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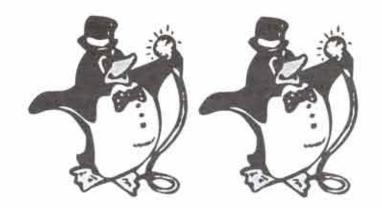
sports Rich Newbrough retires

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To eat meat or not to eat meat, that is the question pg. 14

entertainment
Beer Chat samples
discount brew pg. 19

cover photo : by Aaron Betik Taco Bell rests in peace due to poor sales



STUDENTS









YOU ASKEDWE'RE LISTENING



THURSDAY NOVEMBER 18

THE WALTONS

with

FALL DOWN GO BOOM

FREE before 9PM...\$5 after

SATURDAY NOVEMBER 13

LAURIER LIVE

DJ's ON SPOTLIGHT

TUESDAY NOVEMBER 30

THE TEA PARTY

WEDNESDAY DECEMBER 1

MATT OSBORNE

CD RELEASE PARTY

Campaigning for kids

AMAL MOUSSAOUI Cord News

Dave Depuis, your average third year Political Science student at Laurier, did everything that his fellow students did. "I read the papers; saw disparities in the world. There are basically two ways to handle it: ignore it or do something about it."

Depuis, unlike many other people, decided to do something about it by starting the Save the Children Campaign.

"If you look at Somalia and Bosnia, the common denominator is that children are treated the worst," Depuis said. "The children are the world's future, so we have to be concerned."

Save the Children is a worldwide organization dedicated to the protection and improvement of the rights and the welfare of children all over the world. Save the Children Canada has over one thousand volunteers committed to raising funds through various means. from walk-a-thons to charity din-

Save the Children Canada Head Office in Toronto, and was invited to the Annual General Meeting in September. He promised at the meeting to start up a group in K-W and to raise more funds than all the other groups across the country.

Although realizing that his promise might not become reality by the end of this year, he does hope to have a Save the Children Club at Laurier University by then.

Depuis is working with a friend, Scott Meyer from the University of Waterloo, in setting up the club. The University of Western Ontario is also in the process of setting up a club. McGill University has just recently and successfully organized a Save the Children Campus Club.

Currently, Depuis has started a fundraising activity by putting up five coin boxes around the school. The coin boxes are located in the Bookstore and the Centre Spot. "If everybody puts in a quarter once a week, we can raise a great deal of money," Depuis said. He is hoping that with the heightened awareness the coin boxes will Dave Depuis contacted the bring, more students will come out

to help set up the club.

Most of the money raised from the coin boxes will go to nine developing nations around the world, as well as the India Disaster Relief. Save the Children Canada has found from past experiences that children benefit more when projects improve the whole community. The money, therefore, will be directed towards setting up various projects, from day-care centres to clinics.

The World Affair Society has already been sponsoring Depuis' campaign. The Save the Children Club is, however, in the process of becoming a full fledged Campus Club, but more volunteers are definitely needed before going through the process of Board approval.

Depuis encourages students to help out. "A little bit goes a long way," he stresses, "our basic philosophy is some for more rather than more for some." Dave can be reached at home by calling 886-2899. As Dave pointed out before, it is time to stop ignoring the Children.



The tragedy of Haiti: Another model of US oppression

DAVID RAY

Cord News Commentary

Once again, the United States government has seen it fit to destroy democracy and support the massacre of thousands in Latin America.

Today it is in Haiti, but the same pattern of events has been evident in Chile, Dominican Republic, Guatemala, Grenada, Panama, Nicaragua and El Salvador in the last twenty years.

The pattern is painfully obvious. Whenever a government comes to power that wishes to represent the interests of the majority of the population (a legitimate democratic government,

in other words), the United States government overthrows that government and replaces it with a repressive dictatorship more in line with American interests.

A cycle of violence inevitably follows. In the face of wide-spread public opposition, the new regime invariably resorts to intimidation, violence and murder to secure and extend its power. Campaigns of state terrorism systematically seek to undermine all democratic institutions within the state; inevitably thousands are jailed, tortured and killed in the

The United States, the source of these illegal governments in the first place, continues to influence events by providing the finances and the military hardware necessary for the dictatorship to carry out these acts and to stay in power over the years.

If the rare case that the U.S. sponsored regime is ever seriously threatened by a popular revolution or an 'anti-American' political party, the U.S. does not hesitate to wade into the conflict, guns blazing, to restore the primacy of its elite government forces.

American motives are simple to understand. Dictatorial governments are employed by U.S. intelligence agencies to repress the majority of the population. This protects and advances American political and economic interests.

By utilizing the institution of the government as an agent of control, the U.S. ensures that no other government can come to power that would threaten their interests. It is

an almost fool-proof system for retaining the status quo. Recognizing this fact, the American government has in this manner installed "friendly" governments

throughout the globe. This view of American foreign policy is not a view commonly held by the North American public, nor is it reflected in the mass media which claims to represent them. This is to be expected. Few Americans would condone the actions of their government if they realized what was being done in their name.

It is therefore necessary for the U.S. government to deceive their citizens; to create myths and distortions (which are readily reproduced by the mass media) about the United States and its role in world affairs.

The myth of American foreign policy, (in stark contrast to the model laid out above) rests on the notion that the United States is the global champion of democratic ideals and a proud defender of national sovereignty.

An examination of the situation in Haiti today rapidly dispels these myths and reinforces the hard reality that American foreign policy regularly seeks to create and support dictatorial terror states throughout the world.

Haiti is one such terror state. Located in the Caribbean just south-east of Cuba, Haiti bears the dubious distinction of being the poorest country in the entire West-Continued on page 8

Tolling the Bell for festive cuisine

AMANDA DOWLING Cord News

Laurier students have to go further to "make a run for cards. the border" since the closing of the Taco Bell cart on. November 5.

The cart, which once graced the south-west corner of the Torque Room was removed due to lack of revenue, leaving Mr. Submarine, The Second Cup, and Pizza Pizza slices as the sole on-campus alterna-



No more mexican.

Pic: Aaron Betik

tives to Dining Hall cuisine.

Wilf's offers food, but does not accept meal

The cart which costs \$35 000 to purchase outright, was rented to the University for a trial period by Taco Bell California. Sales between \$7 500 and \$8 000 were needed in order for the cart to be financially viable. Revenues averaged a dismal \$3 000 a week in September and October.

The Mr. Submarine cart, on the other hand, is doing well, with revenues averaging just under \$7 000 per week. This surprised Cliff Bilyea of Ancillary Services, the university department responsible for acquiring the carts.

Bilyea was told that at universities south of the border, with both taco and sub carts, tacos outsell subs by 50%. Taco Bell California attributes this difference to the fact that Canadians have different eating habits than our American neighbors.

As of Wednesday, Bilyea had received no complaints from angry taco fans.

Rage on campus over the eart's removal has been virtually non-existent. "I don't like it. I never ate there," said Brad Miller, a first year Economics Major. "I didn't eat there all the time, it's too fattening, but I would have liked the option," said Alex Lawson, a first year Political Science student.

Will the cart be replaced with another fast-food venue? "I'm looking at grab and go food type options," said Bilyea.

The Dining Hall plans to offer more Mexicantype food to make up for the loss of the cart. Lucky us.



Cord News Commentary

Maclean's released their third annual rating of Canadian universities this week, promising an increase in their sales and mixed reactions from high schools and universities around the country.

The whole production is an impotent drama playing with the lives of all Canadian students.

This year, Laurier rated sixth out of 23 "Primarily Undergraduate Universities." Last year, WLU scored fourth. In '91, WLU scored embarrasingly low (I would rather not bring up the numbers) when all of the universities were collected together in one category.

The main purpose of this published ranking of universities is to help high school students make a more educated decision about which university they choose to attend. Maclean's is an established and respected source for the type of objectivity and experience needed for a project such as this. Many students put a lot of faith in the conclusions thus drawn.

Ranking systems such as this one could become more important as universities become more competitive for applicants.

In the recent election campaign, the Reform Party proposed a voucher system for government grants to universities.

Some universities have been discussing privatization of programs; most notably the Masters of Business Administration program at Queen's.

Ranking fails again

Furthermore, the government are being excluded. Obviously, been told that "you learn more out- Or would you rather attend a use of the second of the

Furthermore, the government may soon allow universities more freedom in the setting of tuition rates. All of these will increase competition between universities, thereby creating an increased demand for rating systems.

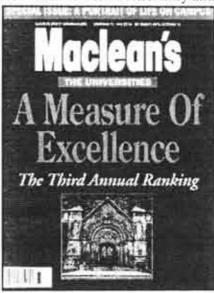
Another effect of the ranking is the influence it has on the external community. A high rating for a university attracts potential donations, while a low rating can discourage them. These rankings are also seen by businesses which consequently may prefer the graduates of one school to another.

- In a time when people are calling for increased accountability for most government institutions, the cost of compiling the data seems to be well-spent- assuming, of course, that the ranking has any real validity. Because the methods for collecting this data were established over the last two years, it only cost Laurier about \$5 000 this year.

Maclean's ranks universities according to several criteria, including the grades of incoming students, class sizes, grants, finances, library assets, and reputation. Apparently, these are what give value to a university and the education received therein.

What is not pointed out is that higher admission averages are partly caused by an overall rise in applications and a decline in admittance because of the current economic situation. Another interpretation of high averages is that a larger number of qualified people are being excluded. Obviously, Maclean's doesn't consider accessibility to be an issue.

Small class size doesn't necessarily reflect on the discussion quality in those classes. A high portion of faculty with PhD's does not show how many professors are good teachers and how many focus only on research. Amount of financing does not show how efficiently and



wisely funds are being used.

Ideally, any rating system should reflect what students hope to get out of university. For example, a university may be rated well by Maclean's without revealing how good any of its particular programs are compared to other schools. Laurier is rated sixth; does that mean that our business, biology, archaeology, phys ed, philosophy, and geography programs are all rated sixth? I doubt it.

Most people at university have

been told that "you learn more outside of the classroom than inside." This is completely ignored by Maclean's because it cannot be reduced to statistics.

For example, first year is the first time many people live away from their parents. This is a vital stage in development to adulthood. So what is it like to live on, or near different university campuses?

Most classes offer only one side of a subject, unless the text-books provide a different perspective from the professor. For a full understanding of a subject, therefore, you have to go beyond the class nd actually do some independent research. There's a lot to be learned from reading.

Further opportunities for an enriching university experience are provided by clubs and organizations around campus.

Co-op and Internship programs, which are only mentioned in passing by Maclean's, can give people more practical knowledge than most other elements of the university. Some jobs are better than others at accomplishing this and some universities tend to attract better employers than others.

Perhaps the greatest vehicle for sharing ideas and gaining knowledge, as well as advice, is through conversations with other people. Would you choose to go to a university where people talk about Marx and Einstein and the alienation of citizens from the government in modern western society?

Or would you rather attend a university where people talk about beer and use "party" as a verb?

None of these issues which truly give value to the university experience are addressed by Maclean's. However, the Ontario Government's Public Accounts Committee has recently recommended that the government attempt a more comprehensive and less commercialized system for comparing universities.

Meanwhile, you have chosen a university rated sixth (and falling), and you can't do anything about it.

Some interesting observations can be made, however. First, that it's not always helpful to trust someone else in a position of authority, even if your own opinions aren't based on many facts. Perhaps the only thing worse than forming an unfounded judgement on something is to blindly accept the judgement of someone else.

It is folly to accept an overlysimplified view of anything in life. Despite what the professors insist, statistics reflect very little information about the world and experience of it.

All universities have the resources to show you the world, but you have to go up to them and open them if you really want to learn.

Beware of people that try to give you broad judgements of things in the world. Try not to let them take the value out of your years here at Laurier.



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November 15-19 Buy your Christmas gifts early!!!

SPORTS - HUMOUR - TRAVEL - REFERENCE CHILDRENS - ART - FICTION - PHOTOGRAPHY MUSIC - COOKBOOKS - BIOGRAPHIES

> 1994 CALENDARS

some ideas in your

B·O·O·K·S for E·U·E·R·Y·B·O·D·Y

BOOKSTORE IN THE CONCOURSE

ATTENTION STUDENTS \$ FEES FOR DROPPED COURSES \$

Commencing the Winter Term 1994 and effective for future Spring, Fall and Winter Terms a fee for dropping courses will be charged based on the following schedule

* Time periods for part of t	NOTE:	After the last day for withdrawing without failure	After the last day for registration and adding of courses but on or before last day for withdrawing without failure	Second week of classes	Up to the end of the first week of lectures	TIME PERIOD
Time periods for part of term courses (ie. 6 week courses) will be pro-rated.			dropping courses or complete withdrawal	dropping courses or complete withdrawal	a) dropping coursesb) complete withdrawalfrom the University	ACTIVITY
rses) will be pro-rated		100% of the per course fee	55% of the per course fee	10% of the per course fee	None 10% of the per course fee	FEE

Big Honking Bag O' Crime

Straight from the offices of John Baal, Laurier's Chief of Security

Nov. 1 - 20:10 : Medical Assist

A WLU professor who reportedly collapsed upon conclusion of his lecture requested Security to transport him to his residence. The subject indicated that he never lost consciousness. Feeling faint, he laid down on the floor to prevent falling. Nov. 3 - 00:20: Mischief

A WLU employee reported observing two males pull a University traffic sign out of the ground and abscond with it into a nearby residence. Security cheched the building but was unable to locate the sign. Sign was later found outside the rear entrance of Willison Hall.

Nov. 3 - 04:05 : Suspicious Persons

Whilst patrolling in the vicinity of King & University, the officer noticed the clerk in the "7-Eleven" store signalling him through the window. Upon approaching her, the officer noticed a male outside near the public telephone and a second unsavoury looking male exiting from the store. The store employee explained that a few minutes earlier, both males had brought items from the shelf to the cashier's counter then refused to pay for them. When asked to leave, only one left. The other remained inside, leaving only when he noticed the officer approach the store. WRP was summoned to further deal with the suspects.

Nov. 3 - 14:05 : Theft

A WLU student reported the theft of his jacket. The complainant stated that on Friday, Oct. 22, he was suddenly compelled to leave the Turret, leaving his coat in the Cloak Room. Several days later, he returned to claim his coat and discovered that someone had taken the garment.

Nov. 4 - 15:15 : Accidental injury

A WLU student sustained laceration to his left elbow and right hand when he fell off his bike in Lot # 10. The bike's frame and front wheel were damaged. The victim stated that he rode his bike down the embankment between Lot #10 & Lot # 11, hitting the cement curb at the base of the Berm. The student is of the opinion that he could have avoided the accident if the cement curb had not been obscured by grass.

Nov. 4 - 23:55 : Assault

A 22 year old WLU student was taken into custody for assaulting two Turret patrons. The altercation started when the inebriated suspect began pushing another pub patron whom he perceived as a rival to a female aquaintance. When another pub patron intervened he was promptly knocked out by the suspect who obviously considered the lady as his personal property. Considerable force was necessary to subdue the suspect and evict him from the Turret.

The matter is still under investigation and charges are being considered. The third victim, apprehensive about her former boyfriend's behavior, requested a security escourt to her residence. Consequently, for the benefit of those with the gender ethics of a rutting bull moose, outlined below is an excerpt of a new criminal code provision which should cool their fervour. This addition to the Criminal Code of Canada affords the victim(s) in

sexual harassment cases far better protection then in the past. (See below)

Nov. 5 - 01:30: Disturbance

Security was summoned to the Student Union quad to break up a fight between several pub patrons. A large crowd had gathered and several of the spectators intervened to pull the combatants apart. All parties involved in the fight were escorted off campus. No charges were laid.

Nov. 5 - 11:15: Counterfeit Currency

A university employee reported that he had in his posession atwenty dollar bill which he believed to be a counterfeit. Investigation established that the bill was indeed a forgery. The WRP Fraud Squad are investigating the matter.

Nov. 5 - 11:45: MVA

Three vehicles parked in Lot #7 were damaged when a motorist lost control of his vehicle. The driver was not injured. The other vehicles were parked unattended.

Nov. 6 - 23:10: Disturbance

Security was summoned to the Turret to remove an inebriated pub patron. While in the process of doing so, several other patrons intervened, resulting in the eviction of seven more patrons. Throughout the early morning hours, security had to contend with the unruly behavior of inebriated Turret clientele who lingered about the campus long after pub closing. The two duty officers, overwhelmed by the vast numbers of the crowd and concerned about the eruption of physical violence, called Regional Police to assist them in dispersing the crowd consisting mostly of non-University affiliated persons.

Exerpt of Martin's Criminal Code Supplement Section 264 (new Provision) New 1993, c. 45, s. 2

CRIMINAL HARASSMENT/ Prohibited conduct/ Punishment

264.(1) No person shall, without lawful authority and knowing that another person is harassed or recklessly as to whether the other person is harassed, engage in conduct referred to in subsection (2) that causes that other person reasonably, in all the circumstances, to fear for the safety of anyone known to them.

(2) The conduct mentioned in subsection (1) consists of

 (a) repeatedly following from place to place the other person or anyone known to them;

(b) repeatedly communicating with, either directly or indirectly, the other person or anyone known to them;

(c) besetting or watching the dwelling-house, or place where the other person, or anyone known to them, resides, works, carries on business or happens to be; or

(d) engaging in threatening conduct directed at the other person or any member of their family.(3) Every person who contravenes this section is

guilty of

 (a) an indictable offence and is liable to imprisonment for a term not esceeding five years; or

(b) an offence punishable on summary convic-

Calling for UN to end warring in East Timor

LIBBI HOOD Cord News

The monthly meeting of the Kitchener-Waterloo Amnesty International group was held on Thursday November 4, 1993 at 7:30pm in the Kitchener-Waterloo Library Auditorium.

The guest speaker was Dr. Peter Eglin, Chair of the Faculty of Sociology at Wilfrid Laurier University. The topic of the lecture was the ongoing turmoil in East Timor.

East Timor has been occupied by Indonesia for eighteen years. Indonesia invaded on December 7, 1975. Timorese peoples were then placed in concentration camps and many died there from starvation and disease.

Dr. Eglin calls the occupation of East Timor a "worst case" because the death toll, at 200 000, is almost one third of the original population of 700 000.

This is the highest ratio of death to total population of all military actions since the holocaust.

East Timor is officially termed a "former colony" of Portugal. Portuguese rule pulled out of the colonies in East Timor in 1974.

The United Nations then began to form a country of independent rule until the Indonesian invasion.

Eglin said the first United Nations vote, condemning Indonesia's occupation of East Timor, occured on December 12, 1975, but nothing was done.

Canada abstained in that vote, as well as subsequent votes. In United Nations votes in 1980 and 1982, Canada opposed Indonesian withdrawal from East Timor.

Eglin believes the situation in East Timor was allowed to happen because of Indonesia's economic importance to the Western world. Indonesia is open to investment by the United States and is a country rich in resources.

Eglin also said that Canada is in a position to actually make a difference in East Timor. Eglin said that Canada has invested \$1.4 billion in Indonesia and that Canada gives \$40-45 million in aid to the Indonesian government every year.

Although Canada is a small country, with not much clout beyond its good reputation, Eglin said that if Canada did take a stand on the situation in East Timor, it would be "followed by nature of our reputation."

Eglin said that although East Timor is out of the news, the situation is still bad and is probably getting worse. On the other hand, the United Nations Human Rights Sub-commission is finally condemning Indonesian occupation in East Timor.

Eglin also said Bill Clinton is the first U.S. President to state he doesn't like what is happening in East Timor.

Foot Patrol turns one



F P volunteers hold a birthday party.

Pic: Harvey Luoung

PRE-TURRET CHICKEN CHOKER

This coupon entitles the bearer to a basket of our largest, juiciest order of wings for only \$4 (plus taxes).

Good only 5-9pm Thursday.

Valid until November 18/93

Dine-in Only

*drink purchase necessary

SUNDAY NIGHT BURGER SPECIAL \$1.99 1/2 LB. BURGER & FRIES

*drink purchase necessary

Reps bond at roundtable

MARK HEASLEY Cord News Commentary

On Tuesday, November 2, the finest of Laurier's student reps from the Board of Directors, the Board of Governors, and the Senate gathered at a Roundtable meeting - in this case, an informal "bitch session" and a chance for them to rub their heads together and see if any ideas came out of it. And they did!

Among these representatives was Dave Bigioni (student representative to the Board of Governors). Dave took the chair saying "unless anybody's got a problem with that?" In the absence of any other inspiring claims to leadership, it stayed that way for the meeting. But then, somebody had to do it.

After the dust settled, the Roundtable raised the issues of Convocation, fees for dropped courses, a WLU Student Union Building "Speaker's Corner", continued problems with the new phone system, and why the Laurier Senate has projected that the Student's Union will be \$100 000 in debt, despite last year's \$2 million surplus.

The proposal to cancel Fall Convocations, (as of '95) which will be soon voted on in the Senate, did not go over well with those assembled - especially since Coop students graduating in August 1995 would have to wait nine months to receive their diplomas.

It was decided that the stu-

dent reps from all three groups (BOG, BOD, and the Senate) would all present a united front to the rest of the Senate and Administration, to get the Co-op's convocation held a lot sooner, and work together on the other issues as well.

Next, the issue of being charged higher fees to drop courses came about, and it was decided that those assembled did not know enough to take a position on the matter and that University Administration should let the student body know their plans. And just this week, postings abounded in the school about these changes.

Students will still have the first week of courses to shop around for classes before having to decide whether or not to drop a course without penalty, but as of the second week of classes, it will cost 10% of the course fee just to drop that class. Also of note is that dropping a class after the last day of adding courses and on/before the last day to drop a class without failing will cost 55% of the course fee. The rationale for all this being that it will help clear out classes of the people who are not going to stay for the course earlier, letting those waiting to get into the class in early as well.

A new way for students to let the Students' Union get a piece of their minds was brought up - a "Speaker's Corner" that could be installed in the empty ticket booth in the Student Union Building near the Centre Spot. Students would

pay a modest fee and get to tell the students what you think they should do (or where they should go).

Union President Sean Taylor didn't like the idea of charging for the service, since Laurier students already pay the Student's Union to listen to their concerns and act on their behalf. The money might go to charity, it was proposed, and trial runs could begin soon and be set up permanently for this coming January.

Although no plan of action was decided on, all the representatives wanted to see some improvements made on the new phone system. Problems have continued to plague the system ever since it was installed at the beginning of this year. The fate of Co-op students was feared for due to the possibility of a prospective employer trying to phone the University and only hearing "Sorry, this line is not available."

Also of interest was the projected \$100 000 deficit that the Senate expects Students' Union to be in by the end of this school year.

The University had a \$2 million surplus as of the end of last school year. It was explained that much of this money was received late in the year in the form of grants that the University did not expect to receive. The money is now pretty much all spent- \$300 000 went to the new phone system, \$300 000 for furniture to go in the new science building (as yet to be completed), and \$90 000 was allocated to renovating the pool in the Athletic Complex.

Discussion also included some of the limits that the various groups felt that they were under. Apparently nothing much really happens outside of the BOG's meetings as of yet. Also, since there are only 8 Laurier students on the 64-member Senate, they have a hard time making student's voices heard as loudly as they would like. Similarly, the Board of Directors are high on individual effort but occasionally frustrated when it comes time to work together.

All those present agreed to work together better in the future and to make sure that the student body was really represented.

The first WLU Student Reps Roundtable came to a close not with a bang, but rather, much as it started - with a sort of slight displacement of air. Much like the passing of wind.

BOD in the open

Bored Watch

Union

Students'

JIM LOWE

Cord News Commentary Last week, the WLUSU Board Of

Directors took their show on the road, having their bi-weekly meeting in the concourse.

For the most part, the Directors simply heard reports from various Vice-Presidents and Committee Chairs.

Fireworks began when Angelakos apologized to the Board for his recent absences.

Angelakos explained that commitments to the Liberal Election campaign had required more time then he had originally anticipated. Angelakos also noted that not one Board member had personally questioned him about his absences.

After Angelakos finished his report, COD Chair Martin

Chartrand noted that the Director's reasons for being absent did not qualify under the Union's Attendance Policy and requested that he write a public letter of apology to the students.

Director Todd Thibert angrily interjected, stating that no apology was necessary and that attendance

was strictly an issue between the absent Director and the Chair. MacPhie then reported that he had stayed on top of the attend-

ance issue and had sent letters to all Directors who were violating the Attendance Policy.

Director Bryan Rowe questioned why the issue had not been brought to the Board at a much earlier time. MacPhie then cut off debate on the issue, to the table-

Continued on page 7

Watch for Purple and Gold's Annual

STORWALK SALE

November 16 and 17 from 9 a.m.-3 p.m. in the Concourse

Shop early for the greatest selection All sales final.

Laurier struttin' its stuff

JENN THORNE Cord News

Friday, November the 12th, 1993 is "Laurier Day Open House." The day is designed to promote Wilfrid Laurier University and give high school students a day off to tour the University.

The students are encouraged to visit the campus and see what courses are offered here at Laurier.

Volunteer student guides will be hosting the event. This year's "Laurier Day" was organized by Donna Teahn and Cathy Kortes.

The day will begin with an official welcome in the Athletic Complex at 9:00 a.m. Refreshments and final programs will be given to visitors upon arrival.

Laurier will be hosting seminars in the Co-op Business and Economics area, as well as an Internship seminar with student panellists.

There will be campus tours and an Arts and Science counselling Fair with Faculty, residents, and people from admissions and financial aid.

If students touring have any questions, a question and answer session will be held.

The Liaison staff will be available all day to answer any questions you may have. Students are welcome to drop in anytime, even just to say hi.

The Faculty of Music will hold a special program and Laurier residents will be open for tours given by Laurier students. There will also be lectures that you can sit in on.

There is absolutely no registration needed to attend the Open House. Everyone is encouraged to come out and see Laurier.

Entertainment will be a presentation by the cheerleaders and a slide show. A barbecue and an Admissions and Residence information seminar as well as a Residence open house will take place on Laurier day.

The Purple and Gold campus memorabilia store will be giving a 10% discount on all purchases. The Dining Hall, Torque room, Second Cup, and Mr. Sub will be serving lunch and snacks.

At 10:30 a.m., the School of Business and Economics will be in the Turret. There will be refreshments and guest speakers.

From 10:00 a.m. until 1:30 p.m., The School of Business and Economics will have some lectures open to the public.

Starting at 11:30 a.m. until 2:30 p.m. lectures in almost all areas of study will be held open.

Visitors are asked to remain quiet while visiting lectures. Although you are free to come and go as you please, you must do so as respectfully as possible.

For more information on particular lectures being opened, or any other questions concerning Laurier Day Open House please Contact Liaison at (519) 884-1970 ext 3385.

Making a spectacle of themselves

Continued from page 6

pounding approval of Thibert and several others in attendance.

The remainder of the session proceeded without incident, with the adoption of the minutes providing the biggest source of contro-

After the meeting, Thibert responded to Cord questions about his dubious statements regarding a Director's responsibility to the students. Thibert said he "has confidence in the Chair to deal with such matters". Thibert cited an ultimate responsibility to the students. On a realistic matter, Thilbert said attendance was the responsibility of the Chair. Fellow Director Rick Wamsteeker attempted to interject in the interview, stating that Thibert should not be discussing the issue

until they spoke with each other, in order to ensure that "we don't get slammed in the Cord".

Thibert, however, continued to answer questions. He cited hypocrisy on Chartrand's part. Thibert said that other Directors, particularly Peter Hearty, had similar problems with attendance, but had not been asked to publicly apologize. This raised the ire of Hearty, who insisted that he had never violated the Attendance Policy. Within moments, the two Directors were engaged in a shouting match on the Concourse floor.

Hearty blamed his absences on a breakdown of communication with MacPhie, but Thibert refused to accept the Director's explanation. Thibert insisted that Hearty's absences were much more severe but, when Hearty asked why, Thibert did not have a reason. The hearty bellows soon attracted a curious crowd.

The issue of Angelakos' attendance is a dead one. It benefits no one to drag the situation out. The fact that Angelakos offered to apologize to the students, and has made repeated attempts to explain his absence, indicates that he realizes his mistake. While that can't excuse his poor attendance, his efforts are a commendable step in the right direction.

While Thibert's claims of hypocrisy are overblown, one must question why Chartrand didn't bring the issue up earlier. Several Directors complained, in private,

over a month ago about Angelakos' absences. On a personal level, the Directors should have confronted Angelakos directly. To let him believe that everything was "a-okay" was cowardly.

The Attendance Policy violations should have been brought up when they were occurring, not after the fact.

The most distressing aspect of this entire episode, though, is the attitude expressed by Thibert. It is inconceivable why a public representative would be so against accountability to the students. The Board is not the private realm of fifteen people, managed by the affable MacPhie. It is a public organ, in which the Directors are to represent the students. A Director cannot adequately represent those students if he or she is does not attend meetings.

Thibert argued that this was a matter of "fair and equal application of the law". The Director's line of reasoning would imply that, if one person gets away with murder, all should. Just because some Directors may have been able to violate the Attendance Policy and get away with it, does not allievate other Directors of their responsiblity to the students.

Chartrand realized this, and simply asked that the student body receive the same apology that the Board did. Angelakos also realized this, and was more than willing to offer that apology. What's Thibert's excuse?

TODAY

TEACH-IN ON **BOSNIA & THE UN** AGENDA FOR PEACE

THE MILITARIZATION OF BOSNIA

Ernie Regehr Programme Director Project Ploughshares (Peace and Conflict Studies Conrad Grebel College) - Moderator

Colonel H. C. Ross Director of PeaceKeeping Operations National Headquarters Department of National Defence

Marinko Cveticanin

Nedzad Basic University of Tuzla (Faculty of International Relations)

9:00 - 10:30

THE GENDERED NATURE OF VIOLENCE IN BOSNIA

Susan Heald

Wilfrid Laurier University Moderator

Susan Jeffords

Dolly Bandula

Valerie Oosterveld

Jodi Longos

Amnesty Internation (Washington D. C.)

10:30 - 12:30

THE UN AGENDA FOR PEACE AND BOSNIA

Alistair Edgar Wilfrid Launer University Moderator

Michael Oliver President, United Nations Association in Canada

Michael Barnett

U.S. Mission to the United Nations Keith Krauss

Director York University Centre for International and Strategic Studies

12:30 - 2:30

EUROPE, BOSNIA & THE UN **RE-MAKING A WORLD ORDER?**

Thomas Hueglin Wilfrid Laurier University Moderator

Paul Phillips

Saul Landau Institute for Policy Studies (Washington, D. C.)

Geoffrey Pearson

Former Canadian Ambassador to Russia and India, Former Director of the Canadian Institute for Peace and Security

Michael McIvor

2:30 - 4:30

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Registrar at the address below.



United States supporting Haitian military dictatorships

Continued from page 3

ern Hemisphere. This island nation has come to possess a condition of life described by the World Bank as "so characterized by malnutrition, illiteracy, disease, squalid surroundings, high infant mortality, and low expectancy as to be beneath any reasonable definition of human decency."

Haiti's poverty is directly related to the fact that the nation has been ruled in accordance with American interests for almost two centuries.

The most obvious example of American domination occurred in 1915 when the United States' Marines invaded and occupied Haiti for 19 years. The U.S. finally left in 1934, but not before establishing a system of rule in Haiti that supported American concerns. The United States altered the Haitian Constitution to allow foreign ownership (read American ownership) of Haitian lands and established an undemocratic political system of civilian and military rule that continues to this day.

Not surprisingly, the small percentage of Haitians that support American economic interests enjoy an amazingly high standard of living. Their wealth serves both as a reward for their faithful service to the U.S. and as a means for integrating their interests with those of their American sponsors. This mutuality of interests has created a situation in which direct American intervention in Haitian affairs is no longer necessary to ensure American domination.

In the words of Ronald Reagan, Haitian leaders are some of America's best friends.

Abject poverty combined with the rule of a wealthy elite has not been met with passivity by the Haitian people. Demands for democracy and a re-orientation of the national economy have been common in Haiti's history. Traditionally, these protests have been answered with violence by the state.

By any standard, the level and degree of state violence within Haiti has been abominable. Over the years, physical and psychological torture has been advanced to a high art; citizens regularly fear that they will be taken into custody, tortured and killed by the state's security forces. Para-military units, aligned with the government, launch surprise raids on villages and towns in the middle of the night, killing and torturing the inhabitants.

In 1986, one of the longest running of these regimes was forced out of power by a mass norising of Haitian citizens. The Duvalier regime had imposed a reign of terror on the Haitian populace for 30 years. During that time, human rights organizations estimate that the Duvalier government was responsible for the deaths of as many as 40,000 Haitians.

A series of American-supported military regimes followed the ouster of Duvalier until the weight of international disapproval forced Haiti to hold its first democratic election in 1990.

The candidate that the United States supported, and expected to win, was former World Bank official Marc Bazin. At the last instant of the election campaign, however, Haitian priest Jean-Bertrand Aristide entered the race and to the surprise of everyone, won the election for President with 67% of the vote.

Aristide's victory shocked the United States. Father Aristide had long advocated the concerns of the peasant class, and the United States feared that he might undermine long-standing American concerns in Haiti. Worse still, Aristide's victory set a "bad" example for opposition forces in other states in Latin America in which the U.S. had similar concerns.

Aristide's triumph violated the system the United State had established in Haiti to repress democratic ideals and democratic leaders. The system, however, was self-correcting and true to form, Aristide was overthrown in a violent military coup just seven months after his inauguration as President.

Haiti's first democratically elected President was forced to flee to Venezuela and the new military government, under General Raoul Cedras, took control. Two years later, General Cedras remains the leader of this tiny island country.

In the two years since the coup, human rights abuses by Cedras's government have run rampant. Even by Haitian standards, the level of state-sponsored violence since the coup has been remarkable. Amnesty International has estimated that the military government- Cedras's government- is responsible for 1 500

people killed in the first weeks of the coup, and at least 3 000 people in the last two years.

The United States contends that it is neutral in these affairs but facts are coming out to suggest otherwise.

Two weeks ago, the Los Angeles Times and the New York Times printed several US government intelligence documents regarding American involvement in Haiti. The reports directly implicate the CIA in supporting Haitian military dictatorships, and strongly suggest American involvement in the recent coup that overthrew President Aristide and installed the present military government.

These reports indicate that American Intelligence agencies had been keeping an eye on Aristide, long before the election that vaulted him to power in 1990. The Los Angeles Times reports that in 1988, President Ronald Reagan authorized a secret operation to combat the rising influence of Aristide's pro-peasant movement.

The plan involved "slipping campaign money" to Aristide's opponents during one of the fraudulent Presidential elections that followed Duvalier's overthrow. Aristide was not a candidate at the time, but his calls to boycott the rigged election combined with the growing popularity of his anti-poverty ideasm threatened American domination in Haiti. Ultimately, the American Congress refused to allow the CIA to carry out this program of action.

The New York Times further reports that "The CIA did pay key

members of the current military regime controlling Haiti from the mid-1980s until at least the 1991 coup that drove Aristide from office."

Moreover, the Los Angeles Times quotes an unnamed government official as stating that "several of the principal players in the present situation (the present government led by the coup leaders) were compensated by the U.S. government."

Brian Latrell, a Senior American Intelligence officer, further revealed American motives in Haiti when he described the ruling government of General Cedras and his colleagues as one of "the most promising group of Haitian leaders to emerge since the Duvalier family dictatorship was deposed in 1986." Promising for whom, one might ask?

True to the model of domination which the U.S. has exercised throughout much of the world, these recent reports prove that the United States government has been funding one of the most repressive governments in the world.

Moreover, when the American-sponsored regime lost power to Aristide in a democratic election, the U.S. supported the military leaders that launched a violent coup to overthrow the new president. American domination in Haiti had been threatened and a coup was necessary to re-impose control.

In the final analysis, the situation in Haiti serves as an informative, if depressing, window into the power politics which rule our world.

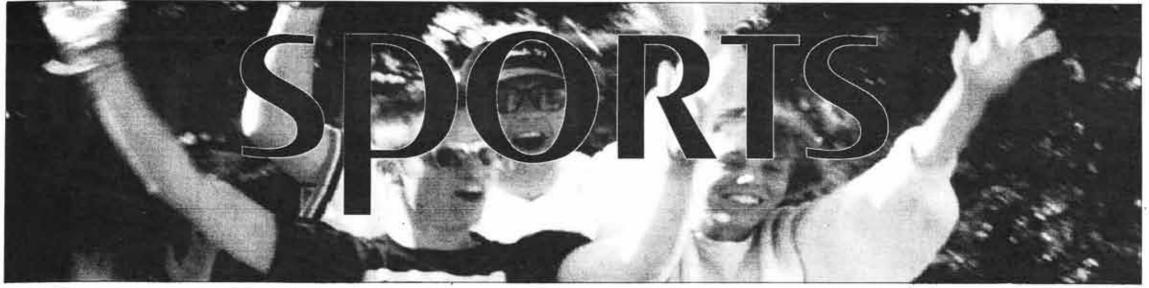


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Newbrough steps down

RALPH SPOLTORE Cord Sports

It's now official. After 26 dedicated years, Coach Rich Newbrough has resigned from his coaching duties at Wilfrid Laurier. Newbrough's resignation follows a departmental review that recommended the separation of the responsibilities of the department director and head football coach to create two full-time positions. Newbrough's new title is now Director of Athletics and Recreation.

After starring as quarterback in the mid-sixties at Fairmont State University in West Virginia, Coach Newbrough came to W.L.U., as an assistant to ex-teammate Dave "Tuffy" Knight. It was in 1984 that Newbrough got his big break by replacing Coach Knight as both Head Coach and Athletic Director. Since then, Newbrough has compiled an excellent record of 63 wins and only 33 losses.

Coach Newbrough's most successful year came late in his career

with a victory in the 1991 Vanier Cup which gave Laurier its first National Football Championship ever. It was also in 1991 that Coach Newbrough was recognized as Canada's University Football Coach of the Year.

With Newbrough's resignation as Head Coach, the university has begun a national search for a man that can step in and replace a Laurier legend. Assistant Coach Rick Zmich, who has introduced his "Air Zmich" attack to the rest of the league over the past four years, appears to be a front-runner for the Head Coaching duties.

Whoever becomes the new Head Coach of the football team will have some very large shoes to fill. Coach Newbrough has given his heart and soul to the football program for 26 long years. This is a man who has dedicated his life to making young, raw football players into strong physical and mental beings. Through his own leadership, he has taught us how to become "Champions" both on and off the field.

From a personal standpoint, I have been a huge admirer of Coach Newbrough for over 15 years. He coached my father to a National Championship Final in 1968, which they unfortunately wound up losing. Coach then found me my first real job in 1983 as a ball-boy for the Golden Hawks, which was a huge thrill at the time. But most importantly it was in 1990, my second year at Laurier, that Coach Newbrough disregarded what other coaches had said or felt about my ability to play the game, and gave me my chance to prove them wrong. For this I will be forever grateful. Coach Newbrough realized that I was not the fastest or the strongest receiver available, but he did realize that I had other qualities that would benefit our team.

It is Coach Newbrough's belief in his players and coaches that makes him so special. He could easily convince a player of lesser talent that difficulties could be overcome and that success would soon

follow. It is that characteristic. (along with his wacky West Virginia hot dog stories) that will be most sorely missed on the new turf of Seagram Stadium next season by his players and coaches.

On behalf of the players I wish Coach Newbrough nothing but the best in his role as Athletic Director next year. However, I also want to let him know that we will miss that West Virginian accent that comes from a man that we all know bleeds Purple and Gold. "When it came time to shoot, Coach Newbrough didn't talk, he shot!"



Head Coach Rich Newbrough

File pic

PETE ROBINSON Cord Sports

The Hawkey Hawks travelled up the road this past weekend and came home with an impressive 7-3 win over their arch-rivals, the Waterloo Warriors. The win was the second victory over the Warriors, as the Hawks upped their

record to 3-1.

The Hawks counted a goal from Don McConnell in the first to go up 1-0, when Waterloo tied it later in the frame. Despite being outshot 14-6 in the period, the Hawks were not badly outplayed. It appeared as though they were a little rusty after not having played

Any rust that was there in the first was definitely gone in the second. Scott Cullen put the Hawks up 2-1 early in the first. Then with the score 3-1, the Hawks counted a key goal from Chris George. This came after Laurier had killed off a double minor penalty, and the

Warriors were serving a fiveminute major themselves.

From that point on, it was obvious that the momentum was in the Hawk's favor, as the third period proved to be much of what the second was. Sniper John Spoltore potted his first of two of the night on a nice breakaway goal, making the Waterloo goalie look rather foolish. Then with the score 6-2, after Spoltore's second goal. Andrew Wood rounded out the Hawks scoring with a goal late in the third.

Overall it was a solid effort for the Hawks. Head coach Wayne Gowing was quite happy with the effort put forth by the team, "We're really working hard, I think we're playing some very sound hockey." is how Gowing summed up his

What is particularly impressive so far in the young season, is the depth that the Hawks are showing throughout the lineup. For the second straight league game, Laurier counted goals from all four lines and this is particularly pleasing to Gowing. "It's important that we get everyone into the game, and playing well, especially with the size of the new ice surface at the Rec Complex." The Hawks are next in action tonight at the Rec Complex versus Ryerson. Notes: Gowing is particularly happy with the play of third year centre Don McConnell. After some injury setbacks his first two years, Gowing feels that the ex-OHLer is starting to come into his own...With the win and the Waterloo tie against Western last Friday, the Hawks are one point behind the Mustangs for first place in the division...The Guelph Gryphons are off to a slow start this year. However, Guelph expects the addition of three more players at Christmas time, an addition that should help out Moo U.



GAVIN BAUER Cord Sports On Friday, the Laurier men's and women's swim teams travelled to

York University for a tri-meet against York and Queen's. Due to illness and high school commencement, many of the swimmers were unable to attend, and despite excellent individual performances, the teams came away without a victory.

First year Sue Miller continued her outstanding swimming, winning the 100 back, 200 IM and 200 free. Other women's wins were achieved by Sarah Pearse-50 and 100 free, and Andrea Hillman-400 free. For the men, David Selberg finished on top in the 200 IM as did Gavin Bauer in the 100 breast, while Trevor McGowan had a solid meet.

With a full team compliment, the Laurier swim teams are looking to win the few remaining dual meets, and striving for big improvements at the Championship meets in February.



Hawkey Hawks never give up.

Pic: Rich Vollering

Valiant volley effort

PAUL GRAY Cord Sports

The Laurier women's varsity volleyball team had their hands full last week as they took on the Waterloo Athenas at the Waterloo PAC last week.

After falling behind by a whopping 11-I in the first game, our Volley-Hawks managed to come back and defeat the Athenas by a final of 17-15. "For a young team with little experience, they played well under pressure of such a big deficit," commented head Coach Cookie Leach. Unfortunately, the team was not able to continue the momentum into the next two games, going down 15-5 and 15-9.

The Volley-Hawks were able to turn it on in the fourth game however, to force a fifth game by humbling a strong Waterloo side 15-6. A victory on this day though, was not in the cards for WLU as the Athenas carried a 15-8 rally point victory to shoot down the Hawks chances.

Veteran third year hitter Carrie Ostram lead the Golden Hawk attack with 15 kills. Carrie is definitely one of the team leaders on this young squad. Julie Westermann also added 11 kills to her credit in the Golden

> The team appeared to have some trouble with the passing; however Cookie Leach went on to say, "I liked what I saw. The only mistakes that we made had to do with a lack of experience. The only way to fix that is with time." Well, the women's side has lots of time as the season, as of press time, is only two matches old.

> their show on the road for a match against perennial power house McMaster on Wednesday evening. From there they return to the confines of the WLU Athletic Complex to do battle against the vile purple horses from Western at six.



PAUL GRAY Cord Sports

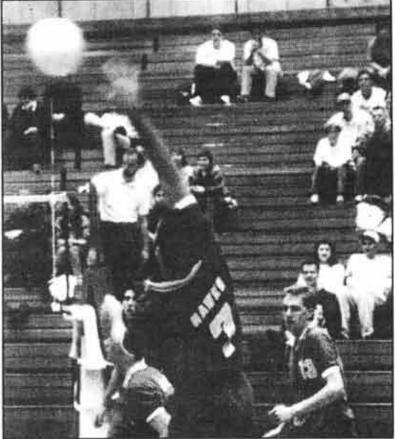
The WLU men's Volley-Hawks soared into battle against a strong Waterloo Warrior team last Friday evening. Unfortunately, the battle-scarred Hawks couldn't even muster a win going down in straight sets 15-6, 15-10, and 15-2.

Two of the Golden Hawks key players were playing injured. Dave Cote, injured in the last play of the Windsor game had missed practice all week, as well as Mike Kekich, played with a charlie-horse suffered in a practice earlier in the week.

Regardless of what the scoreboard might say, the men's Volley-Hawks played very well.

They just met up with a brick wall in the form of Waterloo power hitter Matthew Reed, who by the way stands between 6'7" and 6'8". "Every time they needed a key point it seemed that the ball would find a way to Reed and he would put it right over the top of our blockers," commented Coach Don Smith. Add one of the country's premier setters, Sean Smith, and the Waterloo attack was incredibly well rounded.

Also a hindrance to the Hawks was the gym at the PAC. It is an incredibly large gym with a ceiling that seems to go up for miles. "If a team isn't used to playing there it can be

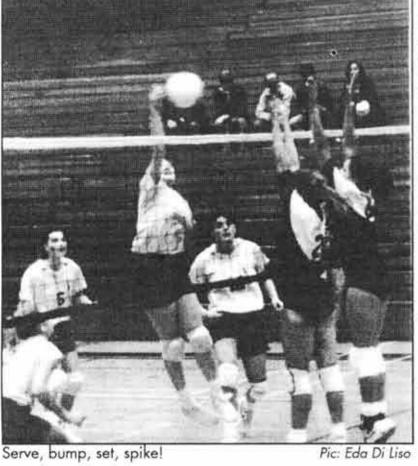


Men's volleyball team hits the wall.

Pic: Eda Di Liso

very difficult," mentioned Smith. He went on to say, "I'm not trying to make any excuses, Waterloo definitely had the better team on the court that day."

The Volley-Hawks travel to Hamilton to play the McMaster Marauders on Wednesday evening. They return home on Friday night to play the Western Mustangs at 8:00pm. Both matches should prove to be quite interesting, as last season the Hawks played quite impressively against both teams and managed to defeat Western for the first time in several years last year. Come on out and cheer the Hawks to victory.



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Tamiae hockey action

ROB HUMS Cord Sports

Parity among teams and strong goaltending represents this year's edition of the Tamiae Hockey League. Regular season league play began in late October, and after completing three-weeks of play, things have gone as expected along with a few surprises.

Ottawa, defending Mullin-Nesbitt Cup champions, has started quickly with three wins and no losses. They lost some key players due to graduation. However, with perennial all-stars Alan Avery, Brad Carnegie and Jason Holman providing the offence ahead of Emerson Keung's sparkling 1.00 goals against average, Ottawa is once again contending.

A rash of injuries has slowed down last year's finalists, Detroit. Although they surprisingly have only a tie and two losses in their first three games, they still look promising with leadership from Mike Ponic and the likes of Morgan Goodwill, Pat O'Leary and Mike Crawford on their roster.

For the second year in a row, Quebec emerges as the league's

Monday

Tuesday

Wednesday

pre-season favourite. Before being upset by Detroit in last year's playoffs, Quebec demonstrated size, speed and finesse, which they appear to have regained this year. The 1-1-1 start is slow by their standards, but with a lineup including all-stars Jaret Henhoffer and Dave Sinclair, Quebec is sure to rack up more wins.

Three years ago, Calgary, with a roster of only freshmen, captured the league championship and appeared destined to four-peat; what stopped them short was greater league balance and some suspect goaltending at times. The loss of all-stars Bill Gourley and Dave McGowan hurts, but with Brad Tubman, Rob Bobier and Greg Rickwood, Calgary remains one of the league's premier teams.

One of the surprise contenders this year is San Jose, one of four new teams in the league this year. In their three wins against no losses to date, they have defeated league powerhouses Detroit and Calgary. A veteran-laden team which includes MBA-students Bruce Hollamby, Tony Romany and Pat Kirby and wily defenseman Jason

Geroux, San Jose has propelled themselves to a team to watch out for.

Tampa Bay has also started well, going 2-1 in their first three games. Captain Ken Kivell has assembled a strong roster, which includes feisty forward Chet Morin and grinders George Wilson and Jason Spreckley.

Toronto has struggled somewhat early in the season with one win in three starts, but still has been extremely competitive in all of their games. Dave Robinson, Rob McGowan and sniper Steve Collins will undoubtedly ensure that Toronto gets back on track with more

The 0-3 record that Anaheim currently sports is not at all indicative of their play. They have put forward excellent efforts in all of their games, and their record would be noticeably different if not for surrendering leads late in the third period in two of those games. Daniel Urquhart has been solid

between the pipes, and Trevor Newell and Mike Jones have both shown flashes of brilliance.

Six of eight teams will qualify for the playoff berths in the Tamiae Hockey League. If the first three weeks of exciting, well-played and close-scoring games are any indication, the playoff situation will not be finalized until the last game of the regular season. Watch this column for weekly game coverage and summaries as well as news from the Tamiae Hockey League.

Season ending loss to Yeomen

CARRIE LOSSITTER Cord Sports

The '93 season ended in a tough 6-4 loss for the Laurier lacrosse team when they met the York Yeomen on Saturday. The team was representing Laurier at the Ontario finals in Guelph.

After suffering defeats to York throughout the year, the team rallied and kept the game within one goal until the final quarter. Andy Playter of Laurier, coming off a five goal performance against U of T, opened the scoring with a blistering low shot past the York goaltender. York responded with two goals of their own to end the first quarter. Jay "Boom-Boom" Mancini blasted in a quick-stick goal to tie the game in the second quarter. At the half: York 4, Laurier 2.

Angry at the start of third quarter, the Laurier Hawks started to really lay down some crushing hits on the York goal-scorers. The defensive trio of Marty Cornacci, Redwood Willemse and Brent Sereson rocked the York attack to the point that they became the York "Yellowmen", afraid to come to the net

Kevin Mitchell-Gill played a solid game both on defense and on offense, winning every face-off, controlling the ball and setting the tempo for the attack. Todd Circa had the best game of his illustrious career, grabbing every loose ball, providing excellent offense and defense as well as his usual intimidation (and he only got one penalty).

Morgan "The Wall" Goodwill: for the second straight year, team M.V.P. and by far the best goalie in the league. He kept the team in the game on numerous occasions and should be an easy pick for the W.L.U. Lacrosse Hall of Fame.

The fourth quarter saw both teams exchange two goals with Bear Hanford and Andy Player scoring for Laurier.

It was a fantastic season and the graduating veterans would like to thank all you guys for your work and dedication and say good luck to you next year.

Keep an eye open for the lacrosse teams's "Win Money, Food, Clothing and Beer" raffle later this month.

Huge rugby disappointment

TED SMITH Cord Sports

For the second year in a row the Laurier Club Rugby team went undefeated in the regular season, and for the second year in a row, they did not win the Championship game at the end of the year. This year, however, we invented an entirely new way of accomplishing this, by not even getting to the

Apparently, some game sheets from our school did not make it to the OUAA office in the required time allowed, and the decision to put the Carleton Ravens in the Championships was made before all the years results were tallied. They also forgot to tell us this until the middle of last week. So, once again, our season ends in disappointment.

This is the official story as to

why we got screwed out of our game. The unofficial story, or my story at least, is that last year we inflicted so much pain upon Queens that they refused to play against us again. They unofficially threatened to leave the league if they were forced to meet our team on the field. The OUAA, realizing the importance of Queens and their rugby program, decided to comply with their demands and promptly dropped us. Thats my story and I'm sticking to it.

In the Varsity Championships, Queens regained their title by defeating the Western Mustangs by the score of 18-15. As for the Club Champioships, I have not heard the score and I don't really care. I hope they both lost. I hope it snowed, too. And so ends another season of sex, drugs and rucking'n'rolling, and Hymers, stop the crying.

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Hawks of THE WEEK

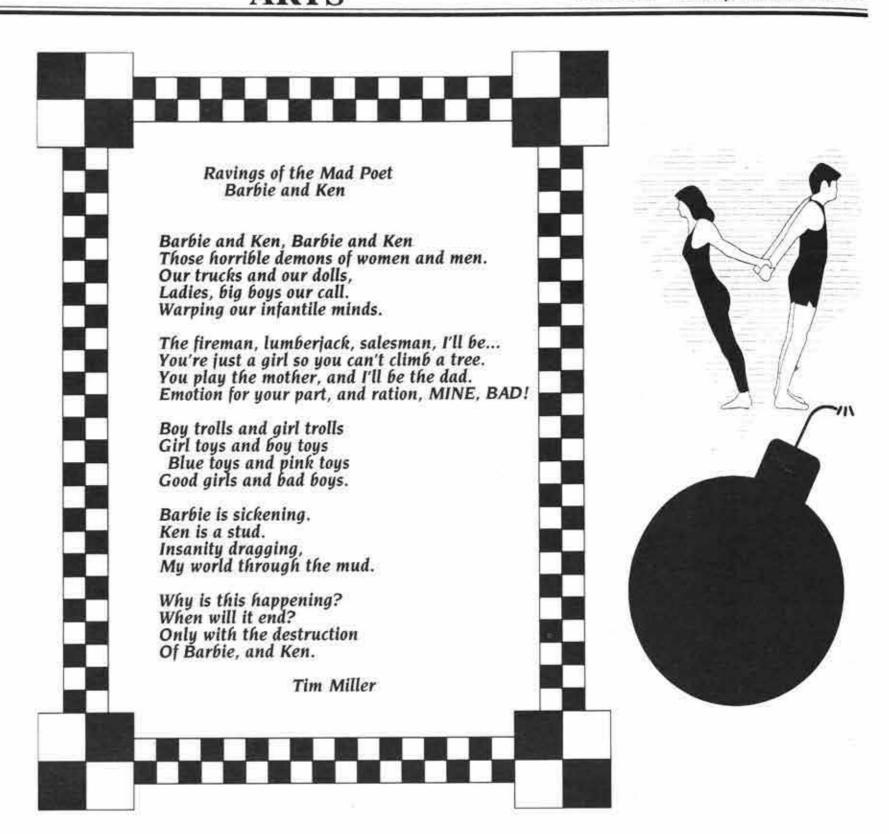
John Spoltore—Hockey

John had a great game against the Waterloo Warriors on the weekend as he had two goals and two assists to pace the Hawks to a 7-3 victory over the cross-town rivals. John is a second year student from Bridgeton, New Jersey.

Carrie Ostrom—Volleyball

Carrie lead the WLU women's volleyball team with 15 kills on the weekend. This third year co-captain is a third year physical education student from Newbury.





FISHER SHEFFIELD'S EPILOGUE

by Terry Grogan

PART EIGHT: "TALKING DOPE WITH KEITH RICHARDS"

Clinton: "Quite the international ladies man, aren't you?"

Me: "Yeah...Ido OK...I've got a "Chicks I've Had" wall map of the world back at my place...and I'm running out of pushpins, ever since the black market foreign currency, opium, nuclear weapons, and white slave trade took me into Russia," I wiped my nose with the sleeve of my jacket, "But I'm thinking about getting out of the nuclear weapons business," I told Clinton, looking down at my Glock 7 on his desk, "It's too dangerous, too unpredictable..."

"But, Fisher, you don't really like to be around women who are smarter than you are,

"Nope...Tried that once already; didn't work...Myra's got an IQ of 178—and, by the way, did you know that she also wears size 14 shoes?—but she doesn't go out of her way to prove it...so, I guess, even with all of these beautiful girls hanging around me, I'm kind of a sexist...but I'm also a fuckin' genius...so I can get away with it..."

Clinton nodded, thinking again. Then he confided in me: "You know, Fisher, you're doing it again."

I shook my head from left to right and back again, not getting it: "What's that?" I asked him.

"Joyce, and Myra. Before that, it was Robyn. Before that, Cindy Crawford. Next, for all I know, it could be Hillary."

I shrugged my shoulders, not comprehending. "What?" I asked him for another clue.

"Out with the old, in with the new: remember how girls whose names ending with an "a" used to get you hot? Paulina? That stripper, Veronika? Eda? And Veruschka Khrushchev — but maybe that was just because she was the granddaughter of Chairman Nikita S. Khrushchev? —"

I started to shake again, briefly —

before Clinton continued:
"Have you forgotten that
Caroline Mulroney, daughter of
the Prime Minister of Canada,
was even going to change her
name for you? Now: it's girls
who have a "y" in their first name
that turn you on. But you always
follow a pattern."

"Nah...I don't buy that: what about last night, Siobhan, Myra's roommate? You're wrong."

"Fuck your hat, Sheffield: or what about Sarah?"

At that, I started to shake uncontrollably...until finally I reached across the desk, and grabbed on to President Clinton by his shoulders, to steady myself.

Clinton: "Well...that's exactly my point: there's always the exception that proves the rule...but, Fisher, do you need to get high again?...Or, maybe, just go shopping for new shoes?"

"N-n-n-no...I'm O-O-O-K-K-K...you j-j-just mentioned t-lthe n-n-n-n-n-name..."

"Oh; sorry pal," Bill told me, "I'll try not to mention Chicago, either."

After a moment of pounding the palms of my hands down on Clinton's desk, making my gun bounce up and down, I got control of myself, and told Bill: "You just have no idea what I'm going through, do you? Maybe I am a dope fiend, but Chicago was a big fall for me. In just ten days I went from Hero to heroin. I could have been President, but now I work on a garbage truck —"

"Are your garbage truck worker friends here tonight?—" Clinton asked me excitedly.

"No...These days, Keith Richards is my new pal...It used to be, all I could think about was s h o o t i n g groundhogs...Groundhogs, groundhogs, groundhogs, www.it's — burp! — shooting dope...So fuck your hat, Clinton."

I stared at him defiantly, but then I noticed something was not quite right with his face. "Fisher?"

Bill just put his left hand on my right shoulder again, and gently squeezed it. Then he looked me right in the eyes, and said: "I just cut out on you, didn't I?"

"What? —"

And then I noticed President Bill Clinton had transmogrified into a cow, right before my eyes, which was strange, because I hadn't been experiencing the barnyard hallucinations lately.

"Ow! Goddamnit! I cut my finger!..."

"'ey mate, ho' dew yew lik' me new blud?"

Sometime later, safely away from the President's inner sanctum, I was standing out on the ballroom dance floor talking with Keith Richards, when I nicked my hand on one of his brooches.

My nose was broken, one of my ribs was dust, my right hand was shattered, and my right kneecap had drifted down to my ankle...but Keith Richards, lead guitar of the world's greatest rock n' roll band, was dressed, hair gone wild, as usual, in rags and bandannas, blue jeans, a leather vest, and a ratted-out old pair of engineer boots.

"Sew, Fish, ar' yew gettin' an'?"

Blood dribbling from my clenched fist, I looked up at Keith: "Any what?" I asked him.

He just looked around the

room self-consciously, smiling nervously. Then he turned back to me, leaned in close and whispered: "H..."

"Nah, man," I told him, "I'm pretty sick right now — and suffering from just unbelievable hallucinations — but I just can't seem to score...my connection is over trying to seduce JFK Jr."

"Thas a reel bitch..." Keith empathized with me, spitting out his words like popcorn, "Bu ah guess i's fo' the bes'...to hel' me ge' off th' stuff, I had Switzerlan' shu' off me heart, and pump in all new juic'."

"Did it work?"

"Nah...a' me core, ah'm a bac'slider..."

"I dunno, Keith," I told him,
"If I spent a quarter of a million
dollars to have doctors shut off
my body, remove all of my blood,
clean it, and put totally fresh
blood back into me...just to help
me kick dope...I don't think my
first move after leaving the hospital would be to shoot up in
some public toilet."

"Yea', I tho' tha' as wel'," he replied, pointing over at Joyce, "Is tha' th' littl' girl?"

"Nah...my girlfriend Myra Radakovich is after John-John too... That's Joyce: and she's been boiling down cottons for at least the last week..." I said, looking over at Mr. and the future Mrs. Kennedy uneasily.

dale wells



Othello in White

Hatred poster child 93 So you have labelled me You despise all Im about Makes your actions seem less devout But all your anger against me Is matched in intensity The blindness in how you perceive Choked on propaganda youve received

You hate ME Good! Dont let it be **Express** Dont Repress

I have no fear of you Nor retalitory plans for what youll do But expect not a martyr passive Society raised me to be as aggressive Fight you, I will not Physically, youve more than Ive got Condemn nor condone As equals, we live on our own imprisoned in the stereotype But I will not let our rage continue to swipe My life is my responsibility To navigate the waves made by society

So laugh or shout Try keeping me out Let your racist view fuel your heart I challenge you on every part Of your worthiness to co-exist But malice i will contain and resist Because we all make mistakes Some are just harder to take.









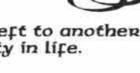
When the boundaries of days and hours are left to another world and we are as we are, there is serenity in life.

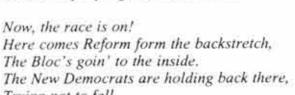
Nothing is in limited supply - nothing slips by.

There is no economy but for the world's fools.

And there is no faith save your own.

by Jeff Klaehn [c] Klaehn





But don't you wager that I'll hide in sorrow,

Trying not to fall. The Tories are out of the running, National Party's scratched for another race. And race is on, and it looks like the Grits,

And the country loses all!!

Kim Campbell's Blues

I feel seats slipping away from me, Like me party's got a big break. And you might stay, that we are Takin' it hard in the polls.

When I may lay right down and ball.

One day I ventured in politics, never once suspecting What the final polls might read. And how I lived in fear of waking up each morning, And finding that the voters deserted me. And there's aching pain in my pay-cheque, For today was the one I hated to face. Some Fringe parties came up to beat me, And I came out in umpteenth place.

医克克氏性性原性 医二甲酚磺胺二甲基苯甲酚

A parody of Ron Rollins' "The race is on" by Luke Gassien

One could say it sho mentalist's Vegetar only does it have no ard meat and potatoe

THE CORD Th

Meat in the nineties

The Vegetarian debate continues

JIM LOWE **Cord Features**

Before I begin this article, let me make it clear that my intent is not to attack those of you who still consume meat. The carnivores among us do enough attacking for both sides.

I am a vegetarian. That makes me somewhat strange in this meateating society. In the beginning, I was simply eating less meat. Now, I refuse to dine on anything (meat, poultry or fish) that was once a living, breathing creature. Why? Well, to begin with, there were health reasons.

Chowing down a T-Bone or feasting on a slab of ham fills your insides with far more cholesterol then they need. This quickly turns your body into a sluggish deposit of fat. Do you ever wonder why, after a big meal, you feel tired? Its because your body isn't designed to process meat, and has to work overtime in order to handle what you've shoved down your throat.

Another reason why 1 became a vegetarian was simple economics Fruits veggies and other nonanimal products are cheaper than meat, fish or poultry. On a global scale, it is far more economical to grow wheat and rice than cows and chickens. McDonald's and Burger King have chopped down sections of the Brazilian Rain Forest to graze cattle. If our society ate less meat, this atrocity wouldn't be necessary.

Since that time, however, my reasons for being a "veggie" have changed drastically. Because I am no longer of the belief that "meat is the anchor of any meal", as a roommate of mine recently stated, I question the necessity of meat at

From a very early age, we are

tion of meat as being normal. Really, we have very little choice in the matter. My one year old nephew, for example, is fed products such as "Terrific Turkey Dinner" or "Pork Passion" baby food. At no time, as far as I can tell, was he given the option of not killing an animal for his "feast". By the time we are old enough to make a decision, the death of animals to please our stomachs is virtually inbred.

I challenge those who say that eating meat is a natural thing. From a theological standpoint, most major religions teach about a time when the earth's other inhabitants were not viewed as food for hungry humans. The Talmud, the Koran, the Bible and the Tao Te Ching, for example, all portray vegetarianism as being natural, healthy and, in some cases, divine.

Science, as well, questions those who claim that meat consumption is somehow natural. Our intestines were designed for the existence of a herbivore; they're not nearly big enough for a true carnivore. We don't have the teeth or the claws that other, natural meat-eaters have. As well, our closest relatives, primates such as apes, are herbiv-

I find it interesting that, in our society, we are at once repulsed at the thought of consuming certain animals while we give nary a second thought to the death of others. Most people I know would refuse to eat meat from a dog or cat. They have no qualms, however, about eating cow or pig. Why is it okay to kill one species, but sick or cruel to murder

another? When people find out that I'm a vegetarian, more often than not, they respond by questioning my intelligence, my reasoning and my commitment to what I believe in. They cannot accept that I simply do not want to kill animals in order to fill my stomach. If you ask me, they're just trying to justify their

SCOTT McKAY Cord Features

Vegetarianism makes no sense. Vegetarians claim that we were always herbivores. Therefore, vegetarians make no sense. Many vegetarians claim that they do not want to be responsible for the death of animals for the purpose of meat use. However, many animals are killed as a result of their veggie purchases. Therefore, many vegetarians are contradictory in nature. Meat is good tasting, good for you, part of natural history as our staple and good for the economy and I cat meat. Therefore I make sense - so read on.

It all started about two hundred mile lion years ago. Big dinosaurs were running around eating anything they could get their hungry mouths on. We, in the form of little furry insectivores, were running away from the dinosaurs' hungry mouths scrounging up bugs to feed on. If we did not cat bugs then we probably would have become extinct right there. The dinosaurs were too competitive to allow some simple little creature like ourselves in on any other food that was available. Later on as we developed along the evolutionary road some things changed. Our big competitors died off some sixtyfive million years ago. However, we did not. Perhaps the reason for this was that our food source was not affected by the catastrophic event that snubbed the dinosaurs. Perhaps at this point in our development we had a diet that was diverse enough so that

wonder about how we survived such an event that killed off so many other species. Moving on we come to our ancestors known as Australopithecus. There were several different species of them that we can determine from the fossil record. A larger model, Australopithecus robustus, lived mainly on a vegetarian diet. Guess what happened to this species? It became extinct. The meat cating, co-existing relative of A. robustus which is known as Homo habillis eventually evolved into what we are now, Homo Sapiens. Coincidentally, the meat cater developed a larger brain where as the vegetarian only got bigger in body size. Hmmm? The larger brain

food acquisition was not a problem. This is something

we will probably never know. But it does lead one to

were necessary for survival. We have been on a moderately long journey through time. Without the diversity of being omnivores we would not be here. I have to wonder about conditioned to accept the consump- morbid eating habits to themselves. these people that tell me that we have been vegetarians

allowed more complicated thought processes which

through our entire existence. If the facts mentione mom's), or everyo above are a little hard to swallow look in your own can chewing mouths. What the hell would we have those mentally friendly a pointy little teeth known as canines in there for such items as whole Grinding up vegetables. I think not. They were mean white flour, and longer than the such items as whole such items are such items. for tearing flesh. Red meat right off the bone! If yo The reason for this cannot believe this you are not using common sense. I bleach, which whe you are not using common sense then maybe your brains. is too small!

"advanced" society that we live in we should not kill really is something Aside from these facts people also claim that in this animals for the purpose of meat. "It's cruelt kill an animal" or "I do not want to be murderer"! If people only had a club Cheese Soup. In f If these bleeding hearts knew wh their little vegetable purchase they would re-think their pretty good, albeit were responsible for may strategy. The chemicals growing crops do not stay on the fields. After rain fall the water goes in knows how to cook the streams and river giving all the life in ther the recipes, and sp little taste deathicides. The fertilize ers speed up the growt consume gases that ar If you find that it is needed by other organism thereby killing them o

Banana plantations are of a major con cern because the insecticides that are used no only trash the environment around the plantations, but also the people working on these farms are experience ing major health problems. Large companies go in third world countries and create large farms mainly the export of exotic fruits and vegetables. The local economies are temporarily boosted followed by crim waves due to an inadequate transition of economie The local environment is trashed by the intensiv farming practices. Good all around!

through suffocation. Pretty p

I do not claim to be any saviour by cating mea Obviously I eat non-meat products as well. But the thing that really gets me is that these people that clair to be vegetarians think that they are doing the world big favour by not eating meat. They do not want to be responsible for the death of animals. You have read the facts above. To be a non-killing vegetarian is a contra diction in terms. Hence, contradictory people.

If being a vegetarian makes you feel good than by all means continue to be one. But do not think that you conscious is clear, if killing animals (or any life!

Besides, when they kill cattle in a slaughter housing material of our b it is done very quickly. Even quicker than it takes tokil one-half of the non-

Make mine blue!

white flour, and lon toxins.

Now as for th couple of years ma being a cheese nut, contains carrot an would argue, but

However, ther consistent through make the assump instructions pertain major crisis but so

I really liked th of ingredients show

1/4 cup choppe 1/3 cup carrot, 3 Tosp butter, r 3 Tbs unbleach

Tosp vegetab 172 tsp paprika. 1/2 tsp dry mus 1 cup milk (or V

3 cups water 2 cups grated of

Saute onion an carrot mixture, thickens.

Remove from h

Pro RICK CO Cord Featu

ents of our bodies is kin, hair, muscles, b

vhere, so why not v

The trials and tribulations of one struggling vegetariar

SHELDON PAGE

anism to make me truly regret my days as a carnivore. The following is a brief account of my vegetarian experience and some words of advice to those who are thinking about becoming a veghead.

For the record I am presently a meat cater, who is feeling the negative effects of a meat based diet. It has been my experience that living the life of a student and cating healthy is next to impossible without planning things out first.

New Year's Eve two years ago, I made a resolution to stop eating meat. My mother is a vegetarian, so I had a good idea of how to balance a vegetarian diet. I knew from my mother's example that if it is done properly, vegetarianism will lead to a very healthy lifestyle.

choosing not to cat meat - I just It took a failed attempt at vegetari- wanted to improve my health.

Unfortunately, my vegetarianism lasted a year. At the end of that year, I was convinced that I was doing myself more harm than good by not cating meat.

I hated eggs. I hated beans. I hated milk. This is not good for one who is considering becoming a vegctarian - this is what led me to eat meat again. I thought that I was not getting enough protein in my diet. Another problem was that I still liked meat. I had these intense cravings for Big Mac's, meat balls, and all the meat items that you could cram onto a pizza.

I hung my head last New Year's Eve and threw vegetarianism to the wind. Did my year as a failed vegctarian increase, my health? Do 1 feelbetter now that Leatmeatagain?

Barvarian sausages at the Farmer's Market. Bacon, ham, pepperoni, sausage, and ground beef on my pizzas. Hot dogs, hamburgers, roast beef, and turkey. You name it, I ate it. I also gained at least ten pounds this year. I would like to say it was muscle I gained, but the growing waist size of my jeans speaks the

Will I return to vegetarianism? Yes. I know that I can do it. I know that I don't want to gain more weight cating fast, meat laden junk food. I want to be healthy damn it and I'm willing to give up meat to obtain this goal. I am going to learn to eat eggs, beans, and to drink milk. I learned to cat asparagus, hence I can learn to eat anything,

I have been planning my menus

I was not making a moral stand in The answer in one word - NO. * for the last couple of months. I will buy a lot of hot dogs for what you urgers, hot dogs, an There are several good vegetarian cook books out there. A vegetarian news group is available via Internet. If you are up to date with the Internet, there are thousands of vegetarian recipes available from FTP sites. Try an ARCHIE search for "recipes" to see what is out there. Check out this year's Canada Food Guide

I find, thanks to a student timetable, the preparation of meals is usually limited to about ten minutes. If you are into healthy meat dishes, this time constraint can be a problem. Vegetarian dishes are no better for the most part. Plan ahead and make large portions that you can freeze and later nuke up. Healthy cuts of meat are also a problem thanks to a student budget. You can

I indulged in just about every form of meat possible. Foot long bored with just eating pasta.

I indulged in just about every need a varied diet to avoid becoming bored with just eating pasta.

I'm planning now for my results. Some taste I'm planning now for my results. For the more taste in the planning now for my results. conversion. I'm cutting down my products are very ex intake of meat, so the switch will them if you want to not come as a shock. Going cold found that a vegeta turkey will bring on the craving regardless of the bra like you would not believe.

I encourage those interested in I am returning t vegetarianism to give it a try. Plan sm because it will ahead and don't cat meat for a good about my body week. Our society is so meat ori- tarianism helps the ented that for most of us it is hardto sa side effect that is conceive of a meal not containing turading to change meat. Most meals are centred around liew on meat. My meat. Show yourself that this is not neat to veggies is sm the case. A meatless meal can bea cale, but change has culinary delight.

One other word of advice to If you are inter those who are experimenting with Harianism. give it a vegetarianism - watch out for pro- yourself that you do pared vegetarian products. Health to survive. Vegetaria food stores along with most major have to be a painful supermarkets have vegetarian ham the potatoes.

Enviromentalists' Cookbook

JEFF BLAIR Cord Features

One could say it should be called "The Environmentalist's Vegetarian Cookbook," because, not bonly does it have neat alternatives to your standard meat and potatoes (when you're back home at mom's), or everyone's favourite Kraft Dinner (when you're back at school), but it is environmentally friendly as well. It gives variants on such items as whole wheat flour vs. all-purpose white flour, and long grain rice vs. Uncle Ben's. The reason for this is to cut down on the use of bleach, which when improperly used can form

Now as for the recipes themselves. There really is something for everybody, ranging from soft drinks to entrees to desserts. Having spent a couple of years making soups in restaurants, and being a cheese nut, I decided to try the Cheddar Cheese Soup. In fact, it isn't just cheese, but contains carrot and onion as well. The purist would argue, but I'm no purist. Anyhow, it is pretty good, albeit having a somewhat different appearance than Campbell's.

However, there is a problem that is fairly consistent throughout the cookbook. The authors make the assumption that the reader already knows how to cook, because there are only vague instructions pertaining to temperature in some of the recipes, and speed in blending. This is not a major crisis but some confusion may arise.

I really liked the look of the chilli, as the mix of ingredients should give it a nice consistency. If you find that it is lacking in flavour, I mean that

strong chilli flavour, then try increasing the amount of cumin and see what happens. Next, I took a peek at the basic stir fry recipe. Oh-oh! Somebody didn't read the little cookbook that came with their wok. They say in the recipe that it is alright to substitute olive oil for peanut oil. This is not true if you are concerned about healthy eating. Olive oil breaks down much sooner than peanut, making the cooking time longer, and also allows the vegetables to absorb oil and other assorted nasties. They also suggest a cooking time of 4-8 minutes, dependent on the colour change of the vegetables. In my experience, a better rule of thumb is not the colour change (if you watch, it really only takes about 30 seconds, as long as the oil is hot enough), but rather the crunchiness of the harder vegetables, carrots especially. This is usually around three and a half minutes (under six servings). They also don't mention how to glaze the dish (of food) by mixing in a tablespoon of cornstarch with the soy sauce, about 30 seconds before transferring the food from the wok to a serving dish.

In conclusion, this cookbook shows a lot of promise, but needs a little spit and polish. Some of the methods could be clearer, and some of the cooking terminology could be defined for the novice. On the whole, though, it is definitely worth having around for anyone who is a vegetarian, knows a vegetarian, or is just concerned about healthy eating, even a meat and potatoes guy like

The book hasn't gone to final print yet, but it is due out by the end of term. The price is yet to be

Cheddar Cheese Soup

1/4 cup chopped onion

1/3 cup carrot, finely grated

3 Tbsp butter, margarine, or olive oil

3 Tbs unbleached flour

I Tosp vegetable bouillon

1/2 tsp paprika.

1/2 tsp dry mustard or 1 tsp regular mustard

1 cup milk (or Water) 3 cups water

2 cups grated cheddar



Saute onion and carrot in butter, until tender. Add flour, boullion, paprika, and mustard to carrot mixture, blending well. Add remaining ingredients, cooking and stir until mixture

Remove from heat and stir until cheese is melted. Garnish with croutons and parsley

Top ten veggie list

JIM LOWE **Cord Features**

10) Vegetarian Pizza Slice (Mega Pizza): A quick solution to a hunger attack. A cool combination of Pineapple, Green Pepper and Onions makes it distinct from other veggie slices.

9) Snooker Fries and Garlic Bread (Loose Change Louie's): Massive portions at a reasonable price make this a wonderful lunchtime meal. Make sure that you ask for the fries sans chilli, though.

Veggie Burger and Black Bean Soup (Phil's): The best veggie burger in the area, most scrumptious when smothered with two types of cheese. The soup is a great alternative to fries.

7) All You Can Eat Pasta Bar (The Red Pepper): At \$7.95, the price is steeper than most meals on this list, but, if you're really hungry this is your best bet.

6) Falafel Sandwich (Aladin's): Perhaps the best value for your veggie money. Wrapped in a pita, this combination of falafel and fresh vegetables is irresistible.

Breakfast Buffet (Pat & Mario's): The mother of all buffets, this feast offers all kinds of veggie-friendly fare.

4) Make Your Own Sandwich (Reggie's): Although somewhat far away, the opportunity to heap tonnes of your favourite stuff on a huge kaiser is always appealing.

3) Vegetarian Platter (Pogo's): A huge meal which can easily feed two people, Pogo's platter provides a scrumptious sampling of Middle Eastern standards.

2) Veggie and Cheese Sub (Subway): Mmmmmmmmmm, Suuuuuub-waaaaaay.

Kitsilano Club Sandwich (Phil's): There is, quite simply, no way to describe how good this is.

RENEE WARD **Cord Features**

Growing up in an European meat and potatoes family, I always loved meat and considered it a necessary staple. I lived off campus in first year and thankfully avoided the notorious dining hall food. I did however, find buying meat an unwanted expense. I could seldom afford it, thus I seldom bought it.

Over the Christmas holidays, I managed to make up for the past few months of lacking meat. April did not prove so lucky. My first attempt to eat red meat made me extremely ill. It never occurred to me that my digestive system had altered enough to actually make me ill.Throughout second year I continued to eat fish and poultry, but by then I had sworn off red meat. As of this September I stopped eating fish and poultry.

I have never categorized myself as a complete, die-hard vegetarian or vegan, and have never claimed to refrain from eating meat due to my moral values. This past summer I met several serious vegetarians. Although they did not convert my morals, they put on the road to some serious thinking.

My views and reasons are still evolving, even though I am starting to lean more towards moral reasons for vegetarianism. Whether this is solely linked to the influence of my friends, or just my personal changes, I am not sure. I do feel that the more you talk to others and research the topic, the more your views will

Yes, I still eat dairy products, yes, I do have leather products in my possession, yes I still love my English mints(that do have gelatin in them), and no, I don't feel like a hypocrite.

On a more practical level, vegetarianism is great for a student. Not only is it healthy, it is a great deal cheaper than buying meat. Some people claim that being a vegetarian consumes too much time. I beg to differ - any food preparation (except for fast food) takes time, whether it is meat or vegetables. What does help with vegetarianism though, is creativity, research, patience, and often, a damn good cookbook to get started. Dining out isn't even a problem - there is always, if nothing else, a salad on the menu (and dessert!).

What does present a problem for me though, is other people's attitudes towards my style of living. I don't feel that it is necessary to justify my choice of food products or the reasons for them, to anyone. People just don't have the right to criticize or judge others on their nutritional differences and reasons. I feel that these types of attitudes greatly deter people from trying vegetarianism. Nobody wants to be categorized. Nobody wants to be accused of "failing" at vegetarianism. I am a vegetarian, but by my interpretation of the term,not anyone else's And that is the way everybody should view their eating habits.

Who knows what I will be eating at this time next year? But for now I am comfortable with what I am doing and why. And that is what Additional delication mattefs. AND AND THE RESERVE

Protein requirements for vegetarians

RICK COLE **Cord Features**

misprotein? Protein is the buildmaterial of our bodies. About whalf of the non-water compounts of our bodies is protein. Our hair, muscles, bones etc. are

ers, hot dogs, and other such lucts. Some taste good and oth-Muck. For the most part these plucts are very expensive. Try if you want to, but I have ind that a vegetarian hot-dog, rdless of the brand tastes like

I am returning to vegetarianbecause it will make me feel about my body. If my veglanism helps the environment side effect that is great. I am not ding to change the world's won meat. My change from nto veggies is small on a global Sbut change has to begin somene, so why not with myself? If you are interested in veglanism. give it a try. Prove to

self that you do not need meat

rvive. Vegetarianism does not

to be a painful ordeal - pass

potatoes.

made mostly of fibrous proteins. Protein is necessary for children to grow and for adults to repair and replace tissues that are constantly breaking down in our bodies.

Where does protein come from? Protein is produced in our bodies by combining twenty-two amino acids into complex structures. Also, our bodies are able to produce all but eight of twenty two amino acids. So our dietary requirements for protein are really just to consume enough of those wight amino acids which our body tryptophous leucine, isoleucine, containing, and aromatic amino ac-

If the foods we eat contain enough of these eight amino acids then our dietary requirements for protein will be met.

What are the best sources of protein? There are no hard and fast answers to this question. If you ask a cattle farmer, he will tell you that beef is the best source. If you ask a dairy farmer or a poultry farmer, they will tell you that dairy prodwell... you get the picture. The tended.

lysine, valine, threonine, sulfur ideal way to find the best source of protein is to look into your own diet, and check out your personal favorite sources.

The most important thing to remember if you are considering a vegetarian diet is to make sure to continue enough protein. Take the time to research your protein requirements. Find the neccessary information to help you make an intelligent decision. Whatever reason you might use to decide to stop eating meat - make sure you don't ucis, eggs, and chicken are best. jeopardize your health by cutting cannot produce. They are And if you ask a wheat farmer, out meat cold turkey, no pun in-

Hunger: Number of pure vegctarians who can be fed on the amount of land needed to feed 1 person consuming meat-based dict: 20

Environment: Number of acres of U.S. forest which have been cleared to create cropland to produce a meat diet: 260 000 000 Cows are responsible for producing 25% of the methane gas depleting the ozone layer.

Water: Water needed to produce

a pound of meat: 2500 gallons. Of all water used for all purposes in the United States, more than half goes to livestock production.

Natural Resources: Amount of U.S. cropland lost each year to soil erosion: 4 000 000 acres (size of Connecticut)

Percentage of U.S. topsoil lost directly due to livestock raising: 85.

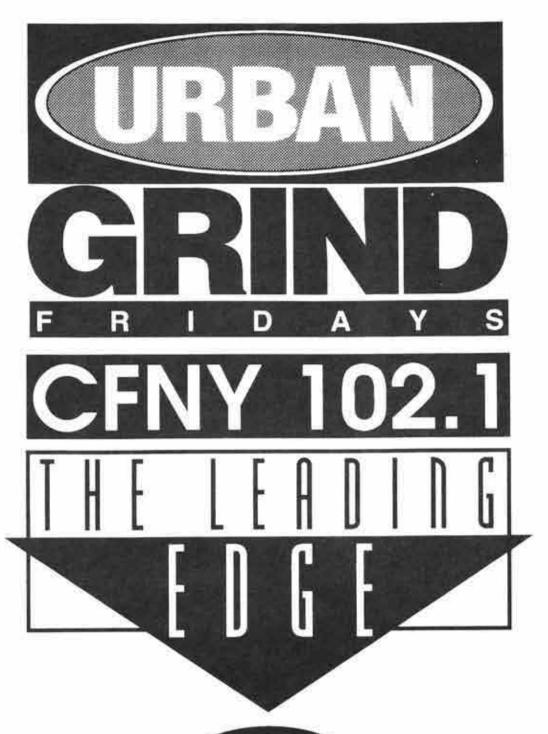
Waste: Production of excrement of U.S. livestock: 250 000 pounds per second.

Human Health: Risk of death from heart attack by average' U.S. man: 50%

Risk of death from heart attack by average U:\$. vegetarian man:

Pesticides: Leading source of pesticide residues in the U.S. diet: Meat - 55%

Survival: Only man to win IronMan Triathalon more than twice: Dave Scott (6 times) Dict of Dave Scott: Vegetarian



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Trip: grifty and powerful

SELENE MacLEOD Cord Entertainment

October 28, 1993 was the loudest night of my life. Bombshelter? Pah! Tristan Psionic, a (dare I say it?) grunge/pop band from "Puslips" (Hamilton, Ontario), opened the show with an energetic, too-short set. Consisting of Mark Milne and Sandy McIntosh sharing guitars and vocals, bassist Wool, and Ross McLochness on drums (where do these guys get their pseudonyms?), the band could be easily compared to any band of the genre - (like Nirvana, only a lot more fun), and they generously provided free earplugs. (By the end of the night, I was wishing I had used them). At times they seemed a little lost onstage, but that will improve with experience. Of course, much of the between song exchanges were time-killing while the soundmen dealt with broken equipment. The high point of the performance was their finale, an abusive feedback slam during which the band members (broken strings and all) grated their guitars on each others' bodies. They'll be back Nov. 21 at Phil's, so check them out.

Ever had your ears cleaned with a jackhammer? The second band, Grasshopper (from Toronto), was just as excruciating. Over distorted, with amps cranked way past Spinal Tap 11 (97, perhaps?), the band offered an indescribable mix of shricking guitars, chilling bass vibrations, power drumming, and bloodcurdling wails. Guitarist/vocalist Derek Madson was impres-Robinson offset Madson's antics



Pic: Selene MacLeod

Grunge king feasts upon guitar.

by staying still most of the time. Mike Gribben on drums completed the outfit, drawing as much attention as the frontmen. Musically... picture Alice in Chains meeting Napalm Death and giving birth to Bobcat Goldthwaite-without sive, writhing across the stage with monologue. At times, Grasshop- two bare light bulbs on the stage dreadlocks flying. Bassist Ted per's seriousness ("You'll be happy when I die") got to be a little bit

much, but overall they were aweinspiring.

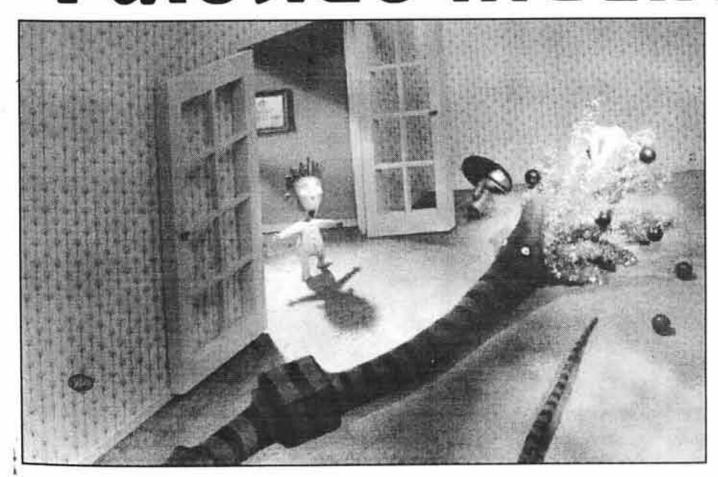
Eric's Trip, the headliners, opened their set with a slow number, which was quite a shock after Grasshopper. The band played almost completely in the dark, with providing the only light.

Out of Moncton, New Bruns-

wick, Eric's Trip's was the first Canadian act signed to Sub Pop, the Seattle independent label made famous by Kurt Cobain & Co. 1 suppose the comparisons to Sonic Youth (from whose lyrics they lifted their name) are inevitable, right down to the female bass Gaudet on drums, the band is great, unique. Gritty and powerful, the album, 'Love Tara' ...

band stirred up an impressive slampit. The guitar onslaught from Rick Whitar and Chris Thompson is softened by their melodic vocals, shared by bassist Julie Doiron; they have an almost innocent quality at times. Rounded out by Mark player, but Eric's Trip is quite to say the least. Look for their

Yuletide madness& evil



SANDRA ISAAC Cord Entertainment

Tim Burton's Nightmare Before Christmas blows into movie theatres this fall like a breath of fresh air. Burton uses thirty million dollars and the latest innovations in stop-motion technology to create a unique and enchanting animated world. Nightmare Before Christmas tells the story of Jack Skellington, the Pumpkin King, who is the undisputed leader of Halloween Town. While Jack is certainly the scariest guy in town, he is bored by doing the same old thing every Halloween. When Jack stumbles on to the entrance to Christmas Town, he is enraptured. For a change of routine he decides to take over Christmas. The inhabitants of Halloween Town kidnap Santa Claus and the stage is set for the greatest Christmas ever - Halloween style. Jack drives a sleigh made out of a coffin led by skeletal

reindeer and the gifts that he delivers are, shall we say, creepy. The only inhabitant of Halloween Town who sees imminent disaster is a rag doll named Sally, who is in love with Jack. Thus, a romantic subplot develops.

The real story of Nightmare Before Christmas, however, is not only in it's story but in its exquisite animation. Burton had pitched this idea to Disney years ago, but it was put on the back burner for being "too weird". Now, however, after the success of such dark Burton films as Edward Scissorhands the idea was resuffected with wonderful results. This movie may not become a holiday classic to the tune of Rudolph the Red Nosed Reindeer, but with endearing characters, rollicking songs, humour and a can't fail story line, "Nightmare" will certainly make its mark on the holidays, both Halloween and Christmas.

Beg no more

DAVID POPOVICH Cord Entertainment

The Canadian identity is something which has been criticised and condemned, however never truly recognised. From a North American perspective we have never distinguished a tangible personality which is easily recognisable. However, if one looks to the Canadian music scene they can discern a definite character which is unique unto itself. To identify this particular element in our national songs is impossible. I'm sure at one time or another you've been unable to put your finger on what

exactly it is that you like, or for that matter dislike about something. This is precisely the case with musical Canadiana. It seems to be more an intuitive feeling than one of logical analysis. Simply speaking the music just has a "feel" all it's own.

This is exceptionally true with the music of the Pardon Beggars and their recent release, Golly, gee...Shucks. This collectively Canadian band, whose line-up seems to have been shuffled more than a few times has been jamming since late 1989. In their nearly four years together the band has gone through a slew of full-time, parttime or fill-in beggars. At present the gang includes Shawn Rahbek, Trevor Hutchinson, Jimi G Gelcer, Pete Hudson and Robin Wark. With various vocal and instrumental talents the group is able to slide across the diverse musical spectrum, enhancing their song's dynamic form as well as its soulful essence.

There is a vast range of styles throughout the release spanning from groovy little numbers like "Lighten Up Francis" and "The Duke Speaks" to the more country stompin' tune, "Goin' to the Opera". The disc also includes tracks such as "Upon Hearing You Disagree" which project more serious overtones within the bands' music. Contributing to a number of these songs are a few of the Beggars' friends, the likes of which include Dave Wall, (lead singer of the Bourbon Tabernacle Choir), Sarah McElcheran, Gregory Hoskins and Leroy Sibbles, (members of Anyhowtown) and Jimmy Amaro, recognised for his efforts in the Toronto jazz scene.

One would assume that the complexity and distinctiveness of the various tracks would tax the band's capabilities. However, throughout the entire release each song is performed with musical perfection. The varying forms never hinder or exceed the abilities of the group. This release combines the best of all of the Pardon Beggars' talents into an exclusive work which for the most part can only add to our Canadian identity.



EVAN BAILEY and TOM DABEK

Cord Entertainment

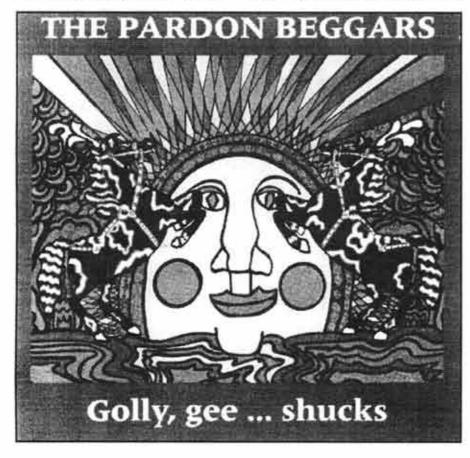
This week Beer Chat looks at a rather unpopular beer. It's not that it is a bad beverage, it's just nobody has ever heard of it. Disregarding the doctor's recommendations to stay away from alcohol for a while to prevent serious liver malfunction, the Brew Brothers headed in the direction of the local Beer Store to grab a box of Around Ontario Lager. The first impression of the beer was a definite plus even though we hadn't looked at the bottles. Due to our non-existent student income and rapidly declining bank balances, it was reassuring that it is still possible to grab a twelve pack for less than twelve bucks. For all of you nonmath types, that means less than a buck per beer.

The blue and gold box was quite attractive and was complimented by similarly good looking labels and caps. The Around Ontario Lager weighs in at 4.8% alcohol, not a strong beer by any means, but still significantly stronger than a glass of water. That gives the beer a UBU (Universal Beer Unit) of 23. The first cap was removed easily thanks to the new improved twist top feature that Around Ontario has incorporated just recently, and to our surprise, yes, it actually smelled like a beer. Our favourite portion of the review, the taste test, was next.

Upon the first gulp I found myself gasping, holding my throat, and quickly examining the label to ensure that I had not accidentally grabbed the Toilet Duck bottle that was nearby. After the heart rate returned to triple digits another swig was in order to give an accurate taste rating of the product. The original splash on the tongue was quite strong, which was a bit of a surprise considering the alcohol percentage of the brew. However, it slid down the throat quite easily and left no burning sensation. We were adequately assured that it wasn't just Toilet Duck in a different container.

After an hour or so, the first impressions of the taste had been overridden as some wise guy decided to slip me a rye shooter that ultimately led to all proceeding beverages tasting a whole lot better. The next morning was not all bad. However, there was a slight numbness in the mouth, probably a result of the high-garlic content pizza that was eaten before bed (but the actual cause has not been adequately determined since we could not gain access into the science lab to perform an investigation).

Overall Around Ontario Lager gets a four on the IQ (Intoxicant Quotient) scale. Although it is inexpensive, the bitter taste was enough to warrant dropping it below a passing grade. Next week Beer Chat will continue reviewing the bargain beers. The research grant from the Cord has not yet been approved so we cannot afford to test the more expensive brands at this time.





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THE GREAT

Mel





9 P.M.

Dummies are still alive!



GREG SLOAN Cord Entertainment

The Ghosts That Haunt Me was one of the most impressive debut albums ever released by a Canadian act. The Crash Test Dummies created a multi-styled sound which combined elements of rock, folk and country. The result was ten original and fresh songs which helped the band win the 1991 Juno for Group of the Year.

Now Crash Test Dummies are back with their second effort, God Shuffled His Feet. The press release stated that "gone is the genrecrossing of organic elements, the country nuances, the old-time flavourings." I was not impressed, for I felt this was what had set the band apart and made them one of the best today. I listened to the album with trepidation, hoping the band had not sold itself out.

They haven't. The new album is just as complex, musically and lyrically, as the previous release. The most distinct element of the band is still put front and centre: Brad Roberts' voice. It's base baritone sound is at once original and fitting for the music which backs it up. Combined with back up vocalist Ellen Reid's beautiful harmonies, Roberts gives the songs a similar sound without letting them become repetitive.

The lyrics are perhaps even

more intense and cryptic than they were for the last album. All songs are written by Roberts, and he tackles topics which many are content to leave alone. A simple song about love would be out of place next to songs dealing with death, old age and God. Roberts lets other acts sing about the usual fare; he seems content to deal with the complex.

The lead single, MMM MMM MMM MMM, is slow and melodic, similar to their biggest hit "Superman's Song". The music is richly textured and interacts with the harmonies of Roberts and Reid. The song is about three children who are set apart from normal society. The chorus, MMM MMM MMM MMM, shows the inadequateness of words to explain to these children why they are different. There are no simple answers to why some people have misfortunate things happen to them, and Roberts acknowledges this.

The album was produced by Jerry Harrison (of Talking Heads fame) and the Dummies. It features superb playing by Roberts (acoustic and electric guitars), Reid (piano and accordion), Benjamin Darvill (mandolin and harmonicas), Dan Roberts (bass guitar and synth bass) and Michel Dorge (drums and percussion). The sheer number of instruments the band can play helps account for their richly textured style. Adrain Belew of King Crimson plays the multilayered guitar solo in the title track.

The change of style from the last album is not an abrupt one. None of the songs seem out of place on the album, and all will compliment the Dummies' great road show. However, the change is enough to make the new material interesting and engaging for all those fans who were looking for something more than The Ghosts That Haunt Me Volume Two.

Unspeakable sex crimes... next on Geraldo: T.V. talkshows for morally bankrupt society

RONNY WATT Cord Entertainment

Why did society cross the road? To get to the darker side.

Some two thousand years ago, mommies dressed up the kids and daddies warmed up the chariots in eager anticipation of a night out at the Roman Colosseum. Here, Christians were ceremoniously delivered to hungry lions to the delighted amusement of everyone. Fun for the whole family. Now in modern times, it's difficult to imagine how the ancient Romans could have possibly been so prejudiced. Today, being so much more civilized, we are happy to feed anyone to the lions regardless of religious persuasion.

Merely one hundred years ago travelling freak shows were popular entertainment sources for the kiddies. If there's a moral difference between these deplorable exhibitions and Geraldo Rivera topics, I utterly fail to see it. The compassionate Sally Jessy Raphael likes to plop dying hermaphrodites down on her centre stage to let everyone tell them how much they pity them and ask them, by the way, do they consider themselves homosexual? To justify our viewing, we easily convince ourselves that we are watching from an intellectual viewpoint. But we're not. We are being entertained by the their plight.

Somewhere along the way, the news media invested in this circus when they realized the revenue potential. Every American television network now airs programs just as sickening and just as inconsiderate to their guests/victims. Masquerading as authentic journalism, they sit prettily behind official looking anchor desks. They display creative and expensive over-the-shoulder graphics. They routinely pretend to go to live-on-the-spot roving reporters with perfect haircuts. Would you really be shocked to learn that they never studied journalism, but drama?

Inside Edition...A Current Affair. They sure sound

like news shows. Their productions certainly look like news shows. But their stories are sensational feeding frenzies conducted by unscrupulous wolves hunting for blood. The mother of slain school girl Leslie Mahaffy recently consented to an interview to discuss the situation of Karla Homolka's trail ban. The reporter quickly changed subjects upon arrival with her cameramen and dragged out grisly details of the girl's murder and earlier torture. Mrs. Mahaffy says she feels terribly violated for being tricked. This is journalistic integrity? How, could someone put Mrs. Mahaffy through this after the unbelievable ordeal she has already been through?

Does that shock you? Of course. Enough to not watch and prevent this reporter from profiting handsomely from her depravity? Nope. You'll watch and so will I, and we will be entertained.

So the question is not "Do we sink to unconscionable levels to be entertained", but rather "WHY do we?" As much as I despise the media for what they have become, the simple fact is they absolutely would not cover stories in that way if we, the people, refused to watch. It is our problem and I'm concerned that most of us don't even perceive that such a demented situation exists.

I would love to be able to say "you have a problem but I don't", but I've watched Jerry Springer and American Journal. I've seen the transvestite grandmothers crying because their kids won't let them babysit. I've seen the sad little girl with the pig-tails being dragged from her loving parents in dramatic slow motion. If I were alone in my viewing of such material I would seek psychiatric help for my affliction. But we're all in this together.

If there is one person out there who is still sane enough to reject all of this garbage he or she is an extreme rarity and deserves a spot on the next Montel Williams so we can all marvel at this wonder.

Cathy Miller clears Phil's Sunday night crowd



Cathy wails in pain as ice pick is driven into her foot.

Pic: Scott McKay

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At least it's not Rambo



MICHAEL ROSENBLATT Cord Entertainment

Over the past week, I had heard many television ads describing the newest action futuristic thriller, Demolition Man. After hearing all of this hype, I decided to go and see what all of the fuss was about. I'm still wondering. Demolition Man fell far short of the expectations I had for it. Although it had plenty of action right from the start, this failed to make up for the weak plot and bad dialogue. The plot goes something like this; a criminal is apprehended while kidnapping several hostages. In the fight to capture him, he blows up the building with all of the hostages in it. This explosion and the death of the hostages is blamed on a cop. Both are frozen and attempted to be rehabilitated. Thirty years in the future, society has evolved to the point where there is no longer any substantial crime. The criminal (Wesley Snipes) appears at a parole hearing and escapes. He creates mayhem in the city. Since the police are unable to deal with him, they unfreeze the cop (Sylvester Stallone) and send him out to get Snipes. The rest you can figure out on your own.

Stallone and Snipes gave it their best shot, but I think that Stallone was better in Cliff-hanger and Snipes was better in Passenger 57. One must give credit to Stallone, however as his dialogue has steadily improved from those

awful Rambo movies.

Most of my time at the movie was spent trying to remember where I had seen the creator of the new society before. I finally came up with it, and to give you a clue, he appeared as a regular in a famous British sitcom. Other than that, Demolition Man was a waste of time and money. Do yourself a favour, don't bother to go and see it, even if you crave action and blood and gore, wait until Robo-Cop 3. It will be time and money better spent.

Friday's Grind

JIM LOWE Cord Entertainment

If I ever get married, I hope that it will be to CFNY DJ Maie Pauts. Pauts, for those of you who don't know, teams up with Alan Cross to present Urban Grind Fridays at the Twist. Last week, a few friends and I celebrated the coming of another weekend by dancing to the frenzy that Pauts' record spinning stirred up.

After four years in Waterloo, Friday nights have started to get boring. The Turret, where you wait in line to get into a half empty bar, has become a complete write-off. Week in and week out, the same songs are played...its simply a matter of predicting when you'll hear "Thank God I'm A Country Boy". Stingers is okay, but often seems like a smaller version of the Turret. Fed Hall, which can be a lot of fun, is too far away.

Normally, I'd choose to go to Phil's, for its excellent music and atmosphere. Sometimes, though, you want to have dance floor that is bigger than a broom closet. Urban Grind Fridays offers the best of all worlds.

Much of the music came from the dancier regions of the CFNY play list. Pauts spent time on the classics, such as "How Soon As Now?" while also filling the bar with new hits such as "Creep" and "Animal Nitrate". It wasn't hardcore alternative, nor was it four hours of a mono-syllabic beat.

Requests were filled with lightning like speed. Instead of the standard DJ responses "I'll see if I have it" or "maybe later" my solicitations were met with comebacks such as "Sure!" or "That's one of my favourites". My friends and I requested eight different songs. Every one of them was played.

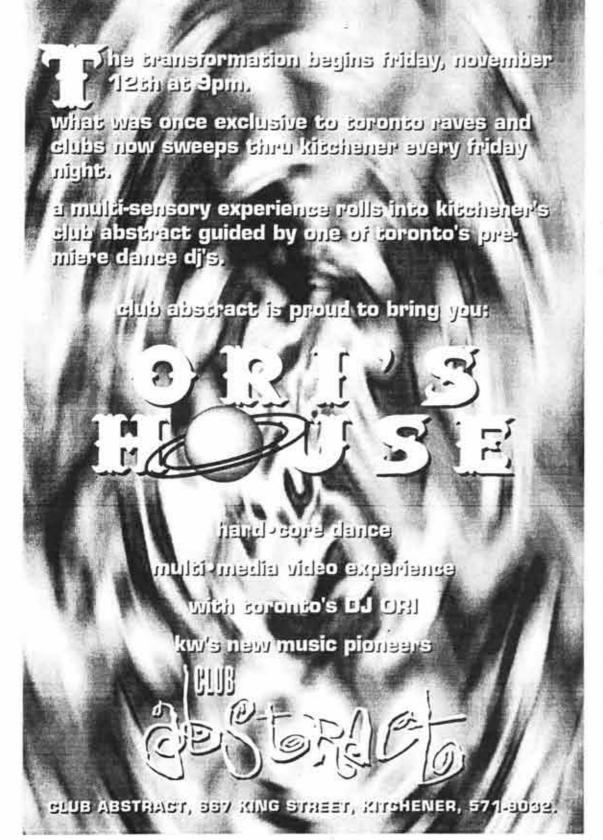
I don't have a problem with dance music or classic Rock 'n Roll. In small doses, they can make for an enjoyable evening. I have, however, grown extremely tired of DJ's that play exactly the same songs, week in and week out. I want to hear more than the top forty songs on the dance charts. I also want to hear more than K-Tel's Greatest Rock Songs of the Seventies and Eighties.

When I go out, I don't want to know in advance that "Brown Eyed Girl" is going to be played. Or "Cecilia". Or any of the other, standard songs which permeate most DJ's play lists. The best thing about Urban Grind is that Pauts was willing to play stuff that wasn't guaranteed to go over. I believe the word is creativity.

Unfortunately, Pauts wonderful work was overshadowed by the sparse crowd. Hopefully, attendance will increase as word gets out. There was also a cover charge of \$4.00. Those things aside, however, I still had an incredible time.

credible time.

If you're looking for something different than the same old routine, then try spending your next Friday night doing the Urban Grind.





The Dynamic Duo



by Tanya Ventura and Melanie Seal



Dear Dyno Team,

Does size matter? signed,

Tiny

Dear Tiny,

Well they say that less is more, but don't blame us for being skeptical. Dynamic Duo

Dear D.D.,

I am currently involved in a long distance relationship, and while I am in school during the week I find myself being attracted to other women at school. My girlfriend and I have a great relationship when we're together, but when we talk on the phone during the week we usually end up fighting. I know that she is attracted to other guys while I am away too, and she tends to be a flirt. Should we go our separate ways and find people that we can be with all the time?

Signed, Perplexed

Dear Perplexed,

It is not always true that absence makes the heart grow fonder. A long distance relationship is never easy. It is however, natural to look at other people while involved in a relationship. You're in love, you're not blind. Look at all your problems, anxiety, and that phone bill and ask yourself if it's worth it. You have to look out for Number One. If you yourself are not truly happy in this relationship, get out.

D.D.

Dear Dyno Team,

I am in my third year, and I am still a virgin. My house mates tease me relentlessly and I am beginning to think I'm the last 21 year old virgin. Should I wait for Miss Right or settle Miss Right-now.

Signed,

Still Waiting

Dear Still Waiting,

In these uncertain times, we don't know if Miss Right-Now is healthy. If you're not secure enough in your own person, we suggest a little tiny white lie. Go away for the weekend, spend the 48 hours creating an exotic tale, and come back on Monday with a huge smile on your face. Until Miss Right does come along, you may find yourself content with an inflatable friend.

Dynamic Duo

Watch for the Dynamic Duo every week as they answer the sexual questions of Laurier students. If you have a problem regarding sex (no matter how bizzare) that you need advice on please drop a letter off in the Centre Spot addressed to the Dynamic Duo. The column is only as good as you make it.

Starr swallows



CHRISTOPHER SKALKOS

Cord Entertainment

"Excuse me sir, can you check to see if this is a real light bulb" said Stevie Starr, a young "entertainer" from Scotland to a wide-eyed patron at Wilf's.

After everyone sitting near the stage was satisfied that it was indeed a real light bulb, Starr tilted his head back, opened his mouth wide open and...SWALLOWED THE LIGHT BULB.

Seconds later the slightly-built performer gyrates his jelly-like stomach in and out, slaps himself on the chest and coughs up the light bulb unbroken, and without any harm to himself.

"Now we can start the show!" said Starr kicking off his one hour regurgitation act at Wilf's last Saturday night.

A bizarre phenomenon to the world of showbiz, Starr has been practising the art of regurgitation since he started swallowing coins when he was four years old. Baffling audiences all over the world, Starr boasts the uncanny ability to swallow a variety of items and then bringing them back up...in

any order requested.

To date, Starr's repertoire of "favourite things to swallow" include billiard balls, coins, jewellery and live goldfish.

"Why do you swallow live goldfish?" Starr asks himself in front of a packed house in Wilf's. "Because it's funny, that's why!" the ginger-haired professional puker said as he scooped up a goldfish and threw it down the gullet.

"Which way do you want him back up, head first or tail first?" Starr asked the moaning and groaning audience before regurgitating the fish back up and letting it whither and squirm between his lips before placing it back, UN-HARMED, in its watery domain.

As strange as this may seem, it gets even stranger.

Graciously borrowing a cigarette from a member of the audience Starr inhales the whole thing...and then goes on with the show without exhaling any smoke.

Where did it go?

Who knows. But it came out a few minutes later contained in a bubble and sent floating across the room before the bubble burst and the smoke dissipated.

As if that wasn't enough, Starr coaxed a handful of not-so-willing ladies on to the stage and swallowed their rings one by one.

"Who wants their ring back?"
the giggling regurgitator asked.
Upon request Starr, like a complete gentleman, spit each ring out
and handed it back to the owner
shiny but amazingly dry.

Probably his most impressive feat came when Starr swallowed a miniature Rubik's cube with all sides on a solid colour. When he brought it back up, no kidding, the cube had been altered.

"How the hell do you explain what you do for a living?" pondered Starr in between stuffing things down his throat.

This was a question I couldn't help but to ask him over a long distance telephone interview before the show.

"Most of the time I just turn around and pretend and say I'm a plumber or a bricklayer." Starr said with a thick Scottish accent. "If you don't, then you'd have to spend a half hour explaining what you do!" he added.

After thirty minutes of witnessing what he does for a living Starr could make you believe he can swallow anything. But for how long could he go on doing this, I wondered?

"I could do this for life" Starr said, "Or maybe for about another five years."

HOW DOES YOUR UNIVERSITY RATE?

Find out in Maclean's November 15 issue.

Maclean's





Gordon Lightfoot sings at the Centre in the Square Tonight at 8:00 Liquid Bone Dance are at the Volcano tonight

Your last chance to see Marion Campbell's work on display at the Robert Langen Gallery here at W.L.U. until the twelfth.

Groove Daddys erupt at the Volcano Nov 12

Wild T and the Spirit are at Lulu's Nov 13

Kirsty MacColl is at the El Mocambo Nov 15

Mathew Sweet performs at the Spectrum Nov 16 Author Kevin Major talks at the Kitchener Public Library Nov 16 Anne of Green Gables performs at Centre in the Square Nov 17-21 Zero Option is at the Volcano Nov 18

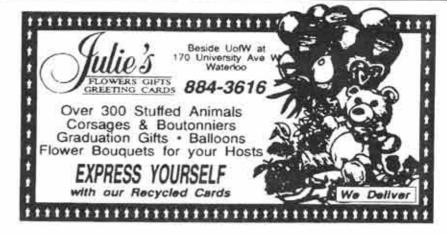
Authors Janet Lunn and Christopher Moore talk about their book "The Story of Canada" at the Kitchener Public Library Nov 18 The Breeders do their thing at the Opera House Nov 19 Furnace Face pose at the Volcano Nov 19

Poet, author and musician Greg Humbert discusses "Passion and Faith: The Gospel Imperative to Risk" 7:30, Nov 19 in St. Jerome's C.L. Siegfried Hall

Dr. Alexandra Caverly-Lowery, professor of dance at York, lectures on "Dancing For God" Nov 19, 7:30 at Resurrection College Mermaid Theatre of Nova Scotia presents Gulliver's Travels Nov 20 at 1:00 pm in the Humanities Theatre at University of Waterloo. Total Recall Tour 93 with Nazareth, Blue Oyster Cult, Wishbone Ash and Uriah Heep digs up old memories at Lulu's Nov 20 The Renaissance Singers perform Herbert Howell's Collegium Regale Nov 21, 7:00 at St. Andrews Presbyterian Church in Kitchener. The Lemonheads squeeze some juice at the Concert Hall Nov 21 Sarah McLachlan & Ginger perform at Centre in the Square Nov 23 Twelfth Night performs at the Theatre of the Arts at UW Nov 24

The Lemonheads squeeze some juice at the Concert Hall Nov 21 Sarah McLachlan & Ginger perform at Centre in the Square Nov 23 Twelfth Night performs at the Theatre of the Arts at UW Nov 24 Victor Borge is at Centre in the Square Nov 24-25 at 8:00 Quiverleg and Dr. Wiggly wiggle at the Volcano Nov 25 Drawings and paintings by Maria Gabankova are on display at the

Robert Langen Gallery at WLU from Nov 15 to Dec 11



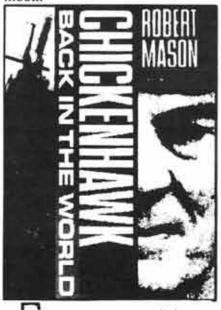
Vietnam: Dealing with it

JAYSON "RAMBO" GIROUX Cord Entertainment

If we sat a bunch of people in a room and asked them what is humankind's most astounding achievement, I imagine there would be a number of answers:

"The landing of man on the

moon."



"The computer."

"Ren and Stimpy."

"The automobile."

"The building of the pyramids in Egypt."

Or maybe "the development of insulin for diabetics."

> Those would be a few.....sure. I would say the helicopter.

Hooooove helicopters. Never have I seen an invention developed to be used in so many versatile ways. I think they are just incredible flying machines. If I could, I would give birth to them, (even though that would probably be quite physically painful), just so I could have a few of my very

This week we fly to Vietnam, literally, and back again to the world ("the world" was a term used by Vietnam veterans to describe the U.S. of A.) with Robert Mason, Vietnam vet and helicopter pilot.

Chickenhawk

by Robert Mason Penguin Books 476 pages (\$5.95)

Ever wanted to know how it would feel to fly a helicopter? Mason takes you from his first basic training in the U.S. to flying "grunts" (slang for soldiers) around Vietnam's jungles. Mason is an excellent writer, is easy to read, and is actually quite funny. His sarcastic sense of humour not only makes you laugh but also lets you see the stupidity that war sometimes is. You literally feel yourself flying over the jungle of Vietnam, going into landing zones to extract or dump off American soldiers, while hearing the cracks of bullets as they smash into the helicopter's body. After his tour of duty ended, Mason went back to the United States to teach flying, but encountered many mental and physical ailments from his military duty, forcing him to quit. The

ending will shock the reader. Overall, an excellent book.

Sometimes I think military historians are so preoccupied with military history - the battles, the battalions, the strategies, the tac-



tics etc. etc., that they sometimes forget about who is making the military history - the soldiers themselves. And because of this oversight sometimes they forget about what happens to the soldiers after the conflicts are over.

Chickenhawk: Back in the World, Life After Vietnam by Robert Mason Viking Press

388 pages (\$27.99)

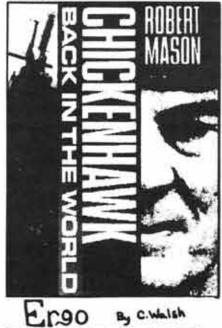
> this sequel to With

story, still captivating the reader with his honest, easy-to-read, always funny, and poignant account of his life after Vietnam. After the war, his career looked optimistic as he began teaching helicopter trainees to fly. However, soon after his life would wind downwards as he suffered bouts of depression and panic. Mason turned to heavy drinking and adulterous love affairs to kill the psychological wounds of war, but only wound up losing his wife and job. Eventually Mason wound up imprisoned in a minimum security jail for bringing a boatload of marijuana into the U.S. from Colum-

Chickenhawk, Mason continues his

After prison Mason was able to put his life back together: getting together with his wife, stopping the drinking and love affairs. while concentrating on his career as a full-time writer, and penning Chickenhawk: Back in the World as a result.

What is amazing about Mason's life story is that he is only one of several tens of thousands of veterans able to show us about what can happen to the men and women who fight the battles after the battles have been fought. Thousands of other men and women have had their lives fall apart after the conflicts have been over, but sometimes military historians pass over that. Luckily, Mason does not let us forget that with this wellwritten book.

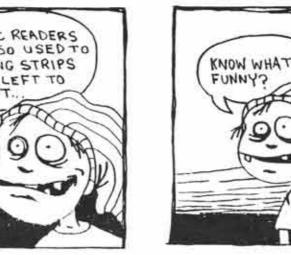


HA HA!

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HEADSTONES with Dysfunctions

WED NOV. 24

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AN APRIL MARCH

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STAFF REPRESENTATIVE	Sean Wilde

STAFF

Floudetion Assistants.	
	Andrew Cameron
	Paul McLean
Classified Co-ordinator	Mia Kroll
Circulation and Filing	John Huculiak
Copy Editors:	
12.000000000000000000000000000000000000	Emma Dwyer

CONTRIBUTORS Sandra Gabriele

Terry Grogan, Ryan Feeley, DenyS DaivS, Amit Kapur, Jim Boyce, Jim Lowe, David Ray, Amanda Dowling, Libbi Hood, Paula Clarke, Amal Moussaoui, Darren Mahaffy, Jenn Thorne, Mark Heasley, John Baal, Dave Wells, Tim Miller, Jeff Klaehn, Luke Cassien, Selene MacLeod, Sandra Isaac, David Popovich, Evan Bailey, Tom Dabek, Ronny Watt, Scott McKay, Michael Rosenblatt, Tanya Ventura, Melanie Seal, Christopher Skalkos, Jayson "Rambo" Geroux, Chris Walsh, Ralph Spoltore, Pete Robinson, Gavin Bauer, Paul Gray, Rob Hums, Carrie Lossiter, Ted Smith, Rick Cole, Renee Ward.

Production: Jenn Thorne, Scott McCormick

Photo: Rich Vollering, Scott McKay, Selene MacLeod, Aaron Betik,

Harvey Luong.

Cover photo: Aaron Betik

Draduction Accietantes

Arts Section Coordinator: Sean Wilde

PHOTO MANAGER	Debbie Duiker
Photo Technicians	Kell Watson
**************************************	Jeff Blair
Graphic Arts Technician	Anton Volcansek
Art Director	Tina Romano
ADVERTISING	

AD TEITION	
Manager	Mark Hand
Ad Production Manager	Paula Kalijarvi
Ad Production Assistants	Dawna MacIvor
Salas	David Janzen
Sales	Jeff Nugent
***************************************	Sean Mateer
	Allan Pawelek

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Heather Mundell Chris Bradley Jeff Oegema Sue Barry Phill Kinzinger Michael Rosenblatt

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I can't believe that I bought beer at 10:34 pm last Tuesday. Damn that felt good... All Letters to the Editor must be submitted signed, typed (or submitted on disk or via E-mail) and double-spaced by Tuesday, November 16, at 12:00 pm for the following publication. But, we can only print letters that bear the author's real name, telephone number, and I.D. number (if applicable). Please see the letters policy on the next page for all the details. All letters must be no longer than 500 words. All submissions become the property of The Cord and we reserve the right to edit or refuse any submissions. I am the Maximum Overkill master, no matter what Scott says. The Cord will not print anything in the body of the paper considered to be sexist, racist, homophobic in nature by the staff as a voting body, or which is in violation of our code of ethics. It is possible that some really vile letters will show up in the letters section, since it is an open forum. Incoming! Incoming! Sorry - flashback. Cord subscription rates are \$15.00 per term for addresses within Canada and \$18 outside the country. The Editor-in-Chief is willing to provide a subscription to anyone who buys us full colour.. The Cord is printed by the busy people at McLaren Press. Launch an artillery strike on the band.

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Mapping life

One wall of my bedroom is covered with posters. Not exactly posters—maps really. It's a motley cosmic design but I like the colours. The soothing empty blue of the ocean, the green they always use for Canada (like the entire country is covered in trees) and the hundreds of highways spidering their way from province to province to state.

The obsession with maps this year has little to do with geography though.

I'm in my fourth year - a time when a student begins to wonder if Laurier is where you found direction or where you simply got lost. I realize that I'm not alone. I'm not the only one mesmerized by borders and directions.

At the poster sale in the Concourse a while back it hit me. With all the examples of human, scenic and ethereal beauty on display before the entire student body, the posters that were sold out were decidedly similar. They were maps and cute little colourful numbers on how to be an artist and how to convince yourself that everything you needed to know you learned when you were three.

Both are filled with borders, directions, rules and instructions.

As unhappy as everyone is in high school because of the rules imposed by those alien creatures you are supposed to call mom and dad, life always comes back to exactly what you ran away from.

University, even Laurier, is a liberal little microcosm. There are very few rules and there is, aside from academic courses, tonnes of selection leading to innumerable decisions. Like whether to eat meat or not. Or whether to go to church or not. Or whether to wear socks and sandals as a fashion statement or not. And with each decision we create new borders. We draw our own guidelines.

University is a search and with so many ideas floating around it can appear chaotic. That's culture shock. To see everybody in Docs and workpants instead of kilts and navy blazers. To see people from the largest cities to the smallest villages making all these decisions within this one institution. To see homosexuality openly displayed.

The more vast your horizons, the more effective it will be when you're in fourth year and you're expected to decide on a career and a spouse and the kind of dog you want.

The how to posters that sell out so quickly offer simple enough rules like stay loose and believe in love at first sight. Not exactly the Ten Commandments but then again that's why we buy them. They're honest and easy and humanitarian.

The maps on the other hand offer the best example of how to give direction, draw borders and give names like the Pacific Ocean to mere ideas like water.

So follow the simple rules. Be honest. Be humanitarian. Find direction and draw your own borders. And look at a map or two. Because at an age when everyone is trying to find themselves, a map can tell you exactly where you are.

Editorial by Jennifer O'Connell , Sports Editor

The opinions expressed in this editorial are those of the author and do not necessarily reflect those of the rest of the Cord Staff, or of its publisher, WLU Student Publications.

CEREBELLA

BY RYAN FEELEY



GREG WAS AFRAID OF HIS OWN SHADOW. FORTUNATELY, HIS REFLECTION WASN'T.

the state of the s

Letters Policy

- All letters must be signed and submitted with the author's name, student identification and telephone number.
- All letters will be printed with the author's name. Letters can be printed without the author's name only by permission of the Editor-in-Chief.
- Letters must be received by Tuesday at noon for publication in that week's issue in print, on IBM format disk, or via E-mail at: thecord@mach1.wlu.ca
- Letters that are submitted on disk or via E-mail must be accompanied by a letters release form or a signed hard copy that can be obtained at the Cord offices.
- Letters must be typed, double spaced, and cannot exceed 500 words.
- The Cord reserves the right to edit any letter. Spelling and grammar will not be corrected.
- The Cord reserves the right to reject any letter in whole or in part, that is in violation of existing Cord policies.
- The Cord is accepting photos to the editor. The Cord will accept black and white or colour photographs. The photographer's name, address, phone number, student number, and brief description must be printed on the back of the photograph. One photo per issue will be used.

Pink Ink was mistaken

To the Editor:

I'd like to comment on the article written by DenyS DaviS in the column "Pink Ink" in the October 28th issue. In his article he denounces the 700 Club, a Christian organization, for spreading lies, hate, and "turning their backs on their own Saviour." Before I continue I'd like to make it clear that I don't hate homosexuals and neither does God. Many people believe that all Christians hate homosexuals. The bible speaks against what they do and not the people themselves. Let me re-iterate that again so that I'm not misunderstood. I'm not advocating the hatred of homosexuals, but that doesn't mean I support that lifestyle.

The author commented on a clip of a homosexual protest against a church in San Francisco. I think he is mistaken and unfair in his analysis of the situation. From my perception of the facts the author presented, it was the gay community that was spreading hate and violence. The protesters had turned to violence, destroyed church property, and placed threatening phone calls.

Also in the article, the author claims that Christians had changed the words of the passage in Genesis 19:4 for their own convenience. The passage quoted reads: "They called to Lot, Where are the men which came into thee this night? bring them out unto us, that we may know them." (KJV)

The author argued that the word "to know" had two meanings; "becoming friends" and "to have sex". He went on to say that these Christians had changed the meaning of the word by interpreting the passage with sexual connotations. Firstly, the quote was taken from the New Interna-

tional Version which states: "Where are the men who came to you tonight? Bring them out to us so that we can have sex with them." Genesis 19:4 (NIV). It has been proven that the New International Version is a more accurate translation of the Hebrew texts than the standard King James Version. The New International Version was translated directly from Hebrew, Greek, and Aramaic texts, while the King James Version was drawn from already existing versions of the Bible.

Secondly, I'd like to point out that the conversation between Lot and the village men continues. Lot, in response to their demands, volunteers to send out his two virgin daughters. It is obvious that Lot understood exactly what these men wanted.

It's unfortunate that people do not study deeper into the Word of God before making comments like these. I did however, appreciate his comments of accepting the Bible as "the basis for our society for the law making process and for our moral standard." I commend the author for his statement and suggest that he reads Romans 1:27 and 1 Corinthians 6:9,10 for further study of what the bible has to say about homosexuality.

Carolyn Neumann

Halloween party thanks

Dear Editor:

I would like to thank those involved with the organization of the Halloween Party on Oct 30th/93. It was wonderful to see all the creativity and work that went into this event and my two children had a fantastic time! It was unfortunate that more staff did not realize that the event was taking place

and I would certainly do my part to pass the word around for next year! Thank-you very much at Amy Hopkins and Julie Morton and all the incredible volunteers who provided lots of entertainment of kids of all ages.

Marilyn Watson
Office of the Registrar

Library funding woes

Dear Editor

Thank you to Lynn McCuaig for highlighting the impact on Library Services of shrinking government funding. The Library staff would certainly prefer to be able to offer longer hours, a larger collection and more equipment. I would appreciate the opportunity to clarify one or two points which Lynn raised.

The actual value of serial subscriptions cancelled in 1992 was \$80,000, out of a total serials budget of something over \$600,000. The cost of journal subscriptions has increased in the past 10 years at a rate approximately 2 1/2 times the rate of general inflation. When budgets cannot be increased at the same rate, alternatives to cancellation are few and difficult.

In fairness to the Library's automated system, it seems reasonable to point out that 'crashes' are not infrequently the result of hardware rather than software problems. The Library system shares the heavily-used university computing equipment with a large number of other functions.

There is, in fact, support from the University's administration for the concept of an upgraded automated Library system. The funding question will be addressed in the upcoming budget cycle, and the recent, positive, student referendum listed library automation as one of its likely benefits, so there is good reason for optimism on this subject.

The staff in both the Library and Computing Services are hard-working, dedicated and talented people who have made a number of significant improvements to Library service in recent years. Like Ms. McCuaig, they hope that there is light at the end of the funding tunnel which will facilitate optimum service and resources.

Virginia Gillham University Librarian

Foot Patrol clarification

Dear Mr. Editor:

The title "Foot Patrol Draws the Line at

Obnoxious and Immature Drunks" could not have been worded any better. For this I give you a literary pat on the back. Unfortunately, the article sitting underneath that fantastic title was a little disappointing.

In my opinion, the story did not adequately explain the reasoning behind the Foot Patrol's refusal to escort the two individuals. It also did not adequately describe the asinine behavior of the two "unidentified" males involved (believe me, I'd want to remain unidentified too of I'd acted in the same manner).

Foot Patrol did not refuse to escort the two individuals simply because they were "inebriated". None of the Patrollers have ever used drunkenness as the sole reason for refusing to escort a member of the Laurier community. If your research had been thorough, you would have discovered that, on a regular basis, patrollers assist the staff of the campus bars by escorting over-intoxicated patrons home. Therefore, "inebriated" individuals are nothing new to us. The reason these two were refused an escort was because of their confrontational behaviour and verbal abusiveness.

Not too many people respond favorably to insults and it is no surprise to me that the patrollers refused to take that kind of abuse. After their initial refusal, the two individuals went to the Foot Patrol Dispatch office where a volunteer was working and screamed at her until security was called to remove them. Next, they followed a team of patrollers and, once again, began to verbally abuse them. What makes it worse was that there patrollers were escorting a Laurier student. I can only guess how irritating this was to the patrollers and how uncomfortable it was for their escort.

It was for this reason that these two were refused a walk. It was obvious that this type of behavior could not be expected from them. Foot Patrollers do not have the time to deal with these people since it means that others who legitimately want to use the service must wait. Laurier should not tolerate this behavior from any of its students. Especially, when it is directed at a volunteer program composed of students who only want to help their fellow students, faculty, and staff get home safely at night.

I personally stand by the decision made by the patrollers that night. Should a similar situation arise in the future, I would expect the patrollers to handle it in the same manner.

Jeremy Kmet

Coordinator WLU Foot Patrol

The Bloc back tracks

AMIT KAPUR Cord Commentary

Well, well, well. It seems that a week hasn't gone by without sparks starting to fly up on Parliament Hill and all over the country.

It seems that Lucien Bouchard has painted himself into a corner with his platform of fiscal reform and protection of Quebec's interests. The subject of this latest dispute is the helicopter deal that Jean Chretien has promised to cancel.

It seems that throughout the campaign Bouchard was against the deal. As he descended from the Progressive Conservative Party (and I use that name loosely!) he found it very difficult to accept the spending of over \$5 billion to replace Canada's helicopter fleet.

That's before he found out about the 1 000 jobs it would give Quebec!

Before Bouchard could revise his position on the topic, many Quebec politicians complained about the coming job losses if the contract was canceled. That put Bouchard in the embarrassing position of being in favour of something that would hurt Quebec and showed the fundamental incompatibility of his platform.

A few days later, Bouchard showed his true colours by stating that the helicopter deal shouldn't be scrapped and if it was, Quebec should be compensated \$1 billion (sound like ransom to you?).

Bouchard went even further in DE-MANDING that all government contracts (like Hibernia and aerospace contracts in the West) be frozen so that they can be reevaluated for their economic sense. And so has begun the regional conflicts within Parliament, with financial expenditures of the federal government being treated as "handouts" to the provinces in the form of jobs.

This begs the question, if the whole point is to save money by not buying the helicopters, what's the point in paying Quebec?

He seems to be saying that saving money is okay unless it is done at Quebec's expense. And if other provinces lose jobs and contracts that they fought for and that actually make economic sense, well that doesn't matter because Quebec doesn't care. I wonder what the average Quebec voter actually thinks.

It sounds like Quebec is already acting like it has separated from Canada. I think of Canada as a team, where everyone works together, however Bouchard's Quebec seems to want all the glory for itself.

It seems to me that if Bouchard is negotiating like this now, I wonder what he will be like if Quebec ever decides to separate?

In the middle of this mess is the governing Liberal party. Normally, they would be concerned about a possible dissension on the part of Quebec. However out of the Liberal's 177 seats (or something like that, I lost count after a while!) only about 15 are from Quebec. This gives a pitifully low representation within the Liberal party, who are calling the shots for the next four (or five) years without giving a damn what the opposition thinks.

Perhaps Bouchard will succeed with his ultimate goal of sovereignty for Quebec, for if he can show that despite his best efforts the federal system doesn't work for Quebec he can gain the public support he needs. However in doing so, he threatens to create havoc within Parliament, and possibly creating a greater rift between French and English populations.

Did you miss the WLU'er or the Cord Guide to Laurier?

Both publications are available from the Cord Offices on the third floor of the Student Union Building.

Exercise from Long against the second

Beauty in the art of writing

"...there will be no where to

go but up and, if you try

really hard, you just might

find yourself flying."

JEFF KLAEHN Cord Commentary

Creating with words, like playing in the sand at the beach, can at times be akin to an exercise in philosophy. Every now and again, you might lose yourself in the words and tap into unchartered territory.

While the ringing of the cash register is what it all boils down to professionally, creativity and writing are minimized if thought of or approached strictly as commercial endeavours.

Good literature and trash literature, the best seller and the throwaway in the ten cent bins. Does it re-

ally matter?

In a world where perspectives and tastes vary in a vast array of assorted flavours, from chocolate to tigertale, you give it your best shot

and remember to shoot from the hip.

Open the tap. Read Zen in the Art of Writing: Essays on Creativity by Ray Bradbury (published by Capra Press in 1989) to learn what the author of such classics as Fahrenheit 451 and Dark Carnival says about

Good fiction is often many different things just as it is often about opposites in collision, how they attract or repel and all the happenings involved therein. If especially good, fiction allows us the opportunity to look inside ourselves, sometimes even forcing us to introspect.

So have you ever had the inclination to write a story, play, or maybe even a novel? Sometimes it pays to listen to someone who knows the game well. Farley Mowat once told to me that the best way to become a good writer is to "read enormously and

> write like a mad fool". One book about writing that you might like to check out is Free Play: Improvisation in Life and Art by Stephen Nachmanovitch (pub-

1990). Hemmingway might suggest that you seek

lished by Tarcher in

out a clean, well lighted place but, if you make like a certain seagull who goes by the neat name of Jonathan Livingston, there will be no where to go but up and, if you try really hard, you just might find yourself

enGENDERed ♂ species ♀

BY JIM BOYCE

I remember reading in a newspaper about a man who had fought in World War Two. His brother was wounded during a battle and the man left his shelter and weaved out through the exploding shells and streaking bullets to rescue him. During the next forty-five years, the man's family would sometimes find him in the yard in the early hours of the morning, covered in sweat and digging trenches. On November 11, I will think of this man and the many others who were sacrificed on the fields of

'O God have mercy on me, please, please, please dear God, don't let me die!"

Private Bagnall (in John Ellis, On the Front Lines)

"We see men living with their skulls blown open, we see soldiers run with their two feet cut off, they stagger on their splintered stumps into the next shell-hole; a lancecorporal crawls a mile and a half on his hands dragging his smashed knee after him; another goes to the dressing station and over his clasped hands bulge his intestines; we see men without mouths, without jaws, without faces; we find one man who has held the artery of his arm in his teeth for two hours in order not to bleed to death. The sun goes down, night comes, the shells whine, life is at an end.

Still the little piece of convulsed earth in which we lie is held. We have yielded no more than a few hundred yards of it as a prize to the enemy. But on every yard there lies a dead man."

- Erich Maria Remarque, All Quiet on the Western Front

"A man was shot for cowardice... How easy for the generals living in luxury well back in their chateaux to enforce the death penalty and with a stroke of a pen sign some poor wretch's death warrant."

- Soldier Evans (in Dennis Lee, Death's

"Sir, this is a fine way for a man to spend his fucking life, isn't it? Have you ever heard of Class Distinction, sir? I'll tell you what it means, it means Vickers-Armstrong booking a profit to look like a loss, and Churchill lighting a new cigar, and the 'Times' explaining Liberty and Democracy... It's a very fine thing if only you're in the right class - that's highly important sir, because one class gets the sugar and the other gets the shit."

- An Infantryman (in Ellis)

"Thou are in the mud of the trenches, in the vomit where the heroes lie - did you like the speeches? Was there one orator better than the others?

Turn on the searchlights, let us see the vines of barbed wire again: what wine will be made from these pitiful grapes."

- Kenneth Patchen, The Journal of Albion Moonlight

"Everyone was shouting, screaming, swearing, shouting for their father, shouting for their mother... shells were coming all ways, the man next to me got hit through the shoulder, he fell down, I looked at him and said 'Christ' and then ran on, I didn't know whether to be sick or dirty my trousers."

A Private (in Ellis)

"'Tell them it's hell and tell them there're men getting killed and wounded every minute, and they're miserable and they're suffering. Tell them it's a matter more serious than they'll ever be able to understand. Spread it on thick and leave off the sweet syrup that all the others write about' ... there was a choking sob in his voice ... 'Tell 'em it's rough as hell. Tell 'em it's rough. Tell 'emit's rough, serious business. That's all. That's all."

 Private Coteau to a newspaper reporter, in Ellis

Remembrance Day ceremonies will be held on Thursday at 11 at WLU's flagpole outside the Torque Room on University Av-

DenyS DaivS

The more active I become in the gay community the more that I realize that it can be considered dysfunctional and unfocused. For example, the times I get into conversations with people about equal rights for gays and lesbians, most specifically concerning spousal recognition. It amazes me how many people have no desire to become involved in the fight.

These people are not distancing themselves from politics because of a fear of being out to the public but rather because they believe that they do not want the right to have a recognized spouse. This I find very hard to understand.

Why would someone not want the right to a marriage? Whether or not you get married is up to you. If you are legally allowed to marry your same-sex partner then you and your partner can make the decision as to whether marriage is right for

The same thing applies to spousal or common-law benefits in the workplace. If you want your spouse or partner to be covered on your dental plan, great. If your job security is threatened by your coming out or if your partner has their own plan then wouldn't it at the very least be nice to have the option?

If your partner takes time from work for some personal reason like maternity or bereavement leave then wouldn't it be wonderful if you could be with the one you love and have committed yourself to?

Heterosexuals have many rights and benefits offered to them through marriage. While many of them do exercise these rights and benefits there are some who don't. They cohabitate instead of getting married, they don't both take maternity leave, and they don't always declare one or the other as a dependent for tax purposes. Just because you have the right to do something does not oblige you to exercise them.

There is a trickle down effect with rights and recognition. The more we get, the easier it is to get more. For those gays and lesbians who are politically inactive due to apathy remember this - not so long ago were the days when police were allowed to raid gay taverns and bars and have the names of patrons published in the local newspapers. All changes are for the good of the whole community not just for the good of individuals.



HEALTHY THOUGHTS BY DALE SWEENEY FROM HEALTH SERVICES

IT'S NOT TOO LATE

to get a flu shot, that is. If you missed our clinic in October and would still like more information on flu shots, call Health Services at ext. 3146 to make an appointment.

Is there any way to protect yourself from Hepatitis B?

YES. Hep B can be prevented through immunization. If you and/or your partner have had three or more sexual partners in the last six months or if you and/or your partner have had an STD, come in to Health Services and get more information on Hep B immunization. You'll be doing yourself - and others - a favour.

Your Ontario Health Card - - - don't leave home without it.

REMEMBER - You can't stop change. It's inevitable. Except from a vending ma-

The Vocal Cord



"It means bringing out last year's poppies 'cause you're too cheap to by new ones." Kurt Vriarte - 2nd Year Honours History



"It means a lot to me because both my grandfather's fought in WW II and because I am Canadian." Jody Geddes - 2nd Year Hons. Psych

"What does Remembrance Day mean to you?"



"Not only is it to honour those who died in the war, but also those who still live."

Jim York - 1st Year Honours Computing



"I don't know!"

Jenn Luxey - 2nd Year Poli Sci

Foot stompin' times

The Nielsen Ratings

Crushed toes. A deflated ego, and a riproaring good ol' time.

Welcome to my first experience with country dancing.

Yes, I do like country music - now. But remember that I began as one of the biggest critics since Axle Rose. Just ask my friend, Jen- the true Nashville Queen wannabe. About two years ago, she started listening to this "irritating, whining banjo-playing dribble". I assumed she'd grow out of it.

"It's my car, and I'll play whatever I want," was her response to my observation that all her six pre-programmed radio stations were "that country garbage."

You might say I was initiated by country-immersion—like it or walk.

The lyrics started to find their way into my shower, then my kitchen, and before I knew it, someone was constantly following me around humming Randy Travis.

Jen picked up on this weakening stance and seized the moment.

"Why don't you come to the Tavern with me on Saturday night?" Country night.

"Sorry but I have to stay home with my parents, practice my Calculus, and listen to my mother explain the joys of marigolds." Jen had been going country dancing for about six months by this point. It had seemed a natural progression in her new found faith. She was up to three nights a week, and she was looking to recruit.

After about a dozen requests, one night Jen was desperate. She had no one to go to the Tavern with. I broke.

"I'm not dancing, remember that. If some cowboy Joe asks me, I'll just say no, so don't go pairing me off. I'm just going to watch. That's it."

Dressed in sandals, a t-shirt, and blue jeans, I thought I was dressed for anything. I was wrong.

Cowboy hats, cowboy boots, and big shiny belt buckles dominated the fashion scene. As much as one could, dressed as conspicuously as I was, I tried to blend in with the barn board.

I don't know if you've ever seen country line dancing, but it really is an event. Lined up aerobic-style, the floor filled from end to end with strips of eager exhibitionists. It looked fantastic, and much too complicated. Jen had warned me before hand. These people knew their steps, and should you miss one, you'll know the soles of their boots. I stood quietly to the side, content to tap a toe or two.

"Excuse me ma'am. Would you like to dance?"

Who's ma'am? I thought.

I looked at Jen with what I thought was our "Come save me look", but apparently it was our "No, really I want to make an assout of myself" look. Instead of rushing to my aid, she waved gaily and continued to flirt it tor cables, and shoulders as broad as a Chevy with her own cowboy Joe. it is tor cables, and shoulders as broad as a Chevy pick up, he whirled and whipped me around

The guy was taking me out to "twostep". I explained to him that I had never done this before. Oh, it's easy, he said.

Quick. Quick. Slow. Slow.

Easy enough.

I quickly realized a few crucial facts for the girl partner. The guy leads. A new concept for me. I kept trying to whip my head around to see if he was doing a good job, and before I knew it, Crunch! My toes were safely secured under a pair of shiny steeltoed cowboy boots.

"I'm sorry," we both exclaimed, and Bang! We hit one of the two poles on the dance floor. Next we rebounded into a few more lovely couples, and I think I once sent some young buck's ten-gallon into orbit.

Jen told me after that I had a lousy partner. Don't give up, she said. Then came Rick

With arms that had muscles like eleva-

tor cables, and shoulders as broad as a Chevy pick up, he whirled and whipped me around the dance floor. It didn't matter that I didn't know the steps. He was leading, and doing it well. I'd found my Bud man.

The night was a total success, with Jen's gloating being the only shortfall. The atmosphere was so different - there wasn't one fight, and attitudes had to be checked at the door. People weren't drinking to get hammered-how could you and expect to dance to the Boot Scooin' Boogie?

My roommate this year hates country music. "It's just so....hickish!" she says.

True to the faith, I've got my radio tuned to a pure country station. Let the immersion begin.

"Life's a game you learn as you go,

Sometimes you lead, sometimes you follow.

Don't worry 'bout what you don't know, Life's a game you learn as you go."

WOMENWORDS

by members of the Women's Centre

2

BY ANDIE NOACK

Feminine hygiene products. Essentially frivolous items endlessly marketed through the capitalist ideals of this patriarchal society. Even when I'm sitting around, supposedly safe in my home, the advertisements and commercials just keep pouring in, telling me that there's something new and improved that I absolutely must have to make me a better woman. Why do men not have to undergo this constant barrage of promotions?

Douching is something which has always confused me. Where is the logic behind this whole idea? We don't give men scented spray for their testicles, but womyn are supposed to douche to remove the "offensive odour" which our vaginas supposedly produce. Advertising is continually telling us that we can't feel fresh or be a real woman unless we douche. Get real. Douching actually kills infection preventing bacteria - but hey, it must be worth it to smell clean and fresh.

The biggest problem of all - you guessed it - commercials advertising tampons and pads. Do we really need to know about pads with wings, and extra thin absorption layers, and new tampons for teens? Now, don't get me wrong - pads and tampons are important products which womyn need, but do we really have to endure all of the supposedly creative and innovative advertising ploy;? I mean, we have to buy them anyway: so why spend thousands of dollars making politely evasive commercials with doves and dancers with ribbons

and clouds and harp solos?

I'm a poor university student just like most of you. But, being a poor, female university student means that each month I spend anywhere from twenty to thirty dollars on sanitary supplies. Needless to say I was outraged when the federal and provincial governments tried to tax sanitary supplies. They claimed that sanitary supplies were not "essential". I wonder how many of the people making that decision were on the rag at the time - I bet you not very many.

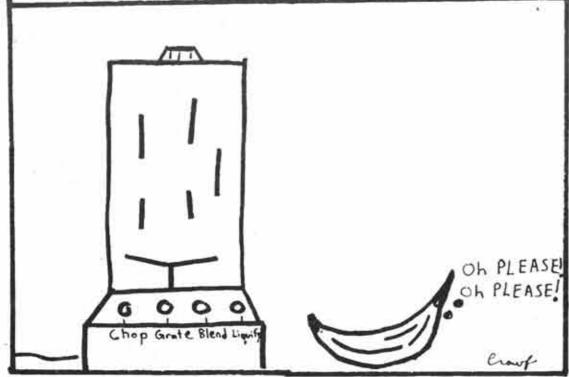
With the dawn of the "green" revolution, marketers have come out with the new natural sponges, which you cut to fit and then rinse out after use. While this is a cheaper alternative and I agree with the idea in theory, back to basics and all of that, they just aren't very practical. Couldn't you just see yourself in a public washroom washing out a sponge tampon in the sink?

Don't get me wrong, I'm not bitching about having my period - it's actually something I enjoy. It reminds me of my power and individuality as a woman. When I comes right down to it I can do something that even the most richest, self-righteous man can't - give birth.

All we have to do now is take control of our bodies and learn to be happy with what we have - we don't need beauty creams, scented body sprays, douches and all of the other feminine products designed to empty our pocketbooks.

There's not really anything we can do about this whole thing right now. Equalizing the society we live in is going to take a long time, but for right now, do yourself and the rest of the world a favour. Unplug your television. Don't buy products whose advertisements offend you.

DRUMMER'S WORLD



Bob Knew that the other banana didn't just 'disappear'. His only hope was that the grapes would get to the plug in time.

Cord Guide Update!

As most on-campus residents realize, residence extension numbers were not included in the Cord Guide's telephone listings. This was due to poor timing and very tight production deadlines.

As a result, the Cord will be publishing either a list of residence extensions or a suppliment residence directory that will be inserted into the December 2 issue of the Cord.

Only those who want their extensions published will be included. If you do not want your extension to be included in the suppliment, please contact the Housing Office.

Cord Feedback

A selection of the last week's comments from the Cord Feedback booth in the Concourse every Thursday.

from issue #11

Beer Chat is the godliest article.

Wayne Kennedy

Think like a bass. Jason Doucette

Michael Jordan's retirement only a month late. Keep up the good work! Sean Hennessy

Where's Beer Chat? The Cord needs more humour!

Lynn McCuaig

Without Beer Chat I have no reason to live. BANG!

Martin Cheski

Good article Virginia. I don't like the new system either. It sucks! Andrew Hopper

Dynamic Duo is the best (especially in boring classes).

Kris Mausser

Curious about the Cord Guide to Laurier's missing the residence phone numbers? Check out the announcement on this page. Sheldon Page

FOR SAUE

'85 Toyota Tercel
For Sale. 144,000 kms. 3 new tires. new rad. new exhaust. perfect running condition.
\$1,500.00
Work 884-1970 x3227

Home 1-905-521-1915

No NAFTA!

CD's-Tapes

Special Orders - no problem.

Twelfth Night Music Shoppe

The Atrium - 33 Erb St. W.,

Phone 747-5808 (3)

FOR

RENT

Two rooms available in large fur-

nished home. 5 min to WLU. To

share with two others. MUST SEE.

SERVICES

JAN - APRIL SUBLET

Call 725-0345 for info.

Classical-

Blucs-Jazz-

GMAT - GRE - LSAT - Since 1979, thousands of students have benefited from the expert instruction in John Richardson's preparation courses. LSAT and GRE courses run this month! GMAT in December! - 1 800 567-PREP ew (7737).

NEED HELP WITH YOUR COMPUTER?

Get help with:

- Setting up your system

Learning how to use it
 Software training
 Class assignments

- Printing services (including document preparation, layout, spell checking, colour and laser printing).

I o s t
E V E R Y THING?- N o
problem
Reasonable rates!

able rates! Call Darren at 725-7919. (3)

Service. Reports, resumes, letters, mailing lists, form letters, etc. on recycled paper. Laser printing, dictaphone, equation editing, optical scanning avail-

FREE SERVICES

able. Audrey 884-7123.

FREE EXPERIENCE! By volunteering at the Cord you can gain training free of charge in photography, writing, desktop publishing, and interpreting political bullshit. Apply today.

DRUG PROBLEM? We can help. Call Narcotics Anonymous 651-1121 (17)

WANTED

Catharines. Share gas (and driving if you are REALLY tired). Call Mia any Friday at 746-6056.

RIDE WANTED - To and from Barrie on Friday November 12. I will pay gas. Call 884-2990 or 885-3871 and ask for Sheldon. (1)

HELP

Writers and photographers for the next Cord. Please drop by the Cord offices and ask for Sheldon. Next issue November 11. E-mail your submissions to the Cord at thecord @ mach1, wlu.ca

FREE Spring Break trips & cash bonuses. We need only the BEST WILFRID LAURIER reps to promote Cancun, Cuba, Daytona, Montreal & Quebec sun/ski party trips. Increadible giveaways from Kodak & Koala Springs and a Jeep YJ draw. CALL 1-800-263-5604 NOW! (2)

MORTY'S PUB

is now looking for a happy person to be our new host/hostess. Applicants must be willing to treat customers with the respect they deserve.

EARN EXTRA CASH for Christmas. 3 campus reps needed to market personalized calenders. High commissions. For interview call Clark 749-4082.

Earn Free Trips & Cash!!

Breakaway Tours is looking for motivated students, organizations & clubs to promote Spring Break and New Year's trips! Leader in student tours for the past 11 years, we are looking for the best reps to promote our company. Best commission structure available, so call today to apply! CALL 744-3197. CALL AND COMPARE US TO ANYONE!!

PERSONALS

Attention Bag O' Crime Junkies!

Self help group starting at Bricker. Interested? Write Box 40.

ALPHA OMEGA: STRONG ENOUGH FOR A MAN, BUT MADE FOR A WOMAN.

CO-ED INTRAMURAL HOCKEY/RINGETTE. If interested contact Julia or Pauline at 725-9443.

ALPHA OMEGA: MEMBER-SHIP HAS ITS PRIVELEGES.

Habitat for Humanity at WLU is holding a General Meeting on Wednesday, Nov.10, at 12pm (noon) in Room P1017 (Peters Building).

Come if you want to learn more about what Habitat is and does. Call Connie at 747-4956 if you'd like more info.

Students, Staff, and Faculty Welcome!

ALPHA OMEGA: COM-ING SOON TO A LAURIER CAMPUS NEAR YOU! Friday November 12th at 7 pm in the Niobe Lounge...It's a MONTY PYTHON MOVIE NIGHT! Showing:

YELLOWBEARD, The Meaning of Life, Life Of Brian. Members get in FREE and Nonmembers donate a loonie! All

Ann: President's Choice Chocolate. Honest.

are welcome!

Love James.

Alice, this one's for you! So now you can't complain about having no friends. Mia

Mike, Mike,
I wish I could think of something
that rhymes with Mike,
I love him,

love him, I love him.

NAFTA, We HAFTA!

For the most loving person I know.

Happy Anniversary Juli. Love Amit

ALPHA OMEGA: WOO HOO!!!

"Caroline? What are you doing?
Why are you wearing my
clothes? I thought we'd agreed it
would be for the best if I didn't
come around to see you
anymore?" - FISHER
SCHEFFIELD'S EPILOGUE
continues each week in The
Cord

KEEP IN MIND dropping courses now costs money! Contact the Registrar's Office for details on fees and deadlines. WOOF TV tour...Wed. Dec. 1st... The Turret...Everything you WOOF is wrong...

CLASSIFIEDS

Students and Alumni: \$0.15/word.

Non-students: \$0.20/word.

Bolding, italics, and underlining add \$0.05/word.

Deadline: Noon Tuesday for that week's publication.

Where: Drop by the Cord on the third floor of the Student's Union building.

Cash only basis please.

Walper Terrace Hotel

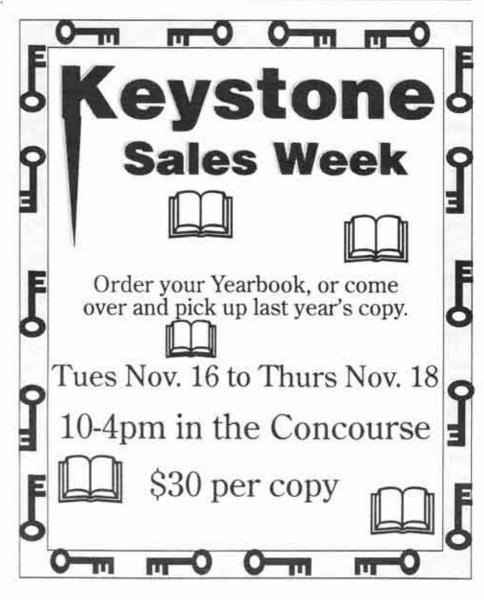
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Cashier: Please fill in selling price.