

McGuinty visits Laurier campus

News



Feature The anatomy of cults

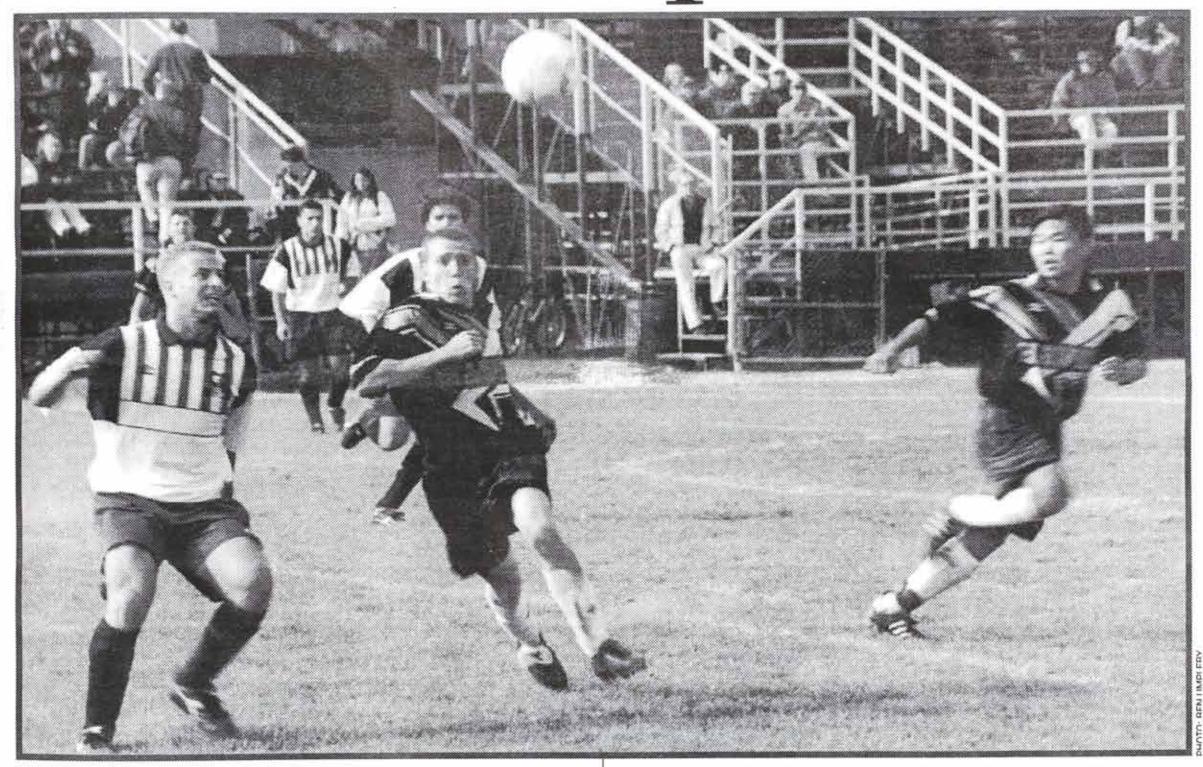


Sarah McLachlan shines

"The tie that binds since 1926" WLU STUDENT PUBLICATIONS

WEDNESDAY, OCTOBER 29, 1997 VOLUME XXXVIII • ISSUE TWELVE

National aspirations



AL MacNEVIN

CORD SPORTS

The Laurier Men's Soccer team pulled into McMaster on Saturday with only one thing in their heads: Halifax, the sight of this year's national championships.

Two wins away from sending striker Kenny Cartmill home, the mood could only be described as intense.

Veteran forward Joe Wey opened the scoring only five minutes into the first half with a well placed header off a great ball from rookie Chris Worton.

Wey, who has battled numerous injuries throughout his career at Laurier, always seems to show up for the big games. Saturday was no exception.

The stadium, filled with mostly Laurier supporters who made the trip to Hamilton, erupted as Wey tickled the twine to give the Hawks a one goal lead.

Laurier continued to control the pace of the match keeping the Marauders on their toes until late in the first half when Mac evened the score at 1-1 after a weird bounce snuck the ball past Hawks keeper Mark Ignor.

The Hawks, looking incredibly focused and disciplined, took the lead in the second half on a strike by rookie Jimmy Roe.

Roe's goal and first career OUA marker, couldn't have come at a more opportune time as the rookie gave them the 2-1 lead they would never relinquish.

McMaster wouldn't go away though as they continued to add pressure leaving four or five men in the offensive zone looking to even the score.

The Hawks will now face Western in a rematch from a game they remember all to well from last season.

"There is nobody I'd rather have to go through to get to nationals than Western," said Co-Captain Mike Johnston about their meeting in London on Wednesday with the first place Mustangs. "We will be ready to go."

The Hawks will roll into Western with nothing less than a victory being an acceptable outcome against the team that denied their trip to the big show last season.

"We deserved the win against McMaster and we will be ready for Western," said head coach Frank Anagnostopoulos of his team.

Laurier striker Ken Cartmill during action from last Saturday's victorious game against McMaster. Today the team faces Western for the OUA championship.

Many players have commented that it was Anagnostopoulos' strategic and tactical preparation that allowed the team to create so many chances for goals on Saturday.

"Frank has us so prepared," noted Johnston, "nothing was going to stop us."

It has been an interesting road for the Hawks this season to get to where they are today.

After opening the season with a pair of losses in their first three games it looks as though they have gotten together and are committed to winning.

The game will be played today at J.W. Little Stadium in London.

One thing is for sure, these Hawks will be ready with their loyal supporters along for the ride.

PORTRAIT STUDIO **Grad Photos** One 8x10 Two 5x7 Six 2x3 Choose from 8-10 Poses

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Teachers defy government by walking-out against Bill 160

CHRIS PHILIPS

CORD NEWS

On Monday, October 27, the teachers in this province went on an illegal strike to protest provincial Bill 160.

The current mood suggests that most people support the teachers. "To be perfectly honest, I'll probably be sitting at home becoming a mental vegetable," says Paul Thomas, a grade 12 student at Bradford District High School. "Actually, I want to join the picket lines with the teachers because I'm very much on their side, but it depends on the climate around the strike and how confrontational it becomes."

"I disagree with Bill 160, but I do not think the teachers should be involved in an illegal strike," says second year Political Science student Shanna Brisbois.

Some people are saying that the teachers are being unfair to parents and students by springing a strike on them.

However, Tom Byers, chief negotiator of Waterloo's Ontario Secondary School Teachers Federation, states that they have been telling parents since school stared in September to find care for their children because teachers saw the strike as inevitable.

Many wonder how students will make up the time. Byers says that lessons will just be done at a quicker pace upon return.

Byers also says that those who want to cross the picket lines will be allowed, but will be slowed and given information for approximately two minutes. Byers believes that 98% of the teachers support the strike

Many students have received homework to do, with the strike expected to last a minimum of two weeks. As well, some businesses have provided day care for their employees children for the duration of the strike.

Bill 160 is a piece of Ontario legislation which will drastically affect the entire education system here in Ontario. As the teachers see it, too much power could be given to the Minister of Education.

One of the main concerns that teachers have is that budget cuts will no longer have to be legislated. Cuts to the system will be made 'arbitrarily' by whomever is the Minister of Education.

Local communities will no longer be able to raise money through taxation for their specific school district.

The Conservative government believes this bill will improve the standard of education. For weeks, the government said the bill had nothing to do with budget cuts, but retracted that statement when the contract of the Deputy Minister of Education, Veronica Lacey, was leaked to the press. It states as a job goal that \$667 million be removed from the education system within one year.

The government has stated that they want smaller class sizes, but as of yet have not provided specifics.



Teachers picket outside St. Michael Separate School on University Avenue, All schools in Ontario have been affected by the strike.

Many parents and teachers believe this idea to be unfeasible since teacher layoffs will be part of the bill's agenda.

One way to decrease spending is to layoff or force the retirement of older teachers whose salaries are higher. Teachers believe this will cause younger teachers to have no older, more experienced teachers to look to for advice within their schools.

The government would also like to bring in non-certified teachers. As Lorraine Ganesh, a York University Concurrent Education student says, "how will a person who works in a computer store be able to meet the needs of the students I work with that are suicidal. They have no training for that."

The government would also like to see teachers spend more time in the classroom. The provincial average for secondary schools is currently 3 3/4 hours per day. Teachers are saying that the rest of the time they are preparing classes, marking, and dealing with students one on one. The teachers are protesting the fact that they will no longer have input into their own prep time.

NewsBites

Injunction will possibly end strike

The government is preparing a case against the teachers, the crux of which rests on proving that teachers are causing "irreparable harm" to students.

A legal injunction would swiftly bring the province-wide strike to an end and legally force teachers back to work. The judiciary will not hear the matter until Friday, making Monday the soonest date for regular classes to resume.

Bailey lucky to be alive

Donovan Bailey's Mercedes crashed as he was travelling home on the QEW early Sunday morning.

The record-breaking sprinter said he was "happy to be alive" following the accident which totally destroyed his car. A passing driver stopped and picked the shaken Bailey up and drove him home.

Bailey faces two charges and is to appear in court on November 28. Bailey contends that he skidded on black ice, but investigators have yet to determine if speed was a factor in the accident.

Euthanasia back on trial

The town of Battleford, Saskatchewan is once again the center of the Canadian Euthanasia debate.

Robert Latimer, a farmer, is again being tried for the mercy killing of his 12 year-old daughter, Tracy. Stricken with cerebral palsy. Tracy could not walk or talk and died of carbon monoxide poisoning in the family's vehicle.

Latimer was convicted in 1993 and served nine days of a ten year sentence before being released on ball pending his appeal.

Sex offender gets short sentence

Victims of Maple Leaf Gardens employee, Gorden Stuckless, are outraged over the lenient sentence handed down by Justice David Watt on Monday.

Stuckless, who sexually molested 26 young boys between 1969 and 1988, was sentenced to two years less a day. A probationary period was added to Stuckless's sentence during which time he is to undergo chemical castration.

Watt contended that probationary and corporal measures would do more to ensure public safety than a longer prison sentence.

Easing the burden of the strike

Students provide emergency daycare



A couple of volunteers work on their child relational skills. Numerous campus organizations have come together to create a daycare for children of Laurier staff and students during the strike.

JOSHUA MARSHALL

CORD NEWS

In response to the province-wide teachers' strike, Laurier has set up a temporary daycare centre for faculty, staff, and students with children from kindergarten to grade six.

The daycare, named "Camp Laurier," is a collaborative effort of

many campus organizations.
Laurier Students for Literacy, the
Lettermen. Foot Patrol, the
Emergency Response Team, the
Hawk's Squad, and many other volunteers interested in helping are
among those helping out.

"What we are trying to do here is ease the burden on our staff, faculty, and students, so that they can maintain some sort of normal routine," says Student Union President Stewart Wong. With Camp Laurier running from 8:00 a.m. until 4:30 p.m., parents can continue with their usual routines.

The program is broken into two parts in hopes of keeping children entertained and well cared for while on their temporary break from school. Mornings are spent at University Stadium, where the emphasis is on sports. In the afternoon activities such as reading and crafts are held in the newly renovated Torque Room.

So far, Camp Laurier has received positive feedback. "We didn't have any indication of what to expect," says Wong, "but the speed with which the student volunteers reacted to this issue is a compliment to the quality and character of the students at Laurier."

Wong noted Stacy Gloster and Becky Innes in particular for their help with the program. As captains of the program, they help volunteers with any questions or concerns.

"The program is wonderful," says Ramona Albrecht, a thankful parent working in Mail Services. "They should run a day care all the time, it saves so much hassle."

About 20 children have been enjoying Camp Laurier and will continue to attend through the end of this week.

Any parents interested in the program should contact Stewart Wong at 884-0710 extension 3335, or Joel Lynn at extension 3318.

Second Cup's co-founder talks to AYE

Rags to riches story inspires young entrepreneurs

MOHAMED BHAMANI

CORD NEWS

"Believing in your idea is the best advice that I can give to any young entrepreneur," said Frank O' Dea, co-founder of the Second Cup corporation, Canada's largest chain of specialty coffeehouses.

O' Dea was the keynote speaker at the first of many future seminars to be put on by the Alliance for Youth Entrepreneurship (AYE) last Wednesday at Kitchener City Hall.

The evening began with speakers from a number of the different groups that make up AYE.

A speaker from the Business Development Bank of Canada gave information on how an individual can get financial assistance for a new business through their Young Entrepreneurship Financing Program. As well, there was a short address from Kitchener mayor Richard Christy.

It was Rob Henderson, founder of the Association of Collegiate Entrepreneurs (ACE) at Laurier, who was able to arrange for O' Dea to be the night's keynote speaker.

Henderson met O' Dea last vear at an ACE conference in Toronto. He was so impressed by O' Dea's story he invited him to speak at the first ever AYE event.

O' Dea has a typical rags to riches story. He started out as an alcoholic, panhandling in the streets of Toronto.

Soon after cleaning up his act in the early seventies, O' Dea was the campaign manager for the federal election in his hometown of Oakville. He was responsible for the election of the first Liberal MP in Oakville since the late 1800s.

With this new found confidence, O'Dea found a partner and started a mail-order business that eventually failed.

Then, after receiving a tip that Scarborough Town Centre was looking for a new coffee retailer, he and his partner jumped at the opportu-

After a number of trials and tribulations, the business took off into the most popular coffeehouse in Canada, Second Cup. Following a dispute with his partner, O'Dea finally sold his share of the company to his partner.

Now, at the age of 52, he sits on the Board of Directors for fifteen corporations. He himself does not hold a specific position with any of these companies.

"It was Mr. O' Dea's anecdotes that made the evening so rewarding," said first year Honours Business student and ACE member Lawren Green. "He is an inspiration to anyone thinking about starting their own business."

In a post-address interview, O'

Dea said that he talks to groups all the time, because it is his way of giving back to his community.

He also said that talking to a group such as AYE is great because he can offer himself as living proof that whatever the circumstances, if you put your mind to it, you can do

"Most of us spend all our time behind the curtain, when center stage is where you really belong." said O'Dea.

Formed in the spring of this year, AYE is a group made up of eleven organizations involved with youth entrepreneurship, including ACE at Laurier.

AYE is a networking group for entrepreneurs, up to the age of 34, to make contacts and gain the necessary skills and resources to make their business work.

Last Wednesday's event was the group's official launch.



On behalf of AYE, Rob Henderson thanks Frank O'Dea for his inspirational talk.

Creating a university in a virtual environment JOSHUA MARSHALL

CORD NEWS

This is National Science and Technology week, when students and professionals look to technology to show the future. A new program is changing the future of education and may someday make the conventional university obsolete.

Virtual-U is an internet university that brings together students and professors from across the country and around the globe. Virtual-U is a computer university system in which students receive a quality education from their own room, anytime of the

The program is the first of its kind on a national level, anywhere in the world. And the on-line university, which opened May of 1996, has seen over 2 500 students logging on and choosing from 45 classes.

Since the system works on asynchronous time, which means that classes may be attended any day or time of the week, it is a benefit to students who work full-time or parents who prefer to study from home.

Although no classes are ever attended physically, students are still able to interact with other students in their on-line classes. A tool called Vgroups gives students the ability to engage in discussions, debates, team projects, and seminars. Audio and visual links are also available, letting students speak to their professors face-to-face.

Many students involved in the program prefer it to the traditional classroom. They claim they have better access to instructors and more time for interaction.

Some worry that the new technology may make the teaching profession obsolete. Therese Laferriere, a University of Laval professor who has been teaching Virtual-U courses, disagrees.

"Instead of questioning new technology, people should be critical of the old," says Laferriere, "Once you discover that you can do it, then you don't fear technology anymore."

Professors are as active in Virtual-U classrooms as in conven-

tional classrooms. They still design their courses, assign readings, guide discussions, lead tutorials, put up lecture notes, and answer students' questions. To add to their courses, professors teaching in Virtual-U may have guest speakers from across the country, without having to worry about a plane trip to the classroom.

Developed by Telelearning-NCE, Virtual-U is funded by the federal Networks of Centres of Excellence program. The NCE funds university research and helps link researchers with companies to make theories projects marketable. Telelearning is just one of fourteen networks of the NCE.

English students honoured at department awards night

RICHELLE READ CORD NEWS

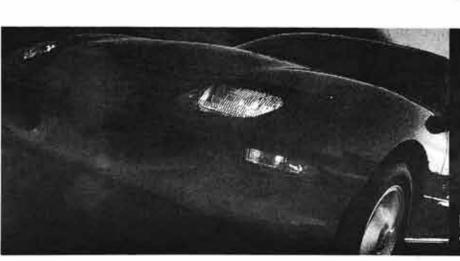
On Thursday, October 23, the annual English Department awards ceremony was held.

The Flora Roy Awards are presented to the three students who have the highest academic standing entering their second, third, and fourth year of Honours English. These awards were presented to Chris Kesener, Sam McKegney, and Aaron Hunter respectively.

The Jane Campbell scholarship for highest achievements in the General English program went to Amanda Dart. Shelley Durocher received the Princess Cinema Award for Film Studies students.

The Hugh MacLachlan Scholarship, presented to the highest achieving English undergraduate who is continuing with graduate studies in English, was awarded to both Kathy Cawsey, who is studying at Oxford, and Nathaniel Leach, who is studying at Western.





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BoardReports

WLUSU: BOD rejects the scholarship grid

STERLING LYNCH

CORD NEWS

Wednesday, October 22 was an eventful meeting for the Board of Directors. A number of important issues were tabled with the central issue being the possible implementation of a scholarship grid for students entering Laurier.

University administrators want to guarantee a certain amount of money to entering students based on high school grades. WLU hopes to increase its competitiveness with other schools, who have similar programs for attracting first year students. Administrators had to send out a second round of offers to meet their expectations for first year enrollment this year.

Board members Alia Ahmed, Kate Johnstone, and Bryan McCourt were concerned that money spent on such a scholarship program would be better spent on improving the infrastructure of the school. They did not think scholarship money would be an effective incentive for potential first year students and wondered if it would mean cutbacks here at Laurier.

Stewart Wong, who admitted that he supports the Scholarship Grid Plan, presented the pros and cons of the issue and asked the Board to vote on whether or not they "conceptually agreed with the notion of a scholarship grid." The Board voted 9-4 against. It was a "straw vote" and is non-binding.

Wong also announced that WLUSU will be a part of pre-budget consultations this year. He asked Board Members to volunteer for a committee that would draft a position paper. Kate Johnstone was the only BOD member who immediately volunteered. The goal, Wong said, will be "to consolidate a unified student position."

Oliver Martin reported on the status of WLUSU strategic planning. WLUSU is currently circulating a survey to assess the mood of students concerning the direction of the Union. Martin reported that 100 surveys had been received and another 60 had been issued to Foot Patrol Volunteers.

He says he would like to get more surveys to non-WLUSU volunteers in order to get "the other perspective." The data will be compiled by First Year Council.

It was also reported that peer representation had been secured for individuals who have to participate in Academic misconduct hearings.

Scott Harris reported on the activities of the Academic Affairs Board. Their prime concern will be professor accountability regarding teaching ability and proficiency in the English language.

Michael Keriakos, VP: Marketing, reported that the Orientation
Week video will not be released, as
scheduled, on November 1st.
Instead, it will be released as part of
the "Return To Frosh Week" events
in the winter term. The additional
time will allow the video production
team to improve the quality of the
product.

WLUSP: Meeting of the bored

Photo

dept.

"super

cool."

David Trueman

JAMES MUIR

CORD NEWS

The half hour meeting saw all departments reporting a copasetic state of affairs.

Imaging Solutions has started preliminary work on website feasi-

bility and has extended hiring for a Business Development Officer.

Advertising is optimistic for a resolution to earlier production problems, as last week only one advertisement was improperly formatted.

The Cord reported a lack of people utiliz-

ing the Electric Cord, the paper's on-line offering. Various promotions are intended to raise site hits from the paltry figure of 500 for the year thus far. The paper is also expecting metal distribution boxes and increased availability of encyclopedia software.

Photography's report consisted of two short words delivered by director David Trueman: "supercool." The phrase in this comparison implies freedom from the heat of emotion or excitement, suggesting a calm, dispassionate attitude

or a controlled alertness in which the department's affairs could be described as outstanding or exceptionally fine.

The Keystone discussed their marketing scheme. Although it is their main concern, the department is on schedule to meet

their first deadline.

The report of the President dealt mainly with filling vacancies on the standing committees. In addition, various departments will conduct computer training sessions in small groups under the instruction of the systems administrator.

Communication is the key to ethics

BETH MULLEN

CORD NEWS

This past Thursday and Friday Laurier held its annual Conference on Professional Ethics in Business, Health, and Education.

To an audience of professors, interested WLU students, and members of the outside business world, three concurrent sessions were presented over the two days.

Issues such as health care, human rights, woman-owned businesses, subordinate development, global cyberspace, cultural diversity, and ethical investing were discussed, and in some cases disputed.

The keynote speaker was Dr. Michael McDonald, the director of the Center for Applied Ethics at the University of British Columbia.

McDonald's talk focused on the "inherent complexity" in creating a morally adequate global business ethic. He views ethics as "building connections between people."

McDonald emphasized that the key to creating an ethic that combines all perspectives is communication. Communication is essential for progress, accomplishment, and contentment.

He outlined his advice on how to communicate effectively, whether it be on a global scale relating to business, or simply in a one-on-one encounter with another person.

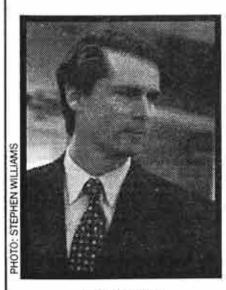
McDonald also drew a parallel between the many different perspectives he had witnessed at the conference, and in his own experience, with the Roman God Janis. Janis sat above doorways with many different heads looking in many different directions, but had only one body.

This god, as McDonald portrayed it, is a reflection of the many different perspectives in the world. He identified in his introduction that this was the innate challenge of creating a "global ethic," an ethic that will combine many different views into one solution that "does some good and prevents some evil."

The conference was held in the Paul Martin Center and was sponsored by the Laurier Lecture Series

McDonald is a former professor of philosophy at the University of Waterloo. He is the editor of Dialogue — The Canadian Philosophical Review and the President of the Canadian Philosophical Association.

Liberal leader visits Laurier



JAMES MUIR

CORD NEWS

The leader of the official opposition party in Ontario visited the Laurier campus yesterday. Liberal leader Dalton McGuinty and his entourage toured the university Tuesday morning and participated in closed door meetings with President Rosehart in efforts to gain a better understanding of post-secondary education issues.

"It's one thing to talk about the university from the vantage point of Queen's Park, but you don't really understand it until you physically go there," said McGuinty when asked the reason for his visit.

Laurier ambassador Ian MacLean and a student representative accompanied McGuinty on his tour. MacLean ushered the opposition leader through the Aird, Peters, Woods, and Arts buildings. Various features of the Laurier teaching centers and the campus itself were brought to the attention of McGuinty.

"To understand the issues we have to talk to the students and to the President," stated the Liberal Leader.

With visits like these by highranking politicians and the current strike by primary and secondary teachers across the country against Harris' Tories, one can only speculate that the Liberals are preparing an election agenda which hopes to capitalize on education issues.

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CORDOPINION



"The tie that binds since 1926"



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Feeling bad isn't going to put a section together.

Robin Whittaker

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Contributors

"Production Gap God" Paul McLean, Tina Tam, RW Hickey, Sarah Parker, James Muir, Eric Henry, Jeff Schouela, Thom Ryan, Joshua Marshall, disco keggers, Karen Ostrander, Chris Pearce, Al MacNevin, Ben Umpleby, Richelle Read, Danielle Fielder, Mohamed Bhamani, Chris Philips, Brad Wilson, Marion Hensel, Beth Mullen, Navdeep Khattra, Natalie Vanderburg, Jeffrey Fila, Tanya Otterbein, Elizabeth Main, Matthew Brodie, Alexis Arrowsmith, Gemma Warner, The WLU Cafeteria Staff, Joseph Murphy, Mike Adorjan, Brad Fetter, Marsha King, Michael Boyce, Ellen Justynski. K. P.S. Never ever write an editorial when you're tired.

Cord Editorial Today's child, tomorrow's future The dire state of public education in Ontario

When I reflect on the present illegal teachers' strike gripping Ontario, all I can think about is Mrs. Barnes, my kindergarten teacher.

We have all had our own "Mrs. Barnes."

You know, she was the teacher that taught you the basics: how to cut and paste, colour within the lines, and how to tie your shoelaces. She was the teacher that patiently started you on your educational journey all those years ago.

While my "Mrs. Barnes" may have only played a small role in my overall formal education, she did teach me the rudimentary skills that I have taken from year to year, teacher to teacher.

Along the way, each teacher I've encountered has expanded my mind, shaped my ideas, and furthered my goals.

The majority of us would not be where we are today without the teachers in our past who have contributed to our present and future.

No matter what your opinion may be on Bill 160, the Education Quality Improvement Act, it is obvious Ontario teachers' reached a breaking point of frustration by opting to go out on an illegal strike Monday.

126,000 teachers did not displace 2.1 million students just for the pure joy of spiting the Harris government, rather they did it to draw attention to the deep seeded issues facing their profession.

While theirs is a profession which is integral to the very foundation of our societies ultimate success and progress, teaching is continually being minimized in importance.

... it is a "sad state of affairs" that we live in a democratic society that values the contribution of teachers so little.

Education has increasingly become the target of government cutbacks and in some respects for good reason, there was a lot of bureaucratic waste to be cleaned

However when the cutbacks began to threaten the basic classroom structure, the teachers had had enough.

Currently the provincial government is trying to win a court injunction to order the teachers back to work.

When David Johnson, Minister of Education was questioned what would happen if teachers ignored the injunction Johnson replied, "I would think that teachers would not disobey an injunction. That would be a sad state of affairs for any democratic society."

However it is a "sad state of affairs" that we live in a democratic society that values the contribution of teachers so little.

We live in a world and not just a province that has a warped sense of who and what is important.

We have come to revere and celebrate athletes and movie stars, while ignoring the real heroes already amongst us -

I am not suggesting that teachers are infallible and that we should pander to their every whim, however they do deserve basic respect and admiration.

Teachers and not just their students are our future. Today that future seems to be in certain and desperate jeopardy.

Editorial by Katherine M. Harding Editor-in-Chief

The opinions expressed in this editorial are those of the author, and do not necessarily reflect those of the Cord Staff, the editorial board, or Wilfrid Laurier University Student

LettersToTheEditor

Suharto-napping is illegal

Dear Editor,

I am writing to complement the Cord on its commitment this year to presenting readers with critical pieces dealing with real global concerns, and not just current events

Secondly, I would like to comment on Jennifer Clarke's article "East Timor and Canada The Complicity of Genocide." The attempt to raise awareness of issues such as the Indonesian occupation of East Timor is commendable, but I am concerned with one point raised in the article itself, Ms. Clarke announces that the East Timor Alert Network (ETAN) intends to arrest President Suharto, an invitee of the Federal Government, in British Columbia if the RCMP and Attorney General fail to act.

I find this quite disturbing for several reasons. When a non governmental organization or interest group "arrests" someone without the approval of the authorities, it is called kidnapping and is highly illegal. Furthermore, even if a move were initiated by the RCMP on Canadian soil, charges would never hold due to a procedural loophole known as entrapment. One should also consider the consequences of violating the principles of diplomatic immunity and national sovereignty if Suharto were apprehended. How would Canada react of Prime Minister Chretien were arrested and held by a foreign government for violating one of its laws? Perhaps we should also consider the implications for Canada's reputation and international status as a result of complicity in the deposition of another country's

Ms. Clarke mentions the "Butcher of Panama," George Bush. Bush is certainly

not the first, nor likely the last American leader to use questionable methods in pursuit of U.S. interests. The United States is often criticized for the means it has employed in order to manipulate the policies of other nation states. It has overthrown governments, assisted in political assassinations, invaded, enslaved, brutalized and conquered under the same democratic principles and form of government operating in the country today. Though this is true, the United States remains Canada's largest trading partner and, some argue, the greatest influence on its foreign policy. East Timor and Indonesia are certainly worthy of our concern, but let's not be hypocritical. There are greater evils. Next time you have an all American Coca Cola, try and remember the words of its president in 1992 - "When I think of Indonesia - A country on the equator with 180 million people, a median age of 18, and a Muslim ban on alcohol - I feel like I know what heaven looks like." Heaven isn't so far away.

Steven Lofkrantz

Unnecessary Roque' throwing

Dear Editor,

I am writing this letter in my own defence of what was obviously a vicious and personal attack on my character. Ms. Erin responded to my letter calling it "unwarranted and frankly petty." I'm sure that if Ms. Erin had actually read my letter she would have realized that my original letter was based entirely on fact and was not petty at all... this letter is petty.

I would like to know which of my facts was misguided as they have been charged. I would also like to know when the big Turret sign was moved into the Turret and Wilf's since according to Ms. Erin's letter these were the only locations on campus hit by the promotion. As far as I knew the big Turret sign was situated in the Quad for EVERYONE to see, even those who don't enjoy the services provided by the Turret or

It is irrelevant that Mr. Ryan liked the show. My letter was about his attack on the promotion. Maybe I am over sensitive to criticism of an organization to which I don't even belong, however, all the girls tell me that sensitivity in a male is a good thing.

Another thing I am curious about is how my skills at my job (bartending) have anything to do with the situation at hand. If Ms. Erin is concerned with my boredom, I invite her to take a look at my day planner - one of a person who supports WLU activities, not belittles them.

This letter will hopefully be the final chapter of this saga, unless someone says something else mean about me. If it seems by my tone and words that I am making fun of this situation, it's because I am.

Matt Roque



Good **Living**

Bill 160: Dismantling Public Education

CORD OPINION

At the time of writing this column, our benevolent provincial government is busy spending taxpayers' money on propaganda vilifying teachers. The Tories have positioned themselves as intrepid soldiers, bravely defending democracy against the dictatorial "special interests."

The Tories point out that teachers are not elected, while as the elected government, they are given a public mandate to shape education. This is interesting; the Tories choose to champion democracy whenever it's convenient. Clearly, it wasn't convenient when Toronto chose overwhelmingly to reject the proposed Mega-City. Now, however, the Harris government claims to be the voice of the people, but they're ignoring three key points.

Firstly, no one directly voted for the Minister of Education and Training. Secondly, Bill 160 effectively renders school board trustees, who are directly elected, impotent. Finally, Bill 160 allows the Minister of Education and Training to raise taxes directly through an order in cabinet without going before the legislature. This is a form of taxation without representation. So much for democracy.

The Tories' ads also pledge "more parental involvement," yet parents' councils at schools across Ontario are against Bill 160. Why? They must have figured out that you can't decrease class sizes, as the Tories are promising to do, when you plan to let more than 7.000 teachers go. They must have figured out that the quality of education will inevitably slip when uncertified "professionals" are left to teach kindergarten, junior kindergarten, art, music, computers, guidance, and technical studies.

The advertisements promise "a back-to-basics" curriculum. However, schools have not even received an outline for this curriculum, which is supposed to be implemented next year. With funds being cut from education, it's unlikely that any money will be allocated for the new texts and materials required to completely restructure Ontario's school system.

Bill 160 is not about improving education. It's about saving money. After a memo was leaked to the Opposition which outlined that over an additional 667 million was to be cut from educational funding, the Tories had to turn completely around from their initial statement that they did not intend to cut one cent. The government has also recently admitted that the bill will result in the letting go of over 7,000 teachers - only a week ago they claimed it would only result in the loss of 4,000.

Our government is tying to us. They cannot be trusted, yet Bili 160 will hand them the future of education, part and parcel.

Shaking The Tree

Be very afraid

SARAH PARKER

CORD OPINION

As October nears its end, it seems rather appropriate to discuss death. Halloween, the festival of spirits and the deceased, is the indulgence of the season. And nature itself is attuned to the timely theme.

But a different death, one with more sinister implications, is pervading the masses: the death of the heart.

It is not a self-inflicted wound, nor is it a disease. Rather, it is a response to a powerful, exterior force: our government. And the dying heart is Ontario.

Ontario is and has been the geographical, political, economical, and social centre of Canada. History confirms this.

In the province where "good things grow," prosperity and democracy has been an upstanding tradition. Even in times of poor economy, from the storming of the farmers down Yonge Street over 100 years ago to present day, the citizens' voice has at least been heard.

However, the Tories thought this needed to be "fixed" and boldly mistook governing as a license for the arbitrary use of power and the right to privatize any social system.

Orwellian in nature, Bill 142 is the product of such thought. It is a draft of non-voted-for measures including reductions is assistance recipient qualifications and the right to an appeal or an advocate, and the unwarranted invasion of privacy.

But the bypass surgery isn't working, and now at full risk of a massive attack, Ontario desperately seeks a donor.

Teachers. Love 'em or hate 'em, you have to admire them. They recognize what's at stake beyond the immediate blows to their body.

The teachers' strike is not about salaries, summer vacations or standardized report cards. It is a much bolder pursuit. Bill 160 is an inefficient piece of legislation that ensures the silencing of democratic rights by placing more power in the hands of the ignorant and the few; namely, the Harris cabinet.

Complacency is not our obligation as citizens; standing up for our rights is. And this is essentially what the fight is all about.

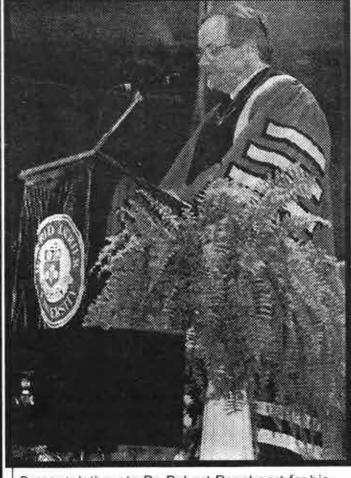
The teachers are the province's last pulsating blip on the screen.

For the rest of us, there's only one thing left to do: don your ghoulish masks and frighten the evil spirits away.

Cord Opinion: Bet you can't have just one!

Letters Policy

- All letters must be signed and submitted with the author's name, student identification number, and telephone number.
- All letters will be printed with the author's name. Letters can be printed without the author's name only by permission of the Editor-in-Chief
- Letters must be received by Tuesday at noon for publication in that week's issue in print, on disk, or via e-mail to: 22cord@ mach1.wlu.ca
- Letters must be typed, double spaced and cannot exceed 500 words.
- The Cord reserves the right to edit any letter. Spelling and grammar will not be corrected.
- The Cord reserves the right to reject any letter; in whole or in part, that is in violation of existing Cord policies.



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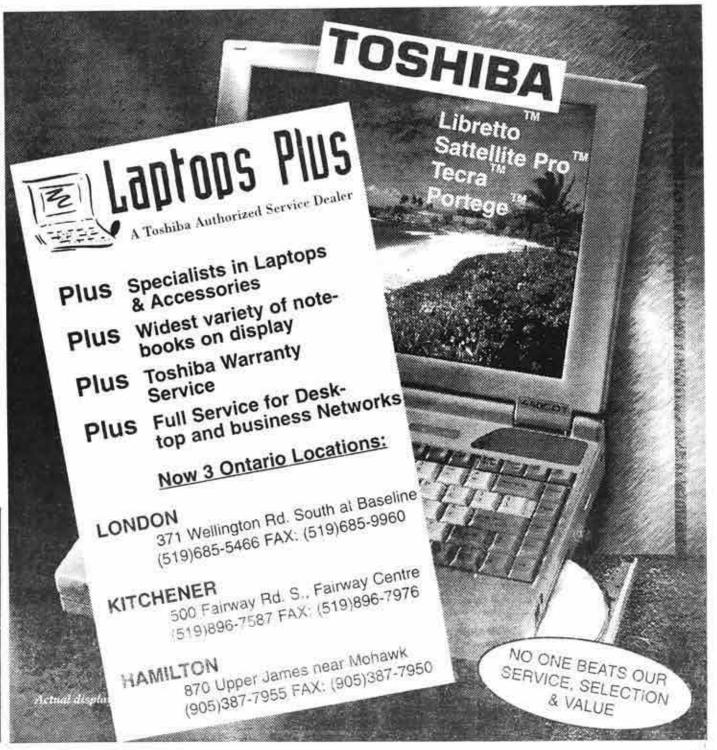
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Culture**Shock**

ERIC HENRY

CORD OPINION

It could have been a lazy night spent in front of the television. I was tired. I wanted to go to sleep. Images were flashing in front of me. Like I said, if it were not for the thousands of people surrounding me, it could have been my living room. But instead it was Skydome, and I was at the U2 concert. And I had been waiting for half an hour since the opening act for something to happen.

The concert itself was amazing. I don't claim to be a music critic, nor do I ever hope to be one. But my amateur and uneducated opinion is that I had a really good time and those Irish boys really know how to put on a show.

It's been a long time since I was at a concert. I think the last one was Our Lady Peace at the Turret last year. That was a great concert too, although in a very different way. The difference wasn't the music (because I'm really not qualified to comment on that) but the venue. At the Turret, they pack you in until no one else can fit. The dance floor is crowded with sweating, screaming bodies. If I recall, there was one girl at the very front, wedged into place by the surging horde, begging for help.

In complete contrast, Skydome was structured. Each chair was bound into place, even down in front of the stage. Helpful ushers would be checking your tickets to make sure you were where you belonged, then show you to your seat. "No sir, your scat is over

there, this section is reserved." Boundaries were set up, traffic was controlled. "Not this way sir, it's one way only." Every word was said with complete insincerity and a plastic smile.

The temporary anarchy that reigned at the Turret last year is directly opposed to the controlled environment of Skydome. During the concert the ushers sent people who were dancing up front back to their seats. I found out that standing on your chair is also a big nono. Why did these people have power over my actions? Because I had a little piece of paper, a ticket stub that defined my role and my position.

Much of our culture is based around accepted practices and proper behaviour. There are strict rules for how things are supposed to be done. Order is valued over chaos, organization over anarchy. Sometimes we let these rules become too strict while their enforcement becomes ever more subtle. It is carried out not by security guards or police, but by bureaucrats, therapists and counsellors.

We must beware that our tour guides do not become our prison guards. Nor should we be coerced into docility. By allowing others to control our actions, there may come a time when there is no one left to take us sheep out to pasture. Of course we need some kind of structure in our lives. But a little protest or revolution every once and a while is a good thing.

BitterYoung Man

B. YOUNGMAN

CORD OPINION

Parents, everybody has them and everybody has butted heads with them at one time or another. When you live at home it is usually something about curfews, if you could use the car or not or when you got that C in math.

"Why do you have condoms in your room?" was a great argument in my house. And the end of the conversation went something along the lines of you screaming "You don't understand!" Followed by slamming of doors and a long stream of obscenities muttered under your breath.

But believe it or not, when arriving at university, your relationship with your parents change. They are no longer hanging over your every move, no longer there every day when you come home from school, no longer there to hear you yakking into the toilet after a hard night of drinking.

Some people miss this, but the majority of people when they arrive at university think in this order: 1. freedom 2. which way to the bar 3. is that cute guy/girl over there single. Yes, you are now in a parent-free zone and you will only see mom and

dad periodically for some home cooking, laundry, and to hit them up for some more cash.

My relationship with my parents got severely screwed up a couple of years ago when they got divorced after 25 years of marriage. Though it sounds bad, it was the best thing for them, trust me on this. But, since myself and my siblings are all grown up there was no need for a custody arrangement. But since there was no agreement, everything is screwed up.

A prime example of this screw up: the major holidays. You know, the ones where you sit down with family and friends. You eat and drink like gluttonous pigs and that one relative of yours gets way drunk and ends up doing cartwheels across the couch. You know what I'm talking about.

For holidays now, both my parents invite my siblings and me over for Christmas, Thanksgiving, and Easter and we get to decide which 'rent we want to spend the festive holiday with. To make it weirder, they try to outbid each other: "Your father is serving turkey? Well I'm serving turkey and pumpkin pie!"

And my father would counter bid with something like "Well I'm serv

ing turkey, pumpkin pie, and hookers!" (guess why they are divorced?) I won't even tell you what happens when the religious holidays roll around. But when it comes to who is paying the tuition bill, it turns into: Dad: "It's not my responsibility, you pay it."

Mom: "I carried him for nine months, and was in labour with him for 15 hours, you pay it!"

Dad: "I didn't even want the little bastard, I don't even think he's my kid, you pay! And then it gets

But to get back to my original point ... did I have a point? Oh va. your relationship with your parents changes. They tell you more about what is going on in their lives - I got a detailed description of dad's prostate examination over lunch one time (yummy!) - what they plan to do (which may or may not be brought out in court, but keep records just in case), and the standard of how proud they are of you... so long as they don't have to pay the bills. Yes, parents are a wonderful breed. So when you see them again, say "hi," tell them that you missed them, give them a big hug and then ask where the hookers are. You never know.

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NOV 29th - CHEAP PATE SATURDAY AND THE SEA DOO UP FOR GRABS

CORDINTERNATIONAL

Human Rights Abuse in Afghanistan

Taliban military rule oppresses women

ANGELA ORTICELLO

CORD INTERNATIONAL

On September 27th 1996, the women of Afghanistan awoke to find themselves in a living nightmare.

Haunted by isolation, neglect, and oppression, the women of Afghanistan have become victims of a misogynist Taliban rule.

For over a year the Taliban Islamic militia has managed to maintain control over two-thirds of Afghanistan. Their rule has forced women to withdraw from the public sphere of the nation; denied education and forbidden employment. women are vanishing behind locked doors and hidden behind burgas.

The all-enveloping burga has replaced the predominant skirts and T-shirts (modern Western clothing) that women of Afghanistan wore before the Taliban assumed power imposing a strict autocratic code of conduct. Now women's bodies are concealed from the public

Draped in secrecy, women are forced see through a tiny meshed window that prevents any peripher-

al vision. Walking through the impoverished streets Afghanistan's capital city, Kabul, is made increasingly difficult with neglected roadways and the burden of wearing these cumbersome garments that force women to breathe the foul air of their own sweat.

This is the degrading experience many women endure if they wish to emerge from their homes.

In fact, Muslim women are not allowed to appear in public unless their husbands or a male relative accompany them.

This imposed law has trapped 35,000 widows living in their homes. With no husband to escort them in public, widows have been abandoned and subjected to a life of poverty and ridicule. Isolated from family and friends they are left to struggle on their own within the confinement of their homes.

Women's standard of living has suffered immensely due to their forced removal from the work force.

Before the Taliban military takeover, females represented nearly 40% of the active work force in Kabul. Laws imposed by this brutal regime have returned women to positions of subjugation and inferiority, stripping local women of all self-respect, economic independence and dismissal from health

...denied education and forbidden employment, women are vanishing

behind

locked doors

and burgas.

institutions which has had a grave impact. Females are not permitted to be treated by male doctors; thus women are denied essential access to health care.

Only a few women have been permitted to continue providing limited health services in small, local clinics. However, these make-shift health centres are inappropriate for providing emergency care, as they are severely understaffed, unsanitary and lack the resources to help women with serious health prob-

It is ironic that the Taliban are denying women health services while at the same time are producing laws that are perpetuating women's poverty and dependency for health care.

For example, in October of 1996, 32 public bathhouses were closed to the women of Afghanistan. Previously these houses had existed in order to ensure that poor women and children were guaranteed a hot bath in cities deprived of running water and electricity.

As a result of this expulsion from the public facilities, many women experience an increased occurence of gynecological infections and sca-

The law directly impacts children's health, as they are now forced to be bathed in cold water at home, resulting in frequent respiratory infections for young children.

Afghanistan's bitter-cold winters only compound this growing health crisis which claim the lives of tens of thousands each year, contributing towards the country's number one

killer of children.

Under the Taliban rule women are subjected to frequent beatings for failure to comply with these oppressive laws.

For example, exposure of a woman's wrist while paying for her groceries often results in whip lashings from Taliban militiamen.

Crimes, such as adultery, have resulted in women being buried to their necks and then stoned to death by government militiamen.

The Taliban rule is both un-Islamic and inhumane. Many of the laws being enforced by the militia are contrary to the teachings of the Qur'an.

Faithful followers of the doctrine of Islam insist that the current oppression of women in Afghanistan is a result of politics and ignorance not Islam.

The Taliban militia justify their extreme measures by maintaining that this will end the moral corruption of the state. This is simply unacceptable. Yet, the international community continues to turn a blind eye to these tragic events as long as they fall outside the purview of "national interests".

When will the world powers recognize that something must be done to end these blatant violations of human rights?

FactSheet

Afghanistan



Official Name: State of Afghanistan

Government: 50-member Ruling Council of Islamic Republic

President: Burhanuddin Rabbani

Prime Minister: Bulbuddin Hekmatyar (May 1996)

Population: 22.6 million Capital City: Kabul

Languages: Pushtu, Dari Persion, Turkic

Religion: Islam (Sunni, 84%, Shiite, 15%)

Literacy Rate: 29% Birth Rate: 43/1000 Infant Mortality: 150/1000

Monetary Unit: Afghani Gross domestic Product: \$3 billion (1989 est.)

Per Capita Income: \$200

Inflation: 90%

Major Trading Partners: Europe, Central Asian Republics, Japan

Source: 1997 Information Please Almanac

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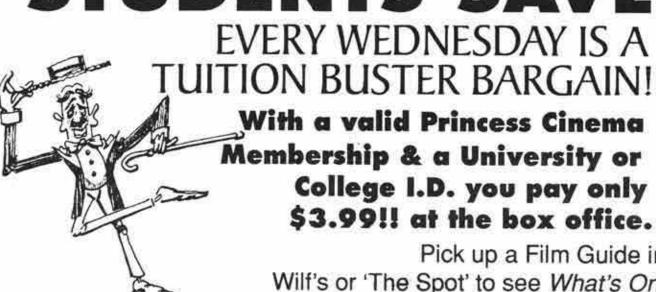
WorldWatch

CABRERA, Columbia -Leftist rebels have launched their most serious attack against Colombian democracy in more than thirty years of insurgency. With President Ernesto Samper's government seriously weakened by scandal, the country's two main guerrilla groups have called an "armed strike" throughout much of the country in efforts to impede Sunday's elections. In recent months, at least 53 candidates have been killed and more than 2000 have withdrawn after receiving death threats or being kidnapped by rebels.

COLOMBO, Sri Lanka -Security forces sealed the capital and swarmed through its streets and buildings Saturday, detaining

965 minority Tamils in the biggest sweep in Colombo since the start of Sri Lanka's civil war 14 years ago. A combined force of 8000 police, air force and army troops searched for Tamil rebels accused of a truck bombing earlier this month. Fighting between rebels and troops have now left more than 50,000 dead.

HANOI, Vietnam - Vietnam's Communist Party is warning journalists and editors this week to begin to promote the governmentbacked ideology, according to reports from the ruling party newspaper, The People. If more loyalty is not shown to the party, the government warned it will revoke publication licenses from newspapers and journals.



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CORDSTUDENTLIFE

The frosh fifteen: a trial with obsession and deceptions

ANONYMOUS

CORD STUDENT LIFE

The dreaded "frosh 15." After a few weeks some students may be feeling a little panicky as their jeans no longer zipper all the way up and they are pouring out of their crop tops, in all senses of the word. But for those that are still innocently in the dark, the "frosh 15" refers to the weight gain that many first year students experience as they explore their newfound surroundings and independence.

However, my story is about the opposite effects this phase had on me and how my life was changed. In the months before I started at Laurier, I worried excessively about this weight gain and I tried to find ways to counterbalance it. I had always been slightly overweight, but had recently begun dieting and exercising and the pounds had been dropping off. I did not realize it then, but every day I was subtly becoming more and more concerned about achieving the "ideal thin look." This, added with the seemingly trivial fear of the "frosh 15," was leading to an overpowering obsession with my whole body image.

By the time I started at Laurier, I was following a strict meal and exercise schedule. Unfortunately, other aspects of my life started going awry. The boy who had promised me that our love would be forever, broke it off within two weeks of frosh week and I was finding it hard to fit in with the girls on my floor.

I blamed these problems on the

way I looked; if I was not so "fat," people would seek me out instead of it always being the other way around. I tried to go out more, but my heart just was not in it. I only felt sad and out of place. Plus, while not much of a drinker in the first place,

always eating meals alone in my bedroom and basically living the life of a hermit. I could not watch TV (god forbid someone might be eating chips in the common room) and it was impossible to go out with other people because food would always



alcohol was totally out of the question because I could not risk consuming any extra calories. In my mind, anything extra I ate would put the pounds immediately back on making me more unlovable than I already was.

Soon, I got into a routine of

enter into some part of the activities. I did not have faith in my resistance to temptation.

I amused myself by reading fitness magazines, books about health and nutrition, and my favourite, a food counter telling me exactly how many calories and fat each kind of food had. I began a daily diary listing how long I exercised, everything I ate, how many calories and fat were in the food, and made goals to lower the food count each day. All the while I kept trying to convince myself that this was making me happy.

A typical day started with a twenty minute jog before a breakfast consisting of dry cereal (no milk) and a piece of fruit before I wearily went to class where I planned my workout. The AC became my second hermit hole. I was there everyday dragging myself through aerobic classes, the super circuit, weights, the stair climber ... and on and on. Maybe you remember me; I was the short (I can not say thin, though), dark haired girl with the sunken eyes who would never talk to anyone and looked miserable. However, I still believed that I had control of my life. In my isolated world, if I burned more calories than I consumed I could maintain my weight and maybe, if I was lucky, lose some. And losing weight was the equivalent of being happy.

By Christmas time, I no longer had to worry about the dreaded "frosh 15." In actual fact, I had lost close to thirty pounds and was rapidly losing more. In the process, I managed to totally alienate myself from my peers and lose all confidence in any of my abilities.

At this point, no matter how much weight I lost it was never enough and I didn't work out enough to burn the fat. The less I

CareerServices

weighed, the more I thought I needed to lose. The ideal weight I wanted remained an unreachable, and unrealistic, goal. The more weight I lost, the more I wanted to lose.

You may guess I was not thinking straight those days. I started
finding it hard to concentrate; I
could never read more than ten
minutes and my thoughts always
went back to food. It also seemed to
become unbearably cold all the time
as I layered myself with sweater
after sweater but never felt warm.
Chunks of my hair started to fall out
and my joints constantly ached, but I
ignored those warning signals and
just kept going.

I missed out on a lot during my freshman year at Laurier. By the time I was willing to admit that I did have a problem and sought some help. I found that I was no longer a loner by choice but someone who had not been willing to get involved, especially when people were getting to know one another and friend-ships were being formed.

What I had previously avoided as threats to achieving the perfect body , the parties, late-night chats, the socializing during meals, I now craved.

Food became not only a comfort to fill the voids, but my enemy as I found myself hiding in my room bingeing on whatever food I could get my hands on and never feeling normal.

Continued • See Frosh fifteen obsession page 12



GEMMA WARNER

CORD STUDENT LIFE

- Only 9% of adults are willing to wait more than five minutes for a waiter to ask for their beverage order; 20% of adults can bear only to wait one minute.
- Last year more people had heart attacks on Mondays than any other day. Heart problems and strokes peak on Monday mornings
- 3.Researchers have found that the risk of a car crash quadruples during the first five minutes after a driver places a call on a cellular phone which is about the same hazard as driving drunk.
- 4. The number of twins has risen 30% since 1980. Greater use of fertility treatments and more woman over the age of 30 giving birth are just some of the reasons for the increase.
- Music cassettes are being heaped atop the boxes of vinyl records and 8-tracks at garage sales. CD's now out sell cassettes 4 to 1.
- 6. A scallop has 35 eyes, all of them are blue.
- 7. Each day, Americans collectively eat 7.5 acres of pizza.
- A person who doesn't brush or floss regularly can have as many as one billion bacteria on each tooth surface.
- If your name is Jim Smith, there's a club that wants you to join, no questions asked. The Jim Smith Society is made up of about 1,700 men who share the same name.
- 10. A ten gallon hat only holds about three quarts.

Your fall guide to a summer job

JEFFREY FILA, CAREER ADVISOR
CORD STUDENT LIFE

It is October. You are well into the Fall term. You are probably busy working on group projects, class presentations, or essays and I want to talk to you about starting your summer job search. Now, before you discount the value of starting your summer job search now, consider this:

- Many organizations start recruiting in the Fall for summer openings and have deadlines as early as November. In fact, last year the three busiest months for summer job postings at Career Services were November, January, and February.
- Competition for summer employment is fierce. Last July, approximately 50% of students aged 15 to 24 who planned to return to school in the fall were employed, while about 20% of students were unemployed.

Resources:

The good news about summer jobs is that they are out there, and with some hard work, preparation, and planning you can get a good one.

We suggest that you use a variety of resources to pursue several different employment opportunities. Here is a list of Career Services resources you can use in your summer job search:

- Summer Job Binders: Last year Career Services had 272 summer job postings for positions that ranged from marketing and accounting to franchise work and summer camp counselling. In other words, come soon, come often, and check out our postings!
- There are several provincially, and federally, funded summer employment programs. Some of these programs start accepting applications as early as mid-October.
- a) FSWEP. This program provides university students with access to the many student Public Service Commission jobs. FSWEP applications are in Career Services now or you can apply by going to http://www.psc-cfp.gc.ca/jobs.htm.
- b) Youth Employment Strategy.
 There are several employment initiatives run by Human Resources

and Development Canada. YES is one of the programs you can learn about by visiting http://www.hrdcdrhc.gr.ca.

- c) Ontario Summer Experience Program. Though funding allocations do not come out until the Spring, it is recommended that you contact previous Approved Employers in the Fall about potential summer openings. At our front desk, we have last year's Approved Employer List which contains information about previously funded positions and employers.
- d) (National Graduate Registry). NGR is a not-for-profit web site on which you can post your resume for free — http://ngr.schoolnet.ca.
- 3. There are several things that you can do at Career Services to hone your job searching skills. For example, you can have your resume critiqued, watch a 45-minute video on summer job search, participate in a mock interview, or talk to a Career Advisor about job search techniques, resources, and strategies.

For more information about Career Services, call 884-0710 ext. 4495, visit us at 232 King Street North, Main Level, or go to http://www.wlu.ca/~wwwcs_co.

Dear Devon and Taylor,

There is a bartender who works at Wilf's who has caught my eye. I tend to watch the part of the bar that he works at so he can serve me. When he does, I flash him a smile, but he is always too busy to notice. I often see him on campus and would like to talk to him, but I am just too shy. Do you think I should approach him or just keep visiting Wilf's and keep the crush to myself?

Signed, "Wilf's #1 Wonder"

Dear Wonder,

It's no wonder you're attracted to one of the Wilf's workers. We here at WLU have some sexy bartenders! Hell, we're all sexy here at WLU. The best way to grab this bartender's attention is to keep ordering Orgasms and Sex on the Beach. If he doesn't look at you in a new light after that, at least you'll be drunk. We're not promoting excessive drinking, but rather an intoxicating exchange with this bartender. Use this approach to strike up a conversation and read his vibes. Have fun.

Yours, Devon and Taylor

Dear Devon and Taylor,

After studying at the library one night, I called Foot Patrol to walk me home. I live quite a distance away so by the time they got me home. I felt I knew them fairly well. In fact, I became drawn to the male member.

Now, I take Foot Patrol every chance I can, even going places I don't really need to go, in the hopes that this gentleman will be the one to walk me home. Do you know how else I could meet this

Signed, "Fancy Footwork"

Dear Fancy,

So, you want Foot Patrol for more than their walking capabilities, huh? Like our bartenders, we also have some sexy Footers. If all you know about this guy is that he's a Foot Patroller, then he'll likely be hard to track down. Keep taking Foot Patrol if you're really intent on finding him on campus. If you never find him at least you're walking safe. Good

Yours, Devon and Taylor

If you need advice, write to Devon and Taylor and drop your letter off at the Cord offices. Anonymity quaranteed.



Safety tip of the week

MATTHEW BRODIE CORD STUDENT LIFE

Interested in taking a First Aid course or renewing your old certifications? Courses at the Athletics Complex will be held on the following dates: Standard First Aid. November 1st and 22nd; Emergency First Aid, November 9th; First Aid Recertification, November 6th. Call Lesley Buck at ext. 2856 for details.

This week's safety tip is on dressing to stay warm outdoors.

Here's what to do:

1. Avoid exposing any part of your body during the coldest parts of the day. Sure, running to the bar in your T-shirt will save you the coat check, but your body won't thank you for it. Dress in layers, with tightly knit fabrics (wool or polar fleece) on the inside, and a windproof layer outside. The head is your body's single greatest source of heat loss, so that means wearing your toque too.

2. Alcohol and caffeine are other factors in the equation. You feel warm inside when you've been drinking them, but they hinder the body's heat-producing ability. Drink plenty of warm fluids to help your body maintain its temperature, but avoid too much coffee. If hot drinks aren't available, plain water is a good substitute.

3. Take frequent breaks from the cold. This lets your body warm up to better withstand brief periods of exposure to extreme cold.

THOM RYAN

All Homo's Eve

CORD STUDENT LIFE

The interesting thing about Halloween is that it's one of the few holidays in modern Western culture which transcends most religious and cultural predilections.

Despite Pagan and Christian beginnings, Halloween has all but lost any moorings in religious traditionalism, emerging as a new kind of celebration: one which does not explicitly or traditionally exclude homosexuality. Christmas, Easter, Thanksgiving — even Valentine's day - have been heterosexually encoded to block out alternative

lifestyles. Gay people are left with New Year's, St. Paddy's Day, Groundhog Day (sigh), and yes, Halloween. In many ways, Halloween is the most gay-identified of the lot.

OutSpoken

All people are masked on Halloween - disguise has become the norm rather than the extreme on that single day. Gender appears all but irrelevant, and you only have to see a few men in dresses (togas, my ass) to figure that one

An acceptance of extreme differences - the more radical the costume the better - and a willingness to do it all in the spirit of some mutual agreement: these seem like ideals which fit well with an understanding of homosexual

acceptance and lifestyle.

It is no small miracle then, that some of the most incredible costuming displays I have ever seen were at gay bars on Halloween. It's almost as though gay people work on the perfect costume all year round, only to have their little spark lit for one night and one night only, October 31st. If you're a freak for excellent costume ideas and a community which embraces Halloween to the hilt, seek out the nearest gay bar on Friday and prepare to be enthralled.

Contact GLOBAL through email at 00global@mach1.wlu.ca, call the WLU Student Help Line at 884-PEER, or visit our web site at www.wlu.ca/~wwwclubs/www/glo bal.html.



Your guide to the more than 50 active clubs at Laurier.

Archaeological Society

This club is mainly for archaeological students as the fund raising goes directly to support the mandatory excavation dig that each student must attend during the summer. Bingos are usually held to help raise this money to subsidize the expense incurred by students at various digs each summer. However, for those in archeology,

this is a great opportunity to meet the professors and other students in archaeology - especially those in other fields.

There are several social activities including a Hallowe'en party and a formal in the new year, in conjunction with the anthropology club. Meetings are held every second Monday at 202 Regina Street, room 103 at 5:30.

The next meeting is Monday, November 6. For more information, contact Doug Ross through e-mail at ross6990@mach1.wlu.ca or call him at 747-5346.

WLU Chess Club

This club is open to any student who is interested in chess, whether you are an expert or just starting out. Coaching is available through books and by learning from others. The emphasis of this club is in building on your current chess strategy and skills.

Every Thursday at 5:30 in L126, chess players are encouraged to come out and play against each other. Boards are provided. The

club has future hopes of forming a chess team. For more information, e-mail 00chess@mach1.wlu.ca or come out to the meeting.

The Writer's Club

If you are interested in writing poetry, prose, fiction, or non-fiction, this is the perfect opportunity to meet others involved in the same thing.

The club's goal is to create a community among Laurier writers where you can share your writing and receive others' ideas and thoughts on your work. The club is open to anyone who is willing to participate in sharing their ideas or original works. You can even bring in the writings of others that you want to share.

The weekly meetings are held on Thursday at 10pm in the Lion's Den Brewery (in the basement of the Huether Hotel). Bring something along to share for friendly interaction with other writers. For more information, e-mail the club at 00poetry@mach1.wlu.ca or come out to the meeting.

WordOfTheWeek

ecru (ek'ru) n. or adj. very pale brown; the colour of unbleached linen.

Drinking 101

ALEXIS ARROWSMITH

CORD STUDENT LIFE

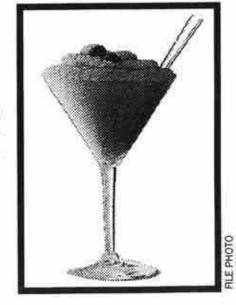
Singapore Sling

- 3/4 oz. gin
- 1/4 oz. cherry brandy
- Mix in 3 parts orange juice, 2 parts lemon, and a dash of grenadine. Build over ice and shake. Layer the cherry brandy on top.

Blow Job

(You can't use your hands)

- 1/2 oz. Bailey's Irish cream
- 1/2 oz. peppermint schnapps
- Top with whip cream



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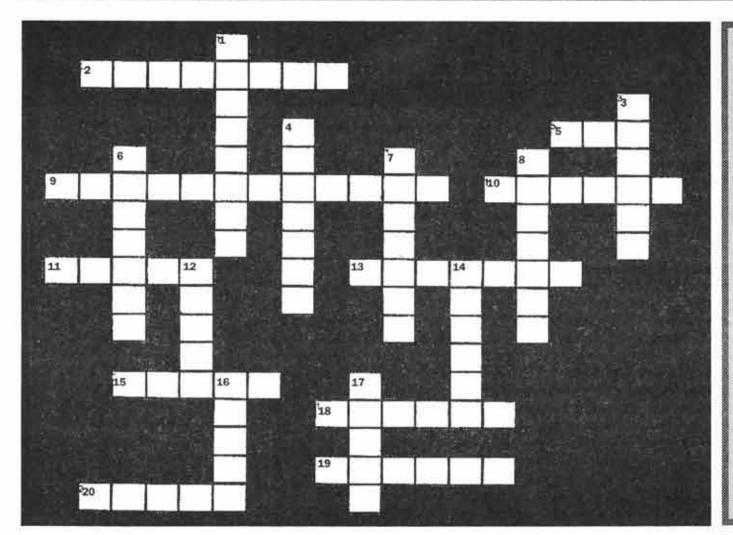
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Haunted Hallowe'en Crossword

Across:

- the supportive framework of an organism
- what a ghost says
- 9. Mary Shelley wrote this novel
- 10, the laugh of a witch
- a disembodied soul
- Jack-o-Lantern without the face
- one that is credited with supernatural powers, usually malignant
- 18. arachnophobia
- 19. re-animated dead body
- 20. a body embalmed or treated for burial

Down:

- 1. a burial ground
- an ugly or grotesque sprite that is mischievous and sometimes evil or malicious
- an outfit worn to create the appearance of a person, place, or thing
- 6. All Eve
- The Rocky Horror ____Show
- 8. "I vant to suck your blood."
- 12. trick or
- often seen with a parrot and eye-patch
- given to children who come knocking
- 17. to make frightened or frantic

Crassword and word search answers will be posted outside the Cord office, on the third floor of the NCC, the following week.

Frosh fifteen obsession

Continued from page 10

It has only been recently that I can sit back and objectively look at the previous year and the lingering memories it leaves. I can truly say that I have been to hell and back and I look upon the coming years with both anticipation and trepidation.

One thing I know for sure is that I probably would not even be alive today without the support I received from my family, as well as the Laurier Health Centre, cafeteria staff, and the Don on my floor who had the courage to confront me about my problem. Throughout this disorder (I hate to call it an eating disorder because there is so much more involved with it), I have learned of the health consequences.

My muscles started feeding on themselves to survive, my heart rate dropped dangerously low, and there are lingering complications with my body that I am not sure are repairable. All this was due to a fear of gaining weight and losing control.

Emotionally, I still have demons to face everyday, but I am getting stronger. It's been hard gaining the weight back and I have the constant fear that the pounds will keep adding on. I no longer weigh myself because I'm scared what the scale will say. However, I try not to let the weight rule my life anymore. Sure it hurts that my clothes are tighter and some no longer fit, but the whole time I was losing weight and

controlling the food, the weight was controlling me and making me unhappy.

I still worry about how people will react when they see me now because I fear they will only look at me growing fatter. People come up to me now though, and tell me I look good and, more importantly, healthy. I used to dread hearing

"I still worry about how people will react when they see me now..."

these comments but now I understand. People were worried about me last year, but they just did not know what to say or how to intrude in someone else's life. And it is hard for anyone who has not traveled this road to understand how crippling the obsession with losing weight becomes to every aspect of a person's life. In my lowest of days, I had no hope for a future; now I can believe that there are good times ahead to be experienced.

So students, believe me when I say that the only way to feel good about yourself is to accept the way you are. Believe that others will

accept you as well because of who you are and not how you look on the outside.

Today, I feel healthy, I feel better about myself, and I exude more self-confidence. This makes me more willing to reach out to others, trust them, and allow them into my life. It is also nice not to feel guilty all the time about everything I do. I still continue to go to the gym and work out because it makes me feel good but it is no longer something I force myself to do; I go when I feel up to it.

And freshmen especially, with the onslaught of meal cards, parties, and drinking, enjoy it all and just do everything in moderation. If you don't put on the "frosh 15," that's great. Even if you do gain or lose weight, just be careful it does not lead to some stunted way of thinking.

Your body deserves to be treated with respect just as you deserve to be treated with respect. After all, you only have one life and only one body to do it in so be good to yourself, always.

Due to the personal nature of this article, the author asked that their name be withheld.

Editor's note: If you know someone in this position, or are struggling with an eating disorder yourself, call the Laurier Peer Help Line at 884-PEER, talk to your Don, or contact Health Services at 884-0710 ext. 3146. Please, talk to someone.

What's Happening Here

Cord General Meeting October 31, 1997 Cord Office

Everyone is welcome to participate in the weekly Cord general meetings at 2:30 p.m. every Friday.

Offer comments and suggestions about the current edition of the Cord and make connections by meeting the editors and other writers. Your article could be the next cover story!

MBA Fair November 4, 4:30-7 p.m. Paul Martin Centre

Representatives from MBA programs throughout Canada and the United States will be there and so should you.

ADHD Educational Program November 4, 7-9 p.m. Room 2C8

Dr. George Glumac, an adult and child psychiatrist, will present this educational seminar on attention deficit hyperactivity disorder. A panel of ADHD adults will discuss their experiences throughout childhood and adulthood.

Self-defense Seminar November 9

Everyone is invited to a selfdefence seminar based on Hap Ki Do. This is a style of martial art that stresses effective escapes and defences against attackers. For more information contact TaeKwonDo through e-mail at 00taekdo@mach1.wlu.ca.

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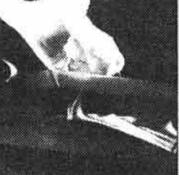
255 King St. N.(at University) Waterloo

"The early village cock hath twice done salutation to the morn" - William Shakespeare

"We open at 10 a.m." - AM.M.

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Cult Followings The Anatomy of a Cult

RANDY WAECHTER

CORD FEATURES

Over the last several years, cults have received a lot of public attention and media hype.

Over time, the term "cult" has become somewhat derogatory and referred to in a negative context.

The problem is that most of us are a member of one cult or another.

The term "cult" is an all-encompassing word with many meanings. Many critics and Social Scientists have acknowledged a list of characteristics found among cults:

1) Charismatic Leader - Life in the group is said to center around a single person who has authority. He or she is the final decision maker, whose pronouncements on both

policy and ideology are binding upon the followers.

2) Regulation -Followers may be taught that complete submission to the will of the leader is necessary. The leader's authority can extend into areas of life that are normally regarded as private, such as sexual behavior, marriage, freedom speech and movement

students at WLU required to submit to the will and policies of leaders?" or of

Separation - Converts and potential converts may be physically and emotionally separated from tangible or identifiable influences from former life - including family, friends, school, or employment.

4) Control of resources - Pressure

may be placed on followers to devote all of their resources to the "master's" cause. This may include their money, time and vocational or educational skills, etc.

5) Control of information - In some groups, the content of the doctrine is not revealed to potential converts until they are considered ready or until they have been with the group for some time and have made some concessions to it.

Based on this criteria, do you belong to a cult? What about university? Does it have a charismatic leader? What about the University President? Does he make decisions on ideology and policy which are binding? Does he have authority? How about the Dean of each faculty, or the Dean of Students? Are they

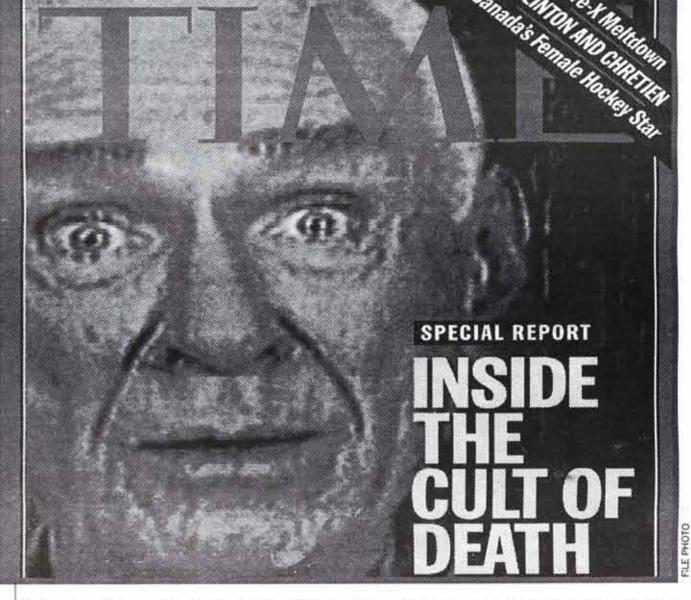
> authority-figures and decision-makers within the Laurier community?

Does regulation exist within the university community? Are students at WLU required to submit to the will and policies of WLU leaders?

Does the authority of policy-makers extend into normally private students issues

or issues that shouldn't involve them? What about student behaviour off-campus which has nothing to do with Wilfrid Laurier University? Do they become involved in issues such as this?

The issue of separation is blatantly obvious. Are you physically and (somewhat) emotionally separated from influences that were a



Cult leader of Heaven's Gate, Marshall Herff Applewhite, made headlines last April when he and 38 of his followers committed suicide to hook up with a UFO. Most people associate cults to be as radical.

part of your former life before coming to university, such as friends, family, and your old school?

resources? Do students in university still know very little about the unidevote resources to the university? versity and the program you are cults is critical thinking. Do they spend money, time, resources and personal skills, such as athletic ability, at the university? Does the university dictate what resources you will spend and how much of each?

Lastly, does the university control any information on its students? Did you fully understand WLU and

your program before starting school here? Is there information about your university that you couldn't What about control of easily obtain? Does it seem like you enrolled in?

> I will not draw any conclusions on this matter. My intention here is simply to make people think and demonstrate that cults might be more common than most people believe, and that "cult" is an extremely vague term.

> Therefore we could argue that most of us are a part of one cult or another, but have become "mainstream" because our society has accepted them as beneficial or tol-

> But what about "negative" cults like the radical "the-end-of-theworld-is-upon-us" ones that require total submission from its members?

> There are a few things to know about these types of cults, especially if one wishes to avoid them.

First of all, knowledge truly is power. The more you know about a group and how it functions, the more efficacious are your defences.

Many people join these organizations because they are looking for a belief system - they require someone to show them the way, a meaning, if you will. What is your belief system? Do you have one?

Odds are that it has something

to do with university and education. One also needs to realize that we are all vulnerable to control.

Probably the most important skill one can utilize in dealing with

Don't accept anything at face value. Don't be a sponge, simply absorbing everything around you.

Be critical, ask questions. Why are things the way they are? Why do we do certain things? Is there a better way to do something?

Be active, life is a two-way street, be sure to take up both directions.

Cult (kult) n.

1. A system of religious rights and observances: the cult of Aphrodite.
2. Zealous devotion to a person, ideal, or thing.

3. The object of this devotion. 4. The followers of a cult; a sect.

-Funk and Wagnalls, Canadian Cöllege Dictionary

Collective action, according to the way its influences are used, may energies, it drives then on to catastrophe with all the greater energy.

~Emile Durkeim

Praise the Lord, Music's Anti-Christ is Here

SARAH SCHIEFER

CORD FEATURES

Let me just start by saying that I'm tired of the hype about Marilyn Manson, or excuse me, Reverend Marilyn Manson. I suppose I should acknowledge the fact that he is an ordained priest in the Church of Satan.

I realize full well that in writing this article, I am just adding to the hype that I so very much detest. But I happen to be an expert at contradicting myself, one attribute I share with Marilyn Manson.

To look for some insight into this Anti-Christ phenomenon, I went to my favourite source for information,

the Internet, and was pleased to find a plethora of sites both adoring and hating the Anti-Christ.

I must just say that although he claims to be fighting for what he believes in, individuality and freedom of speech, it is simply a joke trying to find some sense of individuality in a mess of what boils down to money-hungry media manipula-

I have no problem with the music-making side of Marilyn Manson. I respect his right to make music, and for people who like to listen to his music, that's fine by me.

I'm not going to claim to have never listened to a blaring Beautiful residence last year. I do have a problem however, with him deeming himself a figure as important as the Anti-Christ.

Manson states: "America will paint me out to be this terrible person, responsible for teen suicide, mass murder. I want to call their bluff. I am the All American Anti-Christ. Go ahead, be afraid. I am going to do all the things you think I'm going to do. To them, it's the end of the world. To me, it's just starting trouble. I don't always have a good reason for the things I do. It's just to cause a little chaos. America needs it. Everything is so uptight. I do what I do. If I go to jail for it, so be it."

As well as this line of egocentric bull, he claims: " 'In God we trust' is the most clever mass-hypnosis scam ever perpetuated by man since the dawn of his existence."

Why then is it that he feels he needs to use sleep deprivation techniques while dealing with his "worshippers"? It's called a cult,

I believe he says it perfectly when he says referring to 'Christian America's Good-Guy,' "The bigger the lie, the more people buy it, and as long as sales are good, the lies just get bigger and more expensive." He is the one proving this statement. However, people do get tired of buying lies and they will get tired of this one.

Thankfully however, I have been enlightened with Marilyn Manson's Tips for Surviving the End Times. I will share some with you now so that you are prepared when the time comes, which according to the Reverend, will be soon.

"Civilize those you can and fuck the rest. There are too many people in this world. It is not our responsibility to be constantly cleaning up after the weak-minded. Nature will

People, especially having lived in eventually run its course and those too stupid to live will fortunately be crushed beneath the wheels of our progress. Right now as a family, as an Army we are limited as a minority. Laws bind us. But it is important to remember the law is only what is popular. Not what's right or wrong."

Marilyn Manson rejects conventional morality and society's selfserving standards stating: "When WE become the majority, we will decide who doesn't belong. As misanthropes and throw-away loads we will not submit to the mainstream. You will become it. And America should be very, very afraid. I AM YOU."

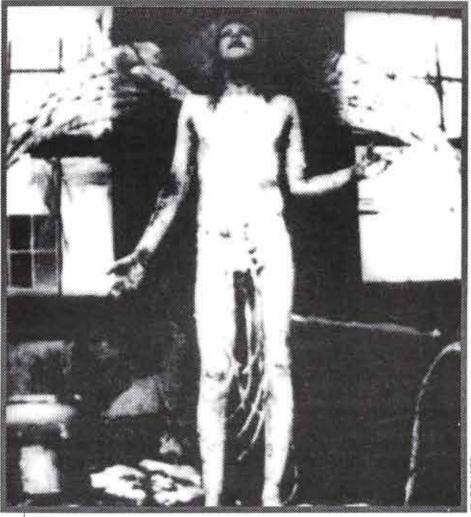
So I guess you don't really have to worry about surviving the end times. Nature will decide along with Marilyn Manson and his followers who belongs. Now, I'm sure that many of you, like me, understand this for what it really is, a farce.

You haven't finished reading this article saying, "Wow, those were

some good points Mr. Manson made, perhaps I'll change my views on the world." However, what about the fourteen year old kids who listen to his music and go to his concerts. They're impressed by the fact that he doesn't care whether or not he gets in trouble, and that sticks with

So, while he may not be responsible for teen suicide, and mass murder, he is responsible for using his influential position as a musician and charismatic leader to teach children that it's all right to do horrifying things, and get into trouble.

However, a lie without the people to buy into it can't exist, so the enigma of Marilyn Manson has only to wait until people tire of his costumes, and antics, before he will have to use his own tips for the end times. Luckily for him, he probably already has more than enough money to hold him through an early and comfortable retirement.



Marilyn Manson has developed a loyal cult following with his music and created a furor of controversy across North America.

VocalCord

Katherine Harding & Natalie Vanderburg

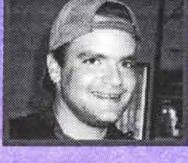
What would make you submit to someone or something?



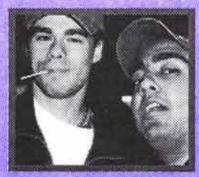
A substantial amount of money Bianca Lam 2nd vr. Honours Eco.



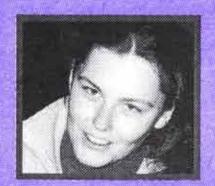
I would submit for money and fame. Jeff "Grover" Nicholson 3rd yr. Eco.



Alcohol and a pack of Craven A's.



Tom Berger 2nd vr. Communication Studies & Mo Gupta 2nd yr. Honours Eco.



I'm not a submittor. Trudi Hickson 4th yr. English

ne cult about cults

LIAM CEILIDH

CORD FEATURES

With the anxiety that has always lurked deep in the human psyche -'why are we here?' we begin to see some of the reasons for the rise in New Religious Movements (NRMs).

The Aum cult in Japan, the militias in the States, and Middle England's Jesus Army are unrelated sects with wildly varying aims.

They each represent, in the most dramatic and radical fashion, an abiding hunger for extreme belief in an unbelieving world.

As traditional religion recedes in the West, unorthodox systems of belief are increasingly moving into their place. They need not be religious, either, at least not in the conventional sense.

They all stand on the margins of Western society, united only in their conviction that they believe to know the truth.

Currently there are thousands of fringe religious movements in our society, and this number continues to grow.

This number alarms many people, however it is mostly an unjustified panic.

Of these thousands of new groups, only the most radical made the headlines in the past five

Some individuals define cults as the deceptive recruitment practices, having false religious beliefs, or under the spell of an authoritative leader.

While these characteristics may be descriptive of some "cults". they do not apply to the vast majority.

Although there are thousands of cults in North America today, the majority of them fall into one of three major categories:

Communalists: These groups believe in the mutual sharing of the efforts of production and common decisions about the rate of consumption.

Metaphysicians: They deny the metaphysical reality of evil and take as their mission the attainment of health, wealth and happiness. Included in this category are the Christian Science groups.

Psychic/ Spiritualists: These

groups contact the spiritual world through mediums, live off the findings of parapsychology and demonstrate the reality of the paranormal universe.

"Experts" use terms like "brainwashing" or "hypnotized" when discussing cults. They also claim that cults are violent, dangerous, and after our children.

In reality, the vast majority of cults choose to stay out of the public spotlight, and peacefully pursue their beliefs.

Cult members (for the most part) choose to participate in the religious practices of the group much like one chooses to believe in Jesus, God, Muhammad, or Buddha.

While it may be easy to be lured into the "cult" of media sensationalism, one must be weary of being "brainwashed" into falsely defining certain groups according to sweeping generalizations.

The definition of cult is very vague and to condemn it may mean condemning your own beliefs and participation.

CORDSPORTS

Hawks win one for Coach Gow

Even record at 1-1 on special night

JEFF SCHOUELA

CORD SPORTS

The home opener of a new hockey season usually brings optimism and confidence this one was no different as the Hawkey Hawks doubled up the Brock Badgers 4-2 to kick off Coach Wayne Gowing's 25th anniversary season behind the Hawks bench.

The Hawks came out flying and physical, including some great hits by assistant captain Chad Brezynskie.

The large crowd was rockin' but were quickly silenced by Brock's first goal only one minute into the game. That gave Laurier the early wake-up call and they replied midway through the 1st when Ryan Stover scored off a long rebound off a shot from the blue line.

Late in the period Dave Kline had some good opportunities to put the Hawks ahead but he was robbed by some good Badger goal-

Just three minutes into the second, rookie Andy Hamilton scored a power play goal in the slot off another big rebound.

That put the Hawks up by one. Goalie Geoff Schnare kept the Hawks on top by denying some Badger forwards late in the second.

In the final frame, The Hawks had some very good chances to get the insurance goal but the Badger goalie held his ground and kept it a one goal contest.

Finally Brock drew a penalty with 10 minutes left, putting the Hawk power play to work and Brezynskie finished a pretty tic-tactoe goal that put Laurier up by two.

They seemed to have put the game away but Brock made it interesting when center Kent Nobes beat Schnare off a rebound.

As the game went into its final minute Brock pulled their goalie but the Hawks stood up to the challenge and iced the game when Bryce Kipfer scored into the empty Badger net, to seal the win.

It was a special night all around for Coach Gowing as he was honoured prior to the game for his 25th season as Hawks coach.

"The ceremony was very special to me. Other people made it special and that's what counts. This was a great victory tonight and everyone on this hockey team made this night very precious."

Net-minder Schnare stopped 17 of 19 shots and he was a key component in the victory.

"Geoff consistently gives us the opportunity to stay in the game and



Laurier goaltender, Geoff Schnare, was solid as the Hawks opened their home schedule with a 4-2 win

gives us a chance to win. We're going to win most of our games by hustling and just waiting for our chances to put the puck in and Geoff gave that to us tonight,"noted Gowing about his stopper.

The Hawks will look to keep winning play as the Hawks travel to Western Wednesday and return home a week from today to face the Waterloo Warriors. Mark this one

on your calender because they don't get much better than the battle of Waterloo.

Game time November 5th is 7:30 p.m. at the Waterloo Recreation Complex.

Stars of the Game

1) Chad Breznskie - The assistant captain came out early and set the

tone with his hustle and physical play. . He also put the Hawks up 3-1 on a pretty power-play goal in the third.

2) Andy Hamilton - This rookie showed consistent hustle all night, scoring a goal and adding an assist.

3) Bob McQuat - The veteran defenceman continued his strong play of late as he was solid at both ends of the rink.

Positive results from Kingston Women's volleyball team

places a respectable fourth

"We played

with a lot of

determination

and heart"

TOM FUKE

CORD SPORTS

al Queen's Tournament, looking to improve on their play at the Brock Tournament a few weeks ago.

The result: a nail-biting five-set loss to Queen's in the Bronze medal game, the score being 15-13 in the final set.

"We played with a lot of determination and heart," noted

coach Russ Woloshyn, obviously impressed with the play of his young team.

Pool play began with the Hawks defeating a strong Lakehead squad by a score of 3-2, but the Hawks came up against a brick wall in Queen's in their second match, losing 3-0.

The final game of pool play saw the Hawks handle Brock 3-1: an important victory for the Hawks as Brock is a team they need to beat in order to make the playoffs.

"After that we came up against a great team in Guelph," said Woloshyn of the 3-0 loss to the Gryphons, "but we really played well and kept the scores close."

The loss put the Hawks into the

bronze medal game: a rematch against the Queen's team that beat The Laurier Women's Volleyball them earlier in the tournament. Team travelled to Kingston this past Though this was also the same weekend to participate in the annu- Queen's squad that the Hawks beat at the Guelph tournament, it was apparent that the Gaels had made significant improvement since then.

The Hawks were in control of the fifth set until the very end, but the Gaels were able to pull out the victory.

And while he was impressed with the improvement

Queen's had made, Woloshyn was quick to mention that his team had done just the same thing.

"I'm really happy at [our] rate of improvement since Brock," he said. "We just need someone to step forward and make kills on a consistent

Woloshyn was high in his praise of Karen Galloway, who was named to the Tournament All-Star Team, of rookie Shannon Avery, and of Stacey McKoy, all of whom contributed to the Hawks' success on the weekend.

The Hawks play next on Wednesday night, opening the season in London against the Mustangs while searching for a berth in the

Season in review

MIKE MCKENNA

CORD SPORTS

Another OUA football season is in the books for our Hawks and unlike usual, the Hawks won't be playing football in the final week of October.

It was a season where no one knew what to expect besides the fact that the Hawks weren't going to be as strong as usual. Playoff expectations were high going into the season but unfortunately it just wasn't meant to be as the Hawks are out of the post season for the first time in the 90's.

With a lineup that consisted of over 50% rookies, it was a struggle all season for Rick Zmich and his staff, who will now get ready for next season and bigger and better

Mike's Report Card

Offense

Quarterbacks: B-

Entering the season it looked as though fourth year man Mark Lough would be the man at quarterback for the Hawks. Unfortunately for the hard luck Lough, an injury in the opening game of the season changed those plans. Rookie Kevin Taylor stepped in and did an admirable job finishing near the top in all offensive categories in the OUA.

Offensive Line: B+

Considered one of the reasons for the Hawks downfall last season.

this year's version of the offensive line consisted of three rookies, a converted defensive linemen and one returning starter from last season. However, they were solid all season long giving Taylor the room he needed to be an impressive quarterback.

Other than one strong outing by rookie Justin Praamsma and some excitement in the opening game of the season from Granville Mayter, the Hawks rushing attack was virtually nonexistent. The Hawks scored a total five rushing touchdowns and didn't get it done on the ground especially in the final two games of the season when it mattered most. The keys to success are there but need to be used correctly if the Hawks are to improve next season.

Receivers: C+

There were some bright spots from the receivers this season but too many dropped balls and untimely turnovers cause such a low grade. Corey Grant was sensational at times but should have stayed on the bus a couple of times. Brian McClure and OUA all-star slot back Zach Treanor also had their moments and were impressive considering the circumstances.

Defense

Defensive Line: B

There were definitely some bright spots on the defensive line this season such as workhorse Jason Jacyno who was an OUA second team all star. As the season progressed so did the line after getting run over by Western and Waterloo in the first two weeks of the season. They got better and better against both the pass and the run.

Unebackers: B

Unfortunately for this group, injuries all season long to standouts Craig Mellow and Rob Allen limited their effectiveness. There were some bright spots though as Brian Delaney and Dave Fess were able to step in and show they could be solid players.

Defensive Backs: A-

Having two of three OUA all-stars in this group gives them the highest ranking of any of the Hawks units. Alan Ruby on the first team and Mark Miles-Levine along with Robbie Symons on the second team were the leaders of the defense all season long. Once again though, injuries to people like Symons, Jason Burke, and others, limited their effectiveness.

Special Teams: D

This has to be considered one of the weakest links in the Hawks team this season because you never knew what unit would show up. Bright spots included two blocked field goals but untimely miscues in virtually every game caused breakdowns on special teams all season long. The ineffectiveness in the kicking game also

The season's finally over

MIKE MCKENNA

CORD SPORTS

Ever since week one this game had important written all over it. Saturday's game would make or break the Hawks season as it would come down to their battle against the York Yeomen.

Unfortunately for Laurier things didn't go according to script and for the first time in over a decade the Laurier football team played a game that had absolutely no bearing on the standings.

The Hawks were already eliminated from the post season for the first time in the 1990s as they made their only trip of the year east to Toronto to face the Yeomen.

From that point of view you would think it was a meaningless

game, but it wasn't: not from the York point of view, that is. They looked for their first victory over Laurier since 1984, a victory that would give them their first six win season ever.

This game was a true sign of what a great job head coach Tom Arnott has done since scooping the program from the jaws of destruction (after losing 44 games in a row). Arnott, a former Golden Hawk assistant, deserves much of the credit for York's first playoff appearance since 1985. He will guide his team to

the Mustangs. "It feels real good," noted Arnott when asked about the appearance in the playoffs. "We have a mature team here, they were well prepared

Western Saturday to face off against

and understood what it would take all season. Now we can enjoy the success others have had."

York started off quickly as speedy wide receiver Andre Batson took the opening kickoff on a reverse and went 50 yards giving the Yeomen the ball inside Hawk territory on their first possession.

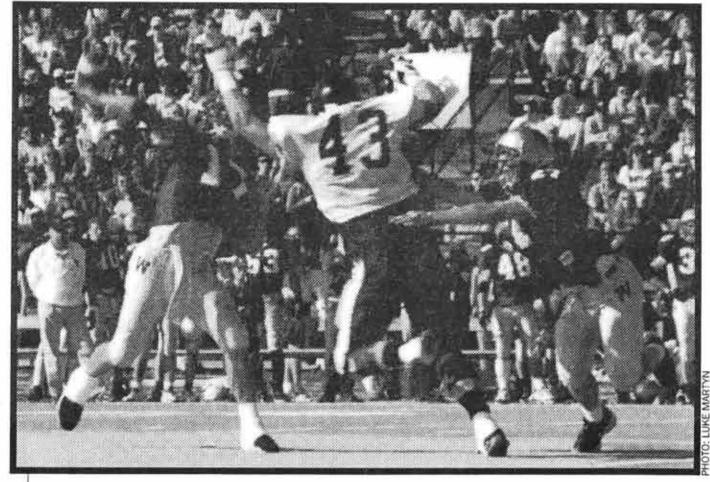
Two questionable penalty calls later, York had the ball on the Hawk 8 yard line and fullback Chris Morrison scored on an eight yard scamper putting the Yeomen up 7-

Morrison, who entered the game as York's second leading rusher, finished with 128 yards on 14 carries and was the main factor in the Yeomen ball movement all afternoon long.

> "We're getting it going with a balance and the chemistry of being successful." said Morrison. "It's uncharted waters now but we'll get ready for the challenge."

From there, the Hawks had to play come-frombehind football, and this time they got even further behind before putting any points of their own on the board.

Sean Forrest put York up by two touchdowns on one of the most bizarre plays of the season. After catching a ten yard pass from Fabio Brusco, Forrest looked to have lost the ball after Hawk cornerback Mark Miles-Levine knocked it out of his hands on the five yard line. Forrest was then able to pick the ball up off a bounce and run it into



Things did not go quite as well as the Hawks and their fans would have liked this year.

the endzone. At this point the Hawks were down by 14.

Things continued to worsen as the Hawks found themselves down 24-0 in the second half when Jeff Johnson ran the opening kickoff back 90 yards untouched for the major.

"We played a legit football team today," said Hawk coach Rick Zmich, who will get the (really) early jump on the recruiting season for the first time in his years as coach. "They are very sound, our guys were gritty but once again the injuries hurt us and we couldn't keep up."

With starters Justin Praamsma, Kevin Taylor, Rob Vickers, and Alf Lebar out of the offensive scheme the Hawks picked the wrong day to play catch up football. After losing tackle Phil White early in the second half, the O-line consisted of three rookies and two converted defensive linemen, one of whom (Jason Jacyno) played both ways for the second week in a row.

Not really the line-up that the Hawks had planned for this last game of the season. Quarterback Mark Lough, who has had one of the toughest seasons one could imagine was able to step up for the Hawks in the second half.

Lough's first two touchdown passes of the season brought the Hawks to within eight as Scott O'Hara added a 41 yard field goal. but it was too little too late on this day and the Hawks went home on the short end of a 28-18 score in their final game of the season.

"It was an unfortunate way to have things turn out but we will have to look to get bigger and better and prepare for next season." said Zmich.

A solid nucleus of players will be back for next season giving the Hawks a good outlook to build on as they prepare to make thier way back to the playoffs again. Disappointing as it was, the Hawks should be able to rebound and get back to the glory days in the near future.

HealthQuestion

"It's uncharted

waters now

but we'll get

ready for the

challenge."

Dear the Health and Fitness case of you finding a lump, it is Awareness Committee,

found on the outside of my breast. It showed up about three weeks ago and it seems to be growing. This also concerns me because my grandmother and my aunt have passed away from cancer. Should I be worried? I would like to know if there is a way I can check myself out to ensure that I am okay. As well, I had an argument with my boyfriend about whether men can develop breast cancer. Please help settle the bet, dinner at WilfOs is on the line here. I think that men can get breast cancer but my boyfriend does not think so.

Thank you, **Concerned Cathy**

Dear Concerned Cathy,

Breast cancer is currently the leading cause of death among women aged 35-55 years. As a woman, it is very important to do a monthly breast self-examination because you can detect the breast cancer in its initial stages. Most lumps found in the breast during self-examination turn out to be benign (not cancerous) but if one is found it should be checked out by a doctor as soon as possible. In the

very important that you get your-Lately, I have started to get a little self checked out at Health Services worried about a bump that I have or by your family doctor where they will do a breast examination and perhaps a mammography. If a lump is found early enough it can possibly be cured and only confined to the breast. Breast selfexamination should be done once a month on a regular basis to ensure early detection.

Yes, men can be diagnosed with breast cancer. It is not as frequent an occurrence as it is in women but it does occur. Men tend to be diagnosed at an older age and at this time the cancer is at a more advanced stage. The cancer is harder to detect due to the smallness of the male breast and the lack of the bulk that is found in women's breasts. Almost half of the cases of male breast cancer have felt lumps in the area of the armpit. Men need to be aware of the possibility of developing breast cancer and must ensure that yearly examinations are completed by their doctor.

Please get yourself checked out and be sure to do monthly selfexaminations; they could save your

> Sincerely, The Health and Fitness Awareness Committee

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Men's basketball still perfect Two exciting weekend wins back up early expectations

CHRIS PEARCE

CORD SPORTS

Fans who couldn't make it to the two Men's Basketball home games this past weekend missed out on two thrilling performances by the boys in Purple and Gold.

On Friday the Hawks wore down Ryerson and eventually pulled away, winning 102-86 in a high-scoring shoot-out.

On Saturday the squad defeated

With the

wins, the

Hawks upped

their pre-sea-

son record to

a perfect

the young York Yeomen for the second time this exhibition season, edging them in a nail-biter that finished with the Hawks winning by a 69-68 score.

With the wins, the Hawks upped their pre-season record to a perfect 4-0 and proved that the high expectations heaped on their shoulders are not unrealistic.

Against Ryerson, the team used their mix of size and shooting to fuel their offense, and in the process they hit the century mark for the first time.

The Hawks had four players hit double digits in scoring, highlighted by Jeff Zdrahal's 33 points. Zdrahal was especially effective down the

stretch, exploiting the Ryerson defense from both inside and outside. Jeff downplayed his role in the victory, though, citing the team's combined effort.

"If I can score 15 points and have 10 assists a game, everything else is just a bonus," noted the Hawks' big gun.

Laurier was in control of the game from the beginning to end despite some questionable officiat-

ing and a 23-point effort from Ryerson's veteran forward Carl Harper. Harper's size certainly resulted in those points, but didn't intimidate the Hawks.

Saturday's game against Yeomen went down to the wire with the Hawks squeaking out their victory in the final seconds.

Laurier used a balanced attack and good fundementals to turn a 10point halftime deficit into the onepoint victory.

The Hawks started slow in this one (even though they were 16 of 17 from the line), but eventually narrowed the margin with some consistant pressure.

Coach Mike Kilpatrick surprised

many when he used rookie Chris Poplofski to cover former Toronto All-Star Dean Labayen in the dying seconds of the game.

This strategy is in line with Kilpatrick's confidence-building aproach in freshmen, and this time the strategy paid off: Labayen was unable to score and Laurier won the

The Hawks were led on offense by Greg Sandstrom, who had 22 points in the win. Greg also contributed 20 points to the victory over Ryerson, proving that the hard work he put in during the off-season was worthwhile.

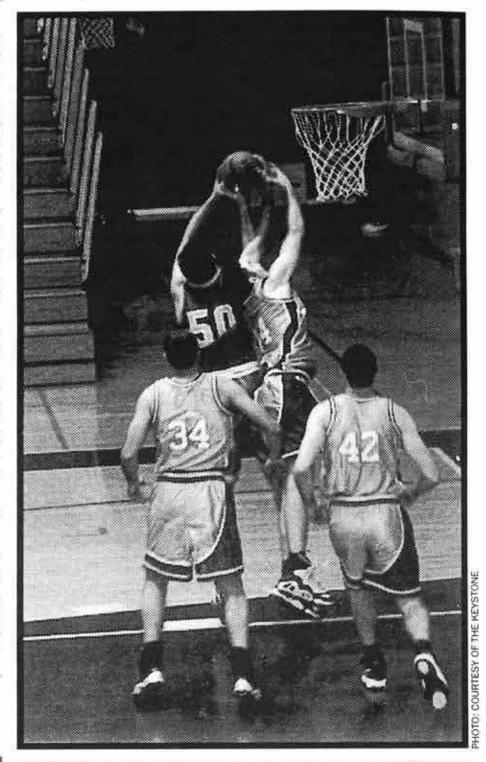
Bob Papadimitriu added 14 points against the Yeomen including four three-pointers.

The outstanding performances of the Hawks was lost somewhat in the empty space usually occupied by fans. Coach Kilpatrick understands that this is still the exhibition season, but would like to see more people come to cheer on his squad.

"These guys are working hard, and they deserve some attention," commented the coach.

The Hawks go on the road for the next few games, but will be back in town for the Laurier Tournament November 15-16. They will also participate at the Naismith Tournament at UW from November

Picture perfect: WLU's Men's Basketball have a 4-0 record



Correction

Cord Sports would like to apologize for an error printed in last week's paper.

In the Men's soccer article entitled "Playoff Berth for Laurier Men's Soccer Team," two paragraphs were inadvertently combined, resulting in team veterans being referred to as players who 'hadn't seen much action during the season."

That information is false and

Big goal and high hopes for Hawks of the Week

MIKE MCKENNA CORD SPORTS

Female Athlete of the Week -Karen Galloway - Volleyball

Galloway, a second year Physical Education Kinesiology student was the main reason for the Hawks impressive fourth place showing at last weekend's Queen's Invitational Tournament. Not only did Galloway finish third in total kills, she was also named a tournament all-star. As one of the few returning veterans in this year's line-up, Galloway will be counted on for big things as the season progress-

Male Athlete of the Week - Jimmy Roe - Soccer

Roe, a rookie midfielder from Mississauga, continued his solid play on Saturday as the Hawks advanced to the OUA West Final with a win over McMaster. Roe scored his first career goal to clinch the game and spring the Hawks straight into a chance to advance to the National Finals.

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the Cord would like to apologize to all those players who were named.

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A weird weekend of OUA women's soccer

MIKE MCKENNA

CORD SPORTS

It didn't go exactly as planned for the Ottawa Gee Gee's women's soccer team but on Sunday afternoon they were in the position they wanted all along: OUA Women's Champions after defeating the McMaster Marauders in penalty kicks, and thereby earning themselves a trip to this weekend's national final in Quebec City.

The Marauders, who were one of the many surprises of the tourney, will also be on their way to Laval Unviersity later this week after stunning the field by making it to the finals.

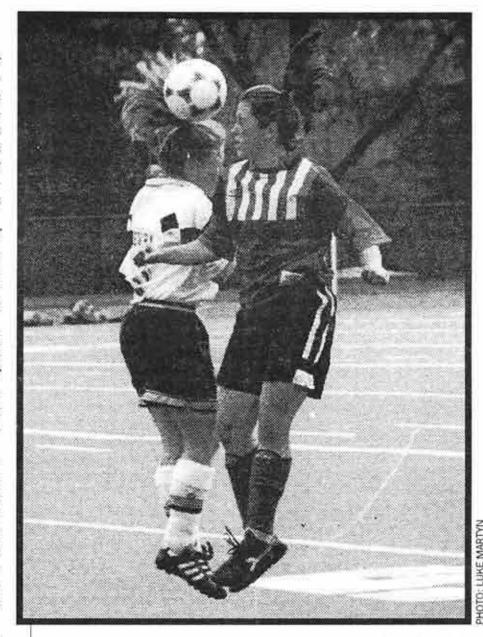
The unscripted weekend seemed to begin right from the opening game when it took a bad bounce off of the University Stadium turf for the Gee Gee's who had trouble putting the Brock Badgers to rest in the game's final minutes.

Ottawa, which entered the tournament as the number one team in Canada, looked tentative during their opener and the Badgers came very close to sending the Gee-Gees on a long bus trip home early in the tournament. From there on, the Quarter finals saw many upsets as the lower ranked team won the final three games of the day.

The upsets began when Joanna Hackett's goal in overtime sent the Guelph Gryphons packing and Queen's into the semi-finals.

Carleton, originally thought to be the laughingstock of the tournament, then followed Queen's into the semi-finals with a huge 1-0 upset of the Western Mustangs, the number three team in the country going in to the tourney.

Victories by McMaster and



Upsets were in the air at the OUA Women's Soccer Championships

Ottawa in Saturday's semi-finals set the stage for Sunday's showdown for the OUA title.

On a snowy and windy Sunday afternoon the two teams faced off for supremacy. Each team played to a scoreless draw through regulation time and overtime causing the championship to be decided on penalty kicks.

In the shootout the Gee Gee's came out on top 4-2 in what will go into the books as a 1-0 win for their second title in two years. McMaster goalkeeper Heather Bird was named the tournament MVP for her heroics in taking the Marauders to the title game.

A day in the life of Piece. a meal card

JESSIE GIBB

CORD SPORTS

Joey is a typical first year student. He lives in residence and is never without his trusty meal card. After a long night of shaking it up on the Turret dance floor (as Joey's Thursday nights often involve), he wakes up with a need for a couple of A&W Bacon and Eggers.

Of course this breakfast just wouldn't be complete without an order of hash browns and a coffee with double cream and sugar!

By noon Joey has rounded up a few friends and heads over to Wilf's for lunch. He opts for the Bricker Burger topped with cheddar cheese and mushrooms. On the side, fries and gravy, what else? The friendly waitress suggests dessert and since Joey is nursing a hangover he decides that one of Stew's Big Brownies might be the cure.

After recovering from lunch Joey remembers that it is fish n' chips night in the dining hall and rushes straight over.

In fact he was in such a rush that

he almost forgot to grab a big bag of ketchup chips to munch on while he studies for the big psych100 midterm.

Now lets take a minute to reflect on the day Joey's eating habits. He and his meal card have had.... a little to much FAT and it appears that Joey is on the fast track to the famous frosh fifteen.

Being on your own for the first time is difficult and there are a lot of important decisions to make other than what you will eat for lunch.

When it comes to making healthy eating choices it is important to keep one word in mind: moderation!

Not enough of us realize that there are just as many healthy options to choose from as unhealthy ones.

Examine a few healthy alternatives that Joey and his meal card may enjoy. For breakfast Joey could select cereal or a bagel with jam (instead of cream cheese). Juice rather than coffee would eliminate caffeine and the excess fat and calories from the double dose of cream and sugar.

Wilf's has added a variety of low fat alternatives to the new menu. The healthy choices are noted by a heart and are provided by the Health and Fitness awareness Team.

Its easy to make the right choices, simply avoid deep fried, cheesy foods. Try to cut down on high sugar and sodium snacks. Instead of chips or microwave popcorn, grab a bag of pretzels or air pop your corn.

There are countless ways to cut down fat intake, mustard instead of mayo, low fat dressing on the side, baked potato rather than fries!

I think Dr. Nick said it best when he told Homer: "If you rub the food on a piece of paper and it turns clear, that's your window to weight gain!"

For more information regarding this issue or any other pertaining to health and fitness please email the Health and Fitness Awareness Committee at HFA@mach1@wlu.ca.

This Week in Hawk Athletics

October 29

MEN'S SOCCER: OUA Finals at Western, 1 p.m.
MEN'S HOCKEY: vs. Waterloo at Waterloo Rec Centre, 7:30 p.m.
WOMEN'S VOLLEYBALL: at Western, 6:00 p.m.
MEN'S VOLLEYBALL: at Western, 8:00 p.m.

October 30

WOMEN'S HOCKEY: at York, 7:30 p.m.

October 31

SWIMMING: exhibition vs. Waterloo, Guelph, 6:15 p.m. WOMEN'S VOLLEYBALL: exhibition vs. St. John Fisher, 7:00 p.m.

October 31 - November 1

MEN'S BASKETBALL: Carleton Tournament

October 31 - November 2
WOMEN'S BASKETBALL: Western Tournament

November 1

MEN'S HOCKEY: at Windsor, 7:30 p.m.

November 2

MEN'S BASKETBALL: exhibition at Oueen's, 2 p.m.

VarsitySportsBriefs

MIKE MCKENNA

CORD SPORTS

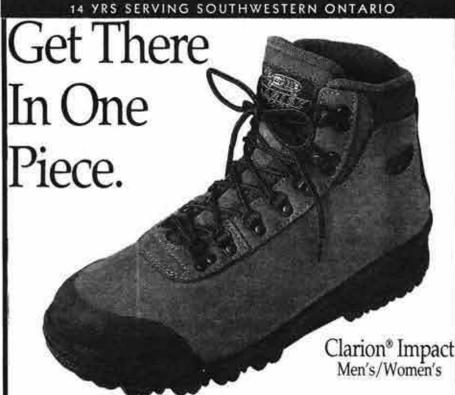
Women's Lacrosse

The Laurier women's lacrosse team got their first two victories of the season this past weekend as they defeated the Brock Badgers and the Guelph Gryphons on Willison Field.

The Hawks were led by goalkeeper Jen Levi who continued her strong play this season leading the Hawks to their victories. Jody Charlebois and Charlene Zylstra continued to lead the offense with Danya Marshall and Carolyn Campbell contributing to the attack in both victories.

The Hawks will now play the waiting game to see if they qualify for this weekend's championship finals at the University of Toronto.





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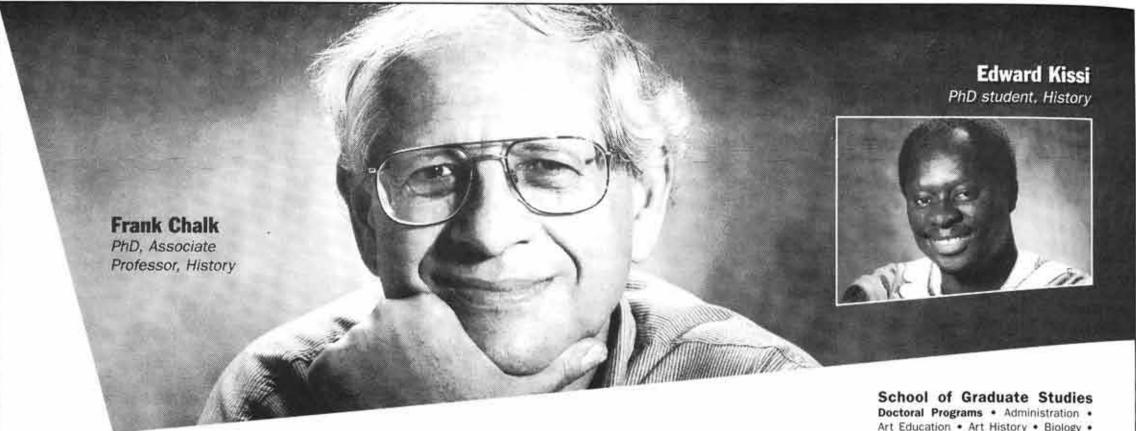


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Understanding genocide to save lives

From the Holocaust to man-made famines

History Professor Frank Chalk, a New York native, and Ghana-born doctoral student Edward Kissi share an intimate and profound knowledge of genocide and of its devastating effects throughout history.

Dr. Chalk specializes in the historical understanding of genocide and is renowned worldwide for his Holocaust-related research. He is one of the founders and major driving forces behind the Montréal Institute for Genocide and Human Rights Studies, an organization which seeks to develop and mobilize scholarly resources on genocide.

Edward Kissi has always thought that many of the famines which have afflicted African countries were political and man-made, strategic tools used to achieve military objectives. Armed with a Rockefeller Foundation grant and with the help of Dr. Chalk, he set off for Ethiopia in 1994 to test his own theories. He found little comfort in being right.

Towards a more humane future

As Dr. Chalk so aptly puts it: "Understanding the ideologies of hate that drive people to genocide is the first step

in working towards a more humane future." And that is very much on his and Kissi's agendas. In the spring of 1996, Chalk travelled to The Hague where he helped prosecutors in the coming war crimes trials of former Rwandan and Yugoslavian leaders prepare the cases they will present to the International Criminal Tribunal. As for Kissi, he plans on returning to Ghana to assist in development efforts which, he hopes, will "help turn things around in Africa."

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CORDENTERTAINMENT

Surrendering to the sweet voice Sarah McLachlan surfaces at the Hummingbird Centre

CORD ENTERTAINMENT

Last week, Canadian singer-songwriter Sarah McLachlan brought her solo tour to Toronto's **Hummingbird Centre for three** unforgettable shows. Tickets sold out in under 72 hours and each evening scores of forlorn fans paced outside the Front Street entrance in vain, hoping to scalp tickets.

One woman politely approached me in the box office lineup offering up \$200 cash for my seventh row gem, but this was not a concert to be missed. Sarah's captivating live performance seemed to place her audience into a collective trance, with a dazzling mix of emotionallycharged lyrics and bittersweet piano

Fans of McLachlan were thrilled by a two hour show that showcased hit singles from all six albums: Touch, Solace, Fumbling Towards Ecstasy, The Freedom Sessions, Rarities, and four tracks from her brand new release Surfacing, which has already sold over 3.2 million worldwide.

Following this summer's mmensely successful Lilith Fair tour, which featured an all-star lineup of woman artists, McLachlan took five days off before starting rehearsals for her Surfacing tour, which will lead her band across Europe, Australia and then back for more venues across North America.

On this evening, Sarah opened to a resounding burst of applause with her latest hit single, "Building On A Mystery," the first offering from her latest recording, then slipped into intimate classics like "Hold On," "Possession" and "Elsewhere." Her

warm smile and powerful, yet unassuming stage presence added to the ambiance of the evening.

McLachlan was backed by impressive guitar solos and strong drum performances, that enhanced the true depth of her bands improvisational talent.

Her tender, nurturing vocals on "Sweet Surrender" and "I Will Remember You," brought most of the audience to tears, a vivid testament to McLachlan's personal and artistic growth. The connection was apparent, as fans seemed to recite lyrics word for word in unison.

Her confessional song writing, both revealing and courageous, delves into issues of life, death, faith, lost love and personal adversity, and continues to be an essential part of her musical expression.

McLachlan admits Surfacing did not come easily; she describes its contents as a long journey of self-discovery that took over eight months to complete. The album marks a milestone in her personal life: " it's about me finally growing up... finding my centre and learning to trust myself," she said during a recent press statement.

This maturity comes largely from the fact that McLachlan, who turns thirty in January, recently married drummer Ashwin Sood, bought a new home and began plans for children in the near future. However this will not stop McLachlan's plans to bring back another World Lilith Fair tour next

Judging by Sarah's growing legion of devoted fans, her ascending popularity across the U.S., soldout concert stadiums and platinum



record sales, Sarah McLachlan's ten-year musical career certainly has ascended to new heights.

McLachlan performed in Toronto last week. She played the piano with her elbows and lit it on fire. No, not really.

Egoyan explores the Hereafter

TOM HRUBES

CORD ENTERTAINMENT

A darling of the 1997 Cannes Film Festival, where it won Le Grand Prix, The Sweet Hereafter is a truly unique piece of Canadian Cinema. It tells the story of the citizens of the small town of Sam Dent, who must overcome the tragic loss of the town's children in a horrific school bus crash.

Those of you unfamiliar with Atom Egoyan's other films (such as botica), The Sweet Hereafter may at first appear jumbled and confusing. However, fans will recognize his trademark style of shifting back and forth between different times and telling the story out of sequence. In this film there are three layers of the story: the events leading up to and the actual bus crash, the events a few months after the bus crash when the lawsuits begin, and finally, the story of Mitchell Stephens, a wyer involved in the case, and his

The Sweet Hereafter features a markable ensemble cast of anadian and foreign actors, all of whom capture the quiet grief of the small town. For fans of the book, look for a cameo by its author. Russell Banks, as a doctor. The



Holm and Polley struggle through the devastating crash in Atom Egoyan's The Sweet Hereafter.

standout performance belongs to lan Holm, who resists the obvious temptation of playing Mitchell Stephens as the movie chiché of the slick lawyer. Instead, he is the embodiment of rage and cunning, a man who never yells because his low scraping voice demands attention. The scenes involving him and his

drug-addicted daughter Zoe are remarkable. Although they never share the screen, (she always calls him), the moments have a brutal intensity as she torments him and demands money, while he desperately tries to maintain a veneer of fatherly affection. In the end, we realize he has something in common with the parents of Sam Dent, although she is still alive, he too has lost his child.

Perhaps the real star of the movie is the actual town of Sam Dent. Shot mostly in BC, The Sweet Hereafter features breathtaking mountain scenery. During the winter scenes, the small town imposed

against the vast wilderness seems to highlight just how isolated and frail the town is. Egoyan rarely lets the camera come close to his subjects, instead they are specks on an imposing landscape; the vast emptiness of the wilderness mirroring the each character's own emotional desolation.

Egoyan, who for the first time was working from a story he had not written, is at his best in this movie. He balances the difficult subject matter well; he keeps the visuals of the accident understated, while refusing to spare us the emotional impact. The most visceral moment of the film occurs when we are shown washed-out footage of the inside of the bus after the accident as the sounds of the children play in the background. Although Egovan lifts much of the best dialogue directly from the novel, he also used many of his own plot devices that blend in well with the original material. Strangely, he chose to omit the climax of the novel, the town demolition derby, in favour of a more muted ending. To his credit, all the risks Egoyan takes work; a literal translation of the book might have been a disaster his movie feels more like a tribute.

A beautiful loser's many faces

MICHAEL BOYCE

CORD ENTERTAINMENT

Various Positions is the perfect title for Ira B. Nadel's "mildly tolerated" biography of Leonard Cohen. It comes from both the title of Cohen's 1984 album, apparently his personal favorite, and an old Zen saying of how only change remains the same. Cohen's life has certainly been one of tremendous change; from poet to novelist to pseudo-revolutionary to singer/songwriter to guest star on Miami Vice.

Various Positions

Ira B. Nadel Vintage Canada, \$17.95

Nadel does not begin his history with Leonard Cohen, rather he begins it with the death of Cohen's father, Nathan, in January 1944. Nadel then goes back even further, examining how the Cohens changed their faith, relaxing the orthodoxy with which they followed Judaism. They relaxed their practices so much that young Leonard often went to Catholic mass with the family housekeeper, the same housekeeper he later hypnotized and undressed. The section of the book which talks about Cohen's maternal grandfather, a Rabbi from New York and world renowned Old testament scholar, is especially touching. As a youth, Cohen devoutly studied the book of Isaiah, not for any spiritual knowledge but to form some sort of bond with his grandfather.

It is the countless colourful anecdotes about Cohen that really make this book interesting and hard to put down. I was fascinated to read of the many places Cohen lived (Montreal, Hydra, post-revolutionary Cuba) and the famous people he has known and befriended through the years (from Jack Kerouac and Allan Ginsberg to Johnny Cash and Bob Dylan). Ginsberg and Dylan sang background for Cohen's song "Don't

Go Home With Your Hard-On" on the 1977 album, Death of a Ladies



One of my favorite accounts in Various Positions concerns the title of one of Cohen's best known songs, "First We Take Manhattan, Then We take Berlin." It seems that in Greece, people would actually greet one another with: "First we take Manhattan," and would, in turn, be answered with: "Then we take Berlin." I loved this and my mind was filled of images of Greek Cohen fans greeting each other with that Alphavillian salutation. Sure, this has nothing to do with Cohen's life per se, but it shows to what extent Nadel goes to present as accurate and as full an account as possible.

Nadel writes in a very unique style. His stories jump around to suit characters more so than any definite timeline (though he tries to follow chronology). A typical passage might go something like this: "In 1964 Cohen worked with so and so whom he worked with again in 1977 on Death of a Ladies Man." Nadel will tell a story from the 1977 encounter and then shift back (sometimes rather harshly) to the events of 1964. While sometimes jarring, this somehow gives a more personal feeling to the book. It feels like someone is telling a story, and he digresses when certain names or events trigger memories.

My only real criticism of this biography stems from the title which I like so much: if Cohen's positions are so various, is this book premature? Is it not conceivable that Leonard Cohen could go through another drastic change in his artistic and/or personal life? He is only sixty odd years old so the proverbial book of Leonard Cohen is far from being closed. However, as the story stands now, Various Positions gives as full an account of "the grocer of despair" as is currently available. I highly recommend that Cohen fans, be it of his music or his writing, pick up this book and read it.

There are other Cohen biographies but this is by far the best. It doesn't matter how devoted a fan you might be, there are things in this book that will be totally new to you.

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An eyeful of sweet sky

CHRISTINE GERGICH AND ELLEN JUSTYNSKI

CORD ENTERTAINMENT

You know it was a good concert when you hold your pee for the entire show, but we would expect nothing less from Ontario's very own **Skydiggers**. On Saturday October 25, they blew away the audience at **Mrs. Robinson**'s in Kitchener. They played several of their new songs from their recently released album Desmond's Hip City, but mainly concentrated on our old favorites.

The concert really got started with "You've Got a lot of Nerve" and "Just over this Mountain." The audience was hooked. There was such a sense of loyalty and respect for the band. Never have we been front row center with nothing more than a friendly nudge from a fan offering an interesting fact about the band.

We were so close to lead singer Andy Maize that we were being constantly showered by his energyinduced spit (sigh)! What more can we say...cutie patootie! With his silly dance moves and crazy facial expressions constantly entertaining the audience, how can you not love him?

What makes the Skydiggers even more lovable is their social consciousness and knowledge of our community. They played "Penny More" in honour of the impending teachers strike,



The Skydiggers (joined by local Kitchener boy Paul MacLeod) entertained a crowd of loyal fans.

and made reference to the local controversy surrounding Huggies and their artwork (must I say more?).

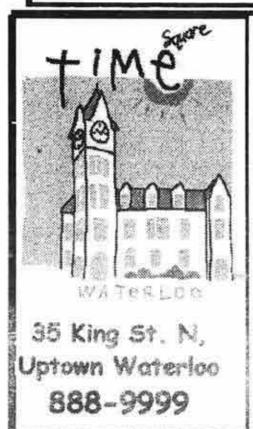
For the Skydiggers veteran, the band outdid themselves and for the Skydiggers virgin, the band is highly recommended. Another faithful fan is born. Their encore was the clincher which included an acoustic version of "Slow Burning Fire."

They are a solid Canadian band, both highly entertaining and energetic. The only negative thing that can be said about this concert was the annoying drunken girl that insisted on continuously embracing us throughout the entire concert. Her attempts at befriending us were to no avail. As was her attempt at

grinding with poor old Andy, who was not the least bit impressed when she jumped on stage with him. But not even drunk-girl could spoil our fun.

The icing on the cake was when a fellow fan removed the play list that was taped to the stage in front of Andy and handed it to us on his way past. Our very own souvenir from a concert that we will never forget.

Christine and Ellen also tried to gyrate with other members of the band but to no avail. There is an injunction against them. They cannot come any closer then spitting distance to the band. Which they don't really seem to mind all that much. At least it's personal.



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FREE POOL TABLES



Signs and Squares

TIM DURKIN

CORD ENTERTAINMENT

The Root of All Squares advertises itself as "A simple play. Watch it. You'll Get it." and that's pretty much true. This is not at all to insinuate that there isn't a bulk of substance to it as well. Although comical on a superficial level there is a lot more going on here.

With two characters, Stan (Sam Varteniuk) and Worker (Sterling Lynch), some rocks and a stick, Root of All Squares manages to recreate and parody many modern conceptions including economics, our bodies, and wandering vagrants.

The dialogue is quick with the characters constantly challenging themselves to develop new ideas and "transfer the meanings" of them. As such, the square, which Stan tapes to the floor at the beginning comes to serve as a metaphor for the entire play. Although this sounds a wee bit unrealistic, it works amazingly well to convey not only a potent and tight play but one which allows the audience a chance to absorb the vast amounts of entertainment being thrust upon them. As they did on Saturday night, the last of the three night run of the two plays.

Pisces is a Water Sign on the other hand leaves much to the imagination, perhaps too much. This play, written and directed by

locarson from UW, is an esoteric look and love through sex and water

What they were striving for is an excellent idea. There was a series of monologues (each titled via a projection on to the white back drop) in which the actors related why they were afraid of water, or how much they longed to be with their lovers. There was also some harmonizing of the five actors that was pretty cool.

A brave and bold move was the addition of not only a tub onto stage, but also a large moat built into stage front. Both were used extensively throughout the play, beginning with a Stomp like splash fest and ending with them kicking up their heels and soaking a large portion of the audience. Along the way the moat was used for the dream sequence and a part about equating menstruation and gold fish.

The actors deserve major credit for attempting such an innovative and racy script. The script was sparse and the performers themselves were left to develop each word as it held meaning for them.

All in all, it was a great night for Laurier theater. Although not a complete sell out, there was quite a turn out on all three nights. If Laurier keeps churning out performances and scripts like this it has a bright future ahead.

Student compost?

WLU student composers show their stuff

MARSHA KING

CORD ENTERTAINMENT

As I prepared to watch the Student Composers concert last Wednesday, I was reminded of the many melodies I've tried to compose in the past. Trying out my new music consisted of singing to a bar of soap and my rubber duck in the comfort of a shower stall.

Yet as the music began at this concert, I realized the magnitude of what the student composers have to go through. Instead of the friendly constant smiles of my rubber duck, these composers place their music on the line in front of a live audience, and often at the mercy of performers other than themselves. They are truly courageous as most composers place a piece of their heart in the music. Then, they await the audience's reaction to that piece on display.

The October 22nd concert brought forth a variety of new music from the electro-acoustic music of the second year electronic music class to the rhythms of the percussion pieces. All of them were more brilliant than the simple melodies I could think of for my bar of soap and squawking duck.

From
electroacoustic
music to the
rhythms
of the
percussion
pieces

One of the highlights of the concert was the warm viola melody that **Karol Gostynski** created in his piece called Sonata for viola and piano. The music contained many new ideas of the twentieth century, while reflecting a personal feel for past eras. Gostynski, only a first year student, shows a lot of promise for future compositions, as do the other students whose music was performed.

Owen Bloomfield's piece Gold Bug was exciting to listen to. Consisting



Don't all these students look a bit too happy to be tormented musicians and composers?

of only percussion instruments, Bloomfield used many different textures of percussion to make an interesting melody. The rhythmic changes heightened the music to a new level of complexity. By the end of this work, I realized that a lot of effort goes into one composition.

The music of this concert far exceeded my expectations. Each composition that was presented demonstrated a clear grasp of the various techniques involved in creating music, and most of the audience seemed to enjoy listening to the contemporary styles. All composition students should be pleased with their work. As for me...I don't think that I can ever sing the same way in the shower again.

King loves her duck.

Letters from the grave

I Choose Satan Dear Editor,

For Hallowe'en I intend to dress up as a graduate from Wilfrid Laurier University. My costume will be a black gown, a mortarboard, and a mask made of string, cardboard, and SHAME. Under my gown I will wear my "I got drunk once and fooled myself into thinking I had a good time" Laurier drinking shirt. Under that shirt I will wear my fleecy "Laurier Low Life" pull over. And under that I'm going to wear a tee shirt that says "I love the stupid boring Hip so much I would kill for them." This set up may be a little bulky, but it seems natural for the striptease to follow.

Hopefully, people will stop me and give me candy.

Traditionally, Hallowe'en for me has been a boring, boring day. This year, I plan to raise a little Hell. Now anyone can throw eggs at houses. I plan to take this vandals' tradition one step beyond. I will throw hens. I already have two, they are called "Bloody Projectile" and "Feathers From Above." Anyone with connections in the farming world should contact me as I am obviously in need of more live hens. About twenty in total should do. I have laid out a route for Laurier, and time permitting, the whole downtown core of Waterloo. My goal is to make mid-campus drive run ankle deep in chicken blood (the goriest of all the bloods). I will then empty a garbage bag full of live chickens into the muck and chase them with



a hammer. Death to the Chickens, Ben Harass

Dear Editor,

It's as if you can't walk down the street anymore.

My recent experiences in downtown Kitchener reflect this. I was walking down King street when many cars passed, shaking with bass rhythms. "Ignorant," I thought. Why don't these people just point their huge speakers out of the car windows? It is stupidly obvious that these men need attention. Maybe they need medical attention, as their burst eardrums could be bleeding all over their custom car seat covers. I suspect the attention they want is sexual. My suggestion? Psychiatric. Souped up cars, loud bass, and a pompous attitude go hand in hand in hand.

Souped up cars are one step away from pimp suits complete with platform clogs. They are commitments to a tacky life. Unfortunately the path to true fulfillment is not lowering the suspension on your Taurus and putting sex-lights around the license plates. The true path is fart jokes and bathroom humour.

If ever you have the urge to install a giant bass amplifier in your car, try sitting quietly down and reevaluating your life. Spend the money you would have spent on the car, on something of true worth: Porn.

Ben Harris

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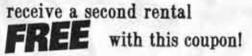
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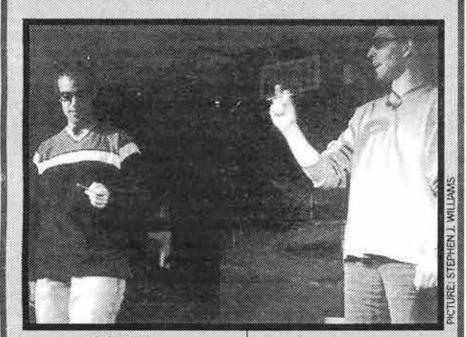


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Wilf's possessed by the Devil's Advocates



erin keating CORD ENTERTAINMENT

The Devil's Advocates graced the stage in Wiffs last Saturday night with their hellish humour. They were welcomed by a very large. very eager audience full of comic potential and, in most cases, beer.

Contrary to what many people may think, the Devils' comic career did not start on Speaker's Comer. Both spent a number of years doing improv at Second City, and Andrew now writes for YTV. When asked if he realized how popular the bit on Speaker's Corner is, Andrew said no. He said that there was no clear feedback until they started doing clubs (about a month

They're smoky devils.

Since the Devils' aren't criticizing specific people or opinions,the live act is somewhat different from the bit that they do on Speaker's Corner. Although they did bring some Laurier specific issues into their act, it was largely a typical improv act. That's not to say, however, that it was bad; it was merely different from what some people may have expected.

It was obvious by the crowd's response that the Devil's Advocates are immensely popular no matter what the medium.. Their act kept most of the crowd in stitches, and was both entertaining and interac-

Taking it back to the old skool: RUN DMC at UW

NAVDEEP KHATTRA

CORD ENTERTAINMENT

RUN DMC, one of hip hop's most influential and innovative rap acts, performed live at Fed Hall this past Saturday.

The group consists of RUN (Joseph Simmons) DMC (Darryl McDaniel) and Jam Master Jay (Jason Mizell). The trio got together in Queens, New York after graduating from high school in 1982. Since then, they have released eight albums, and they plan on releasing another in 1998. RUN DMC has been around for sixteen years and hip hop itself has been around for about twenty, which helps to explain their pioneering role.

The group were the first rappers to get major exposure on radio and MTV with their Aerosmith duet on "Walk This Way." They had entered the Top 40 hit list and appeared on it again with their next hit "You Be Illin'" from the album "Raising Hell."

Due to such an extensive presence in hip hop history, the expectations of the concert were high. At 10:00pm the lack of attendance was clear, which was probably due to the high ticket price of \$16, but it was also apparent that the shortage of people was not going to dampen anyone's night.

The music before and after the performance was provided by DJ CLYMAXXX (the three X's represent the three turntables he uses) and DJ Mastermind, both of whom are well

the crowd how he got his name. His mixing and scratching boosted the crowd's energy, and his mic got everyone to participate.

Once the crowd was warmed up



Watch out! They're still here.

known DJ's. They did a great job, providing phat tracks, beats and breaks. CLYMAXXX's use of three turntables sets his music apart and that's one reason that he is in demand. (DJ CLYMAXXX spins every Friday at the joker.)

Before the concert started, the anticipation could be felt in the air. I could hear people whispering about their excitement. "I can't believe RUN DMC is in Waterloo, that's so strong" is just one comment I heard in the washroom.

The show began at roughly 11:30 with the appearance of Jam Master Jay (the DJ), and the crowd was eager to respond with a sudden flow of people towards the stage. The Jam Master started by showing RUN and DMC burst onto the stage now the show was in full swing. The group's distinct use of lyrics, beats and showmanship was obvi-

They performed ten to fifteen songs, this was very refreshing because many other rappers will perform three or four songs and leave. The crowd also appeared to appreciate this.

In short, RUN DMC is a group that knows how to pump up the crowd and get them involved. If you're a RUN DMC fan and ever have the chance to catch them in concert, 1 recommend attending, you won't be disappointed.

Shopping in **U2's Popmart**

DANIELLE FIELDER

CORD ENTERTAINMENT

More than 50,000 screaming fans, a 200ft. golden arch backed by a huge TV screen, and one gigantic metallic lemon. So began Sunday night's U2 concert at the Skydome, their first Canadian date on their Popmart tour. Opening the show was Third Eye Blind, a rather disappointing choice, who played for half an hour, and exhausted their popular material in about ten minutes. They were followed by Howie B., a sort of underground techno artist whose music bore quite a resemblance to the Pop album, and got the audience in the right kind of mood for the show to follow.

I attended the show with high expectations, and got exactly what I came to see: a dynamic mix of light and sound, and a wide range of songs from albums old and new. Bono was in his element, darting about the stage, and belting out songs to a more than appreciative audience, while the TV screen flashing images of lemons, shopping carts, and colourful images. As U2's Pop has not been as successful as their previous albums, the band didn't focus on their new release, but rather played what the crowd really wanted to hear: our favorites from War, The Unforgettable Fire, The Joshua Tree, and Achtung Baby. The lineup obviously catered to U2 fans but didn't have a rehearsed quality as Bono kept the show moving with improvised lyrics and quick song changes.

Highlights of the concert included a duet featuring Bono and The Edge with a soft, slow rendition of "Sunday Bloody Sunday," followed by "Staring at the Sun." But the

truly memorable event was to follow, as the band left the stage, and a giant lemon turned disco ball came to life. Thousands of tiny lights and lasers were projected on the domed ceiling as the lemon spun, surrounded by smoke, across the stage. Coming to a stop, the lemon opened to reveal the four band members inside, who then descended a silver staircase to the stage to perform "Discotheque." The audience went wild as Bono, sporting a silver polka dot suit, one of many costumes he wore throughout the show, came out of the lemon and began to dance. It was a moment enjoyed by everyone, a spectacle in true U2

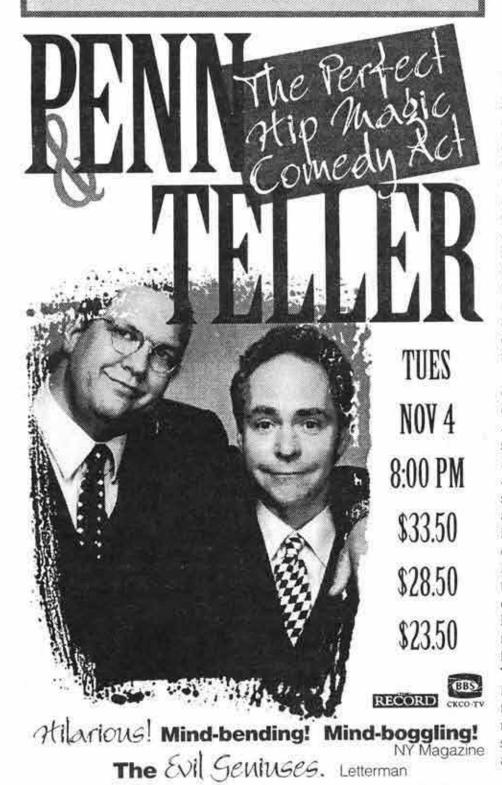
While the Skydome is not what I would call a prime location for a concert - the acoustics are generally poor- I was surprised to note that the sound quality was good, and I was told that it was good throughout the stadium. Some of the seating was not altogether desirable, especially in the 500 level, while other seats on the concourse level had a great view. In spite of the sound and seating factors, though, the audience cheered throughout the show, as proof of the fact that they really didn't care where they were sitting.

The band played for a solid two hours full of rockin' tunes, even coming back for an encore.

The show came to a close with an extended version of "One," and the band left the stage amid loud screaming and clapping from the 53,000 fans. It was an absolutely amazing concert, and if you are a true U2 fan, you can't go wrong. The band gave a show worthy of their fame, a real crowd pleaser that won't soon be forgotten.

A Cord literary quiz: Identify the following quotation (both author and text): "Fool!" said the Professor. "Do you imply that the sins of the mind are trivial and the sins of the flesh important? What kind of an idiot are you?"

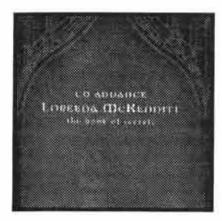
Please leave answers in the mailbox of the production staff in the Cord offices. Winners will receive a wonderful prize and/or a harsh lesson about human deceit.



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The Book of Secrets Loreena McKennitt Warner Brothers

This CD contains easily the most relaxing, soothing music I've ever heard. However, it's not background music by any stretch of the imagination.

On her latest offering, Loreena McKennitt has combined the Celtic music for which she is well known, with very traditional sounds from throughout Eastern Europe. For many of the songs (such as "Prologue") she uses her voice like an instrument, dispensing with lyrics. In "The Highwayman" McKennitt uses the poem of the same name written by Alfred Noves for her lyrics. This is easily one of the best tracks on the CD as McKennitt's music has turned a pretty mediocre poem into a song that evokes everything that is romantic and beautiful. Another of my favourites is "Dante's Prayer" which opens and ends with Gregorian chanting.

With The Book of Secrets, McKennitt has surpassed her earlier work, which is definitely not an easy feat. Her haunting Celtic melodies and beautiful voice are a necessary edition to any music lover's collection. It's been in my stereo since I got it, and it'll be there for awhile.

erin keating



Jimmy Witherspoon w/ the Junior Mance Trio. Jay McShann Hootie's Jumpin' Blues. Stony Plain

Stony Plain continues to release the absolute classics of jazz and blues with these two masterpieces. Both Witherspoon and McShann show an amazing aptitude for blending blues, swing and jazz into one sound. Everyone knows the "big names" in blues and jazz but these two are masters that deserve respect and listenership.

Witherspoon's CD was first captured live in France, 1969 and is released here for the first time. It showcases some different sides of the legend especially with the laid back version of "Ain't Nobody's Business." The Mance Trio is a perfect compliment to Witherspoon's innovative style and manages to deliver every time. If you have any inclination to develop an interest in blues, you can't go far wrong with picking up this album.

Jay McShann is a true original, pioneering the Kansas City sound that is indelibly connected with Jazz. One can't help but be caught up in the toe tapping fervor of McShann's sound, as his style is infectious and his voice is enrapturing. Recorded in Edmonton in 1996, McShann hasn't lost a step since starting the scene 50 years ago. Prompted by a younger peer to record here again McShann reestablishes himself as a master.

Tim Durkin

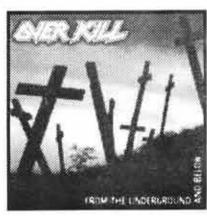


Television Personalities
They Could Have Been Bigger than
the Beatles
velvel

I can't believe this is a serious album. It should be relegated to Dr. Demento's catalogue of silly songs about dog poo and fish heads. Some poncey British man singing "Ever such a groovy fella, get 'im out the groovy cellar" is not what I want to hear. Every song is so stupid. They couldn't have been bigger than The Divinyls.

The songs are lousy with lame cliches a la "If I had three wishes, I'd wish for ... THREE MORE!!!" Gag. These boys need some lyrical help, maybe they could call the boys from Bow Wow Wow. Fortunately, this is a reissue from the early eighties because if this was a new album, I would hunt them down and destroy their master tapes. Why velvel records decided to reissue it is debatable. They probably had a big laugh about it. Well brother, I'm not laughing. This is a disgrace to bad pop music. And as everybody knows, pop music is a cess-pool filled with has-been grunge morons and sluts.

Ben Harris



Overkill
From the Underground and Below
CMC

Since emerging from the thrash scene of the mid-eighties, Overkill has done very little to change its sound and style. While similar groups such as Metallica and Megadeath have opted for (or at least attempted) a more bubble gum rock sound, this act still clings to their heavy thrash sound and has little to show for it besides their love.

This album is pretty consistent with the rest of their material. It is heavy metal, loud and proud, and these guys just jump from riff to riff with little regard for continuity. The uninspired lyrics describe death, murder, destruction and all that other hokey stuff. If you can get by

that and somehow acquire a taste for the vocalist, then you may actually find a way to enjoy this CD.

It takes a couple of spins before any of the songs start to stick out on this disk, largely due to singer Bobby "Blitz" Ellsworth's monotonal growling. "Long Time Dyin" is a blues song played about as heavily as possible and "Promises" is the band's ridiculous attempt at a ballad. Aside from that, heavy thrash is the name of the game. The songs "Save Me," "Genocya," and "The Rip N' Tear" feature some of the more enjoyable riffs that the band has ever come up with.

As compared to previous Overkill albums, this one is better because less emphasis is put on showcasing the guitars and D. D. Verni's bass actually blends in with the band as opposed to sticking out from it (this had become particularly annoying on 1993's W.F.O.). The playing on the album is good, but few could stand to listen to this. It depends on whether or not you wear leather jackets and Slaver patches. If you like metal you might enjoy it but there is really nothing new here. Underground and below is where this band shall stay.

Brad Fetter



Release Some Tension Peeps Republic Records

SWV are back and are better then ever. Of course how could they not be with the all-star line up they put together. Release Some Tension (Their second full length disc) features a who's who, including Redman, Snoop Doggy Dog, and Lil' Kim.

Of course, if you've heard them before you know that these ladies can go it all alone too. Unlike the first album, where Coko did all the lead vocals, Lelee and Taj get a chance to be in the spotlight too this time. Together they are one of the finest acts around.

Sisters With Voices is what they are for sure. The cover makes them look like hookers with voices but somehow when you hear the music, the cover just turns into a parody (though a seventies pimp type humour) of typical portrayals. Check out this disc.

Tim Durkin



Vanessa-Mae. China Girl, The Classical Album 2 EMI

Vanessa-Mae never felt anything but British until she became famous. A child violin prodigy, she has produced a number of albums, consisting of either classical instrumentals or pop albums which are analogous to a 'techno-acoustic fusion'. This is her sixth album, an instrumental one, with three tracks: "Butterfly Lovers Violin Concerto," "Violin Fantasy on Puccini's 'Turandot'," and "Happy Valley" - The 1997 Re-unification Overture. This last track she premiered on June 30, 1997 at the Reunification Concert in Happy Valley race course in Hong Kong.

"Butterfly" is the most loved violin concerto among the world's Chinese population. It is the longest track (26 minutes), and has the most traditionally Chinese arrangement.

It has a few contrasting periods of tempo and tone, which underlies the story of two young lovers who die and are reunited after death as butterflies. The juxtapositions are perhaps less effective than in, say, Carmina Burana, however any change would negate the style of the piece.

"Turandot" (11 min) is a piece written about a Chinese theme, yet it isn't traditionally Chinese. The violin accompaniment is attached to the main riff by Mae, and she does a good job of elucidating and conveying the emotional texture belied by the other instruments.

"Happy Valley" represents the exchange of power between British and Chinese in Hong Kong in 1997, and new hopes for Mae's grandfather's homeland. The shortest track on the album (6 minutes), it is possibly the most effective, as it is accompanied by a Chinese Women's Choir; who, chanting behind Mae's violin set in a minor key, create at first a mysterious and anticipatory tone, which soon transforms into a celebratory theme.

Mike Adorjan



Craig Cardiff
Judy Garland! You're never home...
Ramona Records

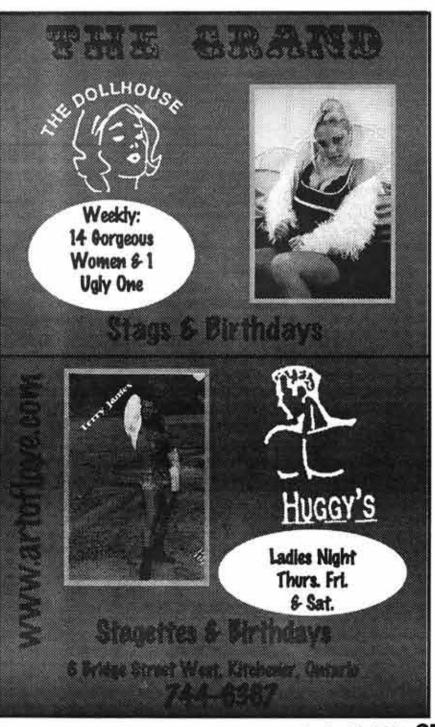
Craig Cardiff makes beautiful music in one part. His delicate command of the guitar is refreshing, and his arpeggios are lovely threads of joy. If comparisons are to be made, Cardiff is a lyrical smoothy that Dave Matthews would be proud of actually, there's a striking resemblance between their voices, as well as their groove.

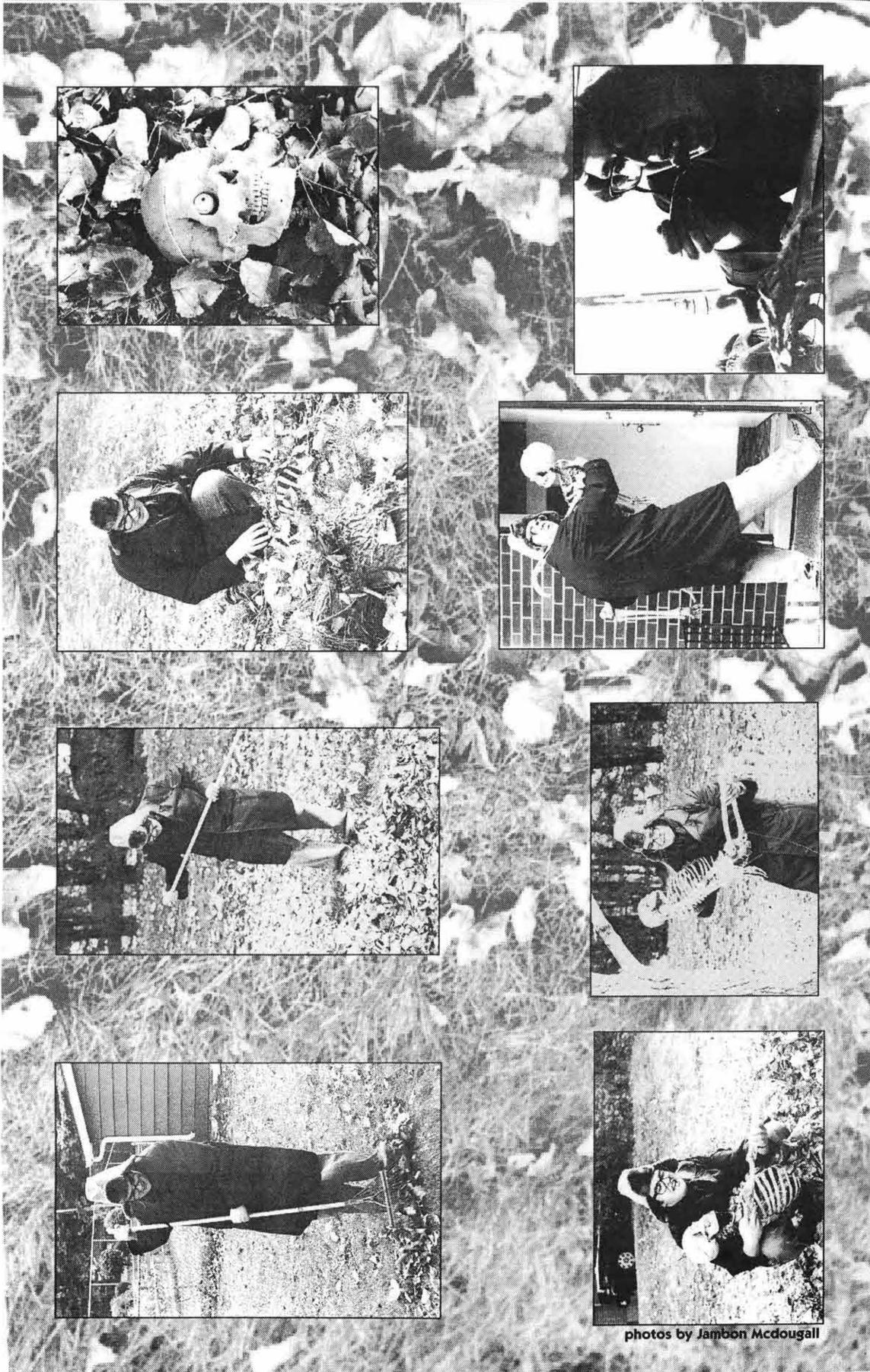
The only real criticism I have for this CD is that the song names and vitals are a little awkward to find in Cardiff's CD packaging, which makes this reviewer's job a difficult one as far as naming specific songs. However, a full-size Judy Garland poster (actually an old photo of Cardiff's mother I'm told) includes this information, though not nearly as accessible as the usual CD insert might be. But frankly who cares?

I got this CD to listen to good music, and that's what I got. Cardiff is a local talent with an exceptional sound. I'm just glad I finally have a CD I can put on when I have a candle-lit dinner to make.

Robin Whittaker







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ROCK ON DELTA GAMMA! The sisters of Delta Gamma will be holding theri annual Rock-A-Thon for charity next Wednesday, Nov. 5 in the concourse from 8:30 a.m. to 8:30 p.m. All charity donations will be going towards sight conservation for the blind come on out support this SUN & SKI PARTY TOURS worthy cause!

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HELP! Someone claimed my black Columbia ski jacket from the Turret coat check on Sat. Oct 25th. PLEASE return to the Turret or call 725-9130. Reward offered, no questions.

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To all students who responded to our ad for the Special Needs Office. The response was overwhelming! We will try to call on each of you during the school year.

Judy Bruyn, Special Needs Coordinator

Hey! Congratulations to Carolyn MacKay, the proud owner of a Labatt Satellite Dish with 1 year programming.

Also, Last weeks Cheap Date Saturday winner Janette MacDonald who will be spending 4 days in the Bahamas courtesy of The Turret and Travel Cuts.

Howl at the Moon, Labatt's Hallowe'en Bash, Friday at The Turret.

So you failed the BU 111 exam, huh? Don't fret, just come to The Turret Saturday for your stress out!

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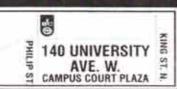
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