House is for assault victims: mostly women and children in abusive relationships.



Studying hard -- too hard, perhaps?

Reducing, reusing and recycling at Laurier

ALISA KRAUSE
The Cord

Hopefully now that you are at university, you have mastered the three R's (reading, writing and arithmetic) and are ready to move onto learning about another type of three R's (reduce, reuse, recycle). Thanks to changes in the past few years, there is a lot of environmental effort at Laurier.

Trying to list them all would be a self-defeating exercise, since it would probably take up just as many pages as are required to list the student phone numbers. A lot of the time, it is just a matter of common sense, like turning a light off when leaving an empty

class room, or printing out only the final copy of an essay on the printer. So I'll just mention the less obvious ways the 3 R's can be achieved at Laurier.

To reduce and reuse, the people at Food Services are working to eliminate the use of styrofoam. They sell reusable mugs, and campus mess kits, which are a plastic container divided into sections with silverware attached to the lid, for use during take-out.

They also offer a five cent discount for individuals purchasing a large beverage in a reusable mug, and charges five cents for individuals using styrofoam containers for take-out.

Second Cup has joined in the

act, selling its own coffee mugs and offering a ten cent discount when purchasing a drink in a reusable mug.

For the last of the 3 R's, there is enough stuff being recycled at Laurier to make your head spin. Glass bottles, like juice bottles, liquor bottles and mayonnaise jars can be recycled (although I doubt you'll be bringing too many of this last item to school).

It does not include drinking glasses, coffee pots, window glass and so on. In order to recycle glass bottles, they should be unbroken, empty and have the lids removed. They can then be thrown in any of the large wheeled blue recycling bins around campus marked "Glass Only" or "Bottles". These bins can be found in the Torque Room, Dining Hall and Peter's Building.

Cans can also be recycled, including anything from pop cans to tuna cans. Like glass bottles, they should be empty and thrown into any of the large wheeled blue recycling bins around campus marked "Cans". These bins can be found in the same places as the recycling bins for glass bottles, as well as the Concourse, TV Lounge and Athletic Complex.

Newspaper can be recycled if it is placed in any of the large, blue wooden bins around campus

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Get computer literate

MARC VAN ES
The Cord

Ours is a computerized world, and your time here at Wilfrid Laurier University will be no different in that respect. Computers are a fact of life for students who use them for essays, labs, graphs, statistical analysis -- and even student newspapers. If you haven't already gotten friendly with a computer of some type, it's high time you took advantage of the benefits paid for by your tuition fees.

Laurier has over 100 terminals connected to the "Sequent 2" computer that services undergraduate users on campus. These are the two-tone gray things (a connected screen and keyboard) littered about in six terminal rooms around campus.

There are also over 100 stand-alone microcomputers (identified by the slot for disks on the front, and referred to as "micros") in five "micro-labs". All micros are part of a network called Banyan.

All of these terminals and micros can print to all public-use printers on campus. Some printers (line printers) are for rough drafts and quick printouts, and are located in several spots around campus.

If you want high quality printing, then you want to use the laser printers, located in the Computing Centre next to the Concourse. These give letter or legal size output that looks like a really clean photocopy.

Using the line printer doesn't cost anything (yet), but the laser printers do -- six cents per page. This deserves a note: U of W charges 20 cents per page, and they also charge for time spent on the computers.

So be thankful and don't waste paper just because it's free. Remember to recycle everything you're not going to keep -- even the paperclips.

To access the Sequent system or the Banyan network you need to have a registered account with computing services, which you get for free as a paying student of WLU.

To register, go to the Computing Services Office, right next to the Computing Centre. Look around for a "Computer User ID

Request Form", fill it out and don't forget to sign the back. The receptionist will ask you for a few dollars to put into your printing account. Whenever you print something on a laser printer, the charge is deducted from your account.

At the end of the year, you can get any remaining money back. Beware: any accounts not used for about 90 to 100 days end up getting deleted, so if you had one last year, you may have lost it over the summer. Follow the directions above to get a new one.

If you have any problems using the computers, any questions about what the computers can or can't do, or if the computer just ate an essay you spent six hours writing and you're about to

break out the razor blades, stop by the Computer Consultant office in room 1-401.

If for some reason they can't help you, they'll point you in the direction of someone who can. For more information about Computing Services, ask for your free copy of the *Computing Services Handbook*.

Just remember that doing this early will mean you have some computer skills you won't have to learn later when time is precious.

All areas of employment are being affected by the growing use of computers, and you can bank on the using computer skills in almost every occupation.

The paper chase

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blue wooden bins around campus marked "Newspaper Only". The bins are located in the same areas as the recycling bins for cans, with the exception of the Dining Hall.

Fine paper, which is anything like the three ringed note paper you use during class, can also be recycled. It also includes computer paper, photocopy paper, and envelopes without plastic windows or stickers. The paper can be coloured either partly, such as if only the ink was coloured, or entirely, such as if the paper was blue. However, the use of coloured paper is discouraged since fewer chemicals are required to recycle uncoloured paper.

To make it easier to recycle those brilliant essays and assignments, staples and paper clips do not have to be removed. Lastly, fine paper does not include glossy paper and paper with a wax coating. Fine paper can be recycled if placed in the medium sized, light blue recycling bins with wheels located in the computer rooms, or in the small, dark blue recycling bins located beside photocopiers.

Cardboard can be recycled by simply placing it in the hallway for the custodians to pick up. As a student at Laurier, you probably won't be recycling too much cardboard except for cardboard dividers in notebooks. You might also recycle file folders, with the stickers removed, pizza boxes with the crust and cheese removed, and paper cases with the plastic removed.

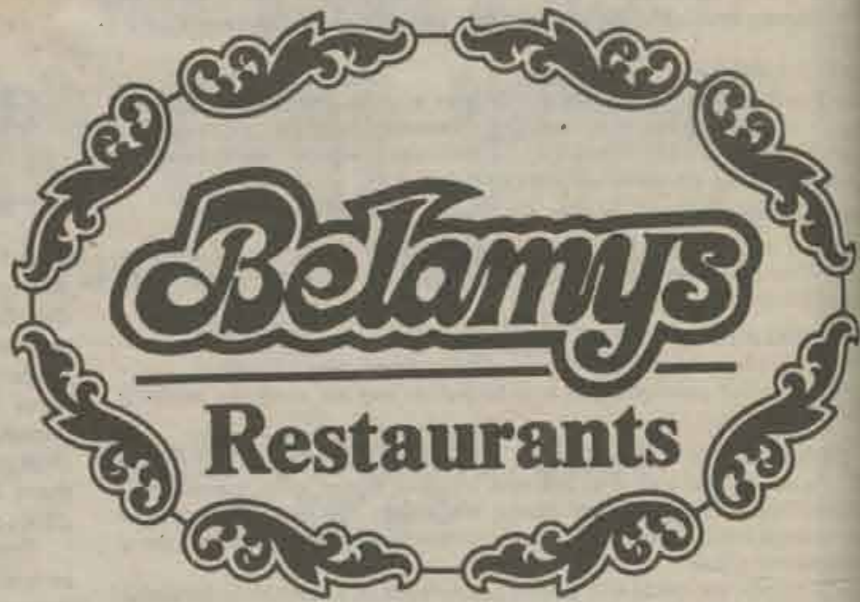
Second Cup has placed a medium sized, grey bin just beside the stand where small paper bags and disposable cups can be placed for recycling.

That just about sums up the basics of the three R's at Laurier. Of course, if you still feel slightly confused or dazed after reading this article, you can always come up to Students' Union and ask to speak to the Environmental Coordinator, who will answer your questions.



Computers are your friend -- or they soon will be

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Take heed young frosh

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Like most universities, Laurier is full of stupid rules, and most of them do a pretty good job of making you furious at one time or another. I found the rule of no spontaneous floor parties a real disappointment. But in the first semester, residence students get two prepaid sanctioned parties, one of which your floor fund pays for - mine was \$90.

These parties usually come with a DJ, a keg, liquor, don supervision, a 1:00 pm drinking curfew, and - for first semester anyway - a pre-selected floor that you may not even like, in a residence lounge you may like even less.

Other annoying rules (some unofficial) include quiet hours after 11:00 pm all week long, the rule that dons can keep the residence VCR in their rooms, and the infamous no-fridges-in-your-room rule.

What will my don be like?

We had an okay don, but our floor was pretty boring -- around half didn't drink or go out. But our don didn't mind if we were loud, as long as we didn't disturb him or other floors. He only dished out a couple of fines over the year, but a thousand warnings. I found that the don had an enormous silent effect on the mood of the floor. If your don is only in second year, chances are you're more likely to go out drinking together. But ours was in fourth, so he wasn't really interested.

What is Frosh Week like?

I really didn't like my Frosh Week that much. All that cheering and making fun of Western seemed really goofy. But the others really liked it, probably because they were a lot more drunk than I was. The concerts are really fun, but for the most part, are not licensed, so party in advance, and try to meet as many people as you can. These screaming goofs will be your best friends for all your years at Laurier.

What if I'm underage?

It really sucks. I was underage until mid-October, and I really hated missing the trips to local bars. But if you're lucky, they'll serve Molson Excel at the non-licensed concerts. What a treat.

Do people have sex a lot in residence?

Whoa! Calm down there young folks! I bet a few of you have jumped ahead to this one. No, people are no where near as promiscuous as other schools, my apologies. Without embarrassing too many of the guys on my floor, it was a pretty dry year (with a few exceptions) and we spent a lot of time trying to determine why. Several twisted bitter male theories included that Laurier girls were daddy's girls and up-



The soon-to-be newly-renovated Dining Hall

tight, that residence rules constricted promiscuity, that Laurier girls never broke up with their boyfriends from home (strong support for this one) or that we were all a bunch of pathetic losers - a theory that we eventually decided on in February. Your best bet would be to go to the Turret every Thursday, and keep your Friday free of classes for recovery.

It just seemed as though my friends from other schools were doing it a lot more... in fact, at all.

What is the food plan like?

For the first semester this was my main complaint about Laurier. The food wasn't bad, sometimes it was even good, but it was the sense of being utterly ripped-off. As you probably know, Laurier works on a declining balance method with a minimum requirement of something like \$1750 (1991) for anyone in residences. This means they take all of your money now (and collect interest on it over the year), and every time you want food, you use your student card and the price of the food is merely taken off your grand total.

The advantages are hard to find. Unlike some school's, you can feed a friend on your meal card, you can get prepackaged food (like popsicles, V-8, chocolate bars etc.) and you don't always have to sit in the cafeteria to eat, you can get take out. But

these advantages don't really outweigh the fact that our plan is such a hassle. You have to keep track every month to make sure you're not eating too much, or too little.

I was on track all year, but then found out that being on track meant you would run out on the last day of class. Unfortunately exams continue for more than three weeks, so by April I was broke and hungry. Not only that,

but the price of food is no bargain (90 cents for a juice?). It bothered me to think that I could have been eating at a real restaurant for the same price. The only deal the students get by having a meal card is not having to pay taxes - but charging us for taxes on a meal plan is against the law anyway - it's like groceries for us.

At the end of the year, if and when you run out of food money, you have to buy it from someone else in \$50 increments. Of course the going rate for buying food plan money is about 50 cents on the dollar.

My advice is to try to eat three modest meals a day, go light on the drinks and deserts and try to avoid eating the Shepherd's Pie - boycott the innocent slaughter of shepherds everywhere.

What about eating on the weekend?

The cafeteria is usually open for brunch on Saturday and Sunday, but at night time, you must provide for yourself. We would usually buy pizza with the coupons we cut out from *The Cord*, but on rare occasion we would go to a local restaurant, like Burger Night at Morty's.

Is doing laundry all that bad?

Yes, this was the biggest hassle in residence. Not only does it take all day (on your floor's specified day) to find a free ma-

chine, but the washers and dryers often take your money and give nothing in return.

My advice is to bring it home, but if you can't do that, do it during the week and bring lots and lots of quarters -- and get mom and dad to collect them for you at home.

How does the phone system work?

When you get into your room you'll be shocked to find out that you share a line with the room across the hall - or across residence. Although you'll have different phone number and dif-

ferent phone bills, two people can't be on at the same time. The only advantage is that these old rotary-dial phones are free, and you're only charged for the long distance calls you make. Too bad you can't hook up any answering machines or modems.

Why the hell should we listen to you?

I really don't know. Granted, I like to whine and my floor will attest to that, but from the beginning of the year I felt like there were a lot of things someone should have warned me of in advance. Take heed young frosh!

Cutting the red tape

BRAD McDONALD
The Cord

As with any institution of higher learning Laurier possesses a set of rules and procedures to be followed by those within the system, this even includes students. As with any set of rules, they sometimes fall out of favor with people, especially when it seems the rules are stacked to work against you. At this point the rules are known as red tape and it becomes necessary to take a few steps to avoid getting caught up in the tape.

The first step in cutting red tape is learning the source of the problem, most times people only take their perspective and do not look for reasons why there is a problem. Look around talk to people and find out why you have a problem. If you are having a problem with a person or department talk to the people involved and see what their side is. Remember that with faces there are people, so do not feel hesitant to talk to people one on one. Professors and staff are usually human and for the most part feel a common bond of humanity with you and will talk to you. Remember be nice, it has been proven through my past experiences you can get more information if you are polite to someone.

Secondly, if you need more information, get it! There are literally hundreds of places and people on campus who will help you get further information. Look for history on similar problems in the past, verify previous information and check the rules. By checking the rules you can see if they will also work to your advantage or you can put them to use (more on that later). There are many people on campus who will help you gather further information. If you are having trouble with your program talk to your department head, if it is with course changes the registrar's office, and so on. After that there are those who specialize in helping students. Contact your student reps in the Students' Union, or go and introduce yourself to Fran Wdowczyk or Dean Fred Nichols (Deano). The last two people being the most friendly people on campus, these two won't hesitate to sit you down and explain your situation or talk about their golf game.

Finally, as explained in your course calendar, the ultimate step is to take action and put your information to action. Often times there are appeals or petitions committees that you should use to appeal academic consequences such as missing an exam due to a reason other than exams being against your moral codes. Through gathering up as much information as possible you should make it all the more easier for yourself to get by red tape rather than fight and get caught in it.

Remember if you lose and are still steamed let it be known, write letters to *The Cord*, to the people involved (as long as they are not pieces of hate literature and are well written they will be taken seriously).

Enjoy an Evening of Music* and Art at Laurier

WLU

Aird Centre Recital Hall

Sunday, September 13, 1992 Complimentary Refreshments at 7:15 p.m. Concert at 8:00 p.m.
Art Gallery open at 7:00 p.m. Casual Dress * Horns, Strings and Voice Free Admission

What the Union can do for you

PAT BRETHOUR
The Cord

Is your landlord giving you a hassle? Wondering how you can get involved in university-type activities? Or do you just need someone to talk to?

If any of these questions sound like ones you've been (or will be) asking, then the Students' Union may have the answer, with one of its many service programs.

You pay for all of these services through your student fees --

which amount to about \$180 this year -- so why not take full advantage of them?

Here's the breakdown of what's available to you. Unless otherwise stated, the offices for these services are on the third floor of the Student Union building.

BACCHUS

BACCHUS is an acronym for Boost Alcohol Consciousness Concerning the Health of University Students. It's an alcohol awareness and abuse prevention

program, promoting the responsible consumption (or non-consumption) of booze.

BACCHUS holds an Alcohol Awareness Week, interactive seminars, and lots of promotions in Wilf's and the Turret.

Watch for them -- and listen too.

Foot Patrol

By mid-October, the Foot Patrol will be up and running (actually it will be walking). Students will be escorted by a pair of foot patrollers between campus buildings, cars, bus stops or their homes.

Times and exact locations will be available in the fall.

Health Plan

Now that you're out on your own, it's only appropriate that you have your own medical coverage.

So, the Students' Union has put a health plan in place.

In early October, a Green Shield card will be mailed to you. Take the card with you when you go to the pharmacy, and you'll only need to pay 20 per cent of the total.

If you need to use the Health Plan before you get your card, keep your receipts, and you can be reimbursed later. Or you could go to University Pharmacy, they will absorb the 80 per cent covered by the plan.

Most medicine costs are covered. Medicine requiring a prescription, approved injections such as insulin, chiropractors, speech

pathologists and repatriation expenses are covered among other things.

Fifty per cent of the cost of the Pill is also covered.

See the Health Plan coordinator Derek Kodama for a full listing of coverage.

All full-time graduate, undergraduate and co-op students are covered under the plan from September 1, 1992 to August 31, 1993.

You pay for it, so you might as well use it.

Info Booth (dry cleaning, fax, mail, Toronto Star)

The Info Booth doles out a lot more than just information.

You can drop off your dry cleaning, send out or receive a fax, drop off your mail, buy stamps, the Toronto Star, and various other items.

The Info Booth also acts as a lost and found.

Legal Resources

A staff of 20 volunteer counselors are ready and willing to help you work out legal problems with your landlord, or anyone else. They'll help you, or refer you to someone who can.

If you have a non-legal problem (that's not the same as an *illegal* problem), Legal Resources mediation program will put a trained counselor at your disposal.

Personnel and Placement Services

Want to work for a charity, or

volunteer for the Students' Union? Then Personnel and Placement Services is the department to contact.

Resumés Plus

If you need an essay typed, or a resumé put together, you'll need to contact Resumés Plus. Rates and turnaround times are available from Mary Hughes, the Resumés Plus manager.

Safety and Equality

Equality conducts numerous awareness campaigns on the issues of racism, sexism and homophobia.

Safety will have personal alarms available for sign out from the Info Centre.

Student Help Line

When you need someone who will listen, phone the Student Help Line. Professionally trained student volunteers will listen to any problems you have, and will provide referrals and information on community services.

Their phone number is 884-PEER, and their hours are from 7 pm to 11 pm, every night.

Tutorial Services

If your grades aren't what you wish they were, you may want to contact Tutorial Services. You'll be matched with a student qualified to tutor you.

The cost is \$10 per hour, paid to the tutor. Application forms for both tutors, and those need tutoring are available at the Info Centre.



Your Student Union Building. Can you see The Cord sign?

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REGULAR HOURS:

Mon-Thurs: 8:45am - 5pm
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Sept 21-24 8:45am-7:30pm
Tues&Wed Evening from
Sept. to Thanksgiving and Jan.

Our friendly staff looks forward to meeting and serving you.

Whirlwind tour of Laurier services

JOHN MCHUTCHION
The Cord

Welcome frosh to your whirlwind armchair guided tour of all the amenities that Wilfrid Laurier University has to offer. You may have thought your tuition dollars simply paid for your profs' salaries. That's only the beginning. Now here's the rest of the services your bucks buy you.

Counselling Services
Upper Floor, Student Services Centre (between the Quad and the Solarium);
Telephone Extension 2338
Hours: Mon-Fri, 8:30 a.m. - 4:30 p.m.

Let's face it, university can be a rather rough experience. Add up a heavy work load, new relationships, separation from family with a dramatic change in lifestyle, and the end result is a large amount of stress. That's where the staff at Counselling Services come in. Chances are the helpful people have dealt with almost every potential problem imaginable, so don't think you are alone -- and don't be afraid to ask for help.

The staff also holds seminars and workshops during the course of the year. Topics include time management, essay writing, date rape and much more.

Health Services
Upper Floor, Student Services Centre
Telephone Extension: 2146
Hours: Mon-Fri, 8:30 a.m. - 4:30 p.m.

No matter how many boxes of kleenex and bottles of vitamins that Mom and Dad send you off to school with, chances are good that you are going to get sick at some point.

A general lack of sleep, a lousy diet, and the ability to party to your heart's content make a student the perfect candidate. The saviours at Health Services will be there in your hour of need, when Mom isn't there to feed you chicken soup. Nurses are available on a drop-in basis, and appointments with on-campus doctors can be made in person or over the phone.

Besides diagnosing ailments and dispensing microscopic prescriptions, Health Services can also keep the sexually active students supplied with condoms and the Pill. Play safe, be safe and all that stuff.

Oh yeah, these folks can also get you out of an exam, if you are too sick. Just remember, you must get the note before you decide you have to duck your test.

Career Services
Lower Floor, Student Services Centre
Telephone Extension: 2495
Hours: Mon - Fri, 8:30 a.m. - 4:30 p.m.

Ask yourself why you are coming to Laurier. If you said it was to get a job, then this is the service for you. Career Services provides a plethora of stuff for students: lists of available jobs (permanent and summer), in-

formation on potential employers, on-campus recruitment, interview and resume tips, and a whole load more. Keep your eyes open for the many seminars that are put on throughout the year. But I just suppose jobs have to exist before any of this does any good for anyone.

If you said your reason for coming to Laurier was so you could go on to do graduate studies, Career Services also has information on university programs throughout Canada and the United States. It's not all that thorough, but it's a starting point.

Special Needs Office
Across for the Bookstore, Central Teaching Building
Telephone Extension: 2043 or 2086, TDD 884-1141
Hours: Mon - Fri, 8:30 a.m. - 4:30 p.m.

Laurier is not the most accessible place on the planet for the physically challenged. That's where Special Needs comes in. They can supply students with assistive devices and information regarding accessibility around campus.

The office also promotes awareness of the problems facing the physically challenged, but there are still a lot of improvements to be made. As a case in point, I'm still wondering what kind of a butthead would take the push-stick from the elevator in the Peters Building. If you would like to volunteer, drop in and ask for Judy.

Computing Services
See the article on computers, and Computing Services, on page 4.

Student Awards Office
2nd Floor, 232 King Street (Beside Mega Pizza and Phil's)
Telephone Extension: 2254
Hours: 8:30 a.m. - 4:30 p.m.

The Student Awards Office handles financial aid for students at Laurier, and they should be rather busy this year! Scholarships, bursaries and loans [read OSAP] come through this office.

Dealing with OSAP should be made into a credit course for stu-

dents. The massive bureaucracy is headquartered in Thunder Bay (seems only logical, right?), and there is many a horror story that can be told about the effort necessary to cut through the red tape.

Remember, get your forms done early and done correctly. Then keep track of the paper trail yourself. Things have a habit of disappearing or getting lost if you don't hound the OSAP people. The Awards office can't do it all for you. However, they can provide you with emergency loans of up to \$300 for those really tight times.

WLU's structure is a struggle

CHRISTINA CRAFT
The Cord

No amount of education can prepare you for your struggle through the structure of Wilfrid Laurier University. One thing to be thankful for is that the staff is very helpful.

There are two bodies that make most of the decisions at Laurier: the Senate and the Board of Governors. You have eight student senators who are directly representative of your interests. The Senate oversees academic regulations and are the people to go to if you have questions about the course calendar, admission policies or university guidelines. The Board of Governors is the highest body of the university. Students also have two representatives on this board to go to for any concerns you have about the entire direction of the University.

On a different level, you will also have representation through the WLU Students' Union or Student Publications. These bodies are entirely directed by students. If you want your concerns to be heard over issues such as Student Union services, the bars, Cord content, underfunding or other problems with the University, then you should glide up to the third floor of the Student Union Building and talk to one of your representatives there.

continued on page 8

Shinerama targets 'serious' cystic fibrosis

PAT BRETHOUR
The Cord

"You're going to want to be there. The whole week you'll see how serious cystic fibrosis is, and what a benefit Shinerama is." That's how strongly D.J. Carroll, Students' Union's Shinerama director, feels about Laurier's annual fundraising drive.

Founded in 1961 by Paul Enns, then sophomore president of Waterloo Lutheran University [Laurier's forerunner], Shinerama was designed to be a positive initiation activity for frosh. Shoe-shining was to be the way incoming students would learn the importance of cooperation.

Shinerama has expanded in the following 31 years to encompass 65 post-secondary institutions in Canada, with shoes, windows, and cars being shined, and dances, car washes and raffles being held. This fundraising goal for this year's Shinerama has been set at an ambitious \$50 000 -- up dramatically from \$40 000 last year. The actual take in 1991, however, was over \$50 000.

"We want to break \$50 000 for the second year in a row," said Carroll. "Why go back when we know we can do it?" All funds raised will go to fight cystic fibrosis, the most common life-threatening inherited disease of Canadian children.

One in every 20 people in Canada carry the gene for cystic fibrosis, and one in every 2 000 Canadian children born have the disease. Until recently, most of didn't survive childhood. Symptoms include a constant cough, producing thick mucus, excessive appetite coupled with loss of weight, bowel disturbances, a salty taste to the skin and prolonged bouts of pneumonia. Canadian researchers -- supported in part by fundraising efforts like Shinerama -- have identified the gene responsible for cystic fibrosis.



This year's Shinerama is projected to raise \$50 000

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Housing hell and how to avoid it

SEAN MARTELL
The Cord

So you have decided that residence is not for you, Mom and Dad won't let you commute, and the don position did not come through. No problem.

The vast majority of students in this fair school live off-campus for at least part of their academic career, and largely enjoy the experience. There are, however, many problems that can develop if you don't take the care to set things up properly with the landlord and your roommates. With a little work and the help of this article, you can have an enjoyable time in your temporary home, and not end up adding to the pile of housing nightmares that Laurier students have experienced.

When looking for a house:

1. Start early

There are few things in life that will cause more panic or nausea than arriving on campus at the start of the term without a place to live. You can only camp out in the 24 hour lounge for so long, and even your best friend will get sick of you after two weeks. Start in February for a September lease, or three months before a co-op return.

Starting early can mean the difference between getting a close house of your own and a far away apartment in someone's basement.

2. Do some research

You have several resources to help you find a place. First, the Housing Office in MacDonald House has lists and posters of available places. A lot of real estate offices manage some rental properties and can be a help here, as well as for finding a house to buy.

One often overlooked source is campus telephone directory. Most of the senior students live in student housing and will generally tell you the real story of the house.

Look at several places before committing, so you know you are getting a good place. Check things like the water pressure, the noise of people walking upstairs, and the window seals. The more you check, the less surprises you'll run into later.

3. Get rooms for everyone

While it may save you some money to share a room with your pal, I cannot recommend strongly enough to get your own room. It's fine to share a room for a year in residence, and you will meet more friends this way -- but



Set up a fund for cleaning supplies, or deal with messes like this one

people need their own space from time to time.

Whether it is to get studying done, to invite a new friend over for the night, to take an afternoon nap, or to listen to your music, a roommate will get in the way eventually.

4. Take time to check over the lease

Before signing up for your dream home, check out what your exact commitment is.

Are you responsible for cutting the grass, shovelling the snow, or maintaining the trees and bushes? Are there any restrictions on parties?

Generally, unless it is expressly worded in the lease, the

City of Waterloo will come after you, before they will go after the landlord, to look after these household chores.

Also, you won't earn any points with your neighbours if you leave your yard in a mess just because you feel it is not your responsibility. If you sign a lease with (legal) restrictions, and then do not abide by them, you could find yourself evicted by mid-term.

Editor's note: If your landlord includes restrictions, or tries to evict you, or anything else at all, contact the WLU Students' Union Legal Resources department immediately.

When is the rent due, and how will you pay? You are not required to give post-dated cheques to your landlord, and I wouldn't if you can avoid doing so. If they come once a month to get the rent, you know you have a chance to talk to them about any problems in the house.

Now that you've moved in:

1. Change the locks for the house

This is just common sense. Believe it or not, all students aren't as nice as you are. If they have the key to your place, they may just walk in and take your stereo, CD's, television and cash. The police will try to help, but once things are gone, it's unlikely you'll get them back.

2. Start a fund for cleaning and household supplies

No one ever thinks to buy dish soap, sink cleaner or toilet paper, but it is really important stuff to keep around. If everyone puts in ten or twenty dollars at the start of the year -- when everyone has money -- then you can go and buy a large amount of supplies at the start of the year. This way, everyone contributes equally, and there are no hard feelings later.

If someone belongs to a Warehouse Club, you can save even more by buying in large quantities.

You may want to extend this policy to things like condiments, toothpaste and soap, if your budgets and preferences are suitable.

3. Decide who will pay the bills and when

Nothing is more likely to cause turmoil between roommates than paying phone, hydro and cable bills. Right from the beginning, agree whose name which bills will be in, and if different people will pay different ones. It is simpler to have one person collect all the money, and pay all the bills, but that person is the one whose credit rating is at risk if another roommate skips out on their obligations.

Decide whether you will pay the bills right away, or at the due date. Business students will tell you it is best to wait, but missing the due date by even one day will really annoy your creditors.

Great friendships can end rather violently over \$35 in long distance calls.

Some final words:

With a little planning, a lot of problems can be easily avoided. I cannot guarantee that you won't have some problems. If you have a problem, you do have rights, and can get satisfaction. Use the Legal Resources department to find out all of your options if your situation becomes intolerable. Under no circumstances should you take out your frustrations by damaging the house, or moving out with rent money owing.

You may have been treated poorly, but the landlord could sue you -- and likely win -- in these cases. Bonehead actions like these will make it more difficult for other students to find housing.

The key is to be considerate, to your roommates, your neighbours, and your landlord, even when you're not getting the same in return.

Administrative tangles

continued from page 7

Chances are you will likely have to deal directly with certain departments of the University such as the Registrar's Office, the Business Office, Student Awards, the Housing Office, Food Services, Student Services, or the Dean of Students Office.

If you don't understand the guidelines for your degree then you should call on the Registrar's Office. It is there to help students determine which courses to take and gives academic advice. You may also have to talk to someone from this office if you have to make an academic petition.

The Business Office is where you pay all your bills. When you owe the University money you will run into someone from this office. If you are having trouble paying your bills then you go to Student Awards. You can apply for a short term loan, receive OSAP and apply for a scholarship or bursary. If you still can't pay your short term loan, you will hear from the Business Office again.

When you are distressed and looking for a place to live then the Housing Office is the place to go. If you are having problems with residence administration, there is also a body called the Inter-Residence Council that also represents you. Just ask your residence don or House Council President for details. If you have to deal with the administration in residence then chances are you will also have to deal with food services. There is a food services committee which listens to concerns and there are student representatives on this body also.

The Student Services Centre offers a variety of services to help you through the day to day stress of University. Career Services has a ready staff on hand to help you decide your career direction or develop your resume or interview skills. When you have personal or stress management problems then you should go to Counseling Services. There are trained counselors there to help students with anything from study skills to couple counseling. Health Services is also located in this Centre.

Before your university career ends, you should definitely introduce yourself to Dean Nichols, the Dean of Students or Fran Wdowczyk, the Quality of Student Life Coordinator. These are the people who make your life at Laurier easier and you can talk to them any time about your frustrations.

Laurier has several policies on harassment and equality. The Quality of Student Life Coordinator will also help you through the appropriate channels if you have any problems relating to any of the faculty or staff at the University.

The professors here at Laurier are the best in the world for being available to talk about your studies. Please don't be shy even if you are in a large class.

Oh yeah, if you break any rules then the Dean's Advisory Council will get in touch with you. This council is comprised of students and they make all those nasty decisions that may get you either banned from the bars or expelled from school.

Whenever you are in a jam keep in mind that you are the number one consumer at this University and everyone that works here serves you.



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Campus clubs: When school is more than scholastics

Don't get down, get a Club

By Marc van Es

There are over seventy clubs on campus that are recognized and funded by the Students' Union, referred to as Campus Clubs. There are also a few organizations that are relevant to student life at Laurier that aren't Campus Clubs.

Campus Clubs cater to many different interests and hobbies that have enough interest among students at Laurier to support the operation of a club. There are several reasons you might want to join a club.

You can meet new people, especially at the beginning of the year. Depending on the club, members may have a few obvious interests in common, giving you a start on getting to know them better.

Get membership discounts with club sponsors -- you can usually make back what you pay in club membership with a few uses of such discounts.

If your homework loses its grip on you, liven things up by checking out special club events or even regular meetings. Your membership commonly gets you free or cheap admission to special events.

Joining a club will give you new or different things to do and people

to see at club events make them ideal for keeping depression at bay during the darkest times of the year.

Some clubs are a place where people of similar interests but different academic programs get a chance to see more of each other. This is a distinct advantage when you consider that music students spend most of their time in the Aird Building, and business students in the Peters Building, for example.

With a little thought for the future, you might consider building your resume with some experience in club leadership, as long as you're sincere about your involvement. The experience is valuable not only for your resume, but for your own development of organizational skills.

Of all the clubs, five are featured, and several more are mentioned, as a sampling of the different places you can invest some time and effort. You'll be able to sign up with clubs during Thursday and Friday of Frosh Week in the Athletic Complex, and in the concourse during Clubs Week, September 28 to October 2.

Ken Shim, this year's Campus Club Coordinator, can tell you how to join a club -- or set up a new one. Ken can be contacted at the WLU Students' Union, at 884-1360.

Amnesty International

President: Michael Loeters

This club seeks to protect the human rights of individuals around the world. Members write letters on behalf of those who are being imprisoned or tortured for political reasons. The letters are sent to those responsible for the imprisonment or torture to win the freedom of these prisoners.

They set up letter writing tables to attract more people to get involved. They also take tours of local high schools, hoping to raise awareness of imprisonment and torture in other countries.

At the beginning of the year, they pick an area of the world to focus on for the year, and information about the area is presented at informal, weekly meetings.

Gays and Lesbians of Wilfrid Laurier

President: Martin Poiement and Gary Van Lingen

This organization is intended to provide representation, and a sense of community for gays, lesbians, and bisexuals at Laurier. They also provide peer support for new students, and educational services for the University at large. There are plans for a 'coming out' support group, two awareness campaigns, and regular social gatherings on, and off campus.

The Musicians' Network

President: Mike Werner

This group promotes musical talent from Laurier campus. Although the Network membership usually consists largely of contemporary musicians, they love to have anybody with other musical tastes.

It doesn't matter if you're a pro or a beginner, because the Network is for everyone who likes to play music (while leaving the ego at home).

The Network offers members "jam" sessions with supplied equipment, membership lists, discounts at music stores, opportunities to perform live, and a chance to be on the Network's annual "Campus Grown" record.

Men Against Violence Against Women

Formed at WLU as a reaction to the Montreal Massacre...



group works to eliminate sexism and to promote a safer, more equal society.

The group has an interest in student orientation, especially in residences, and works largely with men. Classrooms and the larger university community are also places where members of this group hope to promote positive attitudes towards women by individual, personal contact.

The group also provides the Women's Centre and related organizations with any required help when the opportunity arises, and often co-sponsors events with the Women's Centre.

Women's Centre

The Women's Centre is a feminist group on campus that seeks to empower women and raise awareness on campus of current women's issues.

Empowerment means women educating themselves and taking active control of their lives, and awareness means everyone knowing how women feel about themselves and how they are treated, collectively and individually.

The Centre has an office and a library. While the Centre is not a

crisis centre, the library is a safe haven for women where no man may enter. The library contains over 500 books, magazines, journals and government documents for anyone's reference.

The activities that the Centre participates in over the year include self-defense classes, volunteer fairs, film festivals, International Women's day and week, National Eating Disorder Week, seminars by guest speakers, and a weekly column in **The Cord**.

AIESEC-WLU

President: John Siambani

AIESEC's members believe that students should know more about what goes on outside the walls of Laurier campus. AIESEC is the largest student-run organization in the world, including more than 70,000 students, 74 countries, and 650 campuses--including 38 Canadian universities.

Their mission, over 40 years old, is to promote among members a concern for international understanding and cooperation. The other goals of AIESEC are to give students practical experience before graduation, and to bridge the gap between students and the business community.

These goals are achieved through a job exchange: each job arranged in Canada for a foreign student allows a AIESEC-WLU member to be sent to a placement abroad--a chance of a lifetime.

AIESEC-WLU participates in many international projects, motivational conferences, leadership and skills seminars, cultural exchanges with other university students, and large parties. Nowhere else can a student meet and party with people from all over the world, learn about other cultures, and attain practical business experience while still in uni-

versity.

AIESEC is an opportunity for anyone if they really want to get something more out of a few years at Laurier.

Archaeology Club

President: Shawn Thompson

Different divisions of archaeology come together in this club. Tentatively, they'll have a Frosh week barbeque on Wednesday, September 16. You'll find senior students coming out to this for the free food. A camping weekend is planned for September 19 and 20.

Other events include guest speakers from around the world. Bingos are held in town to fund club events, and also for hursaries given to active club members to help pay for their digs overseas.

Cycling Club

President: Rick Hulford

This group of cyclists meets regularly on Sunday afternoons to go road or mountain biking. Two workshops on bicycle maintenance will be held during the year.

Debating Society

President: Jocelyn Espejo

The only requirements to join this club are that you are interested in debating, enjoy people, and have a sense of humour.

Economics Association

President: Michelle Erjavec

This is both a social and an academic club aimed at bringing together students and faculty of economics. The club is in need of first year representatives to coordinate and advertise events. Possible events this coming year include a "Meet the Prof Wine & Cheese Party," road trips, a social with a similar club at University of Waterloo, powder-puff football, and study groups.

Equestrian Club

President: Jennifer Brett

Horsing around at Laurier! The club offers trail rides, hay & sleigh rides, weekly lessons, and an active team on the U.S. circuit. Find them in the Athletic Complex in Frosh week.

Jazz Council

President: Dianne Garbutt

In its second year, this club is dedicated to promoting jazz

They raise money for Laurier's Vocal & Instrumental Jazz groups.

Laurier Christian Fellowship (LCF)

President: Cindi Baumann

LCF is a chapter of Inter-Varsity Christian Fellowship (IVCF), and has over 200 members. In addition to weekly meetings, LCF runs alternative Frosh week events, and a Frosh week info booth.

Off-Campus Club

President: Doug Brooks

This club is for everyone, whether you live off-campus or not. The "King Street Kruize" is one of the club more famous events. This year the club will also be offering "support services."

Physics & Computing Club

President: Marc van Es

This club wants to provide students with opportunities for social, academic, career advancement through social events, field trips, and career and information nights. It has a lot of room for participation, so if you're interested, ask them some questions when you see them in the Athletic Complex in Frosh Week.

Science Fiction and Fantasy Club

President: Claudette Martin

This club is for those of you who have interest in science-fiction and fantasy in any way shape or form. The club promote books, movies, trips, role-playing games, and other unique events centering around that genre. If you have a passion for fantastic new worlds and characters, drop by their table in the Athletic Complex during Frosh Week and enter one of Laurier's more colorful clubs.

TAMIAE

President: Doug Schnurr

During Frosh week, look for the annual TAMIAE corn roast. During the year, events will include intramural hockey, a talent night during the Winter Carnival, and a guest speaker series. A TAMIAE bursary will be awarded to some lucky student during the year, as well.



UP AND COMING

From September 7 to September 13, the WLU Students' Union hosts *Safari Laurier*, 1992's version of Orientation Week. Some highlights follow

-*Nite in the Jungle*, Monday evening in the Athletic Complex. Comedy, music and orientation activities are scheduled.

-*Dancing Animals*, Tuesday evening.
A dance done in the finest night-club style.

-*Battle of the Bands*, Wednesday evening all over campus.
Entertainment at various locations on campus.

-*Still More Jungle Fun*, Thursday evening in the Athletic Complex.
A video dance party on campus.

-*Call of the Wild*, Friday evening
A dance at a local hall. Seniors are permitted.

-*Celebrate Safari Style*, Saturday evening
Kim Mitchell performs at Seagram's Stadium

-*Out of the Jungle*, Sunday evening
A formal reception followed by a concert in the Aird building.

Jumping out of the mainstream

by Mark Hand

There's more to alternative culture than just wearing black. Clothing, yes, but also film, art, music, *café au lait*, and scads of other things are out there waiting to be experienced.

By "alternative", we mean anything which isn't mainstream. Seeing *Batman Returns* at the local Famous Players for \$8 is mainstream, catching *Roadkill* at the Princess Cinema for \$3.75 isn't [\$5.75 for non-members, but a membership's only five bucks a year].

Buying a \$150 jacket at Le Château is mainstream, spending \$15 for the same jacket (slightly used) at Surrender Dorothy isn't.

Get the picture?

I mentioned The Princess already. It's the local repertory cinema, and by far the best place to catch a movie. It's cheap, it's close, and they get a wide range of good films. Mainstream film makes up a large proportion of their releases, usually hitting the Princess a few months after showing at name-brand cinemas.

The Princess also shows some wonderful old movies, foreign movies, and their Saturday night cult showings are always... interesting. Occasionally they bring in some esoteric concerts and live theatre which makes The Princess, by far, the place for alterna-

tive culture in Waterloo.

Those looking for an alternative bar scene are in for trouble. Phil's, although still considered an alternative bar, used to be a very black clothing sort of place. It's switched to a more mainstream type of bar. Kitchener's Club Abstract has taken over where Phil's left off. Their Thursday night Cosmic Groove is always groovy.

Your best bet for alternative bars is Pop The Gator, also in Kitchener. Their Wednesday

night Blues Jam for only a buck is hands down the best in the area. Their live shows features the Who's Who of jazz and blues, but it's often quite pricey.

Moving right along, but still in the alternative music area, Laurier is the best place in the area to hear music you won't hear on the radio. The very talented students in the Music faculty put on regular concerts, and you'd be surprised how good they can be.

Watch The Cord's Up and
continued on page 12

PICK OF THE WEEK

KIM MITCHELL

is a wild party at Wilfrid Laurier University's Orientation Week.



QUOTE OF THE WEEK

"Nothing is more hopeless than a scheme of merriment."

Samuel Johnson, *The Idler*



The Princess Cinema is the place for alternative culture in Waterloo

Culture at Laurier centred around Aird Centre

by Niki Westman

Wilfrid Laurier University's small size is no indication of the abundance of talented music students and the cultural performances these students put on in the John Aird Centre. Not only does the Music Department offer concerts and shows for all students at Laurier to see, they also invite any interested non-music students to participate in a few of these performing groups such as the many choirs and ensembles.

If you were not fortunate enough to have attended a high school with a good music program, or lived in a culturally active community, the Aird Centre can fulfill your musical and cultural desires. University is perhaps the first and best chance students get to explore different forms of expression in the area of art and music, so take advantage of the opportunity while you're here!

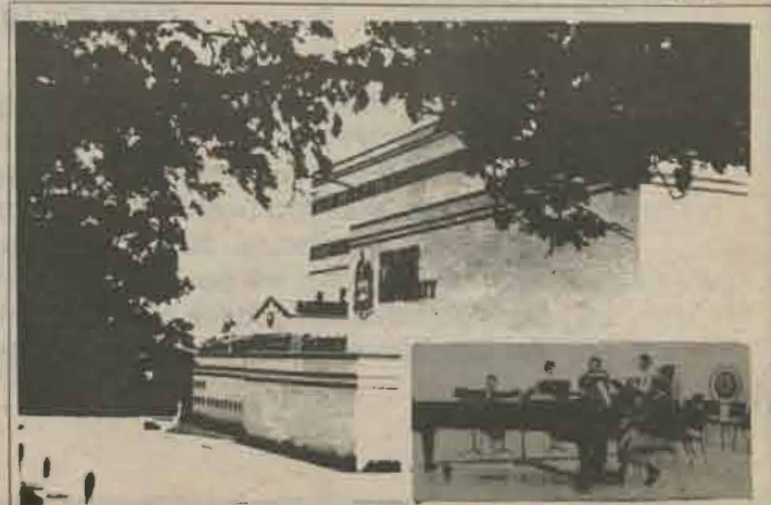
Take a break from studying and instead of spending all your spare time hanging out at the Turret listening to the same kind of music, experience live, original music by talented musicians. If

after listening to Laurier's classical or baroque music concerts and discovering this isn't your cup of tea, try attending one of the Jazz Ensemble's performances, or check out the contemporary, experimental sounds performed by Laurier's Student Composers group.

If on the other hand, you were fortunate to have attended a high school with a good music program and were a part of it, or you

might have been involved in music outside school, contribute your musical talent to one of the choirs, the orchestra, wind, flute or jazz ensembles, or the Musician's Network (see the Campus Club feature on page 10) for contemporary music. And if you'd like, you can get half a credit for being involved in a choir or an ensemble!

The choirs and ensembles
continued on page 13



You don't even need to leave the block to find culture

Weird coffee and clothing

continued from page 11

Coming section throughout the year to see what's going on in live theatre and concerts for an eclectic mix of plays, folk music, and other entertainment you probably never knew were out there.

If you like to save money, look good, and aren't too picky about being the first person to wear a certain article of clothing, there are a couple of pretty good second hand clothing stores right

here in Waterloo. Surrender Dorothy, Eye In the Sky, and Second Thoughts come to mind. These are all located on King Street.

For food, there's more than McDonald's and pizza here. Aladdin's and Pogo's are two very good restaurants specializing in Middle Eastern cuisine. Pogo's has a great late night patio with coffee that, although it tastes like it's been filtered through a Pop

Tart, is excellent.

The Gaslight might look like a greasy spoon, but it's the only place where you can order a steak dinner with fries and a salad for \$4 and have it appear on your table faster than you can smoke a regular cigarette. Yeah. Vegetarians have to be selective, but more restaurants are catering to the conscious eaters all the time. The yellow pages are your best bet for finding a new and interesting dining experience among the multitude of culinary establishments K-W has to offer.

For simple odd things to do, Waterloo Park has a petting zoo where you watch obnoxious children scare the willies out of a helpless donkey, or A Shot in the Dark provides indoor glow-in-the-dark mini-golf.

For the passive adventurer, browsing through some of the many bookstores or art galleries in the cities might be your thing.



Give the bar scene a rest -- you might even enjoy yourself

Got the dining hall blues?

by Christina Craft

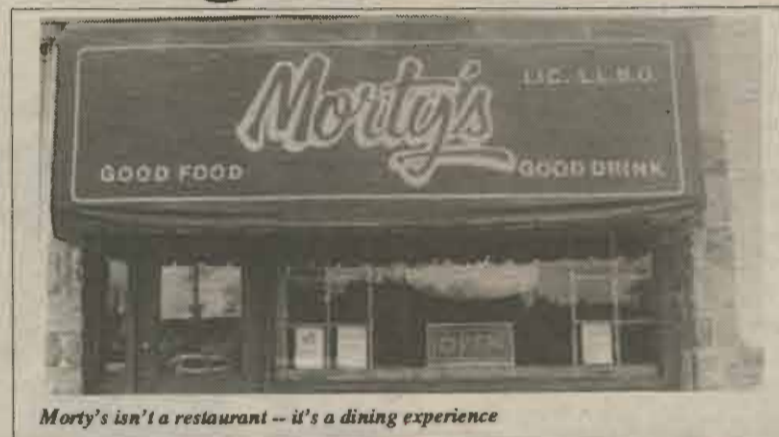
Chances are it won't be long before you get sick of eating all that dining hall stuff and you will be looking elsewhere for a good meal. Well, this article should help ease those dining hall blues.

Each restaurant is rated according to the average price per meal and time you have to wait before you get you chow. Some bars in town also operate as quasi-restaurants so they have been rated in this groovy article too. This is by no means an exhaustive list but it should do the trick for learning about the neater places in the area.

Aladdin's

(located on King Street near Erb) If you want a groovy ethnic meal this is the best place on the planet. The menu items may be difficult to read but there are explanations provided underneath. The prices are reasonable for the quality of food. Recommendation: go with a few friends and order all the cheap appetizers so you get a chance to sample everything...and don't forget the belly dancers after 7:00.

Price: between \$6-\$15/meal
Service: food within 20 minutes



Morty's isn't a restaurant -- it's a dining experience

Bellamy's

(located in Dutch Boy Plaza on Bridgeport and Weber)

Bellamy's is a good place to go if you want a variety of different meals. Their menu is huge and the quality is pretty good. It's a good place to go on a date.

Price: between \$10-\$15/meal
Service: food within 30 minutes

Casey's

(located on the corner of Weber and Lodge St)

Casey's is a good road/house restaurant/bar with fairly good food and reasonable prices.

Price: between \$7-\$12/meal
Service: food within 30 minutes

East Side Mario's

(located by U of W, Campus Estates Plaza, University Avenue)

A great place to go if you want a delicious monster Italo-American meal. East Side has neat pictures on the wall and you get to eat shelled peanuts while waiting. The best part is the free garlic bread and salad you get with every entrée. The price may seem a bit high but you get great portions. The service is awesome.

Price: between \$10 - \$15/meal
Service: food within 20 minutes

Fast Breaks

(located on Phillip St. near U of W)

continued on page 13



Ouija is the most omniscient and omnipotent presence on campus. Ouija has the answers to everything. If you are miserable, distressed or confused please write to Ouija, c/o The Cord. You can hand your letters into the Info Centre or The Cord offices.

Dear Ouija,

My boyfriend of three years and I just broke up. I would really like to become sexually active again but I'm becoming insecure about a few things. First of all, I have never used condoms (I'm on the pill and my boyfriend and I were both virgins before we started dating) although I am very worried about social diseases including AIDS. Also, many of my female friends have started carrying condoms with them when they go out and I would like to start doing the same. My questions are, how do you make sure the condom is on right and, if I carry condoms with me will I look like a slut?

Condom Insecurity

Dear Condom Insecurity,

As with any kind of protection you have to use condoms properly or they won't work. Always make sure you use latex condoms because they are the safest for protecting against social diseases. Before unwrapping the package, make sure there is no damage to the package. If it has any damages, especially holes, then the condom won't be effective. Another thing to be aware of is the expiry date. Never use a condom that has expired. In every package of condoms there are instructions. Make sure you read these instructions carefully. You may even want to practice a few times on a phallic object. An important thing to remember: after the condom is placed on the man's penis, make sure the air is squeezed from the reservoir tip or the condom will break. While the man withdraws, he should hold on to the bottom of the condom or it could slip off. Don't let the man stay inside after he has ejaculated because the condom will slip off easier when he loses his erection. Also, if you use any kind of lubricants, make sure they are water-base. Other kinds of lubricants can weaken a condom.

As for your second question, you should be respected, not shunned, for taking charge and caring for you and your partner's well being. Never be ashamed for being careful. If a man thinks you are a slut for being responsible then he isn't the kind of person you should want to be with. Safe sex is both partner's responsibility.

Good luck,

Ouija.

Dear Ouija,

I am a 20 year old male virgin. I have had lots of opportunity but I have chosen to wait until I'm ready. I've encountered several instances with aggressive women who don't seem to understand my decision. Sometimes these women have touched me when I told them I did not want to be touched. Doesn't 'no means no' apply to men too?

Love,

The Big V

Dear Big V,

As with any personal decision based on your own values, you should always be respected. It is true that 'no means no' applies to men as well as women. If you are in any situation where a woman makes you feel uncomfortable always let her know. If a woman forces you to do anything or touches you without your will, it can be deemed sexual harassment or assault. This kind of behaviour should never be accepted; it is a violation. There should be no double standard when it comes to forcing sex on someone. I would advise you seek legal counseling or personal counseling about these incidents.

Sincerely,

Ouija.

THE CITY OF 
Waterloo

CITY OF WATERLOO TRAFFIC BY-LAW 83-19

The City of Waterloo Traffic and Parking By-Law does not allow overnight parking on City streets. PART V - PARKING AND STOPPING RESTRICTIONS states that "unless otherwise permitted in this by-law, no person shall at any time, park a vehicle on any highway between the hours of 2:30 a.m. and 6:00 a.m."

The City of Waterloo Traffic and Parking By-Law also restricts parking on all City streets for no longer than three (3) consecutive hours. Streets located in the downtown core of Waterloo have either a one or two hour parking restriction, and are posted as such.

Signage advertising these restrictions are located along the main streets upon entering the City of Waterloo. The City appreciates your co-operation in the compliance of these by-laws.

RONALD C. KEELING
CITY CLERK.

Aird Centre: Laurier's cultural oasis

continued from page 11
meet twice a week from 4-6 pm so they shouldn't interrupt your schedule. Auditions for any of the choirs or ensembles are held during Orientation Week so don't delay -- go up to the Music Department office, room 210 on the second floor in the Aird Building and ask about auditions. Don't worry about not being a music student or not having enough experience. If you enjoy singing or playing an instrument, don't lose out on the opportunity to keep up your talent while you're at university and improve your skill -- give it a try!

As of last year, in an attempt to increase student awareness and appreciation of the hard work music students put into their top quality performances, the Music Department offers all concerts free of charge to Laurier students. Every Tuesday and Thursday from noon until 1 pm, the students and faculty of the Music Department perform a variety of concerts in the Recital Hall which is located in the Aird Centre and can be accessed by the main entrance at the northeast corner of the building, or inside, by the doors across from the Theatre Auditorium. Other concerts are scheduled throughout the week in the Recital Hall in the evenings. The large ensembles (orchestra and woodwind) give concerts on Sunday afternoons.

Come check out the noon-hour recitals scheduled every

Tuesday and Thursday throughout the school year. Here are a few examples:

- Sept. 22 Penderecki String Quartet
- Sept. 29 South American pianist Alma Petchersky
- Oct. 20 music of Haydn and Mozart on classical 6-keyed flute, violon, cello, harpsichord
- Nov. 17 Meridian Ensemble (flute, oboe, piano)
- Dec. 1 Faculty Brass Trio (French horn, trombone, tuba)

Below is a listing of a few of the concerts scheduled for this fall:

- Oct. 25 Orchestra 4 pm (Recital Hall)
- Oct. 28 Student Composers 8 pm (RH)
- Oct. 31 Baroque Ensemble 8 pm (RH)
- Nov. 8 WLU Choir/Women's Choir 3 pm (Theatre Auditorium)
- Nov. 22 Jazz Ensemble 3 pm (RH)
- Nov. 27 Opera Excerpts 8 pm (TA)
- Dec. 5 Wind Ensemble/WLU Choir 8 pm (TA)

Theatre Laurier, Laurier's exceptionally talented drama group, is presenting a play called "Listen to the Wind", Sept. 24-26 at 8 pm in the TA. The play features faculty, staff, students, alumni and members of the K-W community including 16 children, and music composed by a Laurier music

grad. The play offers everything from singing, dancing, comedy, to tragedy. In February, Theatre Laurier is presenting "Albertine in Five Times", a play about a French Canadian woman and the issues that affect her at five separate stages of her life from ages 30 through 70.

The Aird Centre also provides, free of charge, the opportunity to appreciate original works of art by local painters, photographers, sculptors and artists of other media on display in the Art Gallery which is located between the Theatre Auditorium and the Recital Hall.



The Recital Hall: No jacket required

Eating well, eating cheap

continued from page 12

If you want up-scale atmosphere, gigantic portions and teeny-weenie prices, then Fast Breaks is where you should go. Good variety, too.

Price: between \$5-\$8
Service: within 15 minutes

Huxter's
(located by U of W, Campus Estates Plaza, University Avenue)
If you like garlic Huxter's is a "great little restaurant". You can get a good meal for a good price. The chicken dishes are awesome. You even get to draw on the tables with crayons.

Price: between \$7-12
Service: food within 20 minutes

McGinnis Landing
(also located in the same Campus

Estates Plaza that every other restaurant in the area can be found)

McGinnis Landing has typical food at typical prices. Their menu is fairly large and they offer fairly trendy roadhouse food.

Price: between \$7-\$12
Service: food within 20 minutes

Morty's
(located on King Street across from the AC)

A personal favourite. Morty's offers excellent food and fair prices. There's no where else in town where you can eat a burger and talk to your favourite City Counselor Morty. His son, Jay, is pretty nice too. Go on Sunday when the burgers are only \$1.99, or Monday for 25 cent wings.

They also deny any rumours that their panzerotti is the largest in the whole land. Morty's has an atmosphere conducive to good conversation over a cold beer. Note: the price per volume is way cheaper than Stanley's or even McDonald's.

Price: between \$5-\$8/meal
Service: food within 10-15 minutes

Olde English Parlor
This restaurant/bar is one of the hottest places to go for a late night meal. Their food is English style and the service is really good.

Price: between \$10-\$15
Service: food within 30 minutes.

Phil's Bar and Grill
(located on King Street beside Forwell's)

Phil's offers a groovy atmosphere and groovy food too. They just changed their menu so they offer a lot of sub-culture yet sort of trendy items.

Price: between \$8-\$13
Service: food within 30 minutes

Pizza Anyone?
If you are going to fit into the culture at Laurier, pizza will become an important part of your life. To make things easier just follow this pizza comparison and decide for yourself:

Little Caesars: Lots of 2 for 1 deals, but still kinda pricey. Order the Crazy Bread, it's real good. They deliver and are open late, which is an excellent combination after the Turret closes.

Domino's: Good pizza specials. Delivery: 30 minutes guaranteed.

Gino's: Gino's is not bad pizza and it's certainly the cheapest pizza in the area. They have pretty quick delivery too.

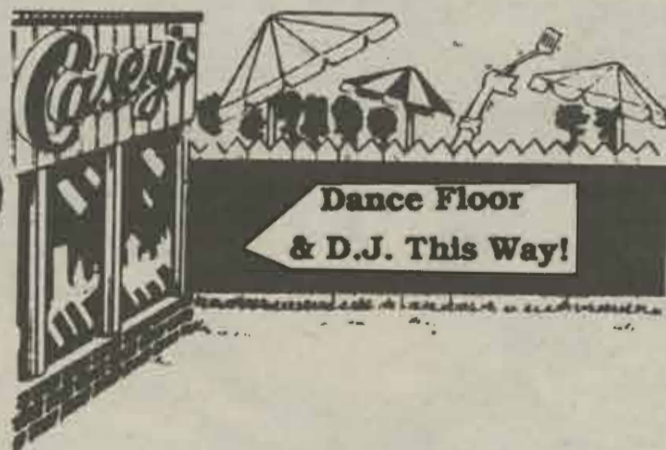
Reuben and Wong's
(located by U of W, Campus Estates Plaza, University Avenue)
A fantastic assortment of neat-o Chinese and Deli favourites. Reuben and Wong's has a really nice decor and is also a nice place to go for a romantic date. The wait staff are exceptionally nice and they give you neat little umbrellas. The portions are humongous too.

Price: between \$9-\$15
Service: food within 20 minutes.

Schlotzsky's
(located near Don Cherry's on University Avenue between Laurier and U of W)

For a good lunch at reasonable prices go to Schlotzsky's. This place serves mostly sandwiches on neat-o sour dough bread.

Price: \$4-\$6
Service: food within 2 minutes



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Back in the night life again: K-W bars

by Martin Walker

School is fun but now and then, you'll need to break away for a fun night on the town. Depending on where you came from, you'll find Kitchener-Waterloo's bars either fun or boring. What this guide will do is outline K-W's best and not-so-best bars and give you an idea of where to go. I won't argue the merits (or demerits) of drinking yourself silly, but if you drink, do so responsibly.

Each bar will be reviewed based on service, price and overall atmosphere. I won't go into food, unless it warrants special notice. As a final note, I would suggest that you check out the bars for yourself at least once anyway. After all, you may like something that I criticize. In the mean time, happy bar hunting!

The Twist:

(located on Marsland Drive, off University Ave.)

Large. Very large. Those are the best words to describe this former roller rink turned bar. It's got a huge dance floor and lots of bar areas located throughout the place so that service is quick. Prices aren't that bad, but make sure you arrive before 9 pm to avoid lines and cover charges. It's probably one of the hippest places to be. Fridays are classic rock 'n' roll and usually have a bit older crowd hangs out, but Saturdays are dance music (Madonna, YMCA). All in all, a fun time will be had by all!

Phil's Grandson's Place:

(located on King St., across from the A.C.)

It's not the traditional type of bar that you may be use to. It sort of looks like the Batcave with a fully stocked bar. A lot of the people dress in black and they play mostly alternative music, but it's still a lot of fun. Drinks are cheap and staff are some of the nicest folks you'd want to deal with. Check out the infamous Phil's fishbowl drinks.

The Turret:

(right here at Laurier, top floor S.U.B.)

Boy, have I spent many a night here! The Turret remains one of the best liked bars with Laurier students and you are guaranteed to meet your friends up here on a Thursday or Friday. Cheap drinks are always appealing but the lines at the bar itself are sometimes annoying. Due to the fact that everybody is our age, it tends to be the single best way to meet new people. Saturdays are all-ages night and is one of the few bars in K-W that allows minors in on this night. Beware of long line-ups and arrive early!

Fed Hall:

(located at far side of U of W)

It's U of W's equivalent to our Turret. Fridays can be pretty happening, especially when those wacky Math students come partying but it's kind of slow on those other days. It's pretty cool with its double story complex inside



One of Laurier's many homegrown bands jazzes it up at the Turret

and a patio outside, and it has a huge dance floor that gives you plenty of room to dance on. Watch out for losing your loved one when you arrive. After all, it is quite large. Keep an eye out for bands that perform there now and then -- some are pretty good.

The Bombshelter:

(located at the Campus Centre, U of W)

The "Bomber" is a pretty rocking place, especially on Wednesday nights. It's a different kind of atmosphere than other dance bars since it's a pub, so the chances of interacting with other people is relatively limited. But still, it's a good watering hole and they have nifty bands in now and then.

Don Cherry's:

I honestly had to check to see if it was still open or whether it went out of business. Sadly enough,

Don's has taken a dive for the worst and I hardly see anyone in there anymore. Sad, really. It is truly a hip sports bar. Check it out if you're a sports fan. Similar to other Don Cherry's around.

Olde English Parlour:

(located on King St., uptown Waterloo)

Sundays seem to be packed here! What the hell? Most other nights can also be quite busy as well. However, it caters to a bit older crowd and, as you can tell by the name, is a pub and not a dance bar. Great if you want to go for a few drinks with the boys or girls, but not so great if you want to dance. Hint: the aisles are ALWAYS crowded and people don't move when you say "Excuse me." OEP is a great way to meet people, though.

Stingers:

(located on king St., uptown

Waterloo)

Sadly enough, another case of a bar that use to be keen and is now pretty slow. I'm not sure what happened, but it looks like pretty much a yawner as far as bars go. Needless to say, service is excellent.

Wilf's:

(located on campus, WLU)

Dan Dawson (Bar & Entertainment Chief) tells me that there going to be a better air ventilation system in Wilf's for September. This is good. Wilf's remains one of the last spots on campus that you can go to for a smoke on campus. Open from 10 am until 1 am every night (except Sundays) it gets packed during the day on night. It's a pub, so go there with your friends to drink and study and watch the comedy nights and other live entertainment and bands. Fred Hale is king there, don't miss him when he performs!

The Huether (the Kent):

(located on King St., uptown Waterloo)

It's a very confusing place. There are three parts to it: a room that has pool tables, a room that has strippers, and a room that has decent food. Everywhere has liquor but it's annoying as all hell that you can't move from room to room with your beer (the hallways are not licensed). If you're a girl, make sure you know which room has the strippers -- I can imagine it might be a bit embarrassing just meandering in. Their in-house brews are excellent.

Club Abstract:

(located on King St., just before downtown Kitchener)

Outstanding lighting. Amazing sound system. A bit bizarre at times, it's not the traditional dance bar. Most nights involve more alternative music and people that go here are often dressed in a more 'alternative' style (lots of black). There are a lot of Laurier students that go here on "Psychedelic Wednesday's" and other nights, but it's too bad that it's too far away (you pretty much have to take a taxi). If you can, check it out.

Lulu's:

(located way down by Pioneer Sports World)

Lulu's status is uncertain. Earlier this year, Lulu's closed down. Since then, new ownership has come in and, up until press time, it was too early to tell what the new Lulu's is going to be like. But check it out... it is the North America's largest bar!

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A history of WLU sports

Jeff Nelson
Cord Sports

1968:

As anti-war protests raged across Canadian university campuses, athletics seemed to take a back seat. On March 9, 1968, the Waterloo Lutheran men's basketball team travelled to Antigonish N.S. to compete in the CIBC tournament. After a thrilling victory over the UBC Thunderbirds, the Hawks faced the St. Mary's Huskies in the championship game. Led by tourney MVP Pete Misikowetz and Norm Cuttiford, WLU emerged as Canadian champions with a 66-61 victory. Chants of "We are Waterlooans" echoed through the frenzied WLU supporters and those watching the game on TV. At a rally for the team the following week, coach Lockhart called Waterloo the "basketball centre of Canada."

1969:

In the year of Woodstock and Neil Armstrong, the men's basketball took centre stage yet again. On February 27, 1969, the

Hawks captured the O.I.A.A. championship with an exciting 60-56 victory over the Osgoode Owls. The game was a defensive thriller played at the University of Guelph. The Hawks were led by high scorer Sandy Nixon who netted 23 points and pulled down 10 rebounds. Unfortunately, the Hawks could not repeat the previous year's performance and were eliminated in the national semi-finals.

1972:

This was the year that Paul Henderson became a name that was to be indelibly etched forever in Canadian sports history. This was also the year that the newly-named Wilfrid Laurier Hawks were to excel on the gridiron. The football team met the undefeated St. Mary's Huskies in the Atlantic Bowl. Before a capacity crowd of 6,000 wild fans, the Hawks cruised to a crushing 50-17 victory. Coach Dave "Tuffy" Knight had high praise for his team, especially noting the tremendous defensive effort of the squad. While the defense held the SMU running backs to less than 100 yards, WLU halfback Wayne Allison scampered for 142 yards and 2 TDS. For their victory, the Hawks took home the Atlantic Bowl, and Allison was named the game MVP.

1973:

The man they named "tricky Dick" became the focal character of a scandal that was to tarnish the American political system forever. In the Laurier community, the football team again took top honours. On November 10, 1973, the football Hawks captured their second consecutive Yates Cup with a 48-4 thrashing of the Ottawa Gee-Gees. Although Ottawa was led by CFL-great-to-be Neil Lumsden, the Hawk defense was simply overpowering, led by Parker Mueller. The offensive demolition was led by quarterback Gord Taylor who saw only end zone all day.



1991, Skydome: Laurier wins the coveted Vanier Cup

1978:

Events in the Middle East were becoming more and more unstable, finally culminating in the taking of the hostages one year later. In the area of Laurier football, the team had one of its best years ever. In November of 1978, the football Hawks stunned the Western Mustangs in the national semi-final 19-14. The game would go down as one of the most exciting in Laurier history. The victory over #1 ranked UWO and their star QB Jamie "TSN analyst" Bone was led by the likes of Jim Reid, Barry Quarell, and Jack Davis. Western had a chance to win the game, but the Laurier defense stopped them on the Hawks' 20 yard line with one minute left. Unlike a few years down the road, the Hawks would come up short in the Vanier Cup.

1983:

As the whole world watched the U.S. invade Grenada, history was being made on the ice surfaces of Waterloo. In March of 1983, the Hawkey team captures their first OUAA crown with a 4-2 victory over the U of T Blues. Before a huge crowd at the Kitchener Auditorium, the Hawks played their best hockey all season. Because all-Canadian goalie Terry Thompson was out with a pulled hamstring muscle, backup

Steve Bienkowski was penciled in for the game. Bienkowski was rock solid against the Blues, earning the game MVP. The Hawks were also led by Kevin Casey and Kevin Pruden. This year seemed to be the beginning of something special for the hockey program at Laurier. Since 1983, the hockey team has repeatedly taken home the OUAA crown.



1984:

Los Angeles briefly became the centre of the sporting world as Carl Lewis and Daley Thompson were among those who took home Olympic gold. 1984 also signalled a significant change in the face of Laurier's football program.

In March of 1984, Rich Newbrough agrees to a one-year contract as Laurier's new athletic director and head football coach. Newbrough replaces Dave Knight who ventures off to the CFL and the Toronto Argos. A graduate of Ohio's Fairmont State, Newbrough claims that "More than anything, I'd like to get the student body behind the athletic program." Since 1984, Newbrough has produced some great teams and players, and is regarded as one of the finest coaches in the OUAA.

continued on page 16



Athletic Complex simple to use

Tom Szalhol
Cord Sports

Student living can be hazardous to your health. Between countless hours of sitting through lectures and studying, all the while maintaining a steady diet of junk food, and possibly an equally countless number of hours putting away drinks to forget the burdens of scholastic life, you may find your jeans getting tighter and your arms getting flabby. It doesn't happen to everyone, but many Frosh have found themselves getting quite out of shape in the span of a few months. Therefore, it's vital to get a regular dose of exercise. A fit body helps maintain a fit mind.

Admittedly, the Athletic Complex does not have the latest or best in weight room equip-



The Athletic Complex offers a cornucopia of sporting activities

ment, but it offers a great deal of variety in other facilities.

In the A.C. you will find an Olympic length swimming pool, three gymnasias equipped for badminton, volleyball and basketball,

six air-conditioned squash courts, tennis courts, and a weight room including free weights, Nautilus, and exercise bikes.

In addition to this, Wilfrid

continued on page 16

Intramurals: exercise and entertainment

Jeff Nelson
Cord Sports

So you say you're not interested in trying out for a varsity athletic team, but you do want to get some form of weekly exercise. For those who don't feel they have the time to devote to endless practices and travelling, intramural sports is the answer.

Hundreds of Laurier students and faculty participate in intramural sports year round. The sports played on an intramural level range from football, basketball, hockey, volleyball to squash and badminton. Most of these sports are played at either a competitive or recreational level.

To become involved with an intramural sport, you must take a walk over to the Athletic Complex and either look for the signs or ask the AC secretary. Also, many of the leagues begin right away, so you might want to make it a point to sign up as soon as school begins. The registration process for an intramural league is straightforward. You can either sign up as part of a team or submit your name to intramural co-ordinator Gary Jeffries.

"Jeff" makes it his job to see that you are placed on a team right away. For those people who want to play sports with the opposite sex, there are also several co-ed leagues at Laurier. Anybody who has played intramural sports at WLU will tell you that they are a great way to meet people as well as an excellent means of exercise. Sign up for intramural sports -- or you'll regret it.

After Vanier Cup, there's no looking back

continued from page 15

1986:

Plans are first unveiled to build some form of domed stadium in Toronto. The costs are projected to be astronomical and the feasibility and reliability of such a structure are heavily questioned. This was also the year that saw several woman's teams excel at Laurier. The highlight of the year came on February 8, 1986, when the women's curling team of Louise Kirwin, Susan Shepley, Brenda Kenefick, Maureen Kennedy, Linda Jackson, and Diane Ptolem took home the OUAA championship. By defeating teams from Guelph and Western, this team became the first varsity women's team to win an Ontario championship.

1987:

As Pope John Paul II tours Canada and the U.S. the Laurier football squad comes close to advancing to the Vanier Cup. The Hawks faced the UBC Thunderbirds in the Western Bowl to determine who would go to the national final. With the Hawks leading 31-26 late in the game, QB Rod Philp tosses a fatal interception which is run back for a touchdown. In what is perhaps the biggest heartbreaker in WLU sports history, Andy Cecchini rushes for 154 yards and Philp passes for almost 300 yards. Coach Newbrough summed the feeling of the game best saying that "It's a shame that someone has to lose a game like that. Unfortunately, it was us."

1987:

Possessing a lineup that was perhaps the strongest in school history, the men's soccer team was ranked # 1 in the nation for most of the season. On November 9, 1987, the soccer Hawks played a thrilling game against U of T for the Ontario championship. In the 23 minute of the contest Roy Abraham banged home the only goal of the game to give the Hawks the victory. The victory was especially sweet as the Hawks had lost to the Blues the previous year.

1990:

With the dissolution of the German Democratic Republic and the release of Nelson Mandela, momentous events were shaking the globe. The hockey team finished a successful season by defeating the UQTR Patriotes to win the OUAA title and possession of the Queen's Cup. The OUAA MVP was Laurier goalie Rob Dopson. The Hawks advanced to the CIAU tourney at Varsity Arena in Toronto. The team beat UQTR again, this time in the semi-finals with the winning goal scored by Garnet McKechney. Unfortunately the Hawks were not as lucky in the final, losing 2-1 to the University of Moncton. Rob Dopson played so well, that despite being on the losing end, he was still named the tournament MVP.

1990:

Blessed by an outstanding array of talent, the women's soccer

team captured the OWIAA title, defeating U of T in the title game. Amazing efforts were put forth by Colleen Allen, Kelly Konstantinou, and Helen Stoumbos. Although the Hawks lost to Acadia in the final, overall it was an excellent season for the women, especially Stoumbos who was named a CIAU all-star.

1991:

The imminent downfall of the USSR and a U.S. invasion of Iraq were the backdrop to the greatest highlight in the history of Laurier sports. Dean of Students Fred Nichols called November 30, "The greatest day in the history of the school." Quarterback Bill Kubas said, "This is the greatest

moment of our lives."

Before an estimated crowd of over 30,000 people in the Skydome, the Laurier football squad handed the Mount Allison Mounties a 25-18 defeat and won

the most coveted trophy in Canadian university sports, the Vanier Cup. Led by a heroic defensive corps and the sheer brilliance of Andy Cecchini, the Hawks scored first and never looked back.



Next year's Hawks won't be looking over their shoulders

AC: You pay, so why not use it?

continued from page 15

Laurier University has recently acquired nearby Seagram Stadium. This adds a track, an additional weight room, and an athletic field to the existing facilities. Plans are being made to outfit the field with artificial turf, which will make it usable for a number of activities in all types of weather.

All full-time students pay a compulsory athletic fee of \$65.20 per year. Compared with membership costs at health clubs, this is a bargain, but there is a catch: you have to use the facilities to get your money's worth.



Why wait until January to tone up?

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next to PIZZA PIZZA



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THE CORD

A Wilfrid Laurier University Student Publication
 75 University Ave. West, Waterloo, Ont. N3L 2C5
 (519) 884-2990 -- Fax: (519) 884-5596
 Advertising: (519) 884-5092

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Adrienne Hodgins, Ryan Feeley, John McHutchion, Christina Craft, Brad McDonald, Marc van Es, Mike van Bodegom, Alisa Krause, Sean Martell, Tom Szeibel, Jamie Neilson, Niki Westman, Mark Hand, Martin Walker, The Most Omniscient Ouija, Jeff Nelson, Allison Nirji, Denys Davis
 Production: Ryan Feeley, Christina Craft, Niki Westman, Mark Hand
 Photo: Chris Skalkos, Tom Szeibel, Phil M. File, and his many cousins

STUDENT PUBLICATIONS

TREASURER Rosemary Banks
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The Cord plows through its publishing year. Any Letters to the Editor must be submitted typed and double-spaced by Tuesday, September 8 at 4:00 pm for the following publication. Of course, there's nothing really contentious in this issue, so what could you get worked up over? We can only print letters that bear the author's real name, telephone number, and L.D. number (if applicable). We've already gotten a letter, so you can't be first -- but you could be next. All submissions become the property of The Cord and we reserve the right to edit or refuse any submissions. Furthermore, The Cord will not print anything in the body of the paper considered to be sexist, racist or homophobic in nature by the staff as a voting body, or which is in violation of our code of ethics or creed. The most vile, and even ill-conceived, pieces submitted may still be printed in the letters section, though.

Cord subscription rates are \$15.00 per term for addresses within Canada and \$18 outside the country. You won't need to worry about subscriptions for another couple of years, unless Math 108 gets you.

The offices of The Cord are incredibly friendly and accessible. The editor-in-chief is grumpy until he gets his morning coffee, though. The Cord is printed by the most excellent people at the Cambridge Reporter.

The Cord doesn't publish again until Frosh Week -- meaning I can take a well-deserved rest. For all of you frosh I hope you enjoyed this issue, and found it useful. Come on up in the fall -- you just may surprise yourself with how much you already know about journalism.

The Cord is a member of the Ontario Community Newspaper Association, and a soon-to-be prospective member of Canadian University Press.

All commentary is strictly the opinion of the writer and does not necessarily represent those of the Cord staff, the editorial board, or the WLU Student Publications Board of Directors. Sometimes even the writers don't believe what they're writing.

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The adventure is only beginning

You'll be going on a safari, of sorts, during your Orientation Week, the theme of which is Safari Laurier. You'll meet many new people this week, and experience many new things. You'll learn a lot in a week.

Don't let it end there. Keep on learning, and growing.

My icebreaker told a group of us during my Frosh Week, four years ago, that first year is just a continuation of high school -- a Grade Fourteen. He meant it as a comfort, I suppose, and wanted to allay our fears about university academics. His advice was off base.

Do not, whatever you do, treat university like a fourteenth grade, a mere continuation of high school. Treat your time at university as a four year adventure, an intellectual safari.

I don't mean that you need to adopt the postured highbrow cynicism that so many people down with their morning cappuccino. Just be fascinated with things. Don't be afraid to ask questions in class, or out of class. Don't be afraid to challenge your professors -- they'll probably find your bad attitude refreshing.

And don't limit your mind strictly to the contents of your courses either. Business and science students: do you know who Kafka is? Arts and music students: what's a Keynesian cross, or cognitive dissonance? Read outside of your field of study. Become a real intellectual -- someone who has discovered not the answers, but the questions.

And once you've expanded your horizons this far, don't forget to be something other than just a student. Join The Cord, or the Students' Union, or a local band, or a varsity or intramural team. Don't limit yourself.

Do all of this, and four years from now, you'll know your time here was an adventure.

Editorial by Pat Brethour, Editor-In-Chief

The opinions expressed in this editorial are those of the author and do not necessarily reflect those of the rest of The Cord staff, or its publisher, WLU Student Publications.

Come be a Cordie



by Pat Brethour

Come be a...Cordie? What's that? A Cordie, to those of us who have hung around the Student Publications offices for too long, is anyone who works on The Cord, Wilfrid Laurier University's student newspaper -- your newspaper.

Cordies can be photographers, layout people, news writers, entertainment writers, sports writers ... the list goes on, for about another fifty lines.

The point is, there's a lot to do at The Cord, and a lot of fun to be had doing it. Unfortunately, not everyone knows this, and sometimes fall prey to myths about The Cord.

As you'll see, there's absolutely no reason why you cannot come be a Cordie.

You have to know how to write newspaper stories before you can write for The Cord.

Absolutely untrue. We especially welcome you if you're new to the newspaper game. Half the joy of working at this place is to see new people -- just like you -- click on to the joys of journalism.

We'll be running a 'buddy system' of writing in the fall to make it easier for you to write for The Cord. You'll follow around a veteran reporter for your first assignment, from the assigning of a story, to feedback at our weekly Friday staff meetings in the Turret.

Then, for your next assignment, the roles are reversed. You go after the story, while the more senior reporter coaches you.

We'll also be running newspaper writing seminars for you in the fall, and periodically throughout the year.

If you are interested in writing for The Cord, there's no easier time than now, and no better time than the present.

You have to know how to photograph before you can take photos for The Cord.

Definitely untrue. Chris Skalkos, the Photo Manager, is gunning for bags o' photo volunteers to make his life that much easier. If you're willing to learn about photography, he, and his able staff, are ready to teach.

You have to know how to do layout before you can do layout for The Cord.

Just as for writing and photography, this one's

patently false. Our production nights are Monday and Tuesday from 4:00 pm onward.

Anytime you want to meander up -- even if it's only to watch, you will be welcome. If you want to grab an exacto knife and paste up some copy, then Renée Ward, The Cord's Production Manager, will be delighted.

And just as with writing and photography, we'll be running introductory layout and production seminars in the fall.

I don't have enough time to work at The Cord.
 There are 24 hours in every day. Multiply this figure by seven days and you have 168 hours. Can you honestly say that you can't spare two, three or four hours out of those 168 to work on something (The Cord, to be exact) you'd truly enjoy?

There's nothing for me to do at The Cord.
 Believe me, after spending 98 hours last week putting this Frosh edition together, I know this one's definitely a myth. If you come to The Cord, you will most assuredly find something of interest for you to do.

Only really sophisticated and groovy seniors can work at The Cord.
 That's not true. Anyone that's sophisticated and groovy can work up here. Some of us just happen to be seniors.

The Cord is not looking for volunteers any more.
 This one is truly bizarre. In September, we'll be hiring a classified coordinator, two production assistants, two copy editors, a circulation and filing manager, a photo technician and an art director.

These positions are important, but there are more important positions available -- volunteer positions.

If you want to write, take photos, draw pictures, or anything else, I give you this guarantee: you can become a Cordie.

Cordies have a hell of a lot of fun.
 Actually, this one's not a myth at all. If you don't believe me, just come to a Cord party. The first one's in September.

Learn something about journalism, and yourself. Come be a Cordie.

Play hard, study hard

Dear Editor (and the Frosh),

I am not going to congratulate you or welcome you for coming to Laurier, due to the fact that if you received this you deserve to be here. Instead I offer advice on how to get the most out of your career at Laurier. Have fun! You heard me right, remember your time spent at university is referred as university life. Life being the key word, you should remember to live it every once in a while.

For your parent's sake let me add the full expression to my advice that I received from my family doctor when he learned I was going to university. Play hard, study hard but not necessarily in that order. Basically remember to get your work done so that you can go out and blow steam off from your studies.

Remember though, at Laurier there are many ways to have fun, the most used term for fun at Laurier is involvement. In other words get involved! Get on the floor councils, go for a Student Union position, write for **The Cord**, join a Campus Club, or get involved in events such as Winter Carnival. By becoming involved you are helping yourself have fun and making Laurier a better place to go to school. Of course this does not mean that you should not forget about going to bars or parties as well.

So to paraphrase my family doctor, get involved and study hard!

Yours in procrastinating,
Brad McDonald
VP: Student Activities

Have a blast at Student Publications

Dear Editor (and Frosh),

I would like to congratulate next year's Frosh on choosing Wilfrid Laurier as the university that you will be attending. Coming to university will be one of the most exciting things that will ever happen to you, but schoolwork is only part of what university has to offer.

Getting involved in extracurricular activities, meeting new people and learning things outside of the classroom are also very important. So take advantage of the resources at your disposal to make the most out of your stay here at Laurier.

WLU offers a wide variety of activities that you can get involved with, and Student Publications is one of them. Student Publications is a separate corporation that all students belong to and fund, comprising of a weekly student newspaper called the **Cord**, a yearbook called the **Keystone**, and other free publications that all students receive such as the **Cord Guide to Laurier** and the wall calendar.

For Student Publications, volunteers are the backbone of the corporation. No matter how much or how little time you have to spare, you can volunteer in some way at Student Publications. Whether it's learning how to take photographs, how to write stories, or even how to put a yearbook together, we need you!

As a few words of advice from a fourth year student, be sure to get involved somewhere in some capacity. Whether it's a campus club, the Students' Union, Student Publications or a varsity team, getting involved opens up so many new doors for you in your future. It helps to pass time quicker and allows you to meet new people and have a good time while you are here at Laurier.

Good luck for this coming year and I hope to see you during Frosh Week. It will be a blast!

Best of luck,
Martin P.L. Walker
President, WLU Student Publications

Athletics are for you

Dear Editor (and Frosh),

On behalf of the Athletic Department, welcome to Wilfrid Laurier. We hope the next three or four years will be the most memorable of your life. In the next paragraphs, we will briefly explain our operation in hopes that you will see fit to become involved in your area of interest.

Our intercollegiate program offers competition to student athletes in a number of sports. Our women's program consists of basketball, cross country, curling, figure skating, soccer, squash, swimming, tennis and volleyball. These teams compete within the Ontario Universities Athletic Association.

Both the men and women's teams have been very successful both at the provincial and national levels. Laurier is not only noted for fielding great teams but also the strong support afforded these teams by our student body. For example, for last year's Vanier Cup team in Toronto, we sold over 4 000 tickets on campus. Remember -- your student ID gets you free admission to every home game.

Our intramural program offers activities within three areas: instructional, competitive and co-ed. The activities are far too many to mention but we do have something for just about everyone. Watch your bulletin boards for sign-up dates. Last year we had over 3 000 participants in these activities. In some of the instructional activities, we may require a small fee to cover the instructor costs.

Our athletic facilities are for YOU! Your full-time ID card will allow you to use all of our facilities at your leisure. All you have to do is present the card at our toterom, and the attendant will supply you with a towel and lock.

The Athletic Department is one of the biggest student employers, as our payroll is around \$63 000 per year. If you are looking for part-time work, please come and see us.

I look forward to seeing you around the campus.

Sincerely,
Rich Newbrough
Director of Athletics

LETTERS TO THE EDITOR

The Cord's Letter Policy

- All letters must be submitted with the author's name, student identification number and telephone number.
- All letters will be printed with the author's name, unless otherwise requested.
- Letters must be received by Tuesday at 2:00 pm for publication in that week's issue.
- Letters must be typed, double-spaced and cannot exceed 400 words.
- The Cord reserves the right to edit any letter, but will not correct spelling and grammar.
- The Cord reserves the right to reject any letter, in whole or part, that is in violation of existing Cord policies, specifically: letters which contain personal attacks, or defamatory statements.

Frosh: Come on up to the WLU Students' Union

Dear Editor (and the Frosh),

For incoming students there are a lot of concerns about what to expect from university life. A student's introduction to Laurier will likely seem very overwhelming and stressful.

There are many misconceptions about what university life is really like. Some of these misconceptions surround frosh week. Frosh week is a fun time where first year students will get a chance to meet each other and several helpful senior frosh leaders (ice-breakers). These ice-breakers are available to answer questions and tell you anything and everything you ever wanted to know about Laurier.

Frosh week is also your first introduction to the Students' Union and all of the services it offers. This week is conducted entirely by students and it is there to help first years adjust and feel comfortable with Laurier's surroundings.

Many new students have already been very involved in high school and will be anxious to also get involved at Laurier. I just wanted to take this opportunity to introduce incoming students to the WLU Students' Union and to myself, the president of this vivacious corporation.

The WLU Students Union provides a great deal

of opportunity for students who want to become active. There are over fifty campus clubs to get involved in and several volunteer positions where students can lend a hand in operating a two million dollar corporation or running student activities. For an excellent introduction to the Students' Union, there are also positions available on First Year Council. During frosh week, first years will see their Board of Directors bopping around to answer any questions about the operations of the Students' Union and how to join up.

During the first few weeks of school I hope that new students will come up to the third floor of the Student Union Building (the same building as the Turret and Wilf's) and find out what we are all about. I will also be buzzing around during frosh week and I hope I get a chance to meet as many first year students as I can.

To all incoming students...congratulations on being accepted to the best university around. I hope to meet you soon.

Sincerely,
Christina Craft
President, WLU Students' Union

Dean is here to listen

Dear Editor (and Frosh Parents),

I thought you might like to hear that you too have an interest in Wilfrid Laurier University now that you have a son or daughter here. I am Dean of Students, have been here for thirty years now, and have thoroughly enjoyed meeting and sharing good and bad times with the young people who have chosen to come here for their formal education.

As you know, the actual classroom time is only one part of their education. Another important part of learning, when leaving home, is the adjustment to

roommates, rules and regulations, budgeting, socializing, competing and most of all accomplishing what they set out to do. You hear all kinds of rumours about the wild student life on university campuses -- but don't believe most of it.

Sure, we have fun, and once in a while do something careless or irresponsible that we wouldn't do at home, but that's all part of the learning experience. You can be sure, however, that the health, security and safety of our students is a major concern of mine.

One thing I tell all students is: "Bring with you the same manners and standards of behaviour you are accustomed to at home, they are most useful at the university." I'm sure you tell them the same thing. I have found that I get to meet most students while they are here and I can honestly say that 99 per cent of them mature, excel and develop those finer characteristics expected of university men and women.

The main reason I am writing is to introduce myself in the hope

that, as parents, we might have the occasion to meet sometime and compare ideas as to what university is all about. You must have concerns about living arrangements, rules governing student life, problems on campus, health care, counselling, or finance. You may want to talk about the many services and activities that make us so proud of our small and personal university.

I would welcome a visit or a telephone call at any time and would surely like to get to know you. I have a very open relationship with students, and as a parent myself I know how important it is to know someone at the school who can be trusted, open, and honest with me.

I will be available on Labour Day, Monday, September 2. Please make a point of saying hello. If by chance I don't see you here, I would welcome an appointment at your convenience.

Sincerely,
Fred Nichols
Dean of Students

The Cord got you
tied up in knots?

Write a letter.

PINK INK

by Denys Davis

One of the most frightening things about coming to university, any university, is change and exposure to new and unfamiliar things, people and activities. On the other hand, the most exciting thing about coming to university is change and exposure to new and unfamiliar things, people and activities.

I grew up in a very WASP-ish small southern Ontario town. In my high school of just over 700 students, you could count the non-Caucasians on your fingers. The whole town was conservative with lots of churches and no -- count 'em, no -- bars. I wasn't exposed to much until I came to university. During my first day on campus, oh so many years ago, I found myself surrounded by people of every ethnic origin.

Guess what? The Chinese weren't Communist, the blacks weren't going to mug me, and the East Indians weren't all wearing turbans.

Of course, it just wasn't visible minorities that I began to notice. It became apparent to me that there were people out there that were not what we [as a society] would call normal. It wasn't so much that they were different from us in the way that they talked, walked, or acted, but nonetheless, they were different.

I first noticed this group when I was reading through the WLUer. In the section about sexuality and family planning [wink, wink], I noticed a phone number for a peer counselling service.

I thought to myself, "Wow, people like this really exist and talk about it. How do they have the guts to do it? Where do they meet and how do they get to know each other?"

I guess that from the moment that I first saw the phone number, I knew, deep within myself, that I was one of them. It certainly explained all of my feelings. It explained a lot of troubles that I had had for as long as I remember. This was me.

Well, it took a full year before I called the number. I actually tried a couple of times before that but I had hung up before saying anything.

I was just too scared.

For that entire year, I came closer and closer to the affirmation of who I really was yet I kept rejecting it, denying it. I guess that it just took awhile for me to become used to it because of my background.

I will never forget that day when I called the number for the Gays and Lesbians of Waterloo [GLOW]. It was a day that turned my life around. I suddenly became comfortable with myself and the feelings and experiences of my entire life, just in the span of a short phone call. That was just four years ago. I've never looked back since.

Now when you see gays or lesbians around on campus, I hope that you can realize that they are real, emotional and wonderful people.

Don't be afraid to interact with us. Don't be afraid if your best friend comes out to you. We are just like everybody else, we have our good sides and our bad. Hey -- we may be just like you.

For more information on GLOW or other gay, lesbian and bisexual services in the K-W and Cambridge area, call 884-GLOW, or contact representatives from WLU's gay and lesbian club at 884-1360

Sex: Before you know your partner, know yourself

By Mark Hand

Mom, Dad, Go away. Turn to page 17 and read the nice editorial, because this is the topic you don't want to know about. Oh, hell. Never mind. You're adults, you should be able to handle it. I mean, if you have children to send to university then this sex thing is old hat to you. Besides, odds are three in four that your son or daughter has already done it anyway.

I'm assuming that everyone out there knows what sex is, and how it is accomplished. And I should clarify I'm talking about basic biblical "knowing" -- heterosexual coitus.

I'm also assuming that you have made the decision to have sex at some point in your life. Doesn't have to be now, or even in the next four years, but if one thing is as timeless as sex, it's the



Commonsense protection. The condom is the oldest method of contraception in the world -- and the only one that offers protection against the spread of sexually transmitted diseases.

possible outcomes of sex.

I wish I could assume everyone out there knows all about birth control and sexually transmitted diseases, but the facts show that people are either ignorant to the realities of sex, are really attached to the Pope, or are just really stupid, because people are having unwanted pregnancies and getting really nasty diseases and viruses and things.

The first thing you should

know about is the condom. The rubber. The sheath. The glove. The little diving suit. Whatever you call it, it's your best friend, a sort of all in one insurance policy. But as good as they are, they're not foolproof. They break, or they leak, or they don't get put on soon enough, or whatever. But they're better than nothing. Your best buy is something along the lines of a Ramses Extra: spermicidal lubricated condom. They cost a little bit more, but they also protect against pregnancy a lot more.

Let me just clarify right now that saran wrap, although economically frugal, does not make an effective substitute. Tin foil, plastic bags, and all other makeshift condoms just do not work, even if you use elastic bands or duct tape or even a staple gun to hold them on. Don't skimp, go for the real thing.

By the way, condoms are not re-useable. As environmentally friendly as it would be to do so, it really isn't a good idea.

The best thing about condoms is that you can get them anywhere, without a prescription. Well, that prescription thing makes a nice segue into another popular form of birth control: The Pill. This sucker's so popular, it even gets capitalized.

The Pill is by far the most reliable form of birth control. It is also very handy for women with heavy periods to decrease cramping and menstrual flow. Now the bad news: The Pill is about as effective a precaution against STD's as a pack of gum is against skin cancer -- not at all. Therefore, for those who truly want to be safe, combine The Pill with a condom and you're just about guaranteed to be protected against STD's and unwanted pregnancy.

There are other forms of birth control, but they're not nearly as popular as condoms and The Pill (and the WLU Student Health Plan doesn't refund 50 per cent of the cost as it now does for The Pill). They include diaphragms and IUD's, as well as spermicidal foams and jellies. They're not as reliable as The Pill, and without the combined use of a condom they don't protect against STD's, but they are options.

I will mention abortions here just to say that they are not a suitable replacement for a reliable method of contraception. Just ask anyone who's had one.

The basic gist of this story is to reinforce the message that sex can be a real drag if you don't protect yourself. This shouldn't be anything new to you, but if it is, I'd advise you to put off your plans for attending university for a few years. Spend time in the real world first.

WOMENWORDS

by members of the Women's Centre

By Allison Nirji

Did you know that Carter-Wallace, makers of Trojan condoms, has designed a large-size condom "15 per cent wider and six per cent longer" than regular. However, according to the Kinsey Institute New Report on Sex, many men wonder if their penises are too small. It's the second most common question posed to the institute.

When Magic Johnson revealed he was HIV positive, Carter-Wallace stock jumped three dollars per share. After the disclosure, the media focussed on the risks for heterosexual men. The reality is that heterosexual women are at more risk.

When Ms. magazine made inquiries regarding the potential health risk to women if men wear condoms that are too large, Carter-Wallace executives would not respond.

This was the content of a cue card I put up at my workplace. It was the third one in an ongoing series. Each week I put up a new card with new information, ranging from women's health to inclusive language. The ages of my fellow staffers ranged from 16 to 23 years old.

One male staff person who was 23 years old told me I had a degenerate mind, and it was sick to post something like that. Later, one of the male custodians [about 27 years old] told me I should get a hobby or get laid, and I was taking this "feminist stuff" too far.

I simply snapped at the first commentor, and told him that he was the one with the degenerate mind, if he thought women's issues were so trivial. The second comment both shocked and hurt me. I was tempted to abandon the project and keep my mouth shut.

Several days later, I reminded the custodian of what he had said and how it was both insulting and hurtful. To my surprise, he was genuinely embarrassed. But he didn't apologize.

I didn't stop putting up cards, nor did I keep my mouth shut.

So why did I bother to put these cards up? Because women's voices must be heard. Because women have a right to complete information, and it is regularly kept from women. And because I, and many others firmly believe women are of value.

I'm not going to sermonize. The point is, all of us can access woman-centred information. We can learn about our history and our present on our own, or we can share that knowledge with other women, and men, if we like.

It's difficult, as a feminist, to be around people, especially women, who do not share your values. But at the heart of feminism is the firm belief that women are of value and deserving of respect. And as a result, feminists seek to provide as much information to as many women as possible. Ultimately though, each woman must decide for herself what she is willing to believe in, and fight for.

So rather than shut your ears to the words feminists have to offer, bear in mind that these words are about you -- both generally and specifically. Feminists do not think women are stupid, so we don't provide women with silly and trivial information.

Likewise your responses to information that you weren't aware of aren't silly, and aren't indicative of your IQ. The women I worked with began to ask very honest questions once they discovered I would give them very honest answers. Not only did I have my voice heard, but I heard theirs too.

Once you go from private thinking to public speaking you're bridging the perceived gap between the personal and the political.

You won't always be greeted with a warm fuzzy. Yet standing up for your personal beliefs [which are also political as feminism is also political] can bring you an acute sense of empowerment. Once empowered you can never go back to your previous way of thinking and being -- that's both the challenge and the reward of feminism.

CEREBELLA by Ryan Feeley



"FORGET THIS!"

884-1360

WLU STUDENTS' UNION

3rd floor, Student Union Building



WLU Students' Union would like to welcome you to Wilfrid Laurier University. We are a non-profit corporation run by the students in order to provide quality services for YOU the students of WLU.

Info Centre
 Wilf's
 Turret
 Corner Pocket
 Foot Patrol
 Resumes Plus
 Niobe Lounge
 TV Lounge
 Orientation Committee
 WLU Credit Card
 Blood Donor Clinic
 Comedy Nights
 Dry Cleaning
 Directory
 Boar's Head
 Public Relations

Oktoberfest
 BACCHUS
 Campus Clubs
 Legal Resources
 Tutorial Services
 HELP Line
 Volunteer Placement
 Homecoming
 Charity Ball
 Ride Pool Boards
 New Year's Bash
 Winter Carnival
 Photocopy Service
 Safety & Equality
 Health Plan
 and so much more!

If you are a full time student, you are automatically a member of the WLU Students' Union, so come up and see what we are all about!