

Your Future Starts Now

An Invitation to Safari Laurier

Orientation Week...the words alone bring several different ideas to the imagination. It can be a time to become familiar with new surroundings or an opportunity to develop friendships that can last the length of one's university career or it can be a difficult time for others, making the leap into that whole new world of higher learning.

Here at WLU, the theme of this year's Orientation Week is Safari Laurier: Welcome to Our Jungle. Hundreds of volunteers have put forth their time to act as your "pathfinders" in this jungle. As one large team, our main goal is to help you experience the most comfortable orientation to our beloved school and to aid in that exciting, and sometimes tough, transition between new adventures. This jungle does not have to be scary; we have made it our mission to ensure that every single one of you becomes acquainted with your new home for the next several years.

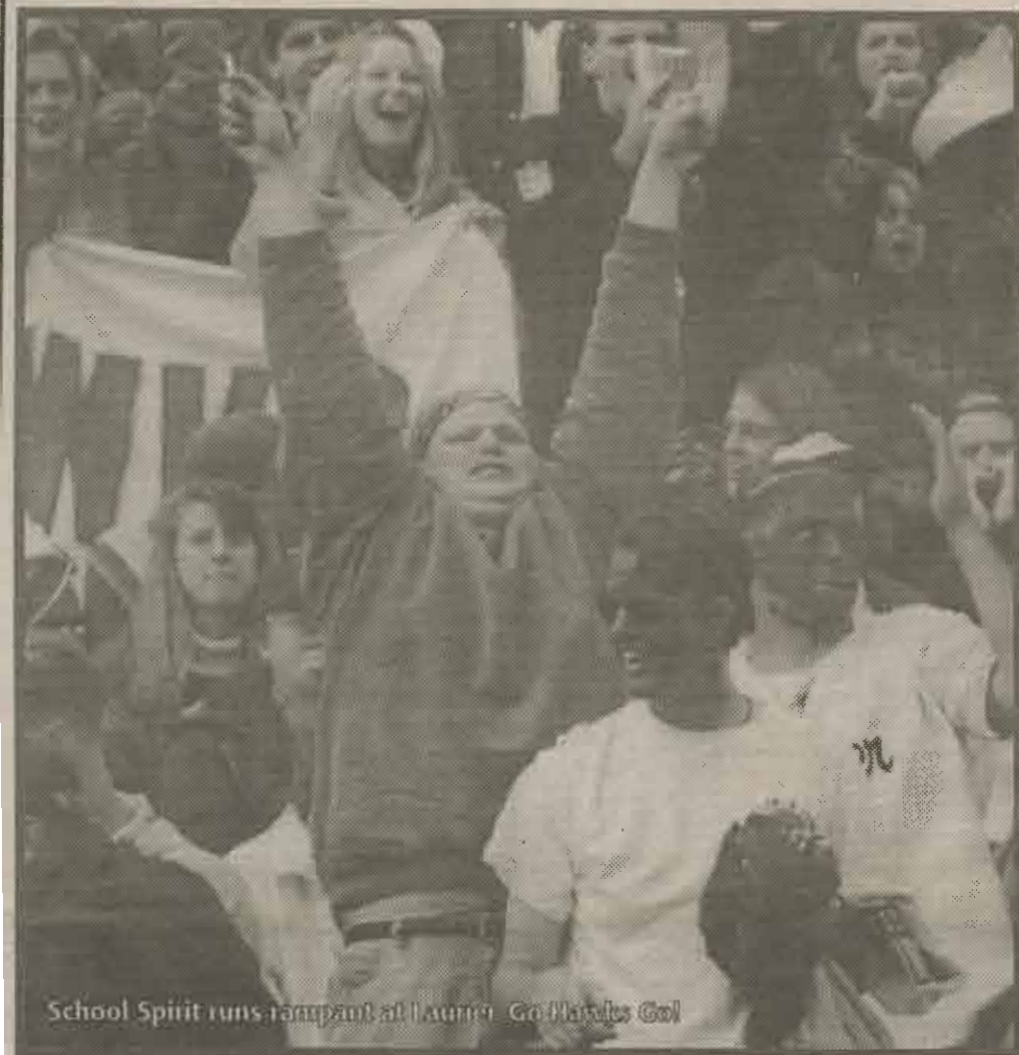
With this year's enrollment number looking higher than ever, the Orientation Team has been busy putting together some very exciting and informative events. During the week, there will be a lot of time for you to meet new people, connect with your professors and discover exciting opportunities to get involved around campus. In terms of activities, we have several fun events and great club nights, while capping off the week with an absolutely fantastic charitable event called Shinerama and a large social event on campus. All in all, an amazing week jam-packed with possibilities and excitement.

In conclusion, I would like to welcome all of you new Golden Hawks to Laurier and congratulate you on your achievements! Safari Laurier is just the beginning of your University life and is an incredible way to start off your new venture. Remember, Orientation Week and all of its volunteers are here for you to ensure that you get everything out of the week that you desire. We will do our best to produce a comfortable, safe and exciting week that will welcome you to our new environment.

We look forward to seeing you in September!

Rahul Sabharwal

1998 Orientation Week Coordinator



School Spirit runs rampant at Laurier. Go Hawks Go!

A message from your Head Icebreakers

You're Golden Hawks, you're Golden Hawks,
you're Golden Hawks!!!

Just who (and what) are your 1998 Orientation Week Head Icebreakers? Well we are eight of the most high energy, accepting, fun-filled, creative, zany, well-grammared people who are world-renowned for our spirit. On behalf of all of us, we happily invite you to spend a fun-filled week to meet, greet and frolic in the euphoric atmosphere we have been working so hard to provide for you.

For months, we have all been eating, drinking, sleeping and dreaming of O'Week '98. Our anticipation to meet all of you is overwhelming! We can hardly wait to pass along our Laurier spirit, which is extremely contagious.

Hey, this is no highschool! The opportunities you will encounter will blow you away and the first one is O'Week. Guaranteed to be a 6.9 on the Richter scale (which is a lot).

The blue, the red, the gold and the green will help ease your transition into the jungle. So remember our motto.....

"do it for fun, do it for the frosh!!! Whoop-A-Losh!!!"

Erik Blouin, Emily Bum, Jon Cheek, Jon Forbes, Gabe Gatto, Sabrina Grossi, Prabha Mattappally, Tamara Von Semmler



O-Week is a good way to meet the people who will become your people, as in "he's good people."

FILE PHOTO

A message from the Editor in Chief

Okay, I know that sticking my mug on page two is pompous, but I'm officially allowed to. If I don't do it, people in the future will wonder why.

I'm wondering why right now.

Is it because the EIC that came before me did it? Is that a good reason to do it? I don't know.

Of course I want to welcome you to Laurier, but if I read "Best wishes for a super year!!" one more time I will do myself harm. So welcome.

The editorial written by myself outlines my personal thoughts on entering post-secondary limbo, so here I will focus on the role I play with respect to you, the incoming fresh meat.

I mean fresh meat in the nicest possible way you understand, you are nice fresh meat. Meat that The Cord can use in the improvement of an already pretty good newspaper. You will hear me squawk about this so much all year, I will stop now.

I will say that I think that The Cord is the best volunteer experience on campus, if I didn't think so, I would have blown this pop stand a long time ago. My team is the best team, and if you're so good, come and show us. I'm not trying to sound insincere.

The Cord is an independent newspaper. We value our editorial stances very much. As a watchdog to the Laurier community, we keep the Administration and WLUSU accountable to their actions, and are as quick to highlight the positives as criticize mistakes.

As for gaining experience, the production of a newspaper encompasses a wide array of transferable skills. You could become a huge computer nerd like me. (We're fighting back for Mac!), you can work on industry standard design and layout programs otherwise unattainable. You can gain skills in writing, editing, layout, advertising, and about a thousand other things.

The Cord values our volunteers. The rewards you get from working for us are tangible on a weekly basis: something to point at and say, "I did that."

In short, The Cord is the most popularly read, best put together, quickest route to worldwide fame on planet Earth. We are better than all things. We conduct the stars like a symphony!! We are everywhere and nowhere!! We are Gods amongst Humans!!!

Laurier is a small school, and for some reason, outbursts like that are common. Watch out for them and please disregard. It is late and I am full of chocolate.



Ben Harris
EIC 1998-99

Gareth Cunningham and Scott Harris: WLUSU's head boys

G a r e t h C u n n i n g h a m

OLIVER MARTIN

Over the last few years, the Students' Union has had an interesting variety of personalities at the top of its student executive and this year is no exception. Elected in February's controversial election, President Gareth Cunningham has more than meets the eye.

Upon first meeting the 22 year old, 4th year business student, one notices his quiet demeanor and low key profile. After my one hour interview with him I found a new respect for Mr. Cunningham's philosophical thinking and well developed managing style.

The first question I posed was why he initially wanted to be president, after all the job of president of the Students' Union with its \$4 million operating budget is a daunting task at best. Gareth jumped at this question, his first response was that he wanted a challenge which would match his skills and abilities.

Gareth over his 3 years at Laurier has been heavily involved in the Students' Union, working on First Year Council, the Board of Directors and last year as the VP: Finance.

More importantly however, Gareth wanted to be president because it "involved working with people." Throughout the interview, Gareth stressed his enjoyment in dealing with people. When asked about future careers and goals, Gareth cited that he wanted to get into "Human Resources and managing people."

By understanding Gareth's genuine love of interacting with people, one gets a true feeling of who he really is. When asked about his childhood growing up in Waterloo, he responded enthusiastically with "It was great!",

elaborating, "because of the friends I got to meet and grow up with." He also told me laughing (but being serious) "You can quote me on this as cheesy as it is, but I don't care. My most direct heroes are my friends."

Loyalty and honesty are two qualities which Gareth lives by and cherishes 100%. As an avid CFL enthusiast, he told me a story of his icon, Mike "Pinball" Clemons and how he rode to the hospital with a young fan who had an accident after last years Argos' victory in the Grey Cup. "What an outstanding individual. He blows me away!"

Outside of the Union and classes Gareth indulges in his love of the CFL and football. He relaxes by "throwing around the ball with friends on weekends" "I don't know if I want to say this, but I'm a closet poet" Sorry Gareth, the secrets out. He also likes to draw and spend time with his girlfriend.

That's the man, now how about the Leader. When asked about what leadership meant to him, Gareth responded with a list of words such as initiative, listening and a slew of other personality type qualities. I also asked him to describe some finer points of his mandate. "I've got a whole bunch of small things I want to take on. [Specifically] I want to focus on setting the tone for the up coming renewal of the Student Services fee and the University Operating Procedures agreement. I want the Students' Union to have a well represented voice."

Team work and relying on his VP's is what Gareth likes. "President, VP we're all the same. As long as we're covering the bases." This laid back leadership style could potentially be hazardous. Gareth knows the Union



Student leaders with a difference. Find Scott and Gareth and give them a talking to.

BEN HARRIS

and has the experience in the office, but in the past the university administration has only listened when the student voice was dynamic and had some teeth.

Its going to be a challenge of this student administration to try and focus some of its abundant energy away from internal operating endeavors and actually work for students rights.

Gareth always encourages stu-

dents to get involved. The Students' Union offers a unique perspective on Laurier Life, presenting hundreds of opportunities for students to take part in. Take the time to check the offices out on the 3rd floor of the Fred Nichols Campus Centre. Ask Gareth questions, give your comments and get involved in YOUR Students' Union. Hold the Mr. "Nice Guy" President accountable.

S c o t t H a r r i s

BEN HARRIS

Two re-occurring themes in this edition of The Cord seem to be "University is what you make it" and the ever clichéd "get involved". As hackneyed as these sentiments are, they are rooted in truth. At WLUSU, these virtues are espoused with vigour.

Scott Harris, VP: University Affairs, is partially responsible for maintaining this ideal, that of facilitating meaningful experiences at the volunteer level.

Harris (no relation thank you very much), is going into his fourth year in Political Science and Psychology. His personal volunteer experience at Laurier is vast.

He has been everything from a Foot Patroller, to an Icebreaker, a Waterbuffalo, A Radio Laurier DJ, a WLU Ambassador, and chair of the Academic Affairs Board. Harris knows the value of volunteer experiences.

The position of VP: UA is a combination of three old VP positions: VP: Academic, VP: External, and VP: Internal. While adding triple responsibility to the job as it currently stands,

WLUSU also made VP: UA a paid position.

Traditionally, this position has been awkwardly run, but Harris seems fit for the challenge.

As VP: UA, Harris oversees four committees (Health and Fitness, Equality, Safety, and Environmental) and two services (Laurier Students for Literacy, and Laurier University Charity "Kouncil" or LUCK). With a volunteer base of roughly two hundred, his responsibilities are far reaching.

"I want my co-ordinators to run their own departments" says Harris, "to be free spirits, to implement their own ideas."

Externally, Harris is Laurier's liaison to the Ontario Undergraduate Student Alliance, (OUSA). They strive to provide a forum for constructive dialogue between student governments, as well as articulating a collective voice to governments and others in the community. OUSA plays an important role at Laurier, and hopefully Harris will be a diligent in his newly elected role on the OUSA finance committee.

New ideas Harris intends to follow

up on include the re-instatement of "Town and Gown" meetings which bring together the Laurier community and members of the Waterloo community, meetings which have for some reason ceased to exist.

Along the same lines, Harris wants to organize a community barbeque, the planning for which is in the preliminary stages.

With respect to municipal relations, Harris wants to "make sure the community members know the good that WLU students do, the volunteers work they do and how they really contribute to the town."

One of the most interesting challenges Harris faces is the changes to Laurier's farcical teaching evaluation system.

Currently, a computer form full of very vague questions is filled out and processed. These are used mainly for review purposes and do not have much power.

Harris cited the example of the University of Western Ontario, where the teaching evaluations are published on a web-site, and include a much

more comprehensive list of questions.

As with all of WLUSU's Operations Management Board, Harris is eager to hear from students regarding their concerns. He is quick to point out that "it doesn't matter where or how, the most important thing is volunteering anywhere. Involvement is the key to success."

The key to Harris's success will be his ability to keep on top of his many ideas, and make sure that the best ones come to fruition. His role with OUSA has to be focussed, and as a representative of the Laurier student body, he has to take the student's voice to the alliance.

Hopefully, Harris will not succumb to the desire to go with the flow, and be critical of OUSA on issues like how they respond to tuition increases, a hot issue that has dire implications to the everyone, not just to students.

Harris is a nice guy; it's up to him to show the students in the Union his backbone. Striking a balance between municipal, provincial, and federal government relations will be a major challenge.

OSAP Demystified

SCOTT HARRIS

OSAP. At last, free money to do with what you will. Imagine, the government giving you money to go to school. Not bad eh? Unfortunately, you're going to have to pay it back one day. But since that will be many years from now, we're not even going to think about that. You have to figure out how to get the money in the first place right? You may be thinking that it will be a huge pain in the ass, but to tell you the truth, it really is simple.

Based on my three years of OSAP experience, and having gone through every frustration and problem possible, I'm here to bestow upon you my infinite wisdom.

1) Apply early

As long as your application has been sent by mid-July, your loans should be waiting for you when you get here in September. If you haven't applied yet and need to, DO IT NOW! Your loan probably won't be ready in the fall, but it should be here by the middle of the semester.

2) "Show me the money..."

When you go over to 202 Regina Street to pick up your OSAP loans, be sure to have the proper documentation with you. This would include your Social Insurance Card, proof of registration, (your "pink slip" or student ID), and very importantly, your proof of summer earnings. Your best bet is to bring your last or second-last pay stub of the summer: it will have your net earnings on it. Believe me, it is not enough to just have a rough estimate of what you made in the summer. It is also not enough to simply know your SIN by heart and recite it

— you need the actual card. You need the proof. These people are giving away massive amounts of coin, and they've seen every trick in the book. Having these things prepared will save both you and the lovely workers at the Student Awards office time and hassle.

3) Appeals

If you feel that you didn't get enough money from your loan to get by during the school year (entertainment aside), you can apply for an appeal. If you see the need for an appeal, you should let the Students Awards Office know as soon as possible. If your income was not as high as you estimated it to be (way back in March), or if you had unexpected expenses, you can make a student contribution appeal. This is the easiest of all appeals. All that you would have to provide is a report explaining your situation and a budget summary of your summer expenses. But be aware, your budget requires receipts...so if you think you may have problems in September, start saving your receipts now.

The best time to make an appointment for an appeal would be around the third or fourth week of September; after all the hustle and bustle of handing out OSAP documents has slowed down. Finally, the other form of appeal is the family inability appeal. This would be used when the income of your family can not be directed towards your education because of other expenses. Remember, if you are in need, there are always bursaries available. Contact the Aid office for details on what's out there.

4) Course changes

It is VERY important to keep the Student Awards office informed of all changes in your course loads. Contrary to popular thought, Student Awards does not automatically know when you drop or pick up a course. If you fall below a sixty percent course load you are no

longer eligible for Canada Student Loans and may be forced to pay interest on the amount that you did receive. If you end up dropping a couple of courses, and notice that you have some money credited to your account, do not take it. Tell Student awards that you dropped the courses. If you don't, they will find out (trust me) next year and adjust your loan accordingly. A "friend" of mine did this unknowingly, got about \$200 back, but then had \$1000 deducted from his OSAP the next year! Not a very fair trade: be careful.

Some other important stuff.

For those of you who have sent your applications in on time, OSAP will be handed out in

the Paul Martin Centre during Frosh Week (ask your icebreaker for the details). If you want to avoid the soul-crushing three hour line-ups, and don't need the cash to get you through the first two weeks of school, wait until after frosh week. Later you can go up to 202 Regina Street and wait in a slightly less soul-crushing line-up.

Before you line up anywhere for OSAP, check the big list on the wall to see if your name is there. If yes, money for you, if no, sorry charlie!

One final thing. When you go to pick up your loan up, you won't actually be picking up cash or a big giant cheque. What you'll pick up is a big hunk of paperwork to take to the bank. You

should note that there are four banks and only four banks that you can deposit your loans into. The Royal Bank, CIBC, The Bank of Nova Scotia, and The National Bank of Canada. If you don't have an account at one of these banks, my advice to you is get one quickly. The closest banks to campus are Royal and Nova Scotia and they are used to people coming in and saying, "I have loans!!" They'll steer you in the right direction.

That's about it. If you are having problems with your loan, don't worry. Hundreds of people have experienced the same thing, and the people at Student Awards know how to solve them.



Lining up for OSAP can be taxing

The

University Affairs

Department

Wilfrid Laurier University Students' Union



There's more to university than just school. Laurier students have proven this. Laurier students are the kinds of students who get involved, and make a difference on both their campuses and in their communities.

The University Affairs Department, a department of the Students' Union, exists to provide awareness to students of different aspects of student and community life. Whether it be through reading with children in the community to providing environmental resources on campus, the Department strives to make their campus and their community a better place.

Each of the different committees relies upon volunteers. Each volunteer gives up only a small portion of their time, maybe only one hour a week, but it makes a tremendous difference. Volunteer spots are open on each of the committees, so please volunteer and make a difference in your campus and community.

Safety Department

Trying to keep a university campus a safe place can be a difficult task. This team of volunteers promotes living a safe lifestyle and keeping a safe campus through various awareness campaigns. Help us keep Laurier safe!

Health and Fitness

Exists to educate and promote a health lifestyle on campus. From aerobic demonstrations to articles in the Cord, this team will keep your butt movin'! Watch out for Jump Rope for Heart, as Laurier will be the 1st university in Canada to do it!

Environmental Services

"The Green Team" exists to help make Laurier more environmentally friendly. Projects like insulated mugs and new blue boxes, along with annual awareness campaigns like "Enviro Week", will help keep Laurier lookin' good!

Equality Awareness Department

Exists to eliminate inequality through education. They tackle issues on a broad spectrum, from racial discrimination to equality for women to native rights. Keep your eyes peeled for the "Awareness through Arts" Gala event!

L.S.F.L. (Laurier Students for Literacy)

LSFL Helps children and various individuals around the Kitchener-Waterloo area develop and maintain reading skills; and maybe have a little fun doing it! Be sure to participate in the "Walk for Literacy", and annual Laurier tradition!

L.U.C.K. (Laurier University Charity Council)

LUCK is a team of volunteers that puts together fun events to raise money for charities in the Kitchener-Waterloo area. Annual events such as the Celebrity Auction and Beer Bottle Drives make this one of the most well-recognized groups on campus!

Safety

Equality

Health & Fitness

Enviro

L.S.F.L.

L.U.C.K.

for more information, check out www.wlusu.com or come up to the 3rd floor of the Fred Nichols Campus Centre

VP: Academic Rowland Smith welcomes you

Once again it is a pleasure to welcome to Laurier a some of the brightest students entering any Ontario university.

One of the distinguishing features of Laurier is the high level of attainment of its students, and this will have a profound effect on your life here. What you learn outside classes is an integral part of your undergraduate education, and by this I do not refer to the multitude of extra-curricular activities that will inevitably occupy your time. I mean that the kind of discussions you will have while here—whether about the content of your classes or the views of your instructors or the latest international event or local scandal—will depend on the intelligence of your fellow students and the degree to which you all have enquiring minds. And when—as in the case of Laurier—those are almost without exception superior performers, the significance and intensity of those discussions will be all the greater.

As you begin your university experiences, the social demands of fitting in and becoming part of the place will probably dominate your days. But remember that you are here primarily to develop your minds and critical faculties. The extent to which you accomplish this will condition the degree to which your time here has been worthwhile.

Rowland Smith
Vice-President: Academic

Bored of Directors? No Way!

SAMANTHA CORBEY

Your Wilfrid Laurier University Students' Union (WLUSU) Board of Directors is thrilled to have this opportunity to welcome you to the most incredible time of your lives.

While we hope you are all enjoying your summer, we cannot wait until September to meet you, the newest members of our Students' Union. As the Board of Directors ("affectionately" known as BOD) it is our responsibility to manage the affairs of the Students' Union on behalf of you, the students.

While The Students' Union is exactly that, a union of students, it is also a corporation. The main responsibilities of the BOD are to serve the members of the corporation while making fiscally responsible decisions which serve both present and future interests. Sound boring?? NO WAY! These decisions are all made in order to help ensure that your stay at Laurier includes the most fulfilling, and rewarding experiences imaginable.

Our Mission Statement was developed by the students of Wilfrid Laurier University in order to serve as a constant reminder of why the Students' Union exists.

"The Mission of the Wilfrid Laurier Students' Union is to dedicate its resources to foster the development of Student Life. Through active communication, the Students' Union will understand and then meet its members' needs by providing quality services, effectively representing students' interests and promoting the enhancement of the WLU community."

The Board of Directors would like to encourage you to become involved in your new home at Laurier. There are hundreds of ways to participate and to realize that your mother was right when she said, "you only get out of university what you put into it." (I hate it when they're right, but they are!!!)

Orientation Week will be your first direct involvement with the Students' Union. Have a blast but don't let it end there. Keep your eyes peeled for your 98/99 Board of Directors during O-week and throughout the year.

Come out to our meetings, ask us questions and give us suggestions. We are here to represent you, so please don't be afraid to let us know what you think.

We will see you in September with bells on!!! (We'll be the ones in the Purple and the Gold!!!)

"The Mission of the Wilfrid Laurier Students' Union is to dedicate its resources to foster the development of Student Life. Through active communication, the Students' Union will understand and then meet its members' needs by providing quality services, effectively representing students' interests and promoting the enhancement of the WLU community."

writing for the cord is cool
but not the kind of cool where
people start running around all painted up
yelling "ever cool!"
it's more...you know.



Morty's

PUB

Directly Across From WLU

Monday Night Wing Special
5 pm - 1 am

1/2 lb. burger & fries special Sunday Night
5 pm - 1 am

Lunch Specials

\$4.95

includes choice of
soup, salad or fries

Monday - Friday 'til 3:30 pm
Thursday Night Wing Special
5 pm - 10 pm

Food & Drink
'til 2 am

363 Days a Year



A Letter from President Rosehart



CORD FILE PHOTO

Welcome to Laurier!

You have made a great choice in selecting one of Canada's best universities to further your studies and personal development. The Laurier experience goes well beyond the classroom and includes not only campus based clubs, recreational and social activities, but as well numerous opportunities for community volunteer and citizenship activities.

At Laurier all our faculty and staff contribute to make your postsecondary experience a success. We are proud of our facilities and each year make improvements. This year will see the opening of several new computer laboratories as well as a major computer store in the bookstore area to enhance your access to information technology facilities.

In May 1998, the Board of Governors of Wilfrid Laurier University endorsed our University Plan for the years 1998-2003 entitled "Laurier of the Future". During your time at Laurier you will see many new innovations and initiatives as a result of the implementation of the University Plan. We are most interested in receiving comments about your experience. If you have any suggestions or concerns as your studies progress, please do tell us. In closing, welcome aboard and smooth sailing with your Laurier experience.

Robert G. Rosehart, PhD
President & Vice-Chancellor



Groovin' out in the eyestyle

funky retro vintage industrial

clothing and more

eye in the sky

3 Princess st. west Waterloo



WLUSP

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**I am not a man.
I am dynamite.**

Friederich Nietzsche

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Marsha King, Sterling Lynch, Sean Grimes, Sam Corbey, Heather Strupat, Scott Harris, Samantha Corbey, Robert Rosehart, Rowland Smith, Eldon Krivic, Mike McKenna, Megan Earle, Kevin Ramzi Nasir, Rahul Sabharwal, All the Head Ice Breakers, Stacey McClay, read "Being a Man" by Paul Theroux, The Grapes of Wrath by John Steinbeck, and every copy of Adbusters you can find. Never watch Television. Drink alcohol and suffer a fate worse than excommunication: stupidity. Smokers do not love their children. Floss everyday, and I don't mean skip a day. If you have to watch TV, watch The Simpsons. Don't let kids watch The Simpsons. Take care of your knees, you'll miss them when they're gone. People matter more than the truth. Comfort the disturbed and disturb the comfortable. That's all the sage advice for all year long. Heed it well, chilluns.

Hearty welcomes and cautions University is a weird place

As your high school group of friends begins to explode apart, pieces landing in Universities and new lives all over southern Ontario, I welcome you to Wilfrid Laurier.

I think that this is the best school in Canada. I can say that because I have never spent a significant amount of time at any other post-secondary institution. I suppose then, that any such statement is silly. Laurier may be the best, but who's to know? I went to Ryerson for a day, and it was pretty good. Despite what you will hear (over and over and over, on tee-shirts and bumper stickers) Western doesn't suck. Undoubtedly a great number of you, freshmen and freshmen alike, will adopt a disparaging attitude such as this towards other schools to bolster your own school spirit, and the school spirit of your friends. I am here to warn you about such actions, school spirit can be a dangerous thing.

Many campus groups will defend their "spirited" actions by supporting charities and raising funds to channel back to the community, but in my mind there is a difference between doing things for charity, and doing good things for charity. Laughable irony abounds at Laurier in this respect. I'm not going to state any examples, I will however offer a small prize for the best example at year's end. I expect a mountain of entries; think fast!

I don't know what you expect from University life. I do know the secret to the most interesting four years of your life. I know how to keep life here from getting to be a monotonous, depressing routine. I'm not going to tell you what the secret is because you wouldn't believe me, so let's move on. Don't worry though, (really, don't). Life here is never ever bad, and there are so many people who really care that you don't have serious trouble, you always have someone to vent to.

However hackneyed the sentiment, four years at this school have endowed me with a full array of strange, wonderful, scary, exciting, fulfilling experiences to remember. I feel qualified to say that University can be the biggest, most incomprehensible drag on planet Earth as well as the easiest, most unstressful, delightful place to be. You just have to be careful about digging holes for yourself out of which you can not get. It takes a special kind of person to dig a hole that big, it takes careful practice, and a long long time. I am a master hole digger. I have a Ph.D. in excavation.

About academics: Your major does not matter. Your degree is paper. The topics of your essays, case studies, lectures, and pop quizzes are all incidental. You don't come to learn about the history of sea power, you come to learn how to argue about the history of sea power. Don't

come to learn a trade, come to learn how to learn faster. Upon graduation, analysis should be as natural as breathing.

University is not real life (I've been told). There will never be another time in your life when you have so much freedom. Many Laurier students choose to use this freedom in stupid ways, please don't follow suit. You also have to keep an eye on some organizations around campus that act in your best interest (or should do). The main two are The Wilfrid Laurier University Student Union, and the WLU Administration (in the form of the University Senate, and Board of Governors). These groups are where the power lies. If you go to their meetings, you will learn about the services and opportunities that WLU provides for everyone, and sometimes, students.

For instance, WLU raised tuition ten percent

new money annually from the provincial government.

This year, there is a \$100 000 surplus in the scholarship grid fund.

Most of this windfall is already earmarked, either by WLU or the government, for other projects.

I don't blame the University for the path it has chosen. Truthfully, under new President Robert Rosehart the budget and planning process was opened up to the Laurier community in a way never seen before. Students had a chance to voice their concerns, but they missed the meetings for some reason. WLU was allowed to proceed with tuition increases with no guilt, because of their efforts to include the student voice.

It is your job to make sure that the administration doesn't take anything away from you. Attend meetings, learn the politics of your new home, and act accordingly (which doesn't mean smiling and nodding).

As an amusing side note, part of my job here at The Cord involves attending Senate meetings regularly. I have attended four or five in total and as you may expect, motions are regularly raised for voting, roughly five or six per meeting.

Not once have I seen any senator in any meeting vote against any motion. I have seen numerous motions towards the apple juice though.

WLUSU, or "Wah-Loo-Soo" as you will come to know it, takes pride in wanting to foster the development of student life on campus. Involvement in WLUSU will no doubt become a way of life for the eager young freshman go-getter.

Read their "mission statement" on page three, and think about what it means. The resources that they dedicate come from you. What do they mean by "Student Life?" Make sure their communication is active. Make sure that their services are indeed quality. How will they promote the enhancement of the WLU community?

They spend your money. Get your money's worth. We have seen some major bonehead plays in the past.

So come, be ready for the onslaught of school spirit in the form of banging on pots to wake you up. Keep an eye on the people in positions of power. And finally, don't be surprised if every so often, scenes from Revenge of the Nerds flash in front of your eyes.

BEN HARRIS
EDITOR-IN-CHIEF

The opinions expressed in this editorial are those of the author, and do not reflect those of The Cord Staff, the editorial board, or WLUSP.

**About academics:
Your major does
not matter. Your
degree is paper.
The topics of your
essays are all
incidental.**

last year. There are ways of making this sound okay. All told, tuition plus other fees (residence, food, incidentals) only rose 3.8%, a mere \$322.00. "Oh, that's better" says WLU. Most things can be made easier to swallow somehow. When I started at Laurier, one credit was \$500.00. Your first year? \$796.00, effective September first. For your information, the ten percent increase that you bear this year will be followed by a happy little 8% increase next year, and a hysterically funny 5% increase the year after.

I must not forget the scholarship grid, it will probably help some, OSAP and the bursary program are accessible if you need more help. Still, raising costs and giving away more money seems a bit round-a-bout.

Combine these escalating student costs with some facts extracted from a recent Senate meeting.

There was a \$650 000 surplus in last year's WLU budget.

WLU is on a list to soon receive \$3 million of

letters to the editor

So you want to write a letter to the editor...

Letters to the Editor are just as important to Cord Opinion as its own editorials. They are the voice of our readers.

To be published, a letter should be topical and of interest to other readers. Letters under 300 words are preferable because they are usually more effective.

Letters will not be printed if they are incomplete or libelous, but they are not censored if they criticize a story or editorial that has been printed. The Cord welcomes debate which may arise from content appearing in our newspaper.

Letters to the Editor should comply with our policy to be printed.

Letters Policy:

- All letters must be signed and submitted with the author's name, student identification number, and telephone number.
- All letters will be printed with the author's name. Letters can be printed without the author's name with permission from the Editor-in-Chief.
- The Cord comes out on Wednesdays. Letters must be received by Tuesday at noon, on disk, or via e-mail at **22cord@machi.wlu.ca.**
- Letters must be typed or easily legible, double spaced and can not exceed 300 words.
- The Cord reserves the right to edit any letter. Spelling and grammar will not be corrected.
- The Cord reserves the right to reject any letter; in whole or in part, that is in violation of existing Cord policies.

Entertainment

And the band plays on at WLU

MARSHA KING

So the final band trip of your high school career is over and the music concerts that consumed your high school days have ground to a halt for the summer months. Now as the reality of university looms before you, you wonder how you could ever be involved in music again.

Every year, hundreds of touring and local bands perform in the Waterloo area, offering concerts ranging from Alternative to Classical. This here little old article is a rough guide to how you can get involved in Laurier music.

Music is one thing that students, staff and faculty enjoy for little or no cost at Laurier. Whether it's taking in a show with the Music at Noon series or performing in the Spirit Band at football games, there is always something for everyone to enjoy.

If you want to get enrich your life without having to spend money, the Faculty of Music puts on many concerts each year that are free to Laurier students. The Music At Noon series takes place every Tuesday at noon throughout the academic year. Distinguished world-class musicians from Laurier's Faculty and other touring musicians, take their time to stop and grace the stage of the Maureen Forrester Recital Hall.

If you want to see what your peers are doing on the concert stage, every Thursday there are Student Recitals that showcase Laurier's own musical talent. For just one hour, students are invited to attend the recitals as students are recorded and placed in the archives. These performances also take place in

the Recital Hall.

For those of you who enjoy actively participating in the process of music making, there are also many opportunities for involvement.

The Musicians Network is a Campus Club that is interested in the current music scene of today. They have produced at least five albums that promote Laurier's student bands and musicians. Jam sessions, pub nights and discounts at selected music stores are but a few of the things enjoyed by this club.

The Music Association is another Campus Club that is interested in preserving musical culture at Laurier. With frequent jazz cabarets at local pubs throughout the year, clinics on musicians' issues and promotion of upcoming concerts, the Music Association is a sure-fire way to become involved in the hub of musical activities at Laurier.

Coming back from a brief furlow of inactivity, the Laurier Spirit Band has returned to cheer on the sports teams that do so well at Laurier. A joint effort from the Hawk Squad and the Music Association has made this band continue for another successful year.

For those of you who played an instrument in high school, or for those of you that desire to hone your skills in cheering with the crowd, this is the perfect opportunity for you to show your stuff. For more information on how to become involved in the Spirit Band, e-mail Ian Beard at oomusass.wlu.ca. Playing by ear and reading music is an asset, but not required to join.

If you are the type that enjoys singing your heart out, student-run



Take advantage of Laurier's reputation as one of the best Music Universities

Minor Infraction is the way to go. A vocal jazz choir that gigs around Southern Ontario, this group auditions new members during the first weeks of September. Watch for signs posted in the hallways for more details.

If you are interested in playing in a major ensemble in the Faculty of Music, and have advanced musical training,

contact Carol Raymond in the Faculty of Music to obtain an audition time and repertoire list.

Music at Laurier is a viable way to get involved. For those of you who enjoy watching concerts, there is always something going on.

If performing is more your style audition and try it out. Campus Clubs provide

an excellent resource for knowing what's going on and will keep you plugged into the current music trends that are happening around you.

So music is not dead beyond high school. With little effort music can once again consume your life and provide the same enjoyment that you found in high school... except you'll be at university!

All kinds of Arts in Waterloo

ELDON KRIVIC

Despite the faddish opinion, art continues to provide an important creative outlet for individuals within this increasingly technological society. As society continues to emphasize science and technology, the artistic community becomes difficult to experience, especially for those in an unfamiliar community.

Ergo, this article is written to provide art information to help new studentry familiarize themselves with the artistic outlets within Waterloo.

Fortunately, Waterloo contains a myriad of art galleries, stores, and schools. The art galleries within Waterloo, provide an excellent opportunity to experience an exciting cross section of art.

For example, within galleries such as Graystone and Enook, one will find paintings, etchings, and block prints done by both local and international artists; moreover, one will be exposed to both Inuit and Native Canadian sculptures and graphics. There is also the Canadian Clay and Glass Gallery which, as the name implies, displays clay and glass works, (See KW Nightlife story for details).

Two superlative art stores within the community are Racca's Art Supplies and The Art Store of Waterloo (the latter offering a 10% discount to students). Not only do these stores provide art supplies, but they also provide information on art instruction and art competition.

There are several art schools within the Waterloo community; one such school is the Big Black Pig Studio. An example of one of the programs offered is entitled The Great Big Painting Course; this course involves the use of a different medium each week for ten weeks. This studio also offers drawing lessons which are reasonably priced though hold only a maximum of eight students per session.

Preceding the exploration into Waterloo's artistic community, one should explore the arts on campus. Not only can one become involved with fine arts, but one can become involved with music, (See WLU

music story) poetry, literature, and drama (see WLU theatre story) by joining WLU's campus clubs.

Students interested in receiving fine art lessons, might choose to take a course from the Fine Arts department as an elective; if one chooses to fast track, one can take a Fine Arts drawing course in the spring or summer term, as the art history pre-requisite is waived.

Also offered from the fine arts department are day trips to various galleries across Ontario, (the Picasso exhibit in Toronto last year) and sometimes even into the United States of America. Check for postings about these trips on the Fine Arts bulletin board in the Concourse.

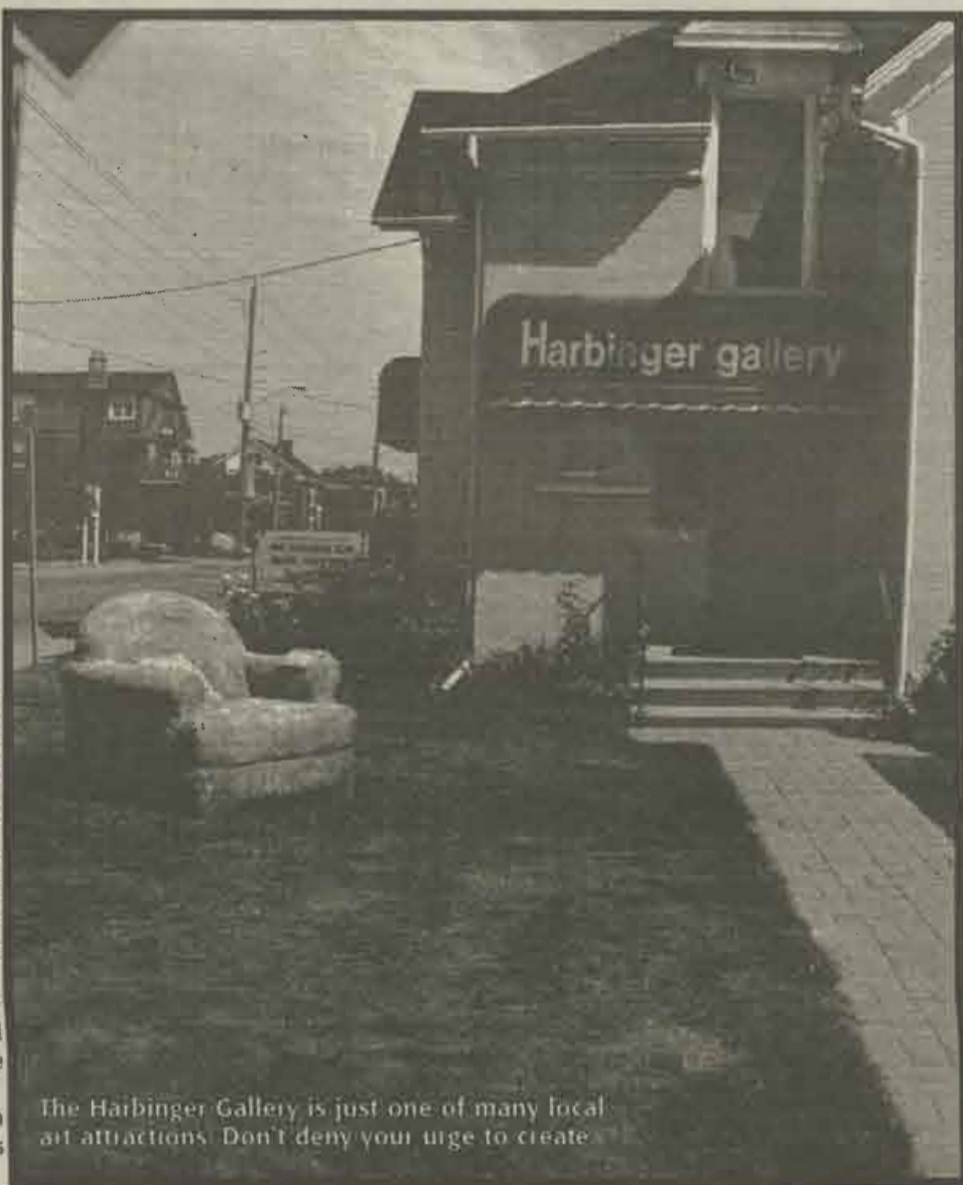
Laurier has its own Gallery on the main floor of the John Airde Centre. The Langen Gallery houses an impressive collection and presents a different artist every month. This cozy gallery hires Laurier students as guides and also presents the Laurier Staff Student and Faculty Art Show (in its 18th year).

Opportunities to display one's art also abound around town as well. The Jan Bond Cafe presents local talent on its walls monthly, as do both The Raintree Cafe and the Princess Cinema. The procedure for getting your art hung in these places is ridiculously easy. All you have to do is bring in your portfolio, to the manager and they look thru it to decide whether or not they like it enough to display it. This is a great opportunity to make some money from your work; if it sells that is.

Once one has had the opportunity to cultivate their creativity, one can submit one's completed work to Chadwick C. Dietrich, the Cord Arts Page Editor, for a chance of the work being printed in the Cord.

Although this article has only scratched the surface of art in Waterloo, it should give one several ideas as to how one can become involved with the artistic community.

All one has to do is explore; a search through the artistic community is usually effortless, and it is definitely rewarding.



The Harbinger Gallery is just one of many local art attractions. Don't deny your urge to create.

Laurier's Theatre is alive and well

STERLING LYNCH

Life is full of sweet little unexpected things. For example, the sweet gooey centres of delicious snack treats. The unexpected gooey treat at the heart of Laurier student life is its theatre community.

Vibrant and accessible—whether you are a veteran of high school productions or someone who has always had an inkling to perform but never the time—the Laurier theatre community is ready to welcome you in with open arms.

Of course, with all the demands of first year why would you want to sacrifice your valuable time to something as flaky as theatre?

Simply put, theatre is good for you. Dr. Leslie O'dell, who teaches most of the theatre-related classes at Laurier, emphasizes the value of exploring theatre, either in the classroom or in an extra-curricular capacity. "The studies are quite clear," says O'dell "The pursuit of creative activity enhances creative activity, including intellectual pursuits."

Unfortunately, in this silly age, arguments like "it will make you a better person" just don't cut it any longer. After all, most people these days, particularly here at Laurier, are only consumed with achieving a Corporate Position upon graduating. In this silly age, the only thing the kids are taught to know, is whether or not it will look good on a resume.

"The component skills of theatre are directly transferable to many professional challenges," says O'dell. "Public presentation skills; confidence in one's ability to speak with listeners freely, appropriately, with sensitivity and ease: these are 'acting' skills. The ability to organize, communicate, foresee, inspire, and manage: these are very much the craft of the director and producer of theatre productions."

Alright, you say, I now believe theatre to be the dope shit, how do I get at this soft creamy filling you have promised me?

For the go-getters, the inspired, or the truly mad, there is the Laurier Theatre Collective. The LTC is a student run campus club with a simple mandate: produce student initiated theatre, whatever it might be. "If you have an idea we will help you bring it to fruition," says returning club Hegemon Sam Varteniuk.

The club's executive accepts production proposals from any student on campus. If the idea has merit the club will provide support in terms of time, labour and money.

The LTC likes to stage at least one show per term, whether it is a talent showcase or a night of one act plays. Keep your eyes peeled for sign up sheets and posters. Eventually, you will want to end up on the exciting LTC e-mail list, which often doubles as a theatre-related information pipe-line.

Another choice for on-campus theatre involvement is the University Players. Headed by Adam Qualter, the company produces shows for the end of October and the end of January. There is also an annual Fringe Festival in March.

"We traditionally do several small studio shows rather than one large show," says Qualter "in order to allow more people to get involved." The first auditions occur during the second week

of classes. Posters are posted during O-week.

Off-campus, but still nearby, a number of theatre opportunities await. For example, The Waterloo Stage Theatre conducts open auditions for all its shows and is not afraid of casting amateurs. "In the past, we've had equity and we have had people from high school," says Eric Roth, House Manager at the theatre. He quips, "Non-professionals are almost preferable because they are cheaper." While you will receive payment for your work at the Waterloo Stage Theatre, the demand on your time will be much greater. If you are cast in a production you will be expected to perform four days weekly for six weeks. Auditions take place two to three months before the run, so keep your eyes peeled for publicly posted notices come October.

You might want to consider the K/W Little Theatre. Again, keep your eyes posted for audition notices. Also, the University of Waterloo has an active theatre life that Laurier students are more than welcome to access. Contact the Modern Language Department at Waterloo for more information.

Keep in mind, there is more to theatre than just acting. There is a constant demand for backstage work in set design/construction, costuming, even marketing. Also, no experience is necessary. You don't have to be a pro or even want to be a pro. If you have a willingness to work, odds are you will find a place in theatre. As O'dell insists, "There's only one reason to pursue theatre, and it's not because you plan to make it your profession. It's for the love of the art form."



A haven for poets and "those drama people" alike Laurier theatre never fails to bemuse

FILE PHOTO

TURRET FUN? 1ST YEARS EXCITED? OH YA! (AND PARENTS THOUGHT YOU WERE COMING HERE FOR ACADEMICS!)

YOUR LIFE CHANGES /98 @ 9PM!

PINCH YOUR PENNIES ALL SUMMER
FROSHIES 2 B SO YOU CAN ENJOY
CAMPUS EXCITEMENT AT ITS BEST!

THE FIRST OF 8 "CHEAP DATE" GIVE
AWAYS STARTS SEPTEMBER 14 WITH
A FREE TUITION GIVE AWAY - GOOD LUCK!

THE TURRET - A WED SOCIAL TRADITION SINCE 1979

Four years of nightlife crammed into one page

TIM DURKIN

Upon opening your Frosh Package and continuing during O-Week you will be inundated with information about the University, its atmosphere, and all that it has to offer. We here at Cord Entertainment believe in putting Laurier entertainment first but also try to include information about the entire Golden Triangle as well. Here in this list are but a few of the off-campus sights and sounds of K-W and surrounding areas.

K-W has a rich history and there are many sights one can visit to enlighten

performers from all around the world) or Wonders of Winter (Waterloo Park's colourful display of festive lights) the cities parks are always bustling with activity.

The entire city of Kitchener comes alive for its world famous Oktoberfest. This thirty year old tradition holds court at Festhallens throughout the city for the entire second week of October. You can't help but go to this one.

As far as live entertainment goes, there are tonnes of bands in town that are all well worth checking out. There are

going opportunities. Concerts are performed at the Centre In The Square, Maureen Forrester Recital Hall (WLU) and the Theatre of the Arts (U of W). (See WLU music story for how you can get involved as a volunteer or a performer).

If you're looking for food without musical accompaniment then there are loads of places to get that too. To do a complete restaurant guide here would be an exercise in immensity so we'll list a few and you can go find more.

J Gatto's Deli-licious offers fresh made burgers and real french fries, Montreal smoked meat, veggie burgers and enough ice cream to sink a ship. Combine the menu with a funky 50's nostalgic atmosphere (complete with a five cent juke box), and you have got the recipe for a great meal. Mel's Dinner is in the same vicinity and offers a similar feel, though a very different menu, including all day breakfasts.

The Mongolian Grill serves up Mongolian buffets, and is easily the best buffet deal in town as well as being the 'hottest' place in town to eat. It's sheer immensity does nothing to take away from its coziness and so its both a great date place, and with the bar it's a greater primer for a night out.

Also in that plaza is Seoul Soul, the best Asian food/service for your dollar restaurant I've eaten in. There are lots of other Asian places around if Korean-Japanese isn't your cup of tea. China Garden is close to campus and there are four or five Asian restaurants in Uptown Waterloo as well. There are also places like Maharaja and Almadina Egyptian Cuisine that offer up Eastern and Middle Eastern flavours, good service and reasonable prices.

Morty's is always a WLU favorite. There's nothing here but tables a huge TV and wingburger specials. That's exactly why everyone likes it. Ethel's Lounge is taven whose slogan is, "No live entertainment. One TV." The staff has easily the worst attitude anywhere but if you're looking for a place with great food and zero pretensions this is it.

The Huether Hotel, a multi-leveled entertainment facility, including Barley Works and The Lion Brewery Restaurant has something for everyone and makes for a good place to go if you can't get a group consensus. Within its confines you can chose from casual dining, a road house atmosphere, a two hundred seat patio, billiards, karaoke or a strip club. There are other strip clubs around town as well, including Huggy's (for the ladies) The Network, and The Doll House.

Wilf's is one of two venues that, during the course of your stay at Laurier, may be considered a home away from home. A great place to hang out just about any time,

Wilf's offers a variety of live music, comedy shows, and your regular pub atmosphere. One thing is for sure, Wilf's is definitely the place to be on Wednesday nights. The food is excellent considering the restaurant is ran by students. Wilf's also accepts your meal card allowing you to sway from the norm of the dining hall, don't have a heart attack



Times Square in Uptown Waterloo

Mom and Dad, no beer on the meal card.

If you're looking for just a bar to hang in then you could scope these joints. The Loo is a traditional Laurier spot in Uptown Waterloo that has recently been brought back to life. It's a traditional pub with foos ball, shuffleboard, cold beer and some live entertainment.

You could head to the Loo after taking in some local theatre at either the K-W Little Theatre or the Waterloo Stage Theatre (See related WLU theatre story), or make a pub crawl of it and visit the Plantation upstairs, the Silver Spur (karaoke nights!), Times Square, Failte's (Waterloo's only Irish Pub) Kingsbridge Crossing (the British Pub located dangerously close to Failte) The Moon Dance or any number of other places.

Sort of in the middle of all of these pubs clubs and restaurants is the Jane Bone-Orange Monkey-Princess Theatre triad. These three places symbolize the best in entertainment the city has to offer.

Jane Bond cafe and the Orange Monkey record shop share the same

Waterloo's biggest movie theater, largely because it is currently the only movie theatre in Waterloo (though there are proposed plans to put up a monolithic theatre complex). It's a repertoire theatre and art gallery so if you want to see a current feature film you may have to make the trek into Kitchener which is a cool trip in itself.

If it's a night of rump-shaking that you're looking for, well we can accommodate that too. Phil's, is the dirtiest, cheapest dance bar in the Tri-County area. No where else can you get \$1.50 beers. While there is generally a cover, it's still \$1.50 beers. There are loads of other places to shake your rump in town too. The Lyric and the Metropolis are right across the street from each other in Kitchener. There's some kind of mutual agreement between the two that allows you to go back and forth between the two. Near there is also The Bank and Club Isis. On your way there you could swing by Club Abstract. Abstract leans far more towards the alt-industrial-goth scene but does have its club nights too. All other clubs mentioned, aside from Phil's, are your standard Dance Halls though The Lyric is leaning towards more live entertainment. Bands like Spirit of the West and Joe E have played and last year Blur rocked out there.

You'll have to hop up to the fourth floor of Laurier's Student Union Building to see what The Turret is really about. Thursday night's is all dance and Friday's things are a little different in terms of music and beer prices (cheaper, nice!). The Turret also plays host to major concerts, and a whole whatk of special events, including the ever so popular cheap date Saturday night! Get ready to "Rock the Rooftop" in 1998-99.

Like every other city cafes are booming in town. There's the Raintree and the Moondance as mentioned above. The Strand in Kitchener offers something a little different (The Bank night club is on the second floor) the Terrace, also in Kitchener above just Desserts, tonnes of William's Pub places if you're into the commercial scene instead. As You Like It Cafe let's you hit the books and drink coffee in the Kitchener Public Library. Frothy cappuccino's, homemade soups,



ones self about the unique culture that it has formed. A visit to the Brubacher House will acquaint you with the Pennsylvania German heritage of Waterloo County. It's an authentic depiction of a farm home from the mid-nineteenth century.

Doon Heritage Crossroads is a re-creation of a rural village and two farms, where costumed interpreters welcome you to the year 1914. The Canadian Clay and Glass Gallery is dedicated to contemporary Canadian and international clay, glass and enameled arts. Opened in 1993, the CCGG features a year-round program of exhibitions, lectures, workshops and demonstrations aimed at bringing the creative process out of the artists' studios and making it available to the public.

Other sight-seeing places around and include the St. Jacob's Farmer's Market. While many vendors are present this is basically a venue for the Mennonite community to sell their wares. There is nineteen-fifties streamliner train, available for public transportation, that whisks you through the country side to the St. Jacob's Farmer's Market.

This same travel company also offers monthly murder mysteries aboard the train. If you don't like the train or the fresh outdoors but prefer to have a market in the city there is also the Kitchener Farmer's Market.

The Button Factory, as the Waterloo Cultural Centre is affectionately called, is a catch all for cultural activities. They offer arts classes of all kinds as well as renting space for shows, either for visual arts, spoken word or musical.

Kitchener and Waterloo are always putting on some festival event or another. Whether it be the ever popular Sounds of Summer at Waterloo Park (Chantel Kreviazuk and the Watchmen headlined last year along with many fine local talents), the Busker Festival (street

more venues to see "guy and guitar" acts than there are venues to see rock and roll bands but you should be able to find what you want.

As far as folk music goes the cafe scene is where its at. The Raintree is a great place to get a bite to eat and see top quality performers. Two minutes away from campus this cafe/restaurant is the best in the direct area.

The Jane Bond Cafe offers a real mix of musical styles, from folk-rockie to DJ nights you can get what you're looking for. The Karova Cafe offers a mixture of rock and folk as well. It's a volunteer run organization in downtown Kitchener that has the most amazing nachos.

Located next to Kitchener City Hall, The King Street Trio is K-W's home of live dinner jazz. They also offer a fine Sunday brunch and early bird specials every day of the week. It's a three-in-one bar that's pretty upscale but makes for a decent night out if you're on a date or just are looking for a place to celebrate.

Mrs. Robinson's, a prominent place for rock and roll, offers big name entertainment, like Rusty and The Skydiggers, as well as a stage for local bands to strut their stuff. The only bar that offers direct competition with Robinson's would be The Circus Room. Located in Kitchener it's a bit of a hike but its menu is definitely worth checking out. It's a two story affair, with a patio on the second floor that lets you escape the sounds of the band if you feel like it.

The Walper Pub in Kitchener, a mixture of pub flare and cafe coziness, features largely local talent there is a lot worth checking out.

If the rock music scene isn't your bag there are plenty of alternatives. Each year the Kitchener Waterloo Opera presents three fully staged operas and one opera-in-concert. Performances are held at the Rasfi Armenian Theatre at The Centre In The Square. The Kitchener Waterloo Symphony offers a variety of concert



house and often share staff, either to work cash or spin records. Just to give you a hint at the hipness, Jane Bond used to have 'no dancing disco Thursdays.' Now that's entertainment. The Princess Theatre is touted as

sandwiches and bagels, desserts, veggie options.

The intention of this article was to try to show you that there is a lot to do. Hopefully you'll check some of them out.

Feature

The Exciting World of Laurier Residence

SEAN GRIMES

Let me begin by saying that as you move into Residence, a lot of different thoughts will probably go through your head. Thoughts like: What will residence be like? Well, at times, crazy, at times, quiet. A friend of mine was somewhat stunned that residence wasn't exactly like Porky's. What will the food be like? Not that bad, really. Better still if you really like meat. What will my roommate be like? I don't know, but you can be sure that they'll be the same sex you are.

If you've had an experience similar to my own highschool years, then there will be something else milling about in your mind, a phrase that could answer many of the questions you'll have. It's what people kept telling me whenever I asked what university was like. They would say, "It is what you make of it".

For all of its uncertainties, however, residence comes with some intangibles that remain unchanged for every group of first year students. A few of these are:

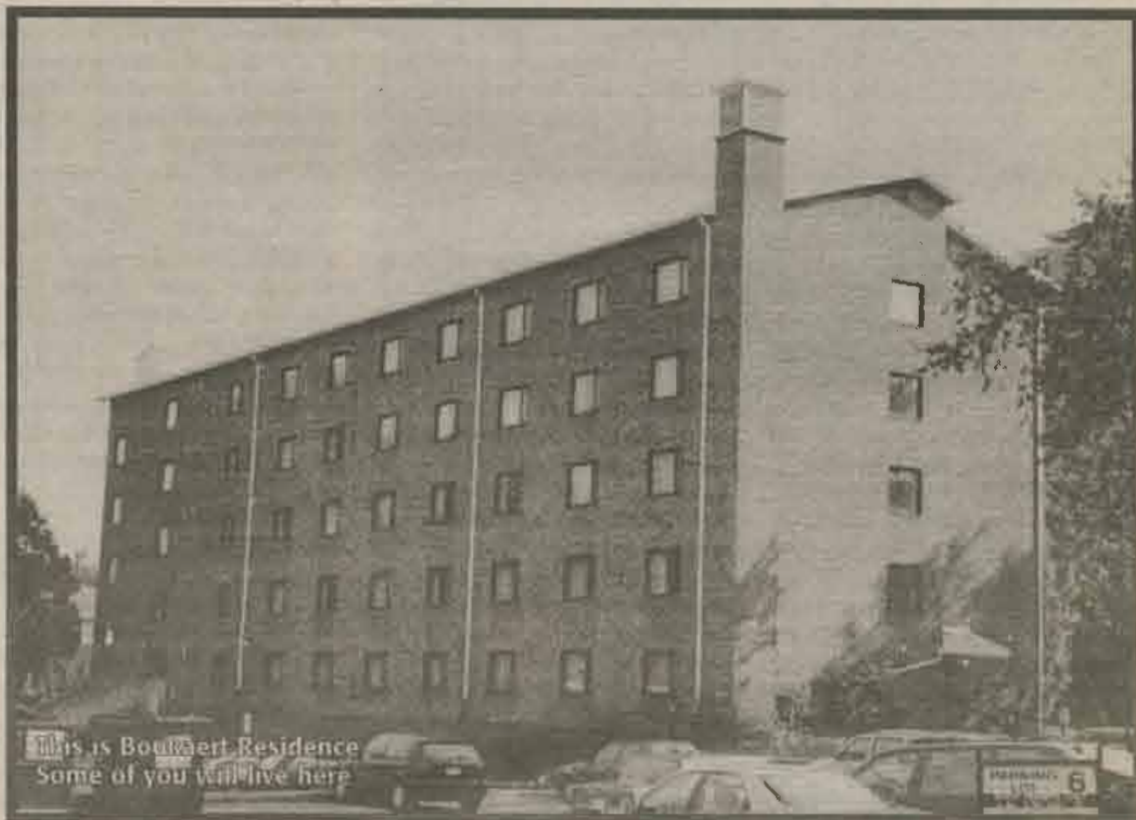
1. You will live with, for better or for worse, anywhere from a dozen to forty other students in an atmosphere which very often struck me as sardine-like.
2. On every floor, each resident will be a first year student, except for your Don, who is in any year other than first.
3. Most importantly, no one will do your laundry for you in Residence, so bring

and fold it.

Before I go on about the things I've just mentioned, you should know where my experience comes from. In my first year, I lived on the second floor in Bricker. Three years later, I came back to residence as a Don and spent a great year in Little House - now the sole remaining all-male residence left on campus.

I sincerely hope that anyone living in a single-sex residence in the coming year won't go into the building with a negative attitude. For every time you're jealous of your friend living in Mac House, there will be three times that same person will be jealous of the fact that you don't.

As I mentioned above, the size of your floor will vary from res to res. For example, Bricker has up to forty students on some floors, while Little House has 12-20 on each floor. Some are even smaller. I have spent a year on each, and both had their own totally unique qualities. Bricker was great for getting to know a large number of people and still having a lot of privacy, while the compact nature of a traditional residence like Little House (or others like Conrad, Willison, etc.) offers an element of "bonding" with floor-mates almost impossible to find in the apartment-style. But, as I keep hearing, it is what you make of it. In case you don't find



FILE PHOTO

is over, you'll have likely forgotten what your first choice actually was.

One part of residence life you may or may not know of or expect is what Laurier refers to as the "Don". Your Don will be a student in 2nd, 3rd, or 4th year (hey, maybe even 5th or 6th, who knows), trained as a jack-of-all-trades who has been selected to offer a helping hand to the residents, whether it be in counseling, academics, or even first aid. As will be revealed during the first day, the Don is also there to make sure the Residence regulations are not ignored. Rest assured, however, that this does not mean that the Don is out to spoil any hint of a good time or hand out fines so that he or she can pay off their student loans.

Most of the people I know have positive things to say about the Don they had in first year. My Don made a huge effort to get all forty of us involved in the school and to interact with one another, sacrificing a lot of personal time whenever we needed her. If you find that you are having any problems with your Don during any point of your year, there are ways of solving this, whatever the issue. First, you can always approach another Don in the building -- their doors are

clearly labeled, so feel free to knock. If a particular situation or issue makes this route uncomfortable for you, then take a trip to see the Head Resident of your building. This person is essentially the Don of the Dons, and deals with the more serious issues of the building, but their door should be open if you need them.

Above and beyond the staff in your building, there are some other names and positions you may need to: Carrie Ducharme is the new Residence Life Coordinator, while Katherine Elliott and David McMurray are the Associate Dean of Students and Dean of Students respectively. To locate any of them, head up to the Dean of Students office on the 2nd floor of the Fred Nichols Campus center. They're extremely friendly people, really.

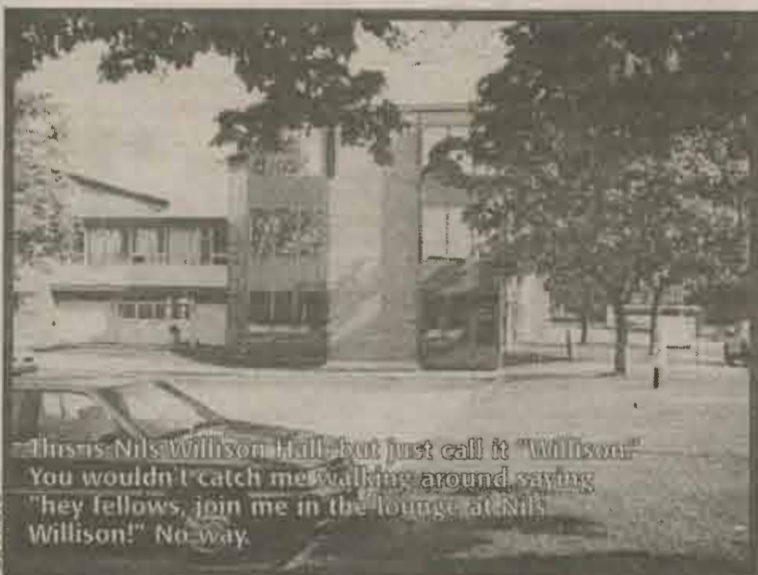
One way that you can get more involved in the activities within the residence community is through the House Council. If organizing and handling residence events, and getting involved with the issues of the building is your kind of thing (even if it isn't, give it a shot), ask your Don about House Council opportunities.

All of the different residences come

with their ups and downs, as every resident will tell you. After a year in Little House with the group of guys who were on my floor, however, I can honestly say I loved it (to their surprise at times, I'm sure). It, like the other residences, simply requires you to enjoy what it has to offer, and get your keister out whenever you need to. Spending too much time there can be damaging to one's brain, so take vacations whenever you need them, even before you need them.

Residence provides first year students with a unique mix of options. You can choose to get involved in many aspect of school life through positions in each residence's House Council, and find yourself constantly moving, or you can enjoy the view by sitting back, hanging out with whoever you feel like, using residence simply for the room and bed it provides you with. It takes both kinds of people to make residence a truly memorable experience, so feel free to be either.

Sean Grimes is too modest. He was named WLUSU volunteer of the year in 1996-1997. He got a big plaque, the memory of cheering and adoring friends at the WLUSU volunteer dinner, and really very drunk. He ordered four drinks with no money to pay for them. HA!!!



FILE PHOTO

lots of quarters. (Used as a tool of persuasion, a roll of these quarters may actually get someone to do your laundry,

yourself in the res of your first choice, don't write off your entire year before you even move in; by the time first year

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Steve Metzger: WLUSP President

Hello future Laurier People. I am extremely excited to offer you my congratulations and I relish the opportunity to be one of the first students to welcome you to my school. My name is Steve Metzger and I am the President of WLU Student Publications. My purpose for writing this column is to introduce you to the many fun, creative, and fulfilling opportunities which Student Publications offers. In doing so, I will also introduce you to the many publications which WLUSP produces and the different departments which produce these publications.

The Cord

I imagine that you are reading this particular publication right now. Personally, when I read my first issue of The Cord, I was dumbfounded by the fact that students could make such a professional looking newspaper. This may not be a surprise because my friends often comment on how easily dumbfounded I am. Nevertheless, now I am quite certain about how the paper is put together and I am also quite confident that first year is not too soon to get involved with The Cord. Of course, anybody can write for the paper, but there are also many opportunities beyond contributing to the content of the paper. For instance, one can be involved in the construction and layout of the newspaper through the use of our first-rate publishing equipment.

The Cord aims to bring issues that affect the University community to the foreground of the consciousness of the members of our community in order to promote discussion and the exchange of ideas and information. The editor-in-chief of The Cord, "Slick" Ben Harris, may strike you as rather odd, but I can assure you that he is quite docile and extreme-

ly accommodating. Also, I know for a fact, that he is eagerly seeking committed volunteers to fill the positions of Features Editor, Sports Editor, Associate Entertainment Editor and Production Assistant. Remember, our policy is to welcome and entertain all applications.

The Keystone

The Keystone is our yearbook. Personally, I am a big fan of yearbooks. Ours is most likely a bit bigger, both in number of pages and in the dimensions of the page, than your high school yearbook. Over the past couple of years, our yearbook has grown immensely popular. We pride ourselves in creating a professional, attractive, classy book which documents the achievements and struggles of our University community from year to year. Just for your information, if you live in residence (not to say there is anything wrong by not living in residence-I never have), a picture of your floor will be included in the yearbook. Speaking of residence, a traditional role for a first-year student with The Keystone is that of Residence Editor. If you are interested, Luxman Aloysius, the Editor-in-Chief of our yearbook, is interested in you. Of course, there are also many other volunteer positions available with The Keystone, and Luxman can't wait to introduce anyone to these wonderful opportunities. He's a swell guy.

Photography

Our photography department is basically a one man wrecking crew (with a couple of assistants). Luke Martyn, a combustible sort of fellow, is highly committed to let anybody who wants to take a picture to do so. Furthermore, he's got the cameras, the film, and the friendly disposition to make it work. Our photographer's pictures primarily end up in

the newspaper or the yearbook. Luke is also more than willing to teach his photographers how to use the darkroom. In essence, the opportunities in this department are unlimited.

Imaging Solutions

Imaging Solutions actually runs like an ad agency. They provide high quality advertising and marketing services for companies who can't afford the big wigs. As you may have imagined, this department may require some specialized skills. Andrew Bailey, the manager of Imaging Solutions, is always on the prowl for ambitious, young designers, or at least people willing to devote the time necessary to acquire advanced design skills. He is also in hot pursuit for kids with business sense 'till Tuesday. The experience that Imaging Solutions offers is golden. If you have any aspirations along these lines, I sincerely suggest that you meet up with Andy. It would benefit us both.

Other Odds and Ends

Student Publications creates a couple other publications. Firstly, we make a dayplanner, known as the WLU'er, which you will receive during Orientation Week (or the following week, if you decide not to participate in Orientation Week). Secondly, we also create a student telephone directory, which is traditionally named the Cord Guide. The Cord Guides are distributed on about the last week of October.

Administration

Student Publications also has an administration, which I belong to. I understand that it may not sound like the most exciting department, but in all sincerity, I have gained great appreciation for the inner workings of a corpora-



Steve is a Waterloo townie who's always there to listen and help.

tion and the inner workings of people. Student Publications is actually an autonomous corporation, which we all hold a share in, and WLUSP generate most of our own funds. The remaining 15-20% of our budget is funded by a portion of the Student Activity Fees which Student Publications receives from the Students' Union as per our contract with the Students' Union. Our administration consists of a Board of Directors, a President, a Vice-President of Finance, an Accounts Receivable Clerk and a Public Relations Manager. The President and the Board of Directors are

elected in February and the other positions are hired in March. Unfortunately, our administration is quite full at the moment, but if you are interested in management of any sort, March is not too late to get started. Other opportunities may present themselves throughout the year. Who knows, I may screw up and get the boot.

An important note: Student Publications is located on the 3rd floor of the Nichols Campus Centre, right behind the 24-hour lounge. Please, feel free to come up and have a chat. I look forward to meeting y'all.

Off Campus but On The Ball

TIM DURKIN AND STEVE METZGER

As opposed to most people who chose to come to university right out of high school, I took the long way around to get here. I took a two year hiatus and that left me two years out of sink with my should be class mates. This, to me, was reason enough not to want to enter into residence life. Basically I didn't want to be the old man in res, so instead I

moved into a house with some friends that were going into their second year. This may not necessarily be the same scenario as all off-campus residents but strategies to make it a great experience are universal.

Living with seven guys (in a house designed for five) made for a very residence-like atmosphere. The total advantage is that there is no Don looking over your shoulder. Unfortunately this can also be a disadvantage as well since you have to take responsibility for yourself, even when you don't want to. Living of res. taught me a lot about what it is to be a responsible person too. Normally at home mom or dad would take care of all the crappy jobs around the house but now you have to learn to do them for yourself. Sure enough you let them slide way longer than any parent would but eventually you just get sick of living in your own filth. This experience taught me a lot about what it is to be a responsible person. While you can save a lot of money living at home it is definitely worthwhile to strike out on your own if you can. It's a win win situation as you can live your life as an adult and still go home any time you like.

One fear that students have is that they will be socially isolated but living off campus does not mean that you are shunned from social activities. Depending on your commitment to the university you can get involved in a wide range of activities that may interest you. If you have an open class schedule,

don't just go home in between classes get involved with extracurricular activities that will keep you occupied and provide you with an opportunity to meet people with similar interests.

One of the first opportunities you have to get involved in University life when off campus is to join a team for Frosh Week. Off-campus students will be placed with members of residence floors. Everybody will be nervous and intimidated and this is a great way to get over those insecurities. Strike up a conversation with your team mates and they'll be grateful because they're just as insecure as yourself.

Another fun event that allows you to meet your potential chums is pub night. Every Wednesday is Pub Night at Wilf's and you're sure to run into your fellow class mates there. Befriend one as soon as possible and if you live at home you can crash at their homes or residence room for the night. In my first year the seventh person in my house was actually a guy from Guelph who didn't really live with us, he just never went home. Being social outside of class is a sure way to get involved.

Of course it's important that you make your mark in class and on campus as well. As I mentioned before make sure you stay on campus as often as possible. Your experience here isn't solely classes (in truth it's actually a very small part). The larger part of the whole learning experience is getting involved and growing as a person. You can't grow

by showing up for classes then going straight home to do home work or watch TV. If you hang around campus you can start study groups with your peers. Heck, even just going over to their place to study or watch TV is infinitely better because you're interacting with different people. Exposing your self to new ways of looking at the world is what university is supposed to be all about.

There are many opportunities on and off campus to learn. The Campus Clubs Office, located on the Third floor of the Fred Nichols Campus Centre is a great place to go and find out about campus activities. Make sure that checking them out is one of the first things you do and if they don't have a club that you would like to see represented than they can help you start one (like World Peace Through Frisbee). Another option is getting involved in volunteer work. If you were a volunteer back home there's no reason why you shouldn't continue that spirit here on campus. If you haven't volunteered before this is a great way to get started.

Another positive aspect of living off campus is that it allows you a greater opportunity to learn about your new city (if you not from KW). The Golden Triangle (K-W and Cambridge) has a very rich history and there's a lot to learn if you venture out for a little while. If you become a townie you impress the socks off your newly acquired friends by taking them around and about the hot spots. If

you're a townie then you already have the inside information and will quickly become the bomb.

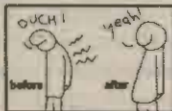
If you may get the feeling that WLU is not for you, this is a sure fire sign that you aren't looking hard enough. There are scenes happening all around town that you can join. Live music is really big here, but so is the rave and dance scene. Art galleries abound, as do recreational activities. If you are off campus chances are you have access to a car that you can use to day-trip up to Elora Gorge or any of the other great tourist spots.

Townie Appendix

Students who decide to stay home encounter very particular barriers. For instance, you might only be able to stay at school as late as the last bus or you might have to rush home to make dinner for your dad.

Every townie has their own special circumstances which may interfere with their educational or social pursuits. Although it may require more effort to get involved in Laurier's culture, it is anything but impossible. For example, both the Students' Union President (Gareth Cunningham-884-0710 ext. 3409) and the Student Publications President (Steve Metzger-884-0710 ext. 3558) are both townies and are always available to offer assist fellow townies and non-townies alike in their endeavors. Remember, you have a right to determine how your career at Laurier will evolve. This is not the time to be conservative.

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Laurier Varsity Preview



MIKE MCKENNA

After what could be considered the worst season in Golden Hawks sporting history things seem to be on the rise for Laurier's sports teams. Many of them have gone through the growing pains of being young teams and so this year's results promise to be much better. Here's a look at what to expect during your first season at Laurier.

FOOTBALL

After what had to be considered a rebuilding year for the football program Head Coach Rick Zmich seems to have his team once again poised to be a contender in the OUA this season. Coming off a season that saw the team go 3-5 and miss the playoffs for the first time this decade the Hawks will be out to prove that they still belong among the OUA's elite. Although the Hawks will be without many veterans from last season including former All-Canadian Defensive Back Rob Symons, Defensive linemen Jason Jacyno, linebacker Craig Mellow, and a pair of Hawks who landed CFL Tryouts in Jason Burke and Phil White, the prospects for this season look much brighter than this time last season. On defense First team OUA All-Star Alan Ruby returns to anchor what could be one of the best defensive secondaries in the league. Both Rich Messam and Donnie Ruiz will play their first full seasons for Laurier, and Second team All-star Mark Myles-Levine return to give the Hawks solid defense against the pass. On offense it looks as though second team OUA all-star Kevin Taylor has recovered from off season knee surgery, and will lead the charge after taking over in the first game last season. Fifth year veteran Anthony Ahmad who started at three different positions last season will

being at slot back giving Taylor a solid pair of hands to compliment "the flash" Corey Grant, who will have pro eyes all over him this season.

Offensively QB Kevin Taylor, WR Corey Grant, SB Anthony Ahmad, RB Justin Praamsma, and FB Chad Kennedy will look to lead the charge behind a solid offensive line that will be lead by Alf Lebar, Jamie Hitchen, and Rob Vickers.

Men's Soccer

For the second year in a row the men's team came within a goal of finding their way to the national championships. Unfortunately they lost in penalty kicks to Western for the second time in two years. This season the Hawks will find it as difficult to challenge for first place in the OUA West division as they have in the past. Barry McLean will take over behind the bench from Fmak Anangostopolous, and will have to deal with the loss of Mike Johnston, Mark Mathies, Joe Wey, Louis Fonseca, and Chris Warton. Goaltender Mark Ignor, who had the potential to be an All Canadian will be back and looked upon for leadership. Ken Cartmill, Jimmy Ro, and Dan Pilas all played an important role last season will again have to step it up in order for this team to be successful.

Women's Soccer

After a tumultuous season that saw a coach fired the women's team will look to get back on track. This team won the CIAU Championship in 1995 and finished third in 96 before missing the playoffs last season. Barry McLean will be back behind the bench for the first time since 1995 and should get the immense potential of this team back on track. The loss of All-Canadian Karen Conboy, and

Goaltender Rachel Zuidervleit will leave this team with an adjustment period but all things considered they should be successful again in 1998.

Women's Hockey

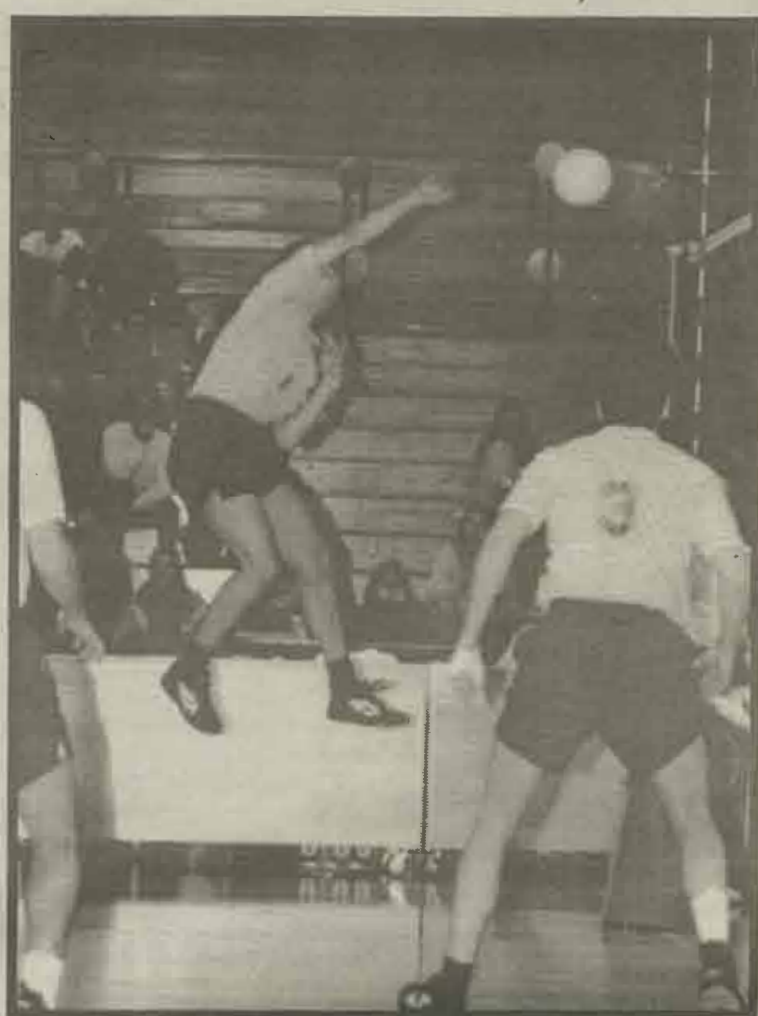
This team could be the best of them all this season as Josh Batley will be behind the bench for his second season as Head Coach. The Hawks will lose only two players from last years team that finished third in the OUA. Cheryl Pounder, an All-Canadian from last season will be back to lead the charge, along with third year winger Caroline Hall. Goaltending will once again be the strong point of this team as all three members of last years line-up return including Rookie of the Year Joyce Torrington.

Men's Hockey

After a three year absence from the playoffs, things seem to have finally turned around for the Hawkey Hawks. After 25 years as Head Coach Wayne Gowing has turned things over to long time assistant and former player Tony Martindale, who along with assistant Rob Hooper will do their best to get the Hawks back into the post season. Winger Jeff Ambrosio, and Chad Brezynskie will once again lead the offensive charge but may finally have some company in the form of rookies Rick White, Jeff Haydar, and Mike Alleby. Goaltender Frank Ivankovic, who joined the Hawks at mid season last year will handle the goaltending, while a solid defense will be headed up by OUA all-star Bob McQuat, and captain Martin Kearns.

Men's Basketball

Another team that suffered last season the Men's hoops team will do their best to perform well coming off a season where expectations highly overshadowed results. Guard Jeff Zdrahal will lead the charge for Head Coach Mike Kilpatrick but will not be able to play all game every game like he did last year. Rookie of the Year Chris Popofski will need another solid performance at the two guard spot, and forward Kevin Ryan will need to recover from a season ending knee injury if the Hawks will improve on a dismal 97-98



FILE PHOTO

season. According to coach Kilpatrick, rookies Adam Rogers, Matt Babel, and Wes Brown will all need to play well for the Hawks in order to turn things around.

Women's Basketball

After struggling through last season the Hawks will try to put together a few wins and get back to the playoffs for the first time since 95-96. Second year Guard Amy MacPherson, and Karen Koert will be heavily counted on, as will veterans Amanda Peers and Sherry Faber, by Head Coach Sue Lindley. One thing that may help the Hawks is a variety of recruits but one will never know until the season starts.

Women's Volleyball

Head Coach Russ Woloshyn lead the Hawks to 7th place in his rookie season and the Hawks will look to better that this year. All the members of last years team will return including OUA All-stars Stacey McCoy and Steph Dart which will give the Hawks a legit chance at making some noise.

Men's Volleyball

Another team that struggled last season after an appearance at the 1996-97 CIAU Championships. The Volleyball

Hawks will be in even tougher this season with the graduation of four time MVP Kevin Shonk, and offensive leader Dennis Hoffman. Paul Pavan will take over as head coach after many years of experience at the high school level. OUA All-star Ryan Brown will be the leader on offense but will need some help from those around him.

Men's Rugby

The Hawks will look for their second OUA tier two title in three seasons in 1998-99. The Hawks competed in the much tougher first division last season and will be back against more level competition this season.

Swimming

Head Coach Dean Bowles is one of the best in Canada and always has a successful pack of swimmers come season's end despite a lack of depth that comes with a small school. This year should be no different as all of Laurier's swimmers that qualified for the CIAU's last season will be back. Don't forget to show your support and become part of Laurier's athletic tradition. Remember that from volleyball to hockey and from football to soccer the Hawks will be as good as the best and that's better than the rest.



FILE PHOTO

Fearing the Frosh Fifteen?

HEATHER STRUPAT
MEGAN EARLE

Just imagine getting all the food you want; you can have as many chocolate bars as you want, as many bags of chips, after dinner desserts, ice cream and all the best tasting fried food. With a pre-paid meal deal why should you care how much something costs or how many you have of this or that? YOU'RE at university now! YOU can stay up all night and sleep all day; there's no one there to nag you anymore. YOU don't have to go to class if you don't want to.

Instead YOU could get all the food you could eat and sit in front of the television all day if YOU wanted to.

This is the perfect dream that becomes a reality as you come to university and move into your first ever residence room. As you say good-bye to your parents, old rules are scratched and now YOU make the new ones. Life is but a dream BUT you can still pay the consequences.

The biggest consequence of poor food choices and the severe lack of exercise would be the FROSH FIFTEEN. The

Frosh Fifteen may not only be a smaller weight gain of fifteen pounds but it could also be a huge weight gain of twenty of thirty pounds. The Frosh Fifteen doesn't play "eeny meeny miny moe"; if you live in residence it will pay it's visit. If you live in the Kitchener-Waterloo area, what better of an idea than to get together with some friends for a snack or a cup of hot chocolate on your way to class. Living in Bricker residence or University Place you quickly learn how to make your own meals...easiest thing to do it is make

those fast and easy frozen foods, chips, and cookies. No matter where you are it is always easy to pick up a fat-filled muffin and a hot cocoa on your way to an 8:30am class, or to consume large quantities of chips and chocolate bars while studying nervously for that first midterm. To put it all together university is a fun filled experience filled with lots of fatty foods that no one could avoid.

Although it will be hard to miss the visit of this evil consumption, there are some points to follow that can be the difference between five and fifteen

pounds by December. The first is to eat healthy food. The fruits and salads offered in both the dining hall and the food court are amazing and are there every day, what d'ya know? Don't attend the food court every day to fulfill your desire for that thick and juicy burger; have a low fat meal that includes some veggies. Skip dessert some times. We don't have to live in the Leave it to Beaver style with the four course meal: soup, salad, main dish, and dessert. Even though dessert is the easiest

continued p 12

continued from p 11

choice to make you are going to have to face those tough choices.

Same goes for ice cream, chips, cookies and chocolate bars which are to be eaten in moderation. Skip the alcohol sometimes and drink some good old milk or water and you will be on your way to losing some of that excess poundage. Ignore what your parents told you about eating everything on your plate. It is better to see some of that greasy bread or fried foods left on your plate than showing up later around your mid section. Love handles are not always a good thing!

Remember that by eating right is not the only way that you are going to avoid the Frosh Fifteen; this is only half the battle. Living on campus or near campus leads to much less exercise, so action must be taken to raise that good old heart rate (panic attacks on late papers don't count). Exercise is an easy thing to come across at Laurier, starting in residence.

Every residence has their own workout room as well as offering aerobics classes throughout the week. The next choice for exercise would be to hit the AC (the Athletic Complex). The AC offers many different facilities such as the Olympic size pool, squash courts, tennis courts (outdoors), the Super-Circuit, a brand new double decker weight room and of course the freshly sanded gym itself. As soon as your tuition is paid so is your pass into exercise heaven so why not take advantage of it? You do not need your own equipment, all you have to do is leave your student ID card in the Tote room in exchange for a volleyball,

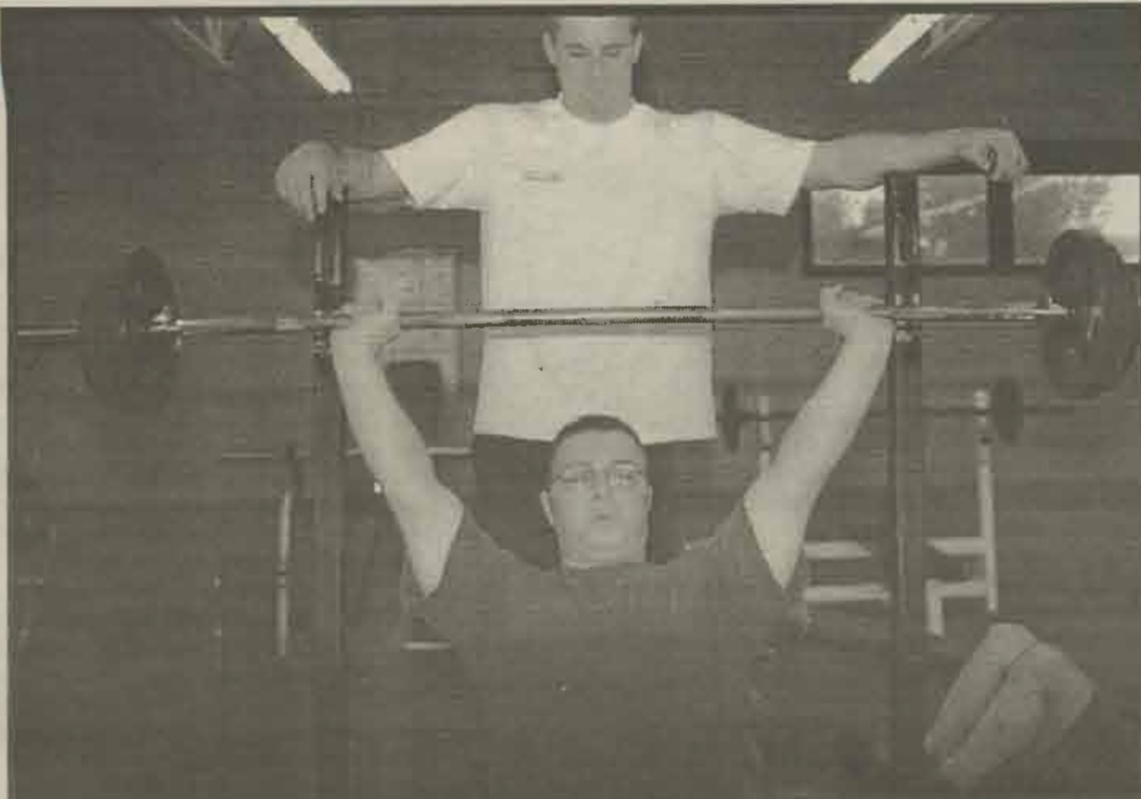
basketball or even just a towel for some aquasize. Intramural leagues are also organized through the AC in such sports as soccer, volleyball, hockey and basketball. Not only are you exercising but you are meeting new people at the same time.

If you don't mind going a little further than the AC, off campus facilities offer reasonably priced enjoyable exercise sessions. The Recreation Complex offers a free indoor track for jogging or walking, which circles the hockey rink. Other popular health club facilities such as the YMCA and the Good Life Health Club that are within walking distance of campus.

Even though there is a wide range of exercise possibilities, many first year students remain attached to their couches watching television. When you realize that this is what your life has come down to get off your buttocks and do something about it. Go for a walk around campus and see who is hanging out or go for a walk around the Laurier community. Not only will this get your heart rate going but it could also improve your chances of finding a house for second year.

Along with being to button up your pants, a little exercise and healthy eating will also help you avoid getting sick in those first few weeks of school. Frosh Week is a marathon of junk food and no sleep, which when combined with thousands of strangers with strange germs, culminates into a large number of sniffles and sore throats. The incessant screaming required as well doesn't help the voice box either.

There is a group out there that is looking out for your healthy well being



and we are the HEALTH AND FITNESS AWARENESS COMMITTEE. We are a student volunteer group that is part of the Students' Union under the University Affairs department. Our committee (Heather Strupat- coordinator, Megan Earle, Tim Kuhn, Alison Moffatt, Brett Mooney, Nicole Rolfe and Kiley Torti) is comprised of students of all years and faculties and we welcome new volunteers.

We provide the Laurier community with general wellness information such as found this article. We promote a

healthy balance of proper nutrition and regular exercise. Look for us to do many events such as Jump Rope for Heart, running tours or promoting intramurals in the AC, hosting a "Healthy Food Fair" as part of Healthy Body Week and sponsoring a fitness day in the concourse. You will also see us in the weekly editions of the Cord with tips on how to stay healthy and happy, and updates on our upcoming events, guest speakers and much more.

If you would like to get involved drop us a note with your name and

phone number in our mailbox in the Students' Union Office on the 3rd floor of the Fred Nichols Campus Centre, or look for our signs asking for volunteers at the end of September or early October. Please e-mail us as well if you have any questions or ideas at 22fitness@mach1.wlu.ca and we hope to hear from you then!

Finally, remember when it's too late for prevention and you've skipped your nap, your exercise, and your good ole veggies one time too many and ended up sick as a dog, try chicken soup!

Cord Sports always needs writers, and photographers visit Jeff Schouela for assignments, perks, and general peppiness.

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What to bring: A critical guide

KEVIN RAMZI NASIR

"Don't leave these essential items at home" the Cord headline intoned.

Uncertain of what malfeasance would befall me should I find myself without such vitals, I scurried to my local suburban community centre mall and stocked up on all I was warned not to forget: a humidifier, fans, a Brita, sandals, light bulbs, turtle wax, fiber optic cable, and a 107 lb. cube of elephant dung.

The bill totaled a surreal \$43,769.55, yet I was convinced that it was an investment worth making for my first year on my own. Much to my chagrin, the only useful purchase proved to be the elephant dung, which still bestows me countless hours of fun and entertainment.

I was awed by the astute wisdom of the Cord writer who suggested bringing a camera, clothes, and posters. Who would have thought! It's a good thing I read that article, or I might have been the only emperor on my floor without posters. All cynicism aside, what ensues is a deftly-compiled succinct list of what to bring, what to leave behind, and the ever-so obvious for those of you who are afflicted by forgetfulness.

Do bring quarters for the laundry machines. Do not bring your mother. Consider buying a Brita to redress your worries about Waterloo's plague-infested water supply. Invest in a distiller if you actually care.

Residence ventilation is non-existent, so open your window upon arrival. In doing so, I found little need for a humidifier in winter and seldom did my fan have much effect. If you also choose this course of action, just bring an extra blanket for when you are sleeping.

ket for when you are sleeping.

Will you need a computer? Yes, but without one you will encounter no problems unless you were sick the day your Kindergarten teacher covered sharing. If you do not already own a computer, plan your work ahead of time and borrow your roommate's or use one of the many labs on campus.

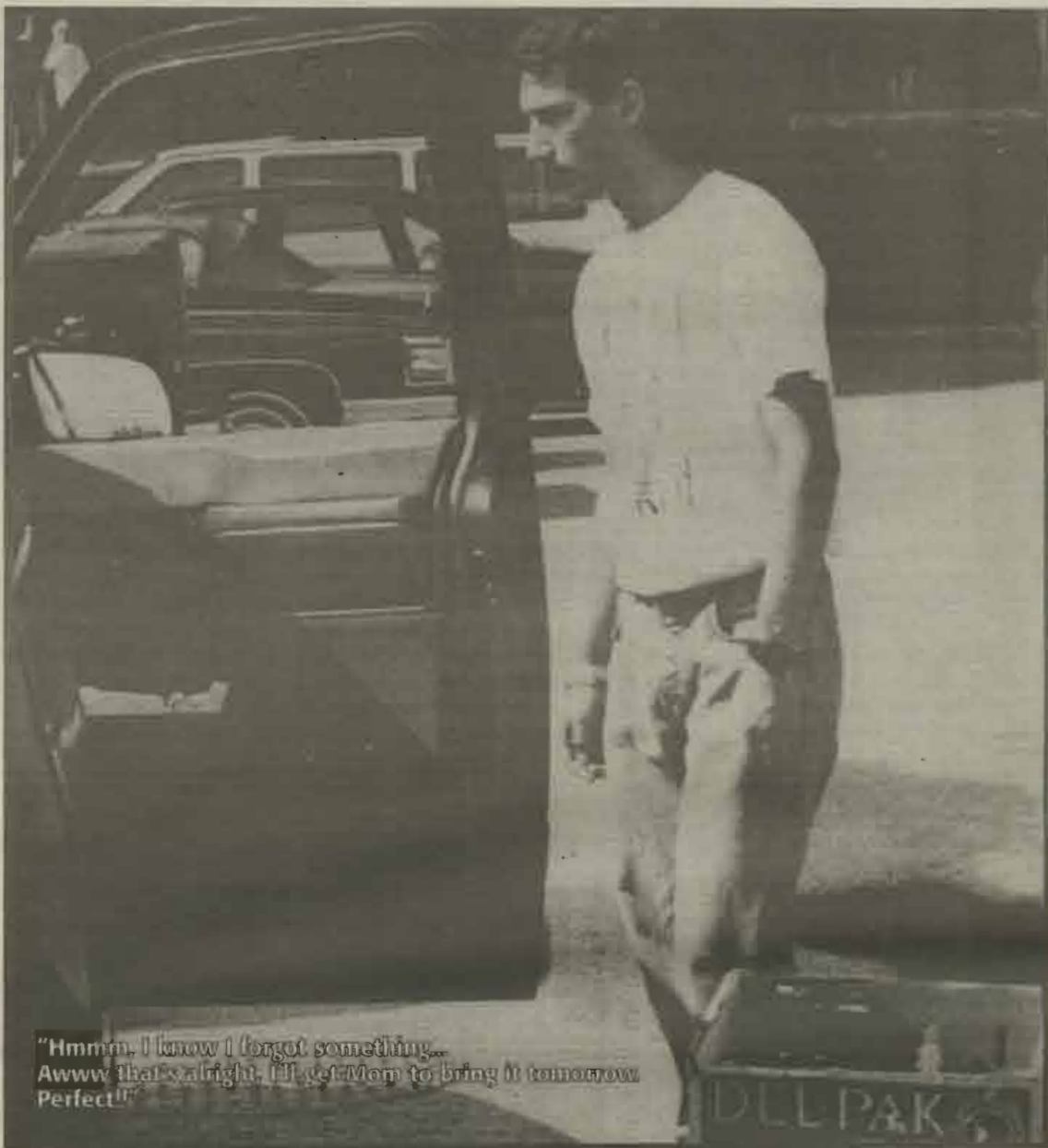
Now for the obvious. Bring photos and yearbooks if you are inclined. Keep your health card on your person to access health services. Forget not your stereo and CDs. Bed sheets and a pillow are provided by residence but you may want to bring your own. There are usually one or two formal events on campus during the year. Bring the required clothes now, or just arrange for them later.

Note that the Athletic Complex is open to all WLU students and usually closes at 10:00 p.m.. Bring your own squash and tennis racquets, bicycle or blades.

For those of you not living in the Palace, er, Bricker, you might want to have rations hidden away for those late-night snacks when the caf is closed. When your meal card runs out at years end you will find it possible to subsist on pasta and salsa for three weeks.

Lastly, bring a thesaurus. In both the universe of higher learning and the real world, exuding a sense of intellect is paramount to the success of the sage and insipid alike.

It is argued that it is better to bring too much than too little, because one can always send things back home. But why bother hauling in a hacksaw if you are not going to use it? Until O-week, happy packing!



A Meal Plan for the Masses

PATRICIA LANCIA

Campus meal plans and food services are traditionally of interest to first-year students. Questions about the quality and variety of the food and how meal cards work are common. But behind the basic food services that students receive, a number of changes have been made to the program that will affect first year students. These changes are the result of a move of the food services portfolio from the Ancillary Services (AS) department to the Vice-President: Student Services (VP:SS) office.

The decision to move the food and residence portfolios to the VP:SS/Dean of Students office from the AS office was based on two main areas: a focus on services instead of profit and a desire for program expansion.

"Safe, secure, active, participative residence life programs are critical. I don't think there are other universities that think of food services that way, but I do," says VP: Student Services David McMurray. "Residence and food are not ancillary to the education experience."

McMurray says that while "students have told me they're fairly satisfied" with the current food services program, several areas are being considered for changes.

One focus will be expanding weekend service. Currently, only A & W and Second Cup are available as weekend breakfast options, with Wilp's, Domino's, and Swiss Chalet for lunch and dinner. The limited selection of weekend service in past years has resulted in many students cooking for themselves on week-

ends or spending additional money to eat out.

The Dining Hall was opened on a trial basis for a few weekends last year and McMurray would like to see this service expanded.

"I'd like to see full weekend brunches," says McMurray. "Not just leftovers from the week, but full mid-day brunches."

The main concern with opening the Dining Hall on weekends in years past was getting the volume of business necessary to make weekend openings profitable. McMurray points out that this is one of the areas that will need to be researched by a new food services committee.

The food services committee will be the driving force behind changes to the food services program. While the dynamics of the committee still need to be finalized, a large student representation is planned. Students will come from student leadership areas such as residence committees, the Students' Union, the Graduate Students' Association, First Year Council, and even by open invitation.

An internal and external review of food services on campus is also planned for some time this year. External experts from the Canadian College Food Services Association (CCFSA) can be brought in to evaluate Laurier at no cost since the university is a member of the organization.

McMurray, former president of the CCFSA in 1985, points out that the organization has a great deal of expertise and creativity when it comes to food service programs and also offers the assistance of a visiting program director.

McMurray notes that with the move to Student Services the food services department will be run on a self-supportive, break-even basis. Small reserves

will be maintained, however, to handle emergencies and capital expenditures specific to food services.

Linda Barton, a nutritionist with an intense interest in sports, will be brought in for six workshops during the year. Workshop topics will vary from basic nutrition, to a focus on eating for sports performance, to weight management.

The food services program will also see a corresponding response to the nutrition based focus.

"I would like to see more fresh foods and fewer fried and prepared entrees," says McMurray, "but I want the student group to be the prime movers in this."

Along with renewed focus on the "service" aspect of food services has been a freeze in contractual prices. McMurray points out that they will try to maintain the price freeze for as long as possible and will be constantly revising and updating menus to offer attractive, fair prices.

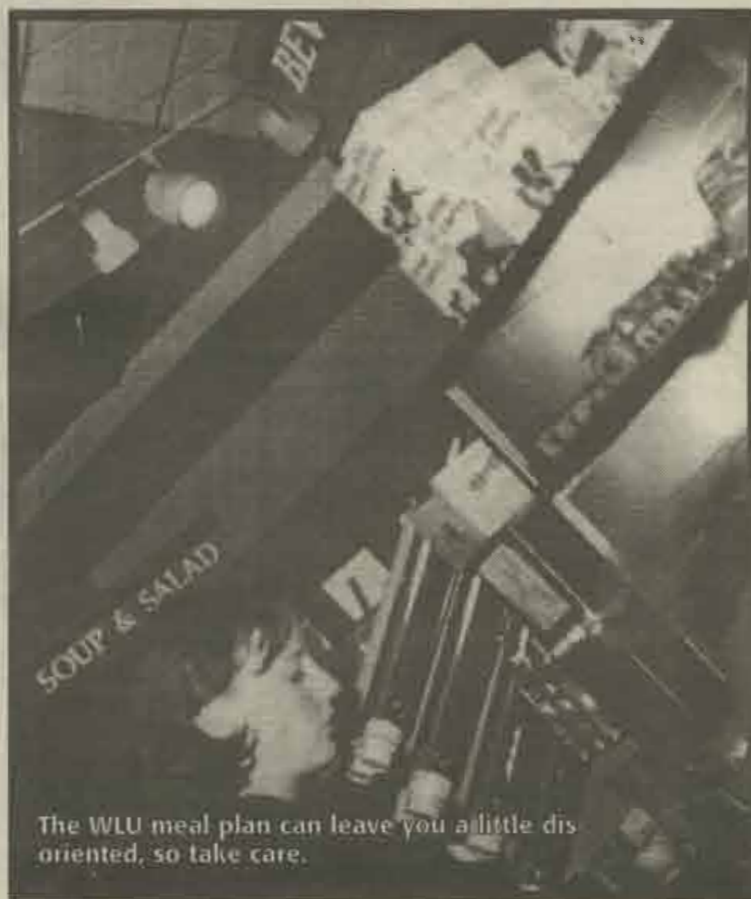
The price freeze follows concerns from previous years regarding the requirement that the AS department turn \$400,000 in profit over to the university operating budget.

It was argued by numerous student representatives that unfair profit was being made off of students through services that were basic and integral to attending university.

McMurray notes that with the move to Student Services the food services department will be run on a self-supportive, break-even basis. Small reserves

will be maintained, however, to handle emergencies and capital expenditures specific to food services.

that people can add to their meal plan, and upgrading meal card technology, will be looked at as well.



Several other administrative issues relating to food services, such as the limit on the amount of meal card money that can be carried forward, the percentage of alternative dollars, the increments

The transition from AS to VP:SS has been a smooth one. Originally scheduled to take from July to December, the integration is expected to be complete by the end of August.

Laurier Christian Fellowship welcomes you

STACY MCCLAY

Nope, you say, I already-know my place on this campus. I'm here to be a student. Why else would I pay thousands of dollars to further my education? I want to do well so that I move up in this world. If this is what is going through your mind then listen up, because do I have news for you!

Doing your schoolwork is great, a necessity in fact, if you want to stay the full time. Everybody needs a break though...a place where you can go to have fun, fellowship, and spiritual renewal with students who are going through the same things you are. People who understand the pressures that you are

under and can offer a listening ear, a sympathetic shoulder to cry on, shower your life with laughter, or guide you back when you seem to be straying from your spiritual path. Does this interest you? If so, drop by one of LCF's weekly meetings.

LCF stands for Laurier Christian Fellowship. This group meets weekly on Wednesday nights in room S101 (in the seminary). If you aren't sure where S101 is, keep your eyes peeled or signs pointing you in our direction, or ask at the library (you know, it's the tallest building on campus, where you go to do research. If you haven't been formally introduced, don't worry, by the end of the term you'll be walking there in your

sleep!)

Last year we had around one hundred members come out. The weekly meetings usually consist of announcements of upcoming events, awesome worship, inspirational speakers and outrageous. We also have amazing retreats that will help you get to know everyone as well as giving you some personal devotion time with your glorious Saviour.

As well, there are numerous outreach events such as "Church at the Turret" (yes, you heard right, we have a church service at the campus dance bar once a month. This is no ordinary service, it is two hours of awesome worship, testimonies, skits, and guest speakers.)

Watch for posters coming your way in September, you don't want to miss this! As always, feel free to bring your non-Christian friends.

I am going into my third year at Laurier, and LCF has been the greatest blessing in my life. The friends I have met here have seen me through the many struggles I have had in my academic career, as well as my personal struggles. I'll admit that there are times when my week has been so bad that I really don't want to be around anybody, but I continue to go to LCF. The worship just has this way of lifting my spirit, and I leave with a better outlook on my problems.

There are so many areas that you

can get involved in: if you enjoy playing a musical instrument, then you can join one of the worship bands. If you enjoy organizing then you can join a committee that plans events like frosh week, retreats, banquets, and much more. There is so much to do and we need everybody's help to make it work.

On behalf of the LCF executive I would like to welcome all the newcomers to Laurier and I would like to invite anyone to come out to one of our meetings. You don't have to be a Christian to join our group. If you just want to see what it's like, you have any questions, or you just like to have fun, we would love to meet you. You might find your place at WLU to be more than just a student.

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UNIVERSITY

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BRIDGEPORT

CONESTOGA PKWY

THE CORD:

injecting levity into the most sombre occasion, just 'cause.

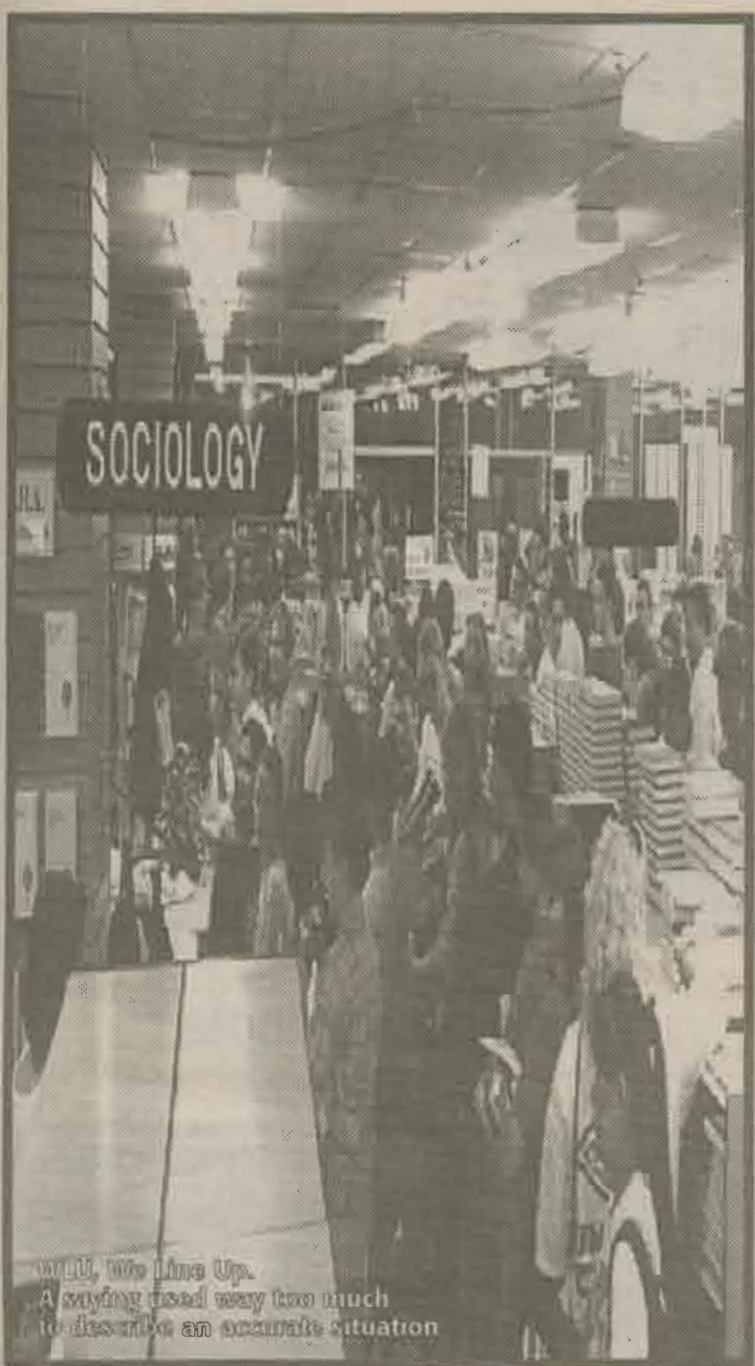


JOIN THE TRADITION...



SAFARI LAURIER DISCOVERS
TUESDAY SEPTEMBER 8

Wilf's



If you are looking at this space and thinking "Guhh! what an awkward space, and what a dumb thing to do to fill it!" we want you to come to The Cord and apply for a job. You've got a good eye Kiddo!



Important Phone Numbers:

Emergencies.....9-1-1
 WLU Switchboard.....884-1970
 Campus Security.....ext.3333
 Women's Centre.....ext.4444
 WLU Students' Union.....ext.3335
 Foot Patrol.....886-FOOT
 Peer Help Line.....884-PEER

The Safety Awareness Committee

of the Students' Union is dedicated to educating you on the ABC's of safety while at Laurier. That's why we've created this mini-safety guide. These tips may seem basic, but they can mean a huge difference when followed. Cut it out and put it on your cork board... you never know when you'll need it.

Stayin' out of trouble...

- *never walk alone; always travel with a friend or with Foot Patrol
- *keep a safety whistle within easy reach
- *keep your safety card on you at all times
- *always let someone know where you're going
- *avoid the poorly lit areas on campus
- *familiarize yourself with the campus and emergency phones

This message sponsored by the WLU Safety Committee

So you've chosen Laurier... now what?

The "Laurier Experience" is more than just academia and attending classes. It's about getting involved in events around campus, and making a difference over your university years.

It all starts in year one. Whether it be through involvement in the Students' Union, your faculty, your residence, athletics, or anywhere else...

The Wilfrid Laurier University Students' Union is your organization. It is arguably the best student organization in the country, and is known as the "volunteer capital of the world".

There are many positions available. They include:

Office of the President

First Year Council

A group of eight selected first year students to serve as the official representation of all first year students at WLU to the Students' Union and the University. Find out more - inquire at 884-0710 ext. 3409 or 3335.

Archivist

Chief Returning Office (CRO)

Hawksquad Committee - exec. member, spirit band

Department of University Affairs

L.U.C.K. (Laurier University Charity Kouncil) - 1st Year Exec. and General Volunteers
 L.S.F.L. (Laurier Students for Literacy) - 1st Year Exec. and General Volunteers
 Safety Committee

Marketing Department

Graphic Artists
 Market Research Assistants
 Videographers
 Web Site Assistants

Programming and Services

Radio Laurier Disc Jockey

Department of Student Activities

BSA (Board of Student Activities) - 1st Year Positions

The Show - high energy fashion and dance performance - choreographers and models/dancers

Boar's Head Dinner

Winter Carnival

Charity Ball

Department of Student Services

1st Year Foot Patrollers

BACCHUS Boosters

Emergency Response Team

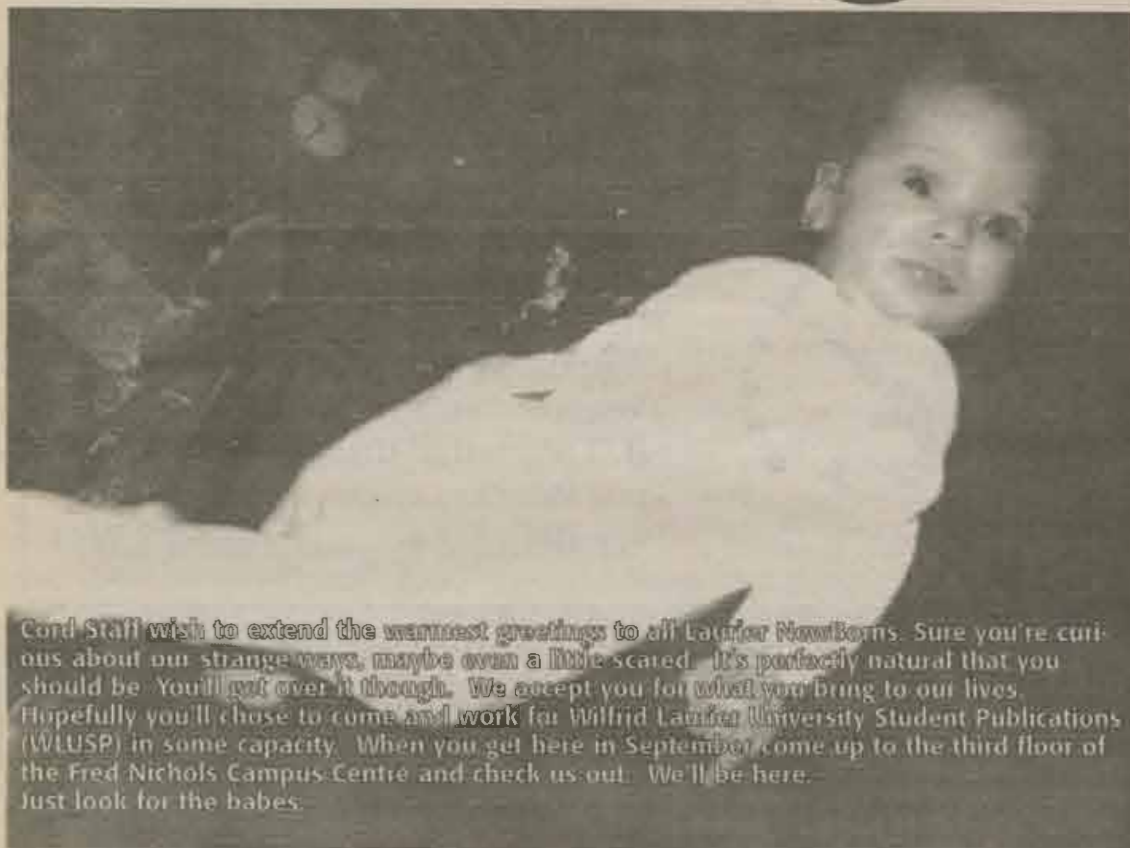
Tutorial Services

Peer Help Line

Plus - check out any of over 60 Campus Clubs

Applications will be available in the WLUSU offices, 3rd Floor of the Fred Nichols Campus Centre. For more info, don't hesitate to call your Students' Union at (519) 884-0710 ext. 3335, check out the the web site at www.wlusu.com, or visit anytime.





Cord Staff wish to extend the warmest greetings to all Laurier Newborns. Sure you're curious about our strange ways, maybe even a little scared. It's perfectly natural that you should be. You'll get over it though. We accept you for what you bring to our lives. Hopefully you'll chose to come and work for Willard Laurier University Student Publications (WLUSP) in some capacity. When you get here in September come up to the third floor of the Fred Nichols Campus Centre and check us out. We'll be here. Just look for the babes.

ΣΧ SIGMA CHI FRATERNITY

welcomes

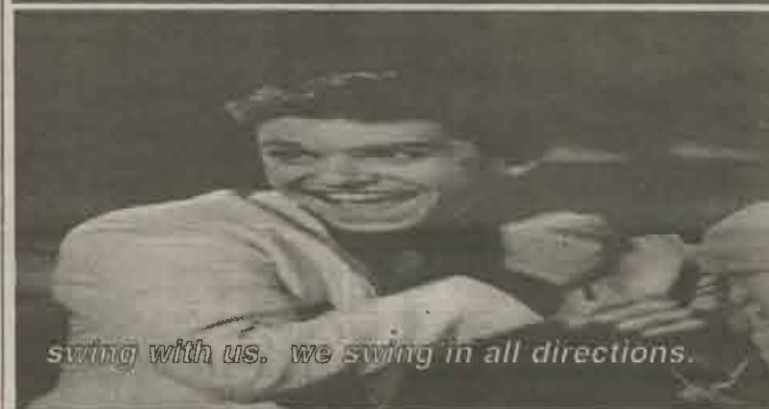
1998 FRESHMEN

During your University career, you will have several chances to become involved in campus clubs and organizations at Laurier. One avenue for your consideration is membership in a fraternity.

Fraternity membership, specifically membership in Sigma Chi, can provide you with the means to balance your many demands, excel academically, make lifelong friendships and enhance your Laurier experience.



Cord is bad people



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