

9-17-2018

## plasticpoems

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### Recommended Citation

Lam, Fiona Tinwei (2018) "plasticpoems," *The Goose*: Vol. 17 : Iss. 1 , Article 35.  
Available at: <https://scholars.wlu.ca/thegoose/vol17/iss1/35>

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## consumery

gluten free

wheat free

sugar free

wrapped in plastic

salt free wrapped in plastic

dairy free wrapped in plastic

MSG free wrapped in plastic

peanut free wrapped in plastic

fat free wrapped in plastic

sulfate free wrapped in plastic

cholesterol free wrapped in plastic

lactose free wrapped in plastic

cage free wrapped in plastic

free range wrapped in plastic

no artificial colours no artificial flavours

no preservatives no animal byproducts

no high fructose corn syrup no hormones

no antibiotics just wholesome

whole grain stone ground grass-fed

fair trade organic all natural

freedom wrapped in plastic

## mountain

plastic  
piled on  
plastic piled  
on plastic piled on  
plastic piled on plastic  
piled on plastic on plastic  
piled on plastic piled on plastic  
piled on plastic piled on plastic piled  
on plastic piled on plastic piled on plastic  
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on plastic piled on plastic piled on plastic piled on piled on plastic piled on plastic on plastic

**merry**

\*

Plastic

-coated plastic

wrapped in plastic

yoked

with plastic sealed in

plastic carried home in plastic

Unwrapped then rewrapped in plastic-

coated paper sealed

with sticky bits of plastic

Placed under plastic branches of plastic

trees Then plastic plastic plastic in the plastic-

lined

plastic

garbage bin

**holy**

when

we die

arteries veins organs membranes muscles infiltrated with plastic

corpses wrapped and placed in graves lined covered with plastic

no ashes to

ashes no

dust to dust

just rotting

encased in

plastic



**FIONA TINWEI LAM** has authored two poetry books and a children's book. Her prose and poetry appear in over 30 anthologies, including *The Best Canadian Poetry in English* (2010). She is the co-editor of the nonfiction anthology, *Love Me True: Writers on the Ins, Outs, Ups & Downs of Marriage* (2018). Her poems have twice been selected on BC's Poetry in Transit and have been aired on CBC radio. Her poetry films have been screened at festivals locally and internationally. She is an instructor at SFU Continuing Studies. [fionalam.net](http://fionalam.net)